# भाषाको विकास भएका श्रवण दृष्टिविहीन बालबालिकाका लागि

# श्रवणदृष्टिविहीन बालबालिकाको लागि आधारभूत तह कक्षा १-३ को पाठ्यक्रम अनुकूलन २०८१

नोट: यो अलग्गे पाठ्यक्रम नभई श्रवणदृष्टिविहीन बालबालिकाको सिकाइका लागि तयार गरिएको आधारभूत तह कक्षा १ देखि ३ एकीकृत पाठ्यक्रमको अनुकूलन गर्ने विधिसहितको पूरक खण्ड मात्र हो ।

> पाठ्यक्रम विकास केन्द्र सानोठिमी, भक्तपुर

#### हाम्रो भनाइ

विद्यालय तहको शिक्षालाई उद्देश्यमूलक, व्यावहारिक, समसामियक एवम् सान्दर्भिक वनाउने अभिप्रायले पाठ्यक्रम परिमार्जनको कार्य प्रारम्भ गरिएको हो । यसै सन्दर्भमा शिक्षक, अभिभावक, विद्यार्थी तथा विज्ञहरूबाट प्राप्त राय सुभाव, ज्ञान, विज्ञान तथा प्रविधिमा भएको विकास तथा परिर्वतन र स्थानीय आवश्यकता तथा विश्वव्यापी सन्दर्भविच सन्तुलनको आवश्यकतालाई समेत दृष्टिगत गरी विद्यालय तह कक्षा १-३ का लागि २०४९ मा विकास गरी लागू गरिएको पाठ्यक्रममा समसामियक परिमार्जनसित कार्यान्वयन भरहेको प्राथमिक शिक्षा पाठयक्रम २०६२ लाई परिमार्जन गर्नु आवश्यक देखिएकाले आधारभूत तहअन्तर्गत कक्षा १-३ को यो पाठ्यक्रम विकास गरिएको हो । सङ्घीय लोकतान्त्रिक गणतन्त्र नेपालका लागि विद्यालय शिक्षाको पाठ्यक्रमका विकासका लागि राष्ट्रिय पाठ्यक्रम प्रारूप, २०७६ ले निर्दिष्ट गरेका सिद्धान्त तथा स्वरूपमा आधारित भई उल्लिखित सन्दर्भहरूलाई समेत आधार मानी विद्यालय शिक्षाको पाठ्यक्रम विकास गर्ने क्रममा आधारभूत तह कक्षा १-३ को पाठ्यक्रम २०७६ विकास गरिएको छ । विश्वमा भएका नवीनतम शैक्षिक परिवर्तन एवम् नेपालको वर्तमान सन्दर्भ र स्थानीय आवश्यकतालाई दृष्टिगत गरी बालबालिकाको सर्वाङ्गीण विकासमा सहयोग पुऱ्याउने, सामाजिक न्याय प्रवर्धन गर्ने र राष्ट्र निर्माणका लागि सक्षम तथा प्रतिस्पर्धी नागरिक विकास गर्ने लक्ष्यसिहत राष्ट्रिय पाठ्यक्रम प्रारूप, २०७६ ले तयार गरेको विद्यालय शिक्षाको मार्गचित्रमा आधारित भई यो पाठ्यक्रम विकास गरिएको छ ।

यस पाठ्यक्रममा सबै बालबालिकाको पहुँच विस्तार गरी सबैका लागि शिक्षा सुनिश्चित गर्न आवश्यक छ । यसलाई मध्यनजर गरी पाठ्यक्रमलाई अपाङ्गताअनुसार अनुकूलन गर्ने कार्यको थालनी गरिएको हो । यस सन्दर्भमा यस आर्थिक वर्ष २०६९/६२ मा कक्षा १-३ को पाठ्यक्रमलाई श्रवणदृष्टिविहीन अपाङ्गतामैत्री हुने गरी अनुकूलन गर्ने कार्य गरिएको छ । यो पाठ्यक्रमलाई अनुकूलन गर्ने क्रममा सम्बन्धित विद्यालयका विद्यार्थी, अभिभावक, शिक्षकहरूसँग प्रत्यक्ष रूपमा छलफल तथा कक्षा अवलोकन गरिएको थियो । यस क्रममा तयार पारिएको पाठ्यक्रममा शिक्षक तथा अभिभावकसँग परामर्शसमेत लिइएको थियो ।

यो पाठ्यक्रम तयार गर्ने क्रममा महत्वपूर्ण सहयोग पुऱ्याउनु हुने नीति निर्माता, विज्ञ तथा विशेषज्ञ, शिक्षाविद्, प्राध्यापक, शिक्षक, विद्यार्थी एवम् सम्बन्धित सरोकारवालाहरूप्रति पाठ्यक्रम विकास केन्द्र हार्दिक कृतज्ञता व्यक्त गर्दछ । यो पाठ्यक्रमको कार्यान्वयनलाई प्रभावकारी बनाई बालबालिकालाई गुणस्तरीय शिक्षाको अवसर सुनिश्चित गर्ने कार्यमा सम्बद्ध सबैबाट सिक्रय योगदानको अपेक्षा गरिएको छ । विद्यालय शिक्षाको यो पाठ्यक्रम गतिशील दस्तावेज भएकाले यसमा सुधार तथा परिमार्जन गर्दै अभ्र प्रभावकारी बनाउनका लागि यस केन्द्रले पाठ्यक्रम प्रयोगकर्तालगायत सम्बन्धित सबैबाट निरन्तर रचनात्मक सुभाव प्राप्त हुने अपेक्षा गरेको छ ।

पाठ्यक्रम विकास केन्द्र

# विषयसूची

क्र.स.	विषयवस्तु	पृष्ठ
A (( .		सङ्ख्या
٩.	कक्षाकोठाको विभिन्नता र श्रवण दृष्टिविहीनता	٩
۲.	श्रवण दृष्टिविहीनताका प्रमुख प्रकारहरू	२
m.	पाठ्यक्रम अनुकूलन	m w
8	सिकाइको सर्वव्यापी ढाँचा (Universal Design for Learning): पाठ्यक्रम	ሂ
	अनुकूलनको प्रमुख सिद्धान्त	
<b>X</b> .	पाठ्यक्रम अनुकूलनमा भएका भ्रमहरू	9
હ	सञ्चार र सिकाइ	ζ
9	सिकाइको मूल्याङ्कन	99
ζ	पाठ्यक्रमको प्रयोग र रङको सम्बन्ध (Color Code)	१३
9	सिकाइ उपलब्धि हासिल हुने तह	98
90	सिकाइका लागि न्यूनतम शर्त	98
99	विषयगत पाठ्यक्रम अनुकूलन	9ሂ
99.9	नेपाली	9ሂ
99.7	गणित	२९
99.3	अङ्ग्रेजी	३७
99.8	सेरोफेरो	४१३

### श्रवण दृष्टिविहीन बालबालिकाको लागि कक्षा १-३ को पाठ्यक्रम अनुकूलन

### १. कक्षाकोठाको विभिन्नता र श्रवण दृष्टिविहीनता

समाजमा फरक फरक क्षमता भएका मानिसहरू भए झैँ कक्षाकोठामा पिन फरक फरक क्षमताका विद्यार्थीहरू हुन्छन्। एउटा कक्षामा सँगै अध्ययन गर्ने विद्यार्थी विभिन्न भूगोल र सामाजिक तथा आर्थिक समूहबाट प्रतिनिधित्व गर्ने त स्वभावैले भिन्न भए तर त्योभन्दा बढी विभिन्न प्रकारका अपाङ्गता भएका बालबालिका पिन विद्यालयमा अपाङ्गता नभएकासँगै रहन्छन्। अपाङ्गता भएका मात्रै नभएर बानी व्यवहारमा विचलन देखिएका बालबालिका पिन अन्य बालबालिकासँगै अध्ययन गर्दछन्। माथि उल्लेख गरिए झैँ बालबालिकाहरू फरक फरक अवस्थाका हुँदा सिकाइ क्षमता र सिक्ने दर पिन अलग अलग हुन्छन्। जुनसुकै अवस्थाका बालबालिका किन नहुन् सबैले शिक्षा प्राप्त गर्न पाउनु उनीहरूको अधिकारभित्र पर्दछ। नेपालले सबै बालबालिकालाई आधारभूत तहसम्मको शिक्षा निःशुल्क र अनिवार्य हुने व्यवस्था गरेको छ। आजकाल संसारका अन्य मुलुकमा झैँ हाम्रो मुलुकमा पिन बालबालिकाहरू जुनसुकै पृष्ठभूमिबाट आउने भएता पिन सबैलाई सँगसँगै राखेर शिक्षा दिने प्रतिबद्धता जनाएको छ। यसरी सबै अवस्थाका बालबालिकालाई उनीहरूको व्यक्तिगत अवस्था र आवश्यकतालाई ध्यानमा राख्दै एउटै पाठ्यक्रमको माध्यमबाट सँगसँगै शिक्षा दिन्लाई समावेशी शिक्षा भन्दछन्।

आजकाल हाम्रो समाजमा एकै जना व्यक्तिले एकैपटक देख्न र सुन्न नसक्ने (द्वैध अपाङ्गता) अवस्थामा भएका बालबालिकाहरू धेरै जना पहिचान भएका छन्। श्रवण र दृष्टि जोडिएका द्वैध स्नायु दुर्बलताका कारण व्यक्तिमा उत्पन्न हुने फरक प्रकारको अपाङ्ग अवस्था श्रवण दृष्टिविहीनता हो। यस प्रकारको अशक्तताका कारण व्यक्तिलाई सञ्चार गर्न, वस्तु र घटनाप्रतिको बुझाइ बनाउन र चलायमान हुन कठिनाइ उत्पन्न हुन्छ। अपाङ्गता भएका व्यक्तिको अधिकारसम्बन्धी ऐन, २०७४ को अनुसूची (दफा ३ को उपदफा १ सँग सम्बन्धित) अपाङ्गताको परिभाषा तथा अपाङ्गताका प्रकारहरूको बारेमा जानकारी राखिएको छ। यसै खण्डमा श्रवण दृष्टिविहीन अपाङ्गतालाई देहायबमोजिम परिभाषित गरिएको छ। सुनाइसम्बन्धी र दृष्टिसम्बन्धी दुवै अपाङ्गता भएको वा दुईओटा इन्द्रियसम्बन्धी अपाङ्गताको संयुक्त अन्तरिक्रया रहेको व्यक्तिलाई श्रवणदृष्टिविहीन अपाङ्गता भएको व्यक्ति भनी चिनाएको छ।

श्रवण दृष्टिविहीन व्यक्ति भन्नाले पूर्ण रूपमा देख्ने वा सुन्ने क्षमता गुमाएको हुनुपर्ने मात्र नभई दुवै इन्द्रियको कार्य क्षमता प्रशस्त मात्रामा घट्न गई दैनिक जीवनमा व्यक्तिलाई कार्य गर्न कठिनाइ भएको भन्ने हुन्छ। यस अवस्थाका व्यक्तिलाई आवश्यक पर्ने विशिष्ट आवश्यकता व्यक्तिको उमेर, श्रवण दृष्टिविहीनताको सुरुवाती र श्रवण दृष्टिविहीनताको प्रकारमा निर्भर गर्दछ। श्रवण दृष्टिविहीनता भएका व्यक्तिले कुनै एउटा इन्द्रियको प्रयोग गरी अर्को इन्द्रियका कारणले हुने दुर्बलताको आपूरण गर्न सक्दैनन्। श्रवण दृष्टिविहीन अपाङ्गता भएका बालबालिकाहरूको आवश्यकताहरू समयमै

सम्बोधन हुन सकेमा उनीहरूले आफ्ना दैनिक आवश्यकता र स्वतन्त्र रूपमा चल्न सक्ने सिप प्राप्त गर्दछन् र जीवन सरल र सहज बनाउँछन् । श्रवणदृष्टि क्षमताका आधारमा प्रत्येक व्यक्तिमा इन्द्रियको क्षतिको मात्रा फरक फरक हुने हुँदा कार्यात्मक क्षमता पनि व्यक्तिपिच्छे फरक हुने गर्दछ । जन्मजात र जन्मपश्चात् श्रवण दृष्टिविहीनता भएका व्यक्तिहरूमा सामाजिक सांस्कृतिक शैक्षिक तथा भाषागत विविधता रहन्छ, जसले उनीहरूको सिकाइ प्रक्रियामा पनि विविधता त्याइदिन्छ । श्रवण दृष्टिविहीन व्यक्तिलाई दृष्टि अपाङ्गता भएका वा बहिरा व्यक्तिका लागि उपलब्ध गराइने सेवाभन्दा फरक प्रकृतिको सेवाको जरुरत पर्दछ ।

# २. श्रवण दृष्टिविहीनताका प्रमुख प्रकारहरू

- १. जन्मजातको श्रवण दृष्टिविहीनताः व्यक्तिमा जन्मजात श्रवण र दृष्टि क्षमतामा हास आयो भने उसमा रहेको अवस्था जन्मजात श्रवण दृष्टिविहीनता हो। यसका प्रमुख कारणहरूमा गर्भावस्थामा सङ्क्रमण हुनु, समय नपुगी जन्म हुनु, जन्मँदाको अवस्थामा चोटपटक लाग्नु र केही वंशाणुगत कारणहरू पर्दछन्।
- २. जन्मपश्चात्को श्रवण दृष्टिविहीनताः व्यक्तिमा जन्मपश्चात् कुनै कारणले श्रवण र दृष्टिसम्बन्धी क्षमताका हास आयो भने यस अवस्थालाई जन्मपश्चात्को श्रवण दृष्टिविहीनताको रूपमा लिन सिकन्छ । जो कोही व्यक्ति बिरामीका कारण, दुर्घटनाका कारण वा बुढ्यौलीका कारण जुन बेला पनि श्रवण दृष्टिविहीन हुन सक्दछ ।

यस खण्डमा जन्मपश्चात् श्रवण दृष्टिविहीन हुन पुगेका बालबालिका (भाषा विकास भएका श्रवण दृष्टिविहीन बालबालिका) लाई सिकाउने शिक्षकलाई मध्यनजर गरेर आधारभूत तह कक्षा १-३ को प्रचलित पाठ्यक्रम अनुकूलनका उपायहरू प्रस्तुत गरिन्छ । आर्जित अर्थात जन्मपश्चात् बालबालिकाहरूमा श्रवण दृष्टिविहीनता (Acquired Deafblindness) देखिनुमा देहाय कारणहरू हुन सक्छन् -

- प्रारम्भिक आर्जित श्रवण दृष्टिविहीन (Early Acquired Deafblindness)
- उसर सिन्ड्रोम (Usher Syndrome)
- उमेरसम्बन्धी श्रवण दृष्टिविहीन (Age-Related Deafblindness)
- सङ्क्रमणपश्चात्को श्रवण दृष्टिविहीन (Post-Infectious Deafblindness)
- दुर्घटनात्मक श्रवण दृष्टिविहीन (Trauma-Induced Deafblindness)
- सिन्ड्रोमसम्बन्धित श्रवण दृष्टिविहीन (Syndromic Deafblindness)

#### ३. पाठ्यक्रम अनुकूलन

सबै बालबालिकाको सिकाइको अवस्था एकनासको हुँदैन । आधारभूत तहको सुरुवातका कक्षादेखि नै फरक सिकाइ क्षमताका बालबालिकाका लागि अलग अलग पाठ्यक्रमको व्यवस्था गरिनु हुँदैन । समावेशी सिकाइ पद्धतिको मूल आशय नै एउटै कक्षामा एउटै पाठ्यक्रम व्यक्तिगत आवश्यकतानुसार प्रयोग गरी सिकाउनु हो । हाम्रो देशमा पनि

विगतदेखि नै विशेष विद्यालय, स्रोत कक्षा, एकीकृत विद्यालय र मूलधारका विद्यालय गरी चार प्रकारका विद्यालयहरू सञ्चालनमा छन् । बालबालिकाको अवस्था र शिक्षकको रुचिबमोजिम विद्यालयको सल्लाहमा पूर्ण अशक्त र अतिअशक्त अवस्थाका बालबालिकालाई स्रोतकक्षा वा विशेष कक्षामा सिक्ने व्यवस्था मिलाइन्छ भने सामान्य अपाङ्गता भएका बालबालिकालाई मूलधारका विद्यालयमा र मध्यम अपाङ्गता भएका बालबालिकाका लागि अभिभावकको इच्छा र बालबालिकाको घर निजक रहेको सुविधाका आधारमा विशेष वा मूलधारका विद्यालयमा अध्ययन गर्ने सुविधा उपलब्ध गराइएको छ । एकै प्रकृतिका अपाङ्गता भएका बालबालिकाले पढ्ने कक्षामा पनि व्यक्तिगत विभिन्नताका कारण फरक फरक सिकाइ क्षमताका बालबालिका हुन्छन् । उनीहरू सबैलाई एउटै विषयवस्तु एकनासले सिकाउन सिकँदैन । एउटै सिकाइ उपलब्धि पनि फरक फरक क्रियाकलापबाट फरक फरक समयमा अलग अलग मापनका उपकरणको प्रयोग गरेर मात्र सिकाउनुपर्ने हुन्छ । यसरी समान सिकाइ उपलब्धिलाई व्यक्तिको अवस्था र आवश्यकतानुसार सूक्ष्म ढङ्गले सिकाउन पाठ्यक्रमलाई सरलीकरण गर्ने विधि नै पाठ्यक्रमको अनुकूलन हो । हरेक बालबालिकाको समान पाठ्यक्रममा उपयुक्त ढङ्गले पहुँच राख्नु उनीहरूको अधिकारको सवाल हो । त्यसैले उही पाठ्यक्रमलाई सरलीकृत गरी सिकाइलाई चाहिँ वैयक्तिक बनाउने कार्य नै पाठ्यक्रममा अनुकूलन हो

पाठ्यक्रम अनुकूलन मूलतः तीन आधारबाट गर्न सिकन्छः

- १. विषयवस्तुमा अनुकूलन (के सिकाउने)
- २. शैक्षणिक अनुकूलन (कसरी सिकाउने र सिकेको कुरा कसरी थाहा पाउने)
- ३. वातावरणीय अनुकूलन (कहाँ, कहिले र कोसँग सिक्ने)

#### पाठ्यक्रम अनुकूलनका प्रमुख तीन क्षेत्र

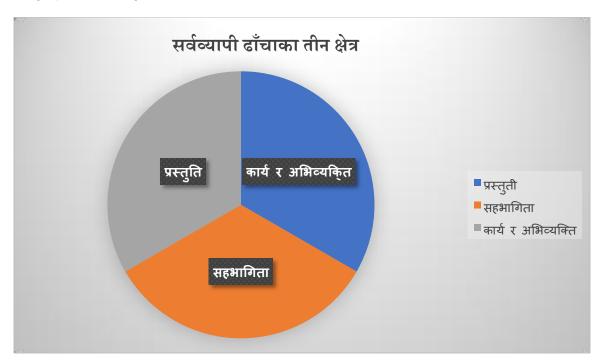


माथि उल्लेख गरिएका प्रमुख तीन पक्षका आधारमा बालबालिकाको आवश्यकता र अवस्थाका आधारमा विभिन्न नौ प्रकारबाट पाठ्यक्रममा अनुकूलन गरिन्छ:

- १. विषवस्तुको मात्रामा अनुकूलनः सिकाउनुपर्ने खास खास कुरालाई सिकाइसकेपछि विषयवस्तुलाई धेरै लम्ब्याउन आवश्यक हुँदैन। निसकाई नहुने विषयवस्तुलाई समेटेर समान सिकाइ क्षेत्रको आयतनलाई घटाएर पिन पाठ्यक्रममा अनुकूलन गर्न सिकन्छ।
- २. समयमा अनुकूलनः विशेष आवश्यकता भएका बालबालिकालाई उनीहरूको क्षमताअनुसार सिक्न लामो समय लाग्ने हुन्छ। एउटै सिकाइ उपलिब्ध व्यक्तिपिच्छे फरक समयमा सिक्न सक्ने भएकाले थप समयको व्यवस्था गरेर पाठ्यक्रममा अनुकूलन गरिन्छ।
- 3. **सहयोगको तहमा अनुकूलन**: कसैलाई सिक्नका लागि धेरै सहयोग गर्नुपर्ने हुन्छ भने कतिपयलाई थोरै सहयोगले पनि सिकाइ सम्भव बनाउँछन् ।
- ४. सिक्नका लागि गरिने प्रयत्न वा लगानीः सिकाइका लागि विषयवस्तु, साधन, विधि, समय, स्रोत, जनशक्ति, प्रयत्न आदि कुरामा लगानी गर्नुपर्ने हुन्छ। एउटै सिकाइ उपलिब्धि धेरै लगानी गरेर व्यवस्थित रूपमा सिकाइयो भने कठिन अवस्थामा पिन सिकाइ सम्भव हुन्छ।
- ५. कितनाइको तहः सिकाइका लागि चुनौती महसुस गरिएको अवस्थामा सिकाइ उपलब्धिको कठिनाइको तह घटाइदिनुपर्ने हुन्छ। सबैले एउटै स्तरको कठिनाइका समस्या समाधान गर्न सक्दैनन्।
- ६. बालबालिकाले दिने प्रतिक्रियामा विकल्पः सबै बालबालिकाले एउटै स्तरमा लेखेर वा बोलेर वा कुनै एकै प्रकारले मात्र सिकेको कुरा प्रतिक्रिया दिँदैनन्। त्यसले उनीहरूले जानेको कुरा व्यक्त गर्न धेरै विकल्पहरू दिनुपर्छ।
- ७. सिकाइ सहभागितामा लचकताः कतिपय सिकारुलाई सिकाइ प्रक्रियामा लचकता अपनाउनुपर्ने हुन्छ। सबैलाई एकनासले सिकाउने प्रयास गरेर वा कडिकडाउ गरेर मात्र सिकाइ सम्भव हुने होइन।
- ८. वैकल्पिक लक्ष्यः माथि उल्लेख गरिएका सातओटा चरण धैर्यतापूर्वक पूरा गरेपछि पिन सिकाइमा कठिनाइ देखिएमा मात्र सिकाइ उपलिब्धिको वैकल्पिक लक्ष्य वा उद्देश्य राख्नुपर्ने हुन्छ ।
- ९. वैकल्पिक पाठ्यक्रमः माथि उल्लिखित आठओटै चरण लगातार प्रयोग गर्दा पिन कुनै बालबालिकामा सिकाइ हुन कठिनाई देखिएमा त्यस्ता बालबालिकाका लागि पाठ्यक्रममा नै विकल्प दिनुपर्ने हुन्छ ।

यहाँ आधारभूत तह कक्षा १-३ को साधारण वा नियमित पाठ्यक्रमको कार्यान्वयनका लागि वैकल्पिक पाठ्यक्रममा जानुपूर्वका प्रयासलाई मात्र उल्लेख गरिएको छ । नियमित पाठ्यक्रमका धेरै प्रावधानहरू श्रवण दृष्टिविहीन बालबालिकाका लागि पनि उत्तिकै सान्दर्भिक छन्, जुन थोरै मेहनत बढाउँदा सिकाउन सिकन्छ ।

# ४. सिकाइको सर्वव्यापी ढाँचा (Universal Design for Learning) पाठ्यक्रम अनुकूलनको प्रमुख सिद्धान्त



समावेशीताको प्रमुख सिद्धान्त सिकाइलाई वैयक्तिक बनाउनु हो। सिकाइ प्रक्रियाको वैयक्तीकरणमा विद्यार्थीमा भएको विभिन्नताको सम्बोधन गर्न सिकारुले आफ्नो अवस्था अनुकूल छनोट गर्न पाउने गरी बहुविकल्प दिनुपर्ने हुन्छ। पाठ्यक्रम अनुकूलनको मार्गदर्शन सिकाइको सर्वव्यापी ढाँचा (Universal Design for Learning) हो। सिकाइको सर्वव्यापी ढाँचा (UDL) एउटा शैक्षिक रूपरेखा हो, जसले विविध अवस्था भएका विद्यार्थीहरूको सिकाइको आवश्यकता पूरा गर्न विभिन्न तरिकाहरूको संलग्नता, प्रस्तुति र क्रियाकलाप तथा अभिव्यक्तिको प्रयोग गर्न प्रोत्साहित गर्दछ। यसको उद्देश्य व्यक्तिगत सिकाइका भिन्नतालाई ध्यानमा राख्दै समावेशी र पहुँचयोग्य शिक्षण वातावरण सिर्जना गर्नु हो।

सिकाइको सर्वव्यापी ढाँचाले सबै विद्यार्थीहरूलाई सफल हुने समान अवसर दिन्छ । यसले शिक्षण र सिकाइको दृष्टिकोणले विद्यार्थीहरूको सिकाइ सामग्रीमा पहुँच पुग्ने र आफ्नो ज्ञान प्रस्तुत गर्ने विभिन्न तरिकाहरूमा लचकता प्रदान गर्दछ। यस ढाँचाले विद्यार्थीहरूलाई उत्प्रेरित गराइराख्नका लागि विभिन्न तरिकाहरूको खोजी गर्दछ।

सिकाइको सर्वव्यापी ढाँचा (Universal Design for Learning) को मुख्य उद्देश्य शिक्षणका विभिन्न विधिहरू प्रयोग गरेर सिकाइमा आउने जुनसुकै बाधाहरू हटाउनु हो । यसले प्रत्येक व्यक्तिमा अन्तर्निहित सबल पक्ष र आवश्यकता अनुरूप अनुकूलन गर्न सिकने लिचलोपन निर्माण गर्दछ । यही कारणले गर्दा युडिएल सबै सिकारूका लागि लाभदायक हुन्छ ।

#### सिकाइको सर्वव्यापी ढाँचा (Universal Design for Learning) का तीन सिद्धान्त

सिकाइको सर्वव्यापी ढाँचा (Universal Design for Learning) ले शिक्षकलाई पाठयोजना र मूल्याङ्कन पद्धतिको विकास गर्नका लागि मार्गनिर्देशन गर्दछ। यो मूलतः तीन मुख्य सिद्धान्तहरूमा आधारित छ:

#### १. संलग्नतामा बहुविकल्प (Multiple Means of Engagement)

यसमा सिकारूलाई सधैँ उत्प्रेरित गर्ने र उनीहरूको रुचि कायम राख्ने उपायहरूको खोजी गर्ने कार्य पर्दछ । उदाहरणका लागिः

- सिकारूलाई उपलब्ध गराइएको धेरैभन्दा धेरै विकल्पबाट आफूलाई उपयुक्त हुने कुनै विकल्पहरू रोजन दिनुहोस् ।
- उनीहरूको जीवनसँग सम्बिन्धित लाग्ने कार्य गर्न दिनुहोस् ।
- सिप विकासलाई खेलजस्तै रोमाञ्चक बनाउनुहोस्।
- सिकारूले उठ्न र वरपर हिँड्डुल गर्न पाउने अवसर सिर्जना गर्नुहोस्।

#### २. सिकाइ स्रोतबाट दिइने प्रस्तुतिमा (Multiple Means of Representation)

विषयवस्तुका बारेमा जानकारी लिन एकभन्दा बढी वा धेरै विकल्प राखेर प्रारूप प्रस्तुत गर्नुहोस्। उदाहरणका लागि शिक्षकले कार्यपुस्तिकासँगै निम्न कुरा पनि दिन सक्ने छन्:

- अडियोको प्रयोग जसले लिखित निर्देशनलाई ठुलो स्वरमा पढेर सरल बनाउन सिकन्छ।
- भिडियो देखाएर समस्या समाधान गर्ने तरिका प्रस्तुत गर्न सिकन्छ।
- प्रयोगात्मक सिकाइ गराएर गरेर सिक्ने अवस्थाको सिर्जना गराउन सिकन्छ।

### ३. कार्य र अभिव्यक्तिमा बहुविकल्प (Multiple Means of Action and Expression)

विद्यार्थीहरूलाई उपलब्ध गराइएको सिकाइ सामग्रीसँग अन्तर्क्रिया गर्न र आफ्नो ज्ञान प्रदर्शन गर्नका लागि एकभन्दा बढी तरिकाहरू उपलब्ध गराउनुपर्दछ। हरेक व्यक्तिले एकै तरिकाले मात्र जानेको कुरा प्रस्तुत गर्दैनन्। उदाहरणका लागि उनीहरूले निम्न विकल्पहरूमध्ये कुनै पनि विकल्प रोज्न सक्ने छन्:

- पेन्सिल र पेपर टेस्ट लिन सिकन्छ ।
- मौखिक प्रस्तुति गर्ने अवसर दिन सिकन्छ।
- भिडियो वा कमिक स्ट्रिप बनाउने अवसर दिन सिकन्छ।
- सम्ह परियोजना गर्न लगाउन सिकन्छ ।

#### ५. पाठ्यक्रम अनुकूलनमा भएका भ्रमहरू

पाठ्यक्रम अनुकूलनका बारेमा शिक्षकहरूका बिचमा धेरै अन्यौलता छन्। यसको वास्तविकाताका बारेमा यहाँ प्रष्ट पार्ने प्रयास गरिन्छ।

भ्रम	यथार्थता
१. पाठ्यक्रम अनुकूलन भनेको नियमित पाठ्यक्रमको विकल्पमा अलग्गै पाठ्यक्रम बनाउनु हो।	१. पाठ्यक्रममा अनुकूलन भनेको सिकारुको वैयक्तिक विभिन्नतालाई ध्यानमा पुऱ्याई नियमित पाठ्यक्रमको सरल ढङ्गले प्रयोग गर्ने मार्ग निर्देशन हो।
२. पाठ्यक्रमको अनुकूलनमा सक्षमता र सिकाइ उपलब्धिको अनुकूलन गरिन्छ।	२. पाठ्यक्रमको अनुकूलनमा सिकाइ क्रियाकलाप, शैक्षिक सामग्री शिक्षण विधि र सिकाइको मूल्याङ्कनका साथै सिकाइ वातावरणको पनि अनुकूलन गरिन्छ।
३. एकै प्रकारका अपाङ्गता भएका बालबालिकालाई सिकाउन एकै खालको अनुकूलित पाठ्यक्रमको प्रयोग गरिन्छ।	३. एकै प्रकारका अपाङ्गता भएका बालबालिकाको समूहभित्र पनि फरक फरक अवस्थाका बालबालिका हुने हुनाले पाठ्यक्रम पनि व्यक्तिको अवस्था हेरेर मात्र अनुकूलित गर्नुपर्दछ।
४. केन्द्रबाट तयार गरेर दिएको अनुकूलित पाठ्यक्रमको कार्यान्वयन गर्दा पर्याप्त हुन्छ।	४. केन्द्रबाट उपलब्ध गराइने अनुकूलित पाठ्यक्रमले शिक्षकलाई सिकारु अनुकुल हुने गरी पाठ्यक्रमको अनुकूलन कसरी गर्ने रहेछ भन्ने ज्ञान मात्र दिलाउँछ। वातावरणसँगै सिकाइको सम्पूर्ण ढाँचामा अनुकूलन त आफैँले गर्ने हो।

### ६. सञ्चार र सिकाइ

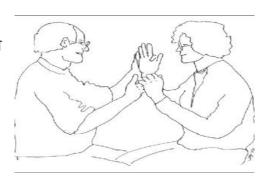
शिक्षण सिकाइका लागि प्रभावकारी सञ्चार पहिलो सर्त हो । सञ्चार हुनका लागि प्रेषकले दिन खोजेको सन्देश प्रापकले बुझ्नुपर्दछ । सञ्चार सम्प्रेषणका लागि मानव शरीरका पाँच इन्द्रियको ठुलो भूमिका हुन्छ । पाँच इन्द्रियमध्ये देख्नका लागि आँखा र सुन्नका लागि कानले सूचना आदानप्रदानमा प्रधानता कायम गर्दछ । श्रवण दृष्टिविहीन बालबालिकाको सवालमा देख्ने र सुन्ने पक्ष शून्य वा कुनै एक पक्ष शून्य भई अर्को पक्ष न्यून भएकाले सञ्चार प्रक्रियामा जटिलता देखा पर्दछ । धेरै अवस्थामा श्रवण दृष्टिविहीन बालबालिका बोल्दैनन् । त्यसैले व्यक्तिमा बाँकी रहेको श्रव्य वा दृश्य क्षमताको सदुपयोग गरी वा सो पनि नभएमा छालाबाट छामेर (स्पर्श) मात्र सूचना आदानप्रदान गर्नुपर्ने हुन्छ । त्यसैले श्रवण दृष्टिविहीन बालबालिकालाई सिकाउनुपर्दा स्पर्श साङ्केतिक भाषा र छामेर लेख्न वा पढ्नका लागि ब्रेल लिपिको प्रयोग अनिवार्य छ । आजकाल कम्प्युटरमा पनि ब्रेलबाट लेख्न र पढ्न सिकने प्रविधि बनेको छ । श्रवण दृष्टिविहीन बालबालिकालाई सिकाउने शिक्षकले स्पर्श साङ्केतिक भाषा र ब्रेल जानेकै हुनुपर्छ ।

यदि शिक्षकले जानेको छैन भने दोभाषेको व्यवस्थाबाट सिकाइ सञ्चालन गर्नुपर्ने हुन्छ । यस्तो अवस्थामा मूलधारका कक्षामा सिकाइ सञ्चालन गर्न कठिन हुन्छ ।

श्रवण दृष्टिविहीन बालबालिको शिक्षण सिकाइमा देहायको विधिबाट सञ्चार गरिन्छः

#### क. स्पर्श साङ्केतिक भाषा (Tactile Signing)

यो विधिमा सङ्केत गर्ने व्यक्तिको हात मुनि र सङ्केत ग्रहण गर्ने व्यक्तिको हात माथि राखेर सञ्चार गरिन्छ जुन पूर्णतः श्रवण दृष्टिविहीन व्यक्तिहरूका लागि सामान्य विधि हो।



### ब्रेल (Braille)

पढ्न र लेख्नका लागि ब्रेल एक महत्त्वपूर्ण सिप हो, जसले लिखित सञ्चारमा पहुँच प्रदान गर्न सक्छ।



## ख. स्पर्श सङ्केतहरू (Tactile Signs)

सूचना सम्प्रेषण गर्नका लागि विशिष्ट स्पर्श सङ्केतहरू विकास गर्नुपर्छ, जस्तैः सामान्य अवधारणाहरू वा क्रियाहरूको प्रतिनिधित्व गर्न हातका चालहरू, कुनै वस्तु वा विषय जनाउने स्पर्श सङ्केत



### ग. सहायक प्रविधिको प्रयोग (Use of Assistive Devices)

पुनःप्राप्त गर्न मिल्ने ब्रेल डिस्प्ले, प्रवचनलाई पाठमा रूपान्तरण गर्ने सफ्टवेयर र स्पर्श प्रविधिका उपकरणहरूले सञ्चार र बुझाइमा सजिलो बनाइदिन्छन्।



क्र स	विवरण	सङ्केत
१	दुई हातको प्रयोग गरी गरिने सङ्केतः यसमा श्रवण दृष्टिविहीन व्यक्तिको हातमा अक्षर वा शब्द हातले सङ्केत गरी अभिव्यक्त गरिन्छ।	
2	हातमा औँलाले अक्षर लेखेर गरिने सङ्केत: यो श्रवण दृष्टिविहीन अपाङ्गता भएका व्यक्तिको हातमा अर्को व्यक्तिले भन्नुपर्ने खबर हत्केलामा लेखी सञ्चार गरिने तरिका हो। यस विधिबाट सञ्चार गर्दा समय लाग्न सक्छ। त्यसैले सहज सञ्चारका लागि व्यक्तिलाई तालिम दिनुपर्ने हुन्छ।	
æ	स्पर्श साङ्केतिक भाषाः सञ्चारको यस विधिलाई कहिलेकाहीँ यसलाई हातमाथि हात विधि पनि भनिन्छ। सन्देश ग्रहण गर्ने व्यक्तिको हात छोएको र चालमा ल्याएको थाहा पाउने गरी सङ्केत गर्ने व्यक्तिको हातको पछाडि नरम तरिकाले राखिन्छ।	
8	ब्रेल: यो दृष्टिविहीन, आंशिक दृष्टिविहीन र श्रवण दृष्टिविहीन व्यक्तिहरूले स्पर्श विधिद्वारा लेखन गर्ने सञ्चारको विधि हो। यस प्रकारको लिपि बाक्लो कागजमा छामेर वा कम्प्युटरमा आउने गरी जोडेर वा स्मार्टफोनको सहायताले पढ्न सिकन्छ।	00 00 00
ч	पार्श्वस्वरः यस विधिमा श्रवण दृष्टिविहीन व्यक्तिले सुन्न वा बुझ्न सक्ने गरी स्वर्, गति र आयतन पार्श्व तवरले प्रवाह गरिन्छ।	<b>∑</b> ∗ <b>Ω</b>
ĸ	<b>दुला अक्षर</b> ः कतिपय अवस्थामा लिखित सञ्चार सरल र स्पष्ट हुन्छ । कतिपय श्रवण दृष्टिविहीन व्यक्तिहरू ठुला आकारका अक्षर देख्न सक्ने हुन्छन् । उनीहरूका लागि सञ्चारका विषयवस्तु ठुला आकारमा लेखेर दिएमा स्पष्ट सञ्चार हुन्छ ।	Ad
G	नेपाली र अमेरिकी साङ्केतिक भाषाः सजिलै सुन्न नसकेतापिन कुनै पिन तवरले देख्न सक्ने व्यक्ति छ भने उसका लागि नेपालमा नेपाली र अमेरिकी साङ्केतिक भाषाको प्रचलन छ । कुनै वस्तुको आकार, स्थान, हातको चाल, मुखाकृति र शरीरको चाल आदिले सूचना प्रवाह गरिरहेका हुन्छन्।	<u></u> Э
۷	ह्याप्टिक सङ्केतः ह्याप्टिक सङ्केत भनेको श्रवण दृष्टिविहीनता भएका व्यक्तिहरूलाई कुनै कुरा बुझाउन वा सूचनाहरू दिन प्रयोग गरिने सञ्चारको माध्यम हो। यो छुट्टै कुरा कुनै भाषा होइन तर आवाज साङ्केतिक भाषा वा कुनै अन्य सञ्चारका माध्यमको विकल्प हो। हत्केला वा हातका औंलाहरूको प्रयोग गरेर ढाड वा काँधमा विभिन्न आकार वा सङ्केत बनाएर संक्षिप्तमा श्रवण दृष्टिविहीनता भएका व्यक्तिहरूलाई कुनै कुरा बुझाउन प्रयोग गर्ने तरिका हो।	
9	शारीरिक सञ्चारः यो शरीरका विभिन्न अङ्गप्रत्यङ्गहरूका चालको माध्यमबाट गरिने अशाब्दिक सञ्चार हो। यसमा शरीरको चाल, हातका चाल, खुट्टाका चाल, काँधको चाल, टाउको हल्लाउने, शरीरको हाउभाउ र अन्य शारीरिक इशाराहरूमार्फत सञ्चार गरिन्छ।	
१०	ठोसवस्तु छोएरः कुनै वस्तुहरूलाई समातेर वा छोएर वस्तुहरूको अवधारणा विकास गर्न र उक्त वस्तुको ज्ञान प्राप्त गर्न वस्तुहरू छोएर सञ्चार गरिन्छ।	

### ७. सिकाइको मूल्याङ्कन

श्रवण दृष्टिविहीन बालबालिकाको सिकाइको मूल्याङ्कन अन्य विद्यार्थीको भन्दा फरक ढङ्गले गर्नुपर्छ । जसरी सिकाउँदा पाठ्यक्रमको अनुकूलनका विभिन्न विधिहरूको प्रयोग गर्ने क्रममा विद्यार्थीले जानेका वा सिकेका कुराहरू कुनै पिन तिरकाले उपयुक्त अभिव्यक्त गर्न सक्छन्, त्यसलाई सिकेको मान्नुपर्दछ । जसरी एकजना अपाङ्गता नभएको विद्यार्थीले पिन कुनै पिन विषयमा ३५ भन्दा माथि कुनै पिन अवस्थामा अर्को खुट्किलो चढ्नका लागि योग्य मानिन्छ, त्यस्तै कुनै विषयमा न्यूनतम सिकाइभन्दा माथि कुनै पिन अवस्थामा श्रवण दृष्टिविहीनता भएका बालबालिका पिन उत्तीर्ण ठहिरिन्छन् । बालबालिकाको सिकाइको स्तरको मूल्याङ्कन विभिन्न प्रयत्न गरेर सिकाएपिछ मात्र गरिने हो निक उसमा भएको अपाङ्गता कस्तो छ भनेर । यस्तो अवस्थामा धेरै बालबालिकाले धेरै सिकाइ उपलिब्ध हासिल गर्न सक्छन् । बालबालिकाको सिकाइको मूल्याङ्कन अनौपचारिक वा अनियमित वा अप्रत्यक्ष साधनको प्रयोग गरेर पिन गर्न सिकिन्छ । यस सम्बन्धमा आधारभूत तह कक्षा १-३ को एकीकृत पाठ्यक्रमको मूल खण्डमा पिन उल्लेख गरिएको छ ।

#### बालबालिकाको उमेर

बौद्धिक अपाङ्गता वा अटिजम वा मस्तिष्क पक्षाघात भएका बालबालिकाहरूलाई झैँ यस अवस्थाका बालबालिकालाई पिन सफल शिक्षणका लागि पाठ्यक्रममा अनुकूलन गर्दा विद्यार्थीको उमेरलाई पिन ख्याल पुन्याउनुपर्ने हुन्छ । साधारण पाठ्यक्रमले तोकेको उमेर र सिकाउन लाग्ने कार्यघण्टाभित्र यस्ता बालबालिकालाई सिकाउन सम्भव हुँदैन । आधारभूत तह कक्षा १-३ को सिकाइ उपलिब्ध कहिले सिकाइ सिकन्छ भन्ने कुरा कित वर्षमा उनीहरू सिक्न विद्यालयमा भर्ना भए, स्रोत कक्षामा ब्रेल र साङ्केतिक भाषा कित धेरै सिक्न पाए, व्यक्तिगत दोभाषे वा शिक्षकको सहयोग कित मात्रामा पाए, सिकाइ सामग्रीसिहतको वातावरण कस्तो थियो र अभिभावकले कित उपयुक्त तिरकाले समय दिन सके भन्ने कुरामा भर पर्दछ । पूर्ण श्रवण दृष्टिविहीन बालबालिकाले सञ्चार सिप जानेपिछ कक्षा १ को सिकाइ उपलिब्ध तीन वर्ष लगाएर राम्रोसँग सिक्न सक्दछन् । श्रवण दृष्टिविहीन बालबालिकालाई सिकाउनका लागि ठोस वस्तुको धेरै नै प्रयोग गर्नुपर्ने हुन्छ । यस अर्थमा उनीहरू एउटा ल्याबमा मात्र सिक्न सक्छन् ।

### शिक्षकः पाठ्यक्रम अनुकूलनकर्ता

माथि उल्लेख गरियो कि पाठ्यक्रमको अनुकूलन व्यक्तिगत हुन्छ । शिक्षकलाई पाठ्यक्रमको अनुकूलन गर्ने तरिका सिकाएपछि शिक्षक स्वयम्ले धेरै हदसम्म पाठ्यक्रमको अनुकूलन गर्न सक्छन् । पाठ्यक्रमभित्र विद्यार्थी बस्ने वातावरण समेत पर्दछ ।अतिरिक्त क्रियाकलापतर्फ खेल र मनोरञ्जन जस्ता पक्षमा पनि अनुकूलन गर्नुपर्ने हुन्छ । एउटा कक्षामा सबै बालबालिकाका लागि एकै तरिकाले सिकाइ पद्धतिमा गरेको अनुकूलनले काम गर्देन । त्यसका लागि शिक्षकले प्रत्येक बालबालिकाको अवस्था हेरेर शिक्षण योजना बनाउँदा र सिकाउँदा विचार पुऱ्याउनुपर्दछ ।

बालबालिकाको सिकाइको क्षमता तथा पाठ्यक्रममा गरिएको निर्देशनको आधारमा शिक्षकले कक्षागत रूपमा विषयवस्तुमा अनुकूलन गरी शिक्षण गर्नुपर्छ।

श्रवण दृष्टिविहीनता भएका बालबालिकालाई शिक्षण गर्ने शिक्षकको अतिरिक्त योग्यतामा यस समूहका बालबालिकासँग गरिने सञ्चारका पद्धितसँग परिचित हुनु हो। यो अत्यन्तै आधारभूत कुरा हो। यस बाहेक शिक्षकले बालबालिकासँग कहिल्यै पिन आवेशमा नआउने स्वभाव देखाउनुपर्दछ। शिक्षक आफैँमा पिन सिकारुको अवस्था र आवश्यकता अनुरूप अनुकूलित हुनुपर्दछ।

### ८. पाठ्यक्रमको प्रयोग र रङको सम्बन्ध (Color Code)

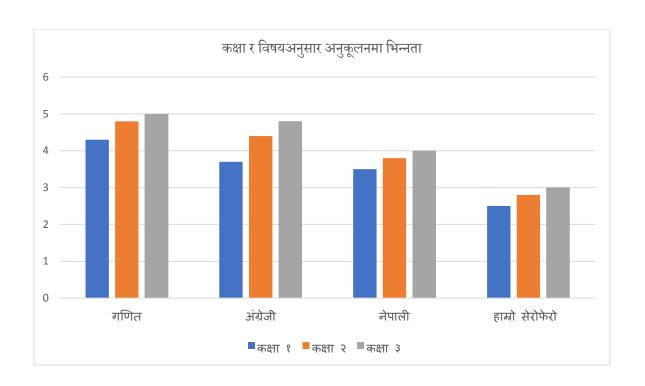
नियमित पाठ्यक्रममा अनुकूलन गर्ने विधि एकनासको मात्र हुँदैन । अनुकूलित सामग्री सबै पाठकले बुझ्न सक्ने सरल हुनुपर्दछ । पाठ्यक्रमका साथै पाठ्यपुस्तकमा पनि यसै गरी अनुकूलन गर्नुपर्ने हुन्छ । नेपालमा न्यून दृष्टि भएका बालबालिकाका लागी ठुलो आकार र अक्षरमा रङ्गीन पेजमा पाठ्यपुस्तक छपाउने चलन छ । ठुलो आकारको पुस्तकमा ठुलो अक्षरको साइजले मात्र पुग्दैन । यो पाठ्यपुस्तकमा गरिएको अनुकूलनको नमुना हो ।

यस अनुकूलित पाठ्यक्रममा प्रयोग भएका शब्द वा क्रियाकलाप वा क्रियापदमा तीन प्रकारका रङ प्रयोग गरिएको छ:

- क. तहगत सक्षमता वा सिकाइ उपलिब्धमा कुनै रङ प्रयोग भएको छैन वा कालो मात्र छ भने सहजै हासिल हुन सक्ने भएकाले अनुकूलनको जरुरत पर्दैन भन्ने बुझ्नुपर्दछ।
- ख. कुनै पनि शब्द वा वाक्यमा हिरयो रङ मात्र प्रयोग भएको छ भने सामग्रीसमेतको प्रयोगमा हुने सामान्य सञ्चारबाट सिकाउन सिकन्छ भन्ने बुझ्नुपर्दछ।
- ग. कुनै शब्द वा वाक्यमा निलो रङ प्रयोग भएको रहेछ भने अतिरिक्त मेहनत गर्नुपर्दछ भन्ने बुझ्नुपर्दछ।
- घ. कुनै वाक्य वा शब्दमा रातो रङ प्रयोग भएको रहेछ भने धेरै मेहनतपूर्वक सिकाउनुपर्दछ। कुनै कुनै अवस्थामा शब्दमा फेरबदल पिन गर्नुपर्ने हुन्छ। यसको मतलब उद्देश्यमा घटाउनुपर्दछ। कितदेखि कितसम्म घटाउने भन्ने कुरा पिहले हासिल गरी सकेको सिकाइ उपलिब्धमा निर्भर गर्दछ। यो अंश प्राप्त हुन सम्भव नभएमा यो अंशको सिकाइ उपलिब्ध पूरा नहुँदैमा अर्कोमा जान रोक्नु हुँदैन।

### ९. सिकाइ उपलब्धि हासिल हुने तह

जित साना कक्षा र सुरुका पाठहरूमा सिकाइ उपलिब्धि धेरै हासिल हुन्छ, अलि जिटल सिकाइ र माथिल्ला कक्षामा गएपछि उपलिब्धिको मात्रा र स्तर तल चित्रमा देखाए झैँ कमजोर देखा पर्दछ। साना कक्षाका पाठ्यविषयहरू आफैँ पिन धेरै सरल छन्। त्यसैले कक्षा बढ्दै जाँदा अनुकूलनको मात्रा पिन बढ्दै जान्छ। अनुकूलनमा विषयगत विभिन्नता हुन्छ।



# १०. सिकाइका लागि न्यूनतम शर्त

- क. साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल
- ख. इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री
- ग. साङ्केतिक भाषा र ब्रेल पद्धति जानेको सहजकर्ता

# ११. विषयगत पाठ्यक्रम अनुकूलन

# ११.१ विषयः नेपाली

कक्षा १-३ को नेपाली विषय अध्ययनपश्चात् विद्यार्थीहरूमा निम्नलिखित सक्षमताहरू विकास हुने छन् :

सक्षमता	अनुकूलनका आधार	आवश्यक सामग्री
<ol> <li>कुराकानी, संवाद,</li> <li>छलफल र प्रश्नोत्तरका</li> <li>क्रममा दाहोरो</li> <li>सञ्चार</li> </ol>	<ul> <li>कुराकानी, संवाद, छलफल र प्रश्नोत्तरका क्रममा दाहोरो सञ्चारका लागि केही थप समय लाग्न सक्छ।</li> <li>(साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित,अलिकित ठुलो आवाजमा बोलेर ह्याप्टिक सिग्नल हत्केलामा लेखेर आदि माध्यमबाट)</li> </ul>	इम्बोस्ड अक्षर र चित्रात्मक सिकाइ सामग्री, ब्रेललिपिका सामग्री, ठोस, वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री
२. चित्र, घटना, परिवेश र पाठगत सन्दर्भका आधारमा विषयवस्तुको बोध र अभिव्यक्ति	<ul> <li>चित्र इम्बोस्ड छ भने स्पर्श तथा छामेर सिकाउन सिकन्छ ।</li> <li>घटना, परिवेश र पाठगत सन्दर्भका आधारमा विषयवस्तुको बोध र अभिव्यक्ति</li> <li>(साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति,अलिकित ठुलो आवाजमा बोलेर ह्याप्टिक सिग्नल हत्केलामा लेखेर आदि) माध्यमबाट</li> </ul>	इम्बोस्ड अक्षर र इम्बोस्ड चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस, वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री
३. शब्दमा प्रयुक्त ध्विन र वर्णको शुद्ध उच्चारण ४. वर्ण, मात्रा र शब्दको	<ul> <li>शब्दमा प्रयुक्त ध्विन र शुद्ध उच्चारण वा व्यक्त गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित,अलिकित ठुलो आवाजमा बोलेर ह्याप्टिक सिग्नल, हत्केलामा लेखेर आदि) माध्यमबाट</li> <li>वर्ण, मात्रा र शब्दको सङ्केतन सजिलै सिक्न</li> </ul>	<ul> <li>इम्बोस्ड अक्षर र इम्बोस्ड चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस, वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री</li> <li>इम्बोस्ड अक्षर र इम्बोस्ड</li> </ul>
सङ्केतन र विसङ्केतन गरी शद्ध <mark>बोलाइ</mark> र लेखाइ	सक्ने छन्।  • शब्दको विसङ्केतन गरी शुद्ध बोलाइमा	चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस,

	लेखाइ वा व्यक्त गर्न सक्ने छन्।  (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति,अलिकित ठुलो आवाजमा बोलेर ह्याप्टिक सिग्नल, हत्केलामा लेखेर आदि) माध्यमबाट	वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री
५. प्रवाहपूर्ण पठन, उपयुक्त बोध र अभिव्यक्ति	<ul> <li>प्रवाहपूर्ण पठन, उपयुक्त बोध र अभिव्यक्ति दिन सक्ने (ब्रेल, स्पर्श साङ्केतिक भाषा, साङ्केतिक भाषा, बोलेर, लेखेर)</li> </ul>	<ul> <li>इम्बोस्ड अक्षर र इम्बोस्ड चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस, वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री</li> </ul>
६. श्रव्य, दृश्य र श्रव्यदृश्य सामग्रीको बोधसहितका भाषिक कार्य	<ul> <li>श्रव्य, दृश्य र श्रव्यदृश्य सामग्रीको बोधसहितका भाषिक कार्य साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ठुलो आवाजका सामग्री, बोलेर, ह्याप्टिक सिग्नल, हत्केलामा लेखेर आदि माध्यमबाट गर्न</li> </ul>	<ul> <li>इम्बोस्ड अक्षर र इम्बोस्ड चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस, वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री</li> </ul>
७. मौखिक र लिखित अभिव्यक्तिमा सिर्जनात्मक तथा समालोचनात्मक शिल्पको प्रयोग	<ul> <li>मौखिक र लिखित अभिव्यक्तिमा सिर्जनात्मक तथा समालोचनात्मक शिल्पको प्रयोग साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति,अलिकति ठुलो आवाजमा बोलेर ह्याप्टिक सिग्नल हत्केलामा लेखेर आदि माध्यमबाट</li> </ul>	<ul> <li>इम्बोस्ड अक्षर र इम्बोस्ड चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस, वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री</li> </ul>

# (ग) कक्षागत सिकाइ उपलब्धि

नोटः सिकाइ उपलब्धि हासिल भए नभएको थाहा पाउन श्रवण दृष्टिविहीन बालबालिकालाई प्रशस्त ठोस सामग्री, ब्रेल सामग्री वा कम्प्युटर र सङ्केत गर्ने अवसर दिनुपर्दछ। ब्रेलमा लेखेर पनि देखाउन सक्छन् भने कतियप अवस्थामा हावामा चित्र बनाएर पनि देखाउन सक्छन्। बालबालिकाले कित जाने र कुन स्तरको जाने भन्ने थाहा पाउन शिक्षकले प्रत्येक अभिव्यक्तिको गुणस्तर मापन गर्न सिकने रुब्रिक बनाउनुपर्दछ। कम गुणस्तरको सिकाइ भएमा पुःन गर्ने अवसर दिएर सिकाइको स्तर बढाउन प्रेरित गर्नुपर्दछ।

# तालिकाः ६ नेपाली विषयको कक्षागत सिकाइ उपलब्धि कक्षा १ नेपाली

सिकाइ उपलब्धि	सम्भावित क्रियाकलाप
१. कुराकानी, संवाद, छलफल र प्रश्नोत्तरका क्रममा उपर्युक्त भाषाको प्रयोग गर्न	कुराकानी, संवाद, छलफल र प्रश्नोत्तरका क्रममा उपर्युक्त भाषाको प्रयोग गर्न
	• साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल
	पद्धति, अलिकति ठुलो आवाजमा बोलेर, ह्याप्टिक सिग्नल हत्केलामा लेखेर, लेखेर, बोलेर आदि माध्यमबाट प्रयोग गर्न
२. पारिवारिक परिवेशमा प्रयोग हुने शब्द पहिचान गरी प्रयोग गर्न	<ul> <li>पारिवारिक परिवेशमा प्रयोग हुने शब्द पहिचान र प्रयोगका लागि साङ्केतिक भाषा, स्पर्श साङ्केतिक</li> </ul>
	भाषा, ब्रेल पद्धति, , ह्याप्टिक सिग्नल हत्केलामा लेखेर, लेखेर, बोलेर आदि माध्यमबाट प्रयोग गर्न
३. सङ्केतक जोडी विभिन्न आकृति र चित्र निर्माण गर्न	<ul> <li>इम्बोस्ड सङ्केतकहरू जाडी विभिन्न इम्बोस्ड आकृति</li> <li>र चित्र निर्माण गर्न</li> </ul>
४. स्वर वर्ण पहिचान गरी उच्चारण गर्न	अधिकतम १०० भए पनि सोभन्दा मुनि सकेसम्म धेरै सङ्ख्या चिनाउन अभ्यास गराउन
५. व्यञ्जन वर्ण पहिचान गरी उच्चारण र वर्ण विभेदीकरण गर्न	<ul> <li>इम्बोस्ड, स्पर्श साङ्केतिक भाषा, हत्केलामा लेखेर वा ब्रेलका व्यञ्जन वर्ण पहिचान गरी वर्ण विभेदीकरण गर्न</li> </ul>
	• उच्चारण साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा,
	ब्रेल पद्धति, , ह्याप्टिक सिग्नल हत्केलामा लेखेर, लेखेर, बोलेर आदि माध्यमबाट व्यक्त गर्न
६. पाठमा प्रयुक्त दैनिक प्रयोगमा आउने शब्द,	• पाठमा प्रयुक्त दैनिक प्रयोगमा आउने शब्द, लब्ध शब्द,

लब्ध शब्द, शीर्ष शब्द तथा विसङ्केतक शब्द पढ्न ७. पढेका वर्ण तथा मात्राका सङ्केतन र विसङ्केतन गरी लेखन ढाँचाको अनुकरण गर्न	शीर्ष शब्द तथा विसङ्केतक शब्द साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, , ह्याप्टिक सिग्नल हत्केलामा लेखेर, बोलेर आदि माध्यमबाट पढ्न वा व्यक्त गर्न  पढेका वर्ण तथा मात्राका सङ्केतन र विसङ्केतन गरी लेखन( स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल हत्केलामा लेखेर, व्यक्त गर्न) ढाँचाको अनुकरण गर्न
८. हर्ष, चिन्ता, घृणा, आश्र्चय, उत्सुकता जस्ता संवेगात्मक अभिव्यक्ति बुझेर प्रतिक्रिया व्यक्त गर्न	<ul> <li>हर्ष, चिन्ता, घृणा, आश्र्चय, उत्सुकता जस्ता संवेगात्मक अभिव्यक्ति बुझेर प्रतिक्रिया (स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल, अनुहारिक हाउभाउ, अन्य हाउभाउ, हत्केलामा लेखेर) व्यक्त गर्न</li> </ul>
९. विभिन्न शीर्षक, चित्र, परिवेश र सन्दर्भका आधारमा छलफल र प्रश्नोत्तर गर्न	<ul> <li>विभिन्न शीर्षक, परिवेश र सन्दर्भका आधारमा साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल जस्ता सञ्चारका माध्यमबाट छलफल र प्रश्नोत्तर गर्न वा इम्बोस्ड अक्षर र चित्र बाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्रीको प्रयोग गर्न</li> <li>इम्बोस्ड चित्रका आधारमा साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल छलफल र प्रश्नोत्तर गर्न</li> </ul>
१०. शब्दअनुसारका चित्र र चित्रअनुसारका शब्द पहिचान गरी प्रश्लोत्तर गर्न	• इम्बोस्ड शब्दअनुसारका इम्बोस्ड चित्र र इम्बोस्ड चित्रअनुसारका इम्बोस्ड शब्द पहिचान गरी प्रश्नोत्तर गर्न (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री)
११. शब्दमा अक्षर छुट्याउन, जोड्न, थप्न, हटाउन र परिवर्तन गर्न	• शब्दमा अक्षर छुट्याउन, जोड्न, थप्न, हटाउन र परिवर्तन गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक

१२. विसङ्केतक शब्दका सुरु र अन्त्यका ध्विन पहिचान र उच्चारण गर्न	•	भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल, इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तिवक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री) विसङ्केतक शब्दका सुरु र अन्त्यका वर्ण पहिचान र व्यक्त गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम)
१३. पाठगत परिवेश, पात्र र सन्दर्भको पहिचान, छलफल, प्रश्नोत्तर एवम् तुलना गर्न	•	पाठगत परिवेश, पात्र र सन्दर्भको पहिचान, छलफल, प्रश्नोत्तर (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम) (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री) पाठगत परिवेश, पात्र र सन्दर्भको तुलना गर्न समय धैरै लाग्ने र मेहनत पनि धेरै लाग्ने हुन सक्छ।
१४. पाठ्यसामग्री पढेर नयाँ शब्द पहिचान, अर्थबोध र प्रयोग गर्न	•	पाठ्यसामग्री पढेर नयाँ शब्द पहिचान, अर्थबोध र प्रयोग (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल, सञ्चारका माध्यम)
१५. शब्दमा प्रयोग भएका संयुक्त र व्यञ्जन वर्ण पहिचान र उच्चारण गर्न	•	शब्दमा प्रयोग भएका संयुक्त र व्यञ्जन वर्ण पहिचान गर्न वर्ण पहिचान, साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल, सञ्चारका माध्यम, साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम गर्न शब्दमा प्रयोग भएका संयुक्त र व्यञ्जन वर्ण बोली विकास नभएका व्यक्तिले साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका

	नाध्यमबाट <mark>व्यक्त</mark> गर्न
१६. क्रियाका काल, पदसङ्गति र चिह्नको स् सचेततासहित मौखिक तथा लिखित अभिव्यक्ति स्	क्रेयाका काल, पदसङ्गति र चिह्नको सचेततासहित मौखिक तथा लिखितका सट्टा साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल अभिव्यक्ति दिन

# कक्षा २ नेपाली

सिकाइ उपलिब्ध	सम्भावित क्रियाकलाप
१. कुराकानी, संवाद, छलफल र प्रश्नोत्तरमा सहभागी भई उपयुक्त भाषाको प्रयोग गर्न	<ul> <li>पूर्ण श्रवण दृष्टिविहीनता भएका व्यक्तिहरूले साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नलका भाषाका माध्यमहरूको प्रयोग गर्न सक्ने छन् भने बोलीको विकास भएका व्यक्तिले बोलेर पिन गर्ने सक्ने छन्।</li> </ul>
२. पारिवारिक र विद्यालयीय परिवेशमा प्रयोग हुने शब्द पहिचान गरी प्रयोग गर्न	<ul> <li>पारिवारिक परिवेशमा प्रयोग हुने शब्द पहिचान (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)</li> </ul>
३. उस्ता उस्तै ध्वनि तथा	<ul> <li>प्रयोगका लागि धेरै मेहनत गर्नुपर्ने हुन्छ (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल हत्केलामा लेखेर, लेखेर, बोलेर आदि माध्यमबाट प्रयोग)</li> <li>३ ध्विन पहिचान गर्न नसके पनि मान्ने</li> </ul>
समान संरचना भएका शब्दको प्रयोग गरी भाषिक सञ्चार गर्न	<ul> <li>समान संरचना भएका शब्दको प्रयोग गरी साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यम</li> <li>भाषिक सञ्चार गर्न</li> </ul>
	<ul> <li>पाठ पढी छलफल तथा प्रश्नोत्तर गर्न (भाषाः साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सामग्री इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल</li> </ul>
४. पाठ पढी छलफल तथा प्रश्नोत्तर गर्न र पाठको संरचना,	लिपिका सामग्री, ठोस वस्तुहरू, वास्तिवक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री )

#### घटनाक्रम र सार बताउन

- पाठको संरचना, घटनाक्रम र सार बताउन नसके पनि मान्ने
- विषयवस्तुका आधारमा कुराकानी र छलफल गरी लिखित वा अन्य माध्यमबाट अभिव्यक्ति दिन (सञ्चारः साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यम लेखेर)
- शब्दका वर्ण विभाजन गर्न (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री
- वर्ण जोडेर, थपेर, झिकेर र परिवर्तन गरेर नयाँ शब्द निर्माण गर्न अधिकतम् मेहनत लाग्न सक्ने र हासिल हुन नसकेमा पनि मान्ने
- शब्द शब्द जोडेर वा छुट्याएर नयाँ शब्दको पहिचान र शब्दसुची निर्माण र प्रयोग गर्न
- (सामग्री इम्बोस्ड अक्षर र चित्र बाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- उच्चारण गर्न नसके पनि मान्ने
- शब्दका सन्दर्भगत अर्थ पहिचान र प्रयोग गर्न
- (सामग्री इम्बोस्ड अक्षर र चित्र बाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- प्राप्त सूचना तथा पढेका सामग्रीका आधारमा विषयवस्तु, पात्र र घटनाको बोध गर्न (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- प्राप्त सूचना तथा पढेका सामग्रीका आधारमा विषयवस्तु, पात्र र घटनाको बोध
  गरी प्रतिक्रिया व्यक्त गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल
  पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यम बोध गरी प्रतिक्रिया यीनै
  माध्यमबाट व्यक्त गर्न )
  - हलन्त र संयुक्त व्यञ्जन वर्ण प्रयोग भएका शब्दको पहिचान गरी अर्थबोध गर्न (सामग्री इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका

५. विषयवस्तुका आधारमा कुराकानी र छलफल गरी लिखित अभिव्यक्ति दिन

६. शब्दका वर्ण विभाजन गर्न र वर्ण जोडेर, थपेर, झिकेर र परिवर्तन गरेर नयाँ शब्द निर्माण गर्न

७. शब्द शब्द जोडेर वा

छुट्याएर नयाँ शब्दको पहिचान गरी उच्चारण तथा शब्दसूची निर्माण र प्रयोग गर्न

८. शब्दका सन्दर्भगत अर्थ पहिचान र प्रयोग गर्न

९. प्राप्त सूचना तथा पढेका सामग्रीका आधारमा विषयवस्तु, पात्र र घटनाको बोध गरी प्रतिक्रिया व्यक्त गर्न

१०. हलन्त र संयुक्त व्यञ्जन वर्ण प्रयोग भएका शब्दको पहिचान गरी उच्चारण र सामग्री, ठोस वस्तु, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री)

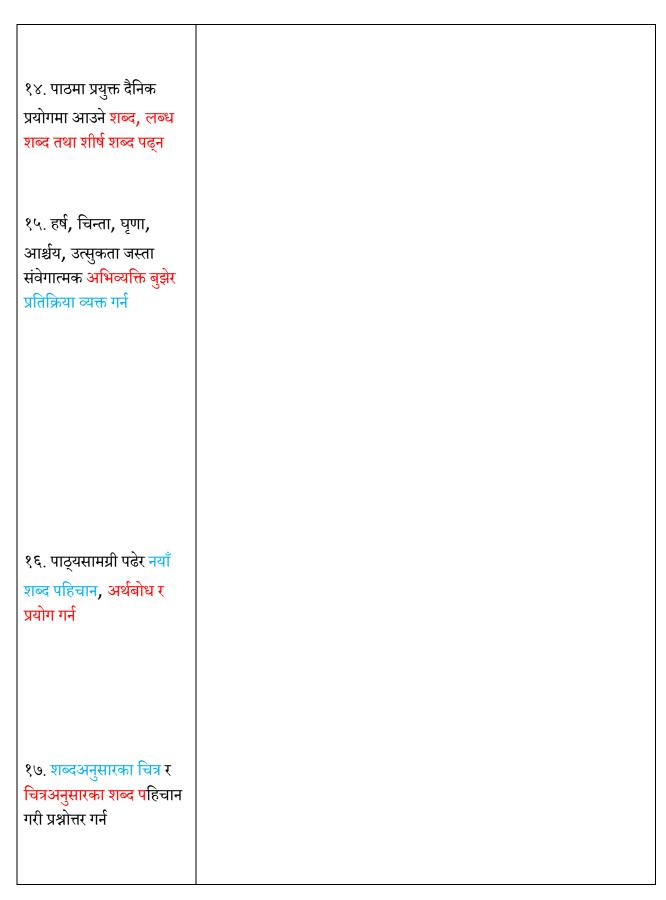
- उच्चारण गर्न नसके पनि अर्थबोध गरेमा मान्ने
- ११ शीर्षक, पाठको परिवेश र सन्दर्भका आधारमा छलफल, प्रश्नोत्तर र तुलना गर्न (भाषाः साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम र सामग्री इम्बोस्ड अक्षर र चित्र बाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- चित्रका आधारमा छलफल, प्रश्नोत्तर र तुलना गर्न गर्न नसके पनि मान्ने
- पदसङ्गति मिलाई लेख्यचिह्न र क्रियाका कालको उपयुक्त प्रयोग गरी वाक्य रचना गर्न (भाषाःसाङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यमबाट)
- पदसङ्गति मिलाई लेख्यचिह्न र क्रियाका कालको उपयुक्त प्रयोग गरिएको अनुच्छेद सार्न
- भाषाः साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यमबाट सिकाउने र इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री प्रयोग गरेर सिकाउने यसका लागि अति धेरै मेहनत र बढी समय लाग्ने हुन्छ।
- सर्गपरक शब्दको पहिचान (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यम )
- सर्गपरक शब्दको शब्द निर्माण (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- सर्गपरक शब्दको उच्चारण गर्न नसके पनि सिकाइ भएको मान्ने
- पाठमा प्रयुक्त दैनिक प्रयोगमा आउने शब्द, लब्ध शब्द तथा शीर्ष शब्द बुझ समय र मेहनत धेरै गरेर यो सिकाइ हासिल हुन सक्छ । (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, सञ्चारका माध्यम)

#### अर्थबोध गर्न

११. चित्र, शीर्षक, पाठको परिवेश र सन्दर्भका आधारमा छलफल, प्रश्लोत्तर र तुलना गर्न

- १२. पदसङ्गति मिलाई लेख्यचिह्न र क्रियाका कालको उपयुक्त प्रयोग गरी वाक्य तथा अनुच्छेद रचना गर्न
- १३. सर्गपरक शब्दको पहिचान गरी शब्द निर्माण र उच्चारण गर्न

- हर्ष, चिन्ता, घृणा, आर्श्चय, उत्सुकता जस्ता संवेगात्मक अभिव्यक्ति बुझ्न(साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम,अनुहारिक हाउभाउ, शारिरिक तथा जिउडालबाट गर्ने हाउभाउ तथा विभिन्न सङ्केत)
- हर्ष, चिन्ता, घृणा, आर्श्चय, उत्सुकता जस्ता संवेगात्मक प्रतिक्रिया व्यक्त गर्न (अनुहारिक हाउभाउ, शारिरिक तथा जिउडालबाट गर्ने हाउभाउ तथा विभिन्न सङ्केत)
- पाठ्यसामग्री पढेर नयाँ शब्द पहिचान(इम्बोस्ड अक्षर र चित्र बाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- पाठ्यसामग्री पढे र नयाँ शब्दको अर्थबोध र प्रयोग गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यम )
- शब्दअनुसारका चित्र पहिचान गरी प्रश्नोत्तर गर्न (इम्बोस्ड अक्षर वा सिकाइ सामग्री र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- चित्रअनुसारका शब्द पहिचान गरी प्रश्नोत्तर गर्न समय धेरै र सिकाउन मेहनत धेरै गर्नुपर्ने हुनसक्छ (इम्बोस्ड अक्षर वा सिकाइ सामग्री वा चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- शब्द लेखन गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम)
- वाक्य लेखन गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम)
- अनुलेखन, श्रतिुलेखन, निर्देशित लेखन र सिर्जनात्मक लेखन गर्न नसके तापनि माथिल्लो कक्षा प्रवेश गर्न दिने



१८. शब्द, वाक्य र अनुच्छेदको अनुलेखन, श्रतुलेखन, निर्देशित लेखन र सिर्जनात्मक लेखन गर्न

# कक्षा ३ नेपाली

सिकाइ उपलब्धि	सम्भावित क्रियाकलाप
१.उपर्युक्त भाषाका प्रयोग	• उपर्युक्त भाषाका प्रयोग गरी कुराकानी, संवाद, छलफल र प्रश्नोत्तर गर्न
गरी कुराकानी, संवाद,	<ul> <li>(श्रवण दृष्टिविहीनता भएका व्यक्तिहरूले साङ्केतिक भाषा, स्पर्श साङ्केतिक</li> </ul>
छलफल र प्रश्नोत्तर गर्न	भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल,लेखेर, बोलेर आदि भाषाको प्रयोग गरी)
	<ul> <li>पारिवारिक, विद्यालयीय र सामाजिक परिवेशमा प्रयोग हुने शब्द पहिचान गर्न</li> </ul>
	(इम्बोस्ड अक्षर र चित्र बाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस
	वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
२. पारिवारिक, विद्यालयीय	• पारिवारिक, विद्यालयीय र सामाजिक परिवेशमा प्रयोग हुने शब्द पहिचान गरी
र सामाजिक परिवेशमा प्रयोग	प्रयोग गर्न समय र मेहनत बढी लाग्ने (साङ्केतिक भाषा, स्पर्श साङ्केतिक
हुने शब्द पहिचान गरी प्रयोग	भाषा, ब्रेल पद्धति, बोलेर, लेखेर, ह्याप्टिक सिग्नल सञ्चारका माध्यम )
गर्न	<ul> <li>ध्विन अनिवार्य नगर्ने</li> </ul>
	• समान संरचना भएका शब्दको प्रयोग गरी आफ्नो भाषाको माध्यमबाट भाषिक
	सञ्चार गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक
	सिग्नल सञ्चारका माध्यम)
	<ul> <li>पाठका आधारमा घटना वर्णन, अनुभव वर्णन समय र मेहनत धेरै बिंढ लाग्ने</li> </ul>
	(साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, बोलेर, लेखेर, ह्याप्टिक
	सिग्नल सञ्चारका माध्यम)
	<ul> <li>बुँदा लेखन र तार्किक विश्लषण गर्न कोशिस गराउने तर अनिवार्य नगर्ने</li> </ul>
३.उस्तै उस्तै ध्वनि तथा	• विषयवस्तुका आधारमा कुराकानी र छलफल गरी लिखित वा अन्य माध्यमबाट
समान संरचना भएका	अभिव्यक्ति दिन (सञ्चारः साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल

#### शब्दको प्रयोग गरी भाषिक सञ्चार गर्न

४. पाठका आधारमा घटना वर्णन, अनुभव वर्णन, बुँदा लेखन र तार्किक विश्लषण गर्न

५. विषयवस्तुका आधारमा कुराकानी र छलफल गरी लिखित अभिव्यक्ति दिन

६. शब्दका वर्ण विभाजन गर्न र वर्ण जोडेर, थपेर, झिकेर र परिवर्तन गरेर नयाँ शब्द निर्माण गर्न

७. शब्द शब्द जोडेर वा

पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यम लेखेर)

- शब्दका वर्ण विभाजन गर्न (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री
- वर्ण जोडेर, थपेर, झिकेर र परिवर्तन गरेर नयाँ शब्द निर्माण गर्न अधिकतम मेहनत लाग्न सक्ने र हासिल हुन नसकेमा पनि मान्ने
- शब्द शब्द जोडेर वा छुट्याएर शब्दको पहिचान गर्न
- शब्द शब्द जोडेर वा छुट्याएर शब्दको पहिचान गरी तिनको उच्चारण अनिर्वाय नगर्ने (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, लेखेर सञ्चारका माध्यम)
- शब्द शब्द जोडेर वा छुट्याएर शब्दको पहिचान गरी तिनको शब्दसूची निर्माण र प्रयोग गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, लेखेर सञ्चारका माध्यम)
- शब्दका सन्दर्भगत अर्थ पहिचान
- (सामग्री इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री,
   ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- शब्दका सन्दर्भगत अर्थको प्रयोग गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, लेखेर, बोलेर, तथा ह्याप्टिक सिग्नल सञ्चारका माध्यम)
- प्राप्त सूचना तथा पढेका सामग्रीका आधारमा विषयवस्तु, पात्र र घटनाको बोध गर्न (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- प्राप्त सूचना तथा पढेका सामग्रीका आधारमा विषयवस्तु, पात्र र घटनाको बोध गरी प्रतिक्रिया व्यक्त गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यम)
- शीर्षक र पूर्वज्ञानका आधारमा पाठ पढ्न
   (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस
   वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री,

छुट्याएर शब्दको पहिचान गरी तिनका उच्चारण तथा शब्दसूची निर्माण र प्रयोग गर्न

८. शब्दका सन्दर्भगत अर्थ

पहिचान र प्रयोग गर्न

९. प्राप्त सूचना तथा पढेका सामग्रीका आधारमा विषयवस्तु, पात्र र घटनाको बोध गरी प्रतिक्रिया व्यक्त गर्न

१०. शीर्षक र पूर्वज्ञानका आधारमा पाठ पढ्न र त्यसका आधारमा डिजिटल सामग्री सामग्री)

- शीर्षक र पूर्वज्ञानका आधारमा पाठ पढेर त्यसका आधारमा स्विसकाइको परीक्षण गर्नलाइ अनिवार्य नगर्ने
- हलन्त र संयुक्त व्यञ्जन वर्ण प्रयोग भएका शब्दको पहिचान गरी अर्थबोध गर्न (सामग्री इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री)
- उच्चारण गर्न नसके पनि अर्थबोध गरेमा मान्ने
- सन्दर्भ सामग्री पढेर विषयवस्तु बोध गरी लेख्न (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री प्रयोग गरी बोध हुने छ भने सन्दर्भ सामग्री पढेर विषयवस्तु बोध गरी व्यक्त गर्न साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यमबाट गर्ने छन्।
- पाठका चिरित्र, पिरवेश र घटनाको वर्णन गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, लेखेर, बोलेर, ह्याप्टिक सिग्नल सञ्चारका माध्यम)
- पदसङ्गति मिलाइ लेख्यचिह्न र क्रियाका कालको उपयुक्त प्रयोग गरी वाक्य रचना गर्न (भाषाःसाङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यमबाट)
- पदसङ्गति मिलाई लेख्यचिह्न र क्रियाका कालको उपयुक्त प्रयोग गरिएको अनुच्छेद सार्न
  - (भाषाः साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यमबाट सिकाउने र इम्बोस्ड अक्षर र चित्र बाट बनेका सिकाइ सामग्री, ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री प्रयोग गरेर सिकाउने यसका लागि अतिधेरै मेहनत र बढि समय लाग्ने हुन्छ।
- लिङ्ग, वचन, पुरुष र आदरका आधारमा सरल वाक्यमा परिवर्तन गर्न
  (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, लेखेर, सञ्चारका
  माध्यम) सबै बालबालिकाले परिवर्तन गर्न नसकेमा अनिवार्य नगर्ने

#### स्वसिकाइको परीक्षण गर्न

- सर्गपरक शब्दको पहिचान (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यम )
- सर्गपरक शब्दको शब्द निर्माण (इम्बोस्ड अक्षर र चित्रबाट बनेका सिकाइ सामग्री,
   ब्रेल लिपिका सामग्री, ठोस वस्तुहरू, वास्तविक आकृति, साङ्केतिक भाषाका सामग्री, श्रव्य दृश्य सामग्री, डिजिटल सामग्री सामग्री)
- सर्गपरक शब्दको उच्चारण गर्न नसके पनि सिकाइ भएको मान्ने
- पाठमा प्रयुक्त दैनिक प्रयोगमा आउने शब्द, लब्ध शब्द तथा शीर्ष शब्द बुझ समय र मेहनत धेरै गरेर यो सिकाइ हासिल हुन सक्छ। (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, सञ्चारका माध्यम)
- हर्ष, चिन्ता, घृणा, आर्श्चय, उत्सुकता जस्ता संवेगात्मक अभिव्यक्ति बुझ्न(साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धति, ह्याप्टिक सिग्नल सञ्चारका माध्यम,अनुहारिक हाउभाउ, शारिरिक तथा जिउडालबाट गर्ने हाउभाउ तथा विभिन्न सङ्केत)
- हर्ष, चिन्ता, घृणा, आर्श्चय, उत्सुकता जस्ता संवेगात्मक प्रतिक्रिया व्यक्त गर्न (अनुहारिक हाउभाउ, शारिरिक तथा जिउडालबाट गर्ने हाउभाउ तथा विभिन्न सङ्केत)
- स्थानीय परिवेश, सन्दर्भ तथा विषयवुस्त झिल्कने शीर्षक वा विषयवस्तु छनोट गरी केहि वाक्य लेख्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, अक्षरमा लेखेर सञ्चारका माध्यम)
- शब्द लेखन गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम)
- वाक्य लेखन गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम)
- अनुलेखन, श्रितुलेखन, निर्देशित लेखन र सिर्जनात्मक लेखन गर्न नसके तापनि माथिल्लो कक्षा प्रवेश गर्न दिने
- तथ्य, सन्दर्भ, सूचना र पूर्वज्ञानमा आधारित भई मौखिक र लिखित उत्तर दिन
   (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, बोलेर अक्षारमा लेखेर
- शब्द लेखन गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम)

११. हलन्त र संयुक्त व्यञ्जन वर्ण प्रयोग भएका शब्दको पहिचान गरी उच्चारण र अर्थबोध गर्न

१२. सन्दर्भ सामग्री पढेर विषयवस्तु बोध गरी लेख्न

१३. पाठका चरित्र, परिवेश र घटनाको <mark>वर्णन गर्न</mark>

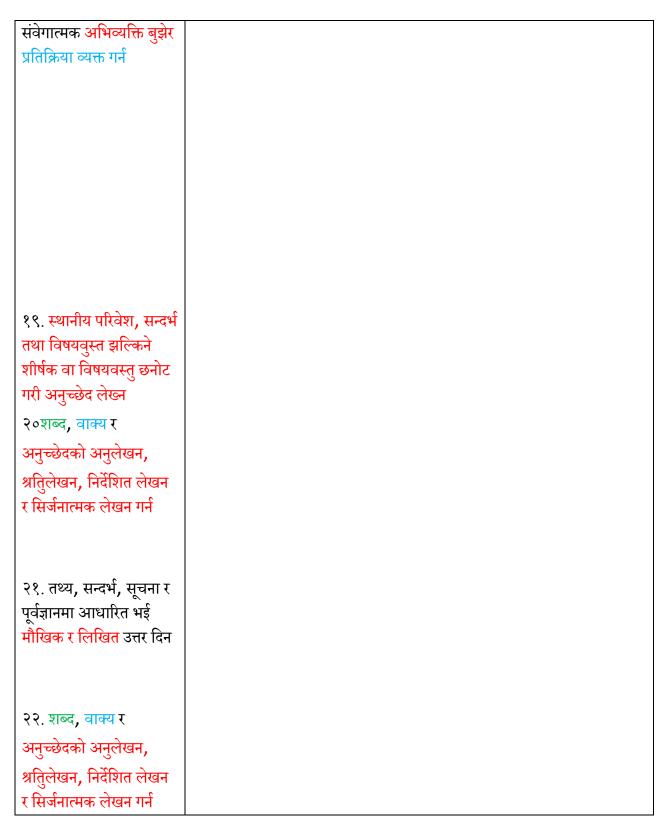
१४. पदसङ्गति मिलाइ लेख्यचिह्न र क्रियाका कालको उपयुक्त प्रयोग गरी वाक्य तथा अनुच्छेद रचना गर्न

- वाक्य लेखन गर्न (साङ्केतिक भाषा, स्पर्श साङ्केतिक भाषा, ब्रेल पद्धित, ह्याप्टिक सिग्नल सञ्चारका माध्यम)
  अनुलेखन, श्रितुलेखन, निर्देशित लेखन र सिर्जनात्मक लेखन गर्न नसके तापिन माथिल्लो कक्षा प्रवेश गर्न दिने
- १५. लिङ्ग, वचन, पुरुष र आदरका आधारमा सरल वाक्यमा परिवर्तन गर्न

१६. सर्गपरक शब्दको पहिचान गरी शब्द निर्माण र उच्चारण गर्न

१७. पाठमा प्रयुक्त दैनिक प्रयोगमा आउने शब्द, लब्ध शब्द तथा शीर्ष शब्द पढ्न

१८. १५. हर्ष, चिन्ता, घृणा, आर्श्चय, उत्सुकता जस्ता



# ११.२ विषयः गणित

### तहगत सक्षमता

कक्षा १–३ को गणित विषय अध्ययनपश्चात् विद्यार्थीहरूमा निम्नलिखित सक्षमताहरू विकास हुने छनः

सक्षमता	अनुकूलनका आधार	आवश्यक सामग्री
२. दुई आयामिक ज्यामितीय आकृतिहरूको पहिचान, मापन र रचना	विभिन्न आकारका ज्यामितीय आकृतिहरूको छामेर सजिलै पहिचान गर्न सक्छन्। विभिन्न आकारका ज्यामितीय आकृतिहरूको ट्याक्टाइल रुलरको सहायताले मापन गर्न सक्छन्। विभिन्न आकारका ज्यामितीय आकृतिहरूको हावामा बालुवामा पिठोमा ब्रेल पेपरमा मैन र रुलरको समेत प्रयोग गरी रचना गर्न सक्छन्।	विभिन्न आकारका ज्यामितीय आकृतिहरू, ट्याक्टाइल रुलर, बालवा, पिठो, ब्रेल, स्लेट र स्टाइलस, कागजको सतह खस्रो पार्नका लागि मैन
२. पाँच अङ्कसम्मका सङख्यालाई देवनागरी र हिन्दु अरेबिक सङख्याङक प्रयोग गरी दैनिक जीवनमा प्रयोग	हातका औँला ठोस वस्तुको प्रयोग गरी ब्रेल र साङ्केतिक भाषाका माध्यमबाट पाँच अङ्क सम्मका सङ्ख्या सिकाउन सिकन्छ। पाँच अङ्कको सङ्ख्या सिकाउन धेरै समय र प्रयास लाग्छ। एक अङ्क दुइ अङ्क गरी क्रमशः सिकाउँदै लैजाने। यो क्रियाकलाप गराउनु पूर्व ब्रेल र साङ्केतिक भाषामा साक्षर बनाउनुपर्छ।	हातका औँला ठोस वस्तुहरू ब्रेल साङ्केतिक भाषामा देव नागरिक र हिन्दु अरेबिक सङ्ख्याको ज्ञान
३. स्थानीय सङ्ख्याङकन पद्धतिको प्रयोग	ठोस वस्तुको गणना र दश दशको समूहमा ठोस वस्तुको रखाइका बारेमा जानकारी गराएर एक दश दुई दश आदि सिकाउन सिकन्छ।	ठोस वस्तु
४. भिन्नको अवधारणा बोध र तुलना गर्ने क्षमता विकास	बिस्कुट, स्याउ, सुन्तला, रोटी वा अन्य ठोस वस्तुलाई भिन्नमा देखाउन मिल्ने गरी टुक्रा पारेर छाम्न लगाई सिङ्गो र भिन्नको अवधारणा दिन सकिन्छ।	बराबर भागमा टुक्रा पार्न मिल्ने विभिन्न ठोसवस्तुहरू

५. गणितीय आधारभूत क्रियाहरूको प्रयोग गरी दैनिक जीवनका समस्या समाधान	सिङ्गो र आधा वा चौथाइ आदिका बिचमा तुलना गराउन सिकन्छ। आधारभूत क्रियाका जोड घटाउ गुणन र भागमध्ये जोड र घटाउको धारणा दिने गुणनमा जोडको विधिबाट र भागमा घटाउको विधिबाट सरल तरिकाले सिकाउने अभ्यास गराउने	जोड र घटाउको धारणा दिन धेरै प्रकारका ठोस वस्तुहरू
६. उपयुक्त सामग्री तथा एकाइ	गणना सम्बन्धी गणितीय अभ्यास धेरै गराएर दैनिक जीवनका समस्या समाधान गराउन सिकने दैनिक प्रयोगमा आउने सामग्री र तिनको एकाइको धारणा दिने	दैनिक प्रयोगका सामान जस्तै
प्रयोग गरी वस्तुहरू तथा समयको व्याख्या तथा दैनिक जीवनका समस्या समाधानमा प्रयोग	छाम्न मिल्ने ठुलो घडीको आकृतिबाट समयको एकाइ सिकाउने दिन महिना र वर्ष सिकाउन ब्रेल पात्रोको प्रयोग गर्ने	एक गिलास पानी पानी, एक कप दुध आदि। छाम्न मिल्ने घडीको आकृति, ब्रेलमा छापिएको पात्रो
७. नेपाली मुद्रा चिनेर दैनिक हिसाब गर्न सक्ने क्षमता विकास	विभिन्न साइजका सिक्का विभिन्न दरका नोटहरू चिनाउन विभिन्न सङ्केतहरूको पहिचान गराउने	विभिन्न साइजका सिक्का विभिन्न दरका नोटहरू
८. साधारण ग्राफ र तालिकाबाट जानकारी हासिल	काठको बोर्डमा काँटी ठोकेर बनाइएको ग्राफ बोर्डमा रबर ब्याण्ड चलाइ ग्राफको धारणा दिने । ब्रेलमा पनि ग्राफ सिकाउन सिकन्छ । इम्बोस्ड तालिकाबाट जानकारी लिन सिकाउने	काठको ग्राफबोर्ड ब्रेलको सहायताले बनाइएको ग्राफ र तालिका इम्बोस्ड ग्राफ र तालिका
९. गणितीय ज्ञान, सिप, सोच र अभिवृत्तिका विकास तथा दैनिक जीवनमा प्रयोग	गणितीय ज्ञान, सिप, सोच र अभिवृत्तिका विकासका लागि साना साना समस्या दिई सरल अभ्यासहरू गराइरहनुपर्छ।	ठोस वस्तुहरूको सहायताले गणितीय धारणाको विकास गराउन सकिन्छ।

#### कक्षागत सिकाइ उपलब्धि

नोटः सिकाइ उपलिब्ध हासिल भए नभएको थाहा पाउन श्रवण दृष्टिविहीन बालबालिकालाई प्रशस्त ठोस सामग्री, ब्रेल सामग्री वा कम्प्युटर र सङ्केत गर्ने अवसर दिनुपर्दछ। ब्रेलमा लेखेर पिन देखाउन सक्छन् भने कितयप अवस्थामा हावामा चित्र बनाएर पिन देखाउन सक्छन्। बालबालिकाले कित जाने र कुन स्तरको जाने भन्ने थाहा पाउन शिक्षकले प्रत्येक अभिव्यक्तिको गुणस्तर मापन गर्न सिकिने रुब्रिक बनाउनुपर्दछ। कम गुणस्तरको सिकाइ भएमा पुन गर्ने अवसर दिएर सिकाइको स्तर बढाउन प्रेरित गर्नुपर्दछ।

# गणित विषयको कक्षागत सिकाइ उपलब्धि र सम्भावित क्रियाकलाप

# कक्षा १ गणित

सिकाइ उपलब्धि	सम्भावित क्रियाकलाप
१. स्थानका आधारमा वस्तुहरूलाई भित्र र बाहिर,	
अगाडि र पछाडि, तल र माथि, दायाँ, बायाँ र	
बिच, नजिक र टाढा छुट्याउन	
२. सिधा रेखा र वक्र रेखा पहिचान गर्न, ट्रेस गर्न र	ठोस वस्तु, धागो, चुरा डोरीको सहायताले सिधा रेखा र
चित्र कोर्न	वक्र रेखा पहिचान गराउन सिकन्छ । यसैलाई बालुवा ब्रेल
	पेपर साधापेपरमा मैनद्वारा खस्रो बनाएर ट्रेस गर्न लगाउन
	सिकन्छ।
३. आफ्ना वरपर पाइने ज्यामितीय आकारहरू	ज्यामितीय आकारका धेरै प्रकारका वस्तुहरू छाम्न लगाएर
(त्रिभज, चतुर्भुज र वृत्त) चिन्न	चिनाउने
४. देवनागरी र हिन्दु अरेबिक सङख्याङकन	अधिकतम १०० भए पनि सोभन्दा मुनि सकेसम्म धेरै
पद्धतिमा १०० सम्म गन्ती गर्न, पढ्न, लेख्न र	सङ्ख्या चिनाउन अभ्यास गराउने
तुलना गर्न	
3000	
५. देवनागरी र हिन्दु अरेबिक सङख्याङकन	अधिकतम बिस भनिएता पनि सोभन्दा मुनि सकेसम्म धेरै
पद्धतिमा एकदेखि <mark>बिस</mark> सम्मका सङख्या अक्षरमा	सङ्ख्या अक्षरमा चिनाउने
लेख्न	
६. ठोस वस्तुको प्रयोग गरी १ दखि २० सम्मका	
सङख्याहरूलाई जोर र बिजोर सङख्यामा वर्गीकरण	
गर्न	
७. पहिलोदेखि दसौँसम्मका स्थान पहिचान गर्न	दशौँसम्मका स्थान नभए पनि यसभन्दा मुनि धेरै पहिचान
	गराउने
८. योगफल २० सम्म आउने तीनओटा सम्म	धेरै अभ्यास गराउँदा सम्भव हुने
सङख्याहरूको जोड गर्न	
९. हात लागी नआउने र योगफल १०० सम्म	विभिन्न उदाहरणबाट सिकाउन सिकने
आउने दुईओटा सङख्याहरूको जोड गर्न	
१०. ठोस वस्तुको प्रयोग गरी २० सम्मका	२० सम्म नभएपनि अधिकतम प्रयास गराउने

सङख्याको घटाउ गर्न	
११. सापटी लिनु नपर्ने दुई अङ्कसम्मका	
सङख्याको घटाउँ गर्न	
१२. दैनिक क्रियाकलापहरूका समय भन्न	
१३. हप्ताका दिनहरू भन्न र लेख्न	
१४. चलनचल्तीमा रहका रु. १०० सम्मका नपाली	नोट र सिक्काका अभ्यास गराउने
सिक्का तथा नोट चिन्न	
१५. अप्रामाणिक नापोको प्रयोग गरी ठोस वस्तुहरू	विभिन्न आकारका भाँडाको प्रयोग गरी नाप लिन र तुलना
नाप्न र त्यसका आधारमा अग्ला र होचा, लामो र	गर्न सिकाउने
छोटा छुट्याउन	
१६. चित्रग्राफबाट जानकारी लिन र दिन	इम्बोस्ड चित्रग्राफको प्रयोग गर्ने

#### कक्षा २ गणित

सिकाइ उपलिब्ध	सम्भावित क्रियाकलाप
१. ठोस वस्तुहरू (जस्तैः सिन्का, तार, बाँस, किला, बाँसका चोया, डोरी,	
आदि) का प्रयोग गरी त्रिभुज र चतुर्भुजका आकारहरू बनाउन	
२. त्रिभज, चतुर्भुज र वृत्तका आकारहरू ट्रेस गर्न	
३. भुजा र कुनाका आधारमा त्रिभुज र चतुर्भुजको अवधारणा विकास गर्न	
४. देवनागरी र हिन्दु अरेबिक सङ्ख्याङकन पद्धतिमा १००० सम्मका	सानो सङ्ख्याबाट प्रयास गराउने
सङ्ख्याहरूलाई स्थानमान तालिकामा प्रस्तुत गर्न, स्थानमान भन्न, पढ्न र	
लेख्न	
५. १०० सम्मका सङख्याहरूलाई दवनागरी र हिन्दु अरबिक	प्रयास गराउने
सङ्ख्याङकन पद्धतिमा (अक्षरमा) तीन अङ्कसम्मका सङ्ख्याहरूलाई	
स्थानमान तालिकामा प्रस्तुत गर्न, स्थानमान भन्न, पढन र लेख्न	
६. तीन अङ्कसम्मले बनेका सङख्याहरूमा जोर र बिजोर सङ्ख्या	पहिला एक अङ्कबाट त्यसपछि दुई
पहिचान गर्न	अङ्कबाट बनेका सिकाएपछि तीन
	अङ्कबाट बनेका जोर र बिजोर
	सङ्ख्या पहिचान गर्न प्रयास गराउने
७. तीन अङ्कसम्मका सङख्याहरूलाई तुलना गरी बढ्दो वा घट्दो क्रममा	अघिल्लो अङ्कले ठुलो जनाउने विधि
पढ्न र लेख्न (तीनओटासम्म मात्र)	सिकाउने
८. सिङगो, आधा र एक चौथाइको अवधारणाको आधारमा वस्तुहरूको	विभिन्न प्रकारका भाँडामा तरल पदार्थ
तुलना गर्न	राखेर सिकाउने

९. योगफल १,००० सम्म आउने तीन अङ्कसम्मका सङख्याहरूको जोड	१,००० सम्म नपुगे पनि मान्ने
गर्न	2,000 (111 1131 1111 1111
१०. तीन अङ्कसम्मका सङख्याको घटाउ गर्न	हातलागी नआउने घटाउलाई मान्ने
११. गुणनलाई दोहारिएका जोडका रूपमा व्यक्त गर्न	गुणन र जोडको सम्बन्ध
	े देखाउनपटकपटक जोड लाई संक्षिप्त
	बनाइ देखाउने
१२. १० सम्मका गुणन तालिका निर्माण गर्न	अनिवार्य नगर्ने
१३. १० सम्मका गुणनतालिकामा आधारित रहेर दुई अङ्कसम्मका	अनिवार्य नगर्ने
सङख्यालाई १० सम्मका सङख्याले निशेष भाग जाने भाग गर्न	
१४. घडी छामी घण्टा र मिनेटमा समय भन्न र लेख्न	
१५. क्यालेन्डर हेरेर कुनै दिनका मिति (साल, महिना, गते र बार) भन्न र	
लेख्न	
१६. रु. १००० सम्मका सिक्का तथा नोट चिन्न	
१७. रूपान्तर गर्न नपर्ने मुद्रासम्बन्धी जोड र घटाउ गर्न	
१८. लम्बाइका नापका प्रामाणिक एकाइको पहिचान र रुलरको प्रयोग गरी	इम्बिड रुलरको सहायताले सिकाउने
वस्तुको नाप सन्टिमिटर र मिलिमिटर स्केलमा पढ्न	
१९. विभिन्न वस्तुका लम्बाइ सेन्टिमिटर स्केलमा अनुमान गर्न, नाप्न र	इम्बोस्ड टेपको सहायताले नाप्न
पुष्टि गर्न	सिकाउने
२०. किलोग्राम र गामको सम्बन्ध बताउन	अनिवार्य नगर्ने
२१. १०० ग्राम दिख १ किलोग्रामसम्मका प्रामाणिक ढकको प्रयोग गरी	छामेर ढक र सामानको तौल लिने
वरपरका वस्तुका तौल लिन	अभ्यास गराउने
२२. समान प्रकृतिका भाँडाहरूको अवलोकन गरी क्षमता तुलना गर्न	समान प्रकृतिका भाँडामा पानी राखी
	क्षमता तुलना गर्न लगाउने
२३. विभिन्न भाँडाहरूका क्षमताको अनुमान गर्न र अप्रामाणिक नापोद्वारा	
पुष्टि गर्न	
२४. समान प्रकृतिका कुनै दुईओटा सतहको छामेर क्षेत्रफल तुलना गर्न	
२५. दिइएको इम्बोस्ड तालिकाबाट जानकारी लिन दिन	
२६. दिइएको चित्रग्राफबाट सदस्यहरूको सङ्ख्या गनेर तालिकामा प्रस्तुत	इम्बोस्ड तालिका छामेर
गर्न	

#### कक्षा ३ गणित

सिकाइ उपलब्धि	सम्भावित क्रियाकलाप
१. दिइएको वस्तुको किनारा वा रेखाखण्डको नाप लिन	इम्बोस्ड रुलरको सहायताले र ब्रेल पद्धतिमा
र दिइएका नापका रेखाखण्ड खिच्न	
२. वरपर पाइने ठोस वस्तुमा बनेका कोणहरू देखाउन	कोणका ध्रै नमुना बनाई चिनाउने
३. रुलरको प्रयोग गरी कोणहरू खिच्न, नाम लेख्न र	नाम सङ्केत गर्न
तुलना गर्न	
४. समकोण पहिचान गर्न	काठका समकोण बनाएर
५. सिधा किनारा (strait edge) भएका वस्तु र	सिसाकलमको सट्टामा सतह खस्रो हुने कुनै विकल्प दिने
सिसाकलम प्रयोग गरी त्रिभुज र चतुर्भुज खिच्न र नाम	
लेख्न	
६. आयताकार र वर्गाकार सतह पहिचान गर्न	छाम्न लगाउजे
७. पाँच अङ्कसम्मका सङख्याहरूलाई देवनागरी र	थोरै अङ्कमा अभ्यास गराउने
हिन्दु अरेबिक सङ्ख्याङकमा स्थानमान तालिकामा	
प्रस्तुत गर्न, स्थानमान भन्न, पढ्न र लेख्न	
८. १००० सम्मका सङ्ख्याहरूलाई देवनागरी र हिन्दु	अनिवार्य नगर्ने
अरेबिक सङख्याङकन पद्धतिअनुसार अक्षरमा पढ्न र	
लेख्न	
९. सङख्याको ढाँचा पहिचान गर्न	
१०. चार अङ्कसम्मका सङ्ख्याहरूलाई बढ्दो वा	पढ्न लेख्न नसक्दा पहिचान गर्न सक्दा पनि मान्ने
घटदो क्रममा पढ्न र लेख्न	
00 711 312 111121 112 1212 112	१२. स्थानीय सङ्ख्याङकन पद्धतिमा २० सम्म पढन र
११. चार अङ्कसम्मका सङख्याहरूलाई	१२. स्थानाय सङ्ख्याङकन पद्धातमा २० सम्म पढन र लेख्न
सङ्केतहरू =, >, < प्रयोग गरी तुलना गर्न	राज
१३. आधा, एक चौथाइ, तीन चौथाइ, एक तिहाइ र	ठोस वस्तु छाम्न लगाएर आधा, एक चौथाइ, तीन
दुई तिहाइलाई भिन्नका रूपमा लेख्न	चौथाइ, एक तिहाइ र दुई तिहाइलाई चिनाएपछि,
	ब्रेलको सहयोगले अङ्कमा लेख्ने तरिका सिकाउने
	अन्त्यमा ब्रेल कागजमा लेख्न लगाउने
१४. भिन्नहरू 1/2, 3/4, 1/3, 2/3 लाई	ठोसवस्तुको प्रयोग गरी छाम्न लगाएर सिकाउने

सामग्री प्रयोग गरी देखाउन	
१५. चित्रद्वारा माथिका भिन्नहरूमध्ये कुनै दुई ओटा	अनिवार्य नगर्ने
भिन्नहरू तुलना गर्न	
१६. योगफल १०,००० सम्म आउने चार	१०,००० नै हुनुपर्छ भन्ने छैन।
अङ्कसम्मका सङख्याहरूका जोड गर्न	
१७. जोड र घटाउबिचको सम्बन्ध पहिचान गर्न	साना साना उदाहरण बनाउने
१८. चार अङ्कले बनेका सङख्याहरूको घटाउ गर्न	हातनलाग्ने मात्र गराउने
१९. तीन अङ्कसम्मका सङख्यालाई दुई	अनिवार्य नगर्ने
अङ्कसम्मको सङख्याले गुणन गर्न	
२०. तीन अङ्कसम्मका सङख्यालाई १० सम्मको	अनिवार्य नगर्ने
सङख्याले भाग गर्न	
२१. घडी छामी घण्टा, मिनट र सेकेन्डमा समय व्यक्त	इम्बोस्ड घडीको प्रयोग गर्ने
गर्न	
२२. समयका एकाइहरूबिचका सम्बन्ध पहिचान गर्न	इम्बोस्ड चित्र र सङ्केतको प्रयोग गरी सम्बन्ध पहिचान
(वर्ष, महिना, हप्ता, दिन, घण्टा, मिनेट र सेकेन्ड)	गर्ने अभ्यास गराउने
२३. कुनै काममा लागेको समय पत्ता लगाउन	कुनै काम सुरु गरेको समय र सम्पन्न भएको समय
	सोधेर
२४. रुपियाँलाई पैसामा र पैसालाई रुपियाँमा रूपान्तर	पहिला दशमलब नआउने गरी सिकाउने
गर्न	
२५. मुद्रासम्बन्धी जोड र घटाउ गर्न	साना साना एकाइमा अभ्यास गराउने
२६. मिटर, सेन्टिमिटर र मिलिमिटरका सम्बन्ध व्यक्त	अनिवार्य नगर्ने
गर्न	
२७. विभिन्न वस्तुको लम्बाइ मिटर वा सेन्टिमिटर	इम्बोस्ड टेप वा रुलरको सहायताबाट अभ्यास गराउने
स्केलमा अनुमान गर्न, नाप्न र पुष्टि गर्न	
२८. मिटरलाई सेन्टिमिटर र सेन्टिमिटरलाई	अनिवार्य नगर्ने
मिलिमिटरमा रूपान्तर गर्न	
२९. वस्तुहरूको तौलको अनुमान गर्न र नापद्वारा यकिन	पटकपटक वस्तुहरूको तौल लिन लगाउँदै अनुमान गर्न
गर्न	लगाउने
३०. किलोग्रामलाई ग्राममा रूपान्तर गर्न	कोसिस गर्ने
३१. लिटर र मिलिलिटरको सम्बन्ध व्यक्त गर्न	कोसिस गर्ने
३२. विभिन्न क्षमताका भाँडाहरूको क्षमता लिटर र	विभिन्न क्षमताका भाँडाहरूमा पानी राखी क्षमता मापन
मिलिलिटर एकाइमा नाप लिन	गर्ने
३३. लिटर र मिलिलिटरसम्बन्धी जोड र घटाउ गर्न	लिटर र मिलिलिटर अलग अलग गराउने

३४. वर्ग कोठाहरूका सङ्ख्या गनेर वर्गाकार वा	इम्बोस्ड वर्ग कोठा गनेर जम्मा कोठा पत्ता लगाउन
आयताकार समतलीय सतहका क्षेत्रफल पत्ता लगाउन	लगाउने
३५. चित्रग्राफ बनाउन	पाटीमा किला वा खस्रो वस्तु राखेर वा बालुवामा वा
	ब्रेल पेपरमा अभ्यास गराउने

### 11.3 English By the end of grade three, students will have developed the competencies to:

Competence	Basis of Adaptation	Required Materials	
1. Demonstrate an	Individualized Sensory Input: Tailor	•	<b>Tactile Communication</b>
understanding of	communication to the residual hearing,		Tools: Tactile flashcards,
simple spoken	vision, or tactile abilities of the student.		communication boards,
language. (Spoken			and object symbols.
language and Sign	<b>Alternative Communication Methods:</b>	•	Assistive Technology:
/Tactile language)	Use tactile sign language, gestures, or		Hearing aids, braille
	augmentative and alternative		displays, and AAC
	communication (AAC) systems.		devices.
	`	•	<b>Multi-Sensory</b>
	Multi-Sensory Support: Reinforce spoken		Resources: Audio books,
	language comprehension with visual,		large-print books, tactile
	tactile, and contextual cues.		books, and manipulatives.
	,	•	Trained Personnel:
	Structured and Repetitive Learning:		Teachers trained in
	Consistent use of familiar routines,		deafblind communication
	patterns, and cues to build understanding.		methods, such as tactile
	partition, and the to come understanding.		sign language or braille
			instruction.
2. Respond in simple	Accessible Communication Modes:	•	Tactile Speech
English with	Adapt the method of response (verbal,		Modeling Tools:
intelligible	tactile, or visual) based on the child's		Materials that emphasize
pronunciation (sign	abilities.		mouth movements,
language or written in			airflow, or vibrations
braille)	Focus on Functional Communication:		(e.g., soft brushes or
,	Emphasize clarity and comprehensibility		airflow demonstrators).
	over perfect pronunciation.	•	<b>Assistive Devices:</b>
	r v v r r v v r v v v v v v v v v v v v		Hearing aids, FM
	Repetition and Consistency: Build		systems, or AAC devices
	responses through repeated practice in		tailored for speech
	structured environments.		output.
		•	Audio and Tactile
	Multi-Sensory Cues: Use tactile,		Learning Resources:
	auditory, or visual cues to reinforce spoken		Simple audio files, tactile
	language development.		books, or manipulatives
	language de velopment.		linked to vocabulary
	Individualized Pronunciation Support:		words.
	Tailor instruction to help students use their	•	Training Programs:
	residual abilities effectively for speech		Repeated practice with
	production.		language games,
	production.		phonetics exercises, and
			verbal interaction.
		<u> </u>	verbai interaction.

3. Use English for	Accessible Communication Modes: Use a	Tactile-Audio
communication	variety of communication strategies,	Communication Devices:
inside and outside the	including spoken language, tactile	Tools that combine touch
classroom.		and sound for effective
Classroom.	communication, sign language, or	
	alternative and augmentative	learning.
	communication (AAC).	<b>Interactive Role-Play Kits:</b>
	Emphasis on Functional	Sets of tactile or visual tools
	Communication: Focus on meaningful	for practicing real-world
	interactions and practical language use in	scenarios.
	everyday contexts.	Structured Conversation
	Individualized Instruction: Tailor	Guides: Phrasebooks or cue
	communication methods to align with the	cards tailored for classroom
	sensory abilities and developmental level	and community use.
	of each child.	Multi-Sensory
	Encourage Real-World Practice: Create	Communication Boards:
	opportunities for communication in diverse	Boards with touch, sound,
	environments.	and text elements for flexible
	Reinforce Through Contextual	interaction.
	<b>Learning:</b> Use role-play, real-life	
	scenarios, and consistent practice to	
	integrate language usage.	
4. Read simple texts	Accessible Reading Formats: Provide	Braille Storybooks and
for understanding and	materials in formats compatible with the	<b>Devices:</b> Books with braille
pleasure	sensory needs of the students (e.g., braille,	text and tactile graphics, or
preasure	large print, tactile graphics, or audio).	devices offering braille e-
	Interactive Reading Methods: Combine	texts.
	tactile, auditory, and visual components to	Interactive Story Kits: Sets
	engage students.	containing tactile objects or
	Simplified and Contextualized Content:	props representing story
	Use age-appropriate but simplified texts	elements.
	that match their comprehension levels and	Multi-Sensory
	interests.	Storyboards: Boards
	1. Encourage Multi-Sensory	integrating touch, audio, and
	Engagement: Link reading	visual components for
	activities with tactile objects,	storytelling.
	sounds, or gestures to make texts	Simplified Digital Reading
	relatable.	Tools: Tablets with
	2. Personalized Reading Goals:	accessibility features like
	Focus on the student's preferences	large text, audio descriptions,
	and needs, promoting intrinsic	and braille displays.
	motivation to read.	
<u> </u>	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
5. Express opinions,	1. Accessible Communication	Emotion Boards: Tactile
ideas and feelings	Modes: Use a combination of	boards with textures or
using simple English	tactile sign language, braille,	symbols representing
	gestures, and augmentative	

communication devices to support different emotions and ideas. expression. 2. Structured Expression Activities: **Braille Expression Cards:** Guide students with sentence Cards with sentence starters, frames, visual or tactile prompts, common words, and tactile and interactive scenarios. symbols for opinions and 3. Multi-Sensory Support: Combine ideas. tactile objects, symbols, and images to help students link ideas and **Assistive Devices:** feelings to language. Augmentative 4. **Safe Environment:** Encourage communication devices expression through a supportive tailored for deafblind users, setting that values and validates with braille input/output and their input. speech features. 5. **Personalized Approach:** Adapt materials and activities to suit the **Tactile Journals:** Books sensory and cognitive abilities of where students can use individual students. textures, braille, or drawings to express ideas and feelings. **Accessible Peer Interactions:** Facilitate Tactile Game Sets: Games 6. Work with peers to like matching cards or tactile learn language communication through tactile signing, together. braille exchanges, or assisted bingo to encourage peer communication methods to enable interaction. **Communication Tools:** collaboration. Guided Collaboration: Provide structured Braille and tactile vocabulary activities that encourage teamwork, cards or devices with speech output for group use. ensuring every child's participation. Multi-Sensory Engagement: Use shared **Multi-Sensory Kits:** Items tactile, auditory, and visual materials to like textures, symbols, and support joint language learning. objects that represent Role Assignments: Assign clear roles concepts for group language within group activities to help each student tasks. contribute meaningfully. **Assistive Devices:** Shared **Inclusive Environment:** Foster a devices like braille supportive classroom culture where peers notetakers or tablets with learn to communicate inclusively with their accessibility features for deafblind classmates. collaborative learning.

#### c. Grade-wise Learning Outcomes for Grades 1-3

#### Table 10: Grade-wise learning outcomes in English

#### **Grade 1**

#### Skill: Listening

Learning	Basis of Adaptation	<b>Activities and Materials</b>
Outcomes		
_	Understanding Sensory Needs Assess the degree of hearing and vision impairment for each student. Use assistive devices (e.g., hearing aids, glasses, tactile devices) where applicable. Multisensory Approach Combine tactile, visual, auditory, and kinesthetic modes of learning. Leverage residual senses effectively. Communication Modes Use communication strategies like tactile sign language, braille, and visual supports depending on the child's preference and abilities. Environment Minimize background noise and distractions. Ensure the learning space has proper lighting and a tactile-friendly layout. Engagement and Individualization Design activities relevant to the child's daily life and experiences. Offer one-on-one support and gradual scaffolding.	1. Hard of Hearing and Low Vision  • Adaptation Approach: Amplify sounds and use large, high-contrast visuals.  • Activities:  • Use amplified recorded sounds of daily activities (e.g., bell ringing, door knocking) and let students identify them.  • Teach academic words and alphabets with large visual flashcards paired with sound.  • Play simple pattern sounds (e.g., clapping rhythms) and ask students to imitate.  • Materials:  • Hearing aids  • Large flashcards with braille and bold colors.  • Audio recordings with adjustable volume  2. Deaf and Low Vision Adaptation Approach: Focus on tactile and visual adaptations.
		<ul><li>Activities:</li></ul>
		Introduce tactile materials
		(e.g., sandpaper alphabets) and ask students to identify sounds associated

with each.

- Use objects of reference (e.g., a real key for "key" sound) for academic words.
- Teach rhythms and patterns using vibrations (e.g., drumbeats).

#### Materials:

- Tactile objects and flashcards with raised letters
- Vibrating devices.
- Large-print braille books

### 3. Blind and Hard of Hearing

Adaptation Approach: Emphasize tactile and auditory cues.

#### Activities:

- Use tactile alphabets and play associated sounds; for example, a raised "A" paired with its phonetic sound.
- Guide students to create sounds using instruments like drums or shakers to associate vibrations with sound patterns.
- Engage in tactile discrimination activities (e.g., identifying objects with distinct textures).

#### Materials:

- Braille alphabets with audio descriptions
- Musical instruments or vibrating sound-makers
- Tactile storybooks
  - 4. Deaf and Blind
    Adaptation Approach:
    Focus entirely on

		<ul> <li>Activities:</li> <li>Use hand-over-hand guidance for tactile sign language or braille-based identification of sounds.</li> <li>Present tangible objects for daily sounds (e.g., a small bell for "ring").</li> <li>Play a game where the child matches objects with their function (e.g., spoon with eating sounds).         <ul> <li>Materials:</li> </ul> </li> <li>Real objects linked to concepts and sounds</li> <li>Braille labels and cards</li> <li>Hand-held vibrating devices for teaching sound patterns</li> <li>General Suggestions for All Groups</li> <li>Reinforce concepts through repetition and play.</li> <li>Engage peers and create a collaborative learning environment to build social and communication skills.</li> <li>Regularly evaluate progress and adjust activities based on feedback and outcomes.</li> </ul>
	Residual Senses:	1. Hard of Hearing and
Wolds that	se with residual hearing, ed auditory clarity.	Low Vision
initial medial • For tho	se with residual vision, use	Approach: Amplify
or final sound.	suals or braille-supported	sounds and provide
materia	se without both senses, rely	high-contrast visuals.  • Activities:
	on tactile inputs.	<ul> <li>Use amplified recordings</li> </ul>
	and Contextualize:	of words with the same

- Use familiar and meaningful words.
- Pair sounds with real-life objects or experiences for context.

#### **Consistent Feedback Mechanism:**

 Provide immediate and tangible feedback for correct or incorrect identification.

- initial, medial, or final sounds (e.g., cat, cup, cap for the initial "c" sound). Let students identify commonality.
- Pair words with highcontrast picture cards (e.g., sun and fun with large images of the sun and a happy face).
- Group objects or pictures (e.g., a ball, bell, bat) and let students identify the sound pattern.

#### Materials:

- Flashcards with bold visuals and braille
- Audio recordings with clear articulation

## 2. Deaf and Low Vision Approach: Focus on tactile materials and limited visual input.

#### Activities:

- Use raised tactile letters to group words (e.g., bat, cat, hat for "at" sound).
- Match objects of reference to words with similar sounds (e.g., a real cup for "cup" and "cap").
- Use hand-over-hand guidance to help students recognize tactile symbols associated with sounds.

#### • Materials:

- Tactile cards with raised letters and braille
- Objects of reference paired with word meanings

#### 3. Blind and Hard of Hearing

**Approach: Emphasize** 

### tactile cues and clear auditory support.

#### Activities:

- Play recordings of words with similar initial, medial, or final sounds and guide students to identify patterns using tactile braille cards.
- Use tangible objects to represent words and encourage students to group objects with similar sound patterns (e.g., bag, rag, tag for the "ag" sound).
- Provide tactile rhyme boards with braille for pairing words.

#### Materials:

- Braille cards with sound groups
- Vibrating sound-makers for auditory support
- Tangible objects representing words

## 4. Deaf and Blind Approach: Entirely tactile and contextual learning.

#### Activities:

- Teach braille-based word identification. Use braille cards with raised symbols for matching words with similar patterns (e.g., cat, bat, hat for "at").
- Use objects of reference to create tactile word pairs, such as a small bell for "bell" and a tactile bat toy for "bat."
- Engage in hand-over-hand guidance for matching

		1
		tactile symbols with word clusters.  • Materials:  • Braille word cards grouped by similar sounds  • Real objects linked to the meaning of the words  • Tactile rhyme boards or mats  Example Words by  Sound Position  • Initial Sounds: cat, cup, car.  • Medial Sounds: bat, mat, hat.  • Final Sounds: dog, frog, log.
3. Blend	1. Sensory Accessibility:	1. Hard of Hearing and
individual sounds in	• Use tactile, auditory, and visual tools tailored to individual sensory	Low Vision
simple one	abilities.	Approach: Amplify
syllable words.	• Incorporate multisensory techniques	auditory cues and use
(e.g. /s/i//t/	wherever possible.  2. Concrete and Contextual	large, high-contrast visuals.
→sit)	Learning:	Activities:
	<ul> <li>Focus on familiar words and objects that students encounter in their daily lives.</li> <li>Pair sound blending activities with real objects or actions for better comprehension.</li> <li>3. Step-by-Step Scaffolding:</li> <li>Start with two sounds and gradually move to three-sound blends.</li> <li>Repeat and reinforce consistently.</li> </ul>	<ul> <li>Play amplified sounds of individual phonemes (e.g., /s/, /i/, /t/) and guide students to blend them by listening and repeating.</li> <li>Use large flashcards with each phoneme, asking students to arrange the cards to form words as they pronounce them (e.g., /s/ + /i/ + /t/ = sit).</li> <li>Provide matching games where pictures of objects (e.g., a chair for sit)</li> </ul>
		correspond to the blended word.
		<ul><li>Materials:</li></ul>

- FM systems or hearing aids
- Flashcards with bold letters and high-contrast visuals
- Audio recordings with clear articulation
- 2. Deaf and Low Vision Approach: Use tactile and limited visual aids for phoneme blending.
  - Activities:
- Provide raised, tactile letter tiles for students to touch and arrange (e.g., /s/, /i/, /t/).
- Use objects of reference (e.g., a small chair for sit) to represent blended words.
- Teach hand shapes or tactile sign language to represent individual phonemes, guiding students to combine them into a word.
  - Materials:
- Tactile letter tiles with braille
- Real objects or pictures with tactile features
- Hand-over-hand tactile communication techniques
- 3. Blind and Hard of Hearing

Approach: Emphasize tactile and auditory blending.

- Activities:
- Use braille cards for each phoneme and ask students to arrange them into words while listening to audio

cues. • Use vibrating soundmakers to emphasize each phoneme and guide students to feel the sequence of sounds in blending. • Pair tactile objects with corresponding words (e.g., a toy cat for  $\frac{c}{a}$ ,  $\frac{d}{dt} = \frac{dt}{dt}$ cat). **Materials:** • Braille phoneme cards • Vibrating devices for auditory reinforcement • Real objects for word representation 4. Deaf and Blind **Approach: Entirely** tactile learning. Activities: • Use tactile phoneme cards with braille and guide students in hand-over-hand blending of phonemes to form words. • Provide real objects representing simple onesyllable words and teach blending by associating the tactile components (e.g., /d/, /o/, /g/ = dog). • Use tactile storyboards or sequencing mats where students arrange phonemes to create words. **Materials:** • Braille and tactile phoneme cards

 Real objects or models representing target words
 Tactile sequencing mats.
 General Words for

		Practice
		• Two Phonemes:
		$ \bullet /m / /e / \to me $ $ \bullet /i / /t / \to it $
		• Three Phonemes:
		$\bullet /c//a//U \rightarrow cat$ $\bullet /d//o//g/ \rightarrow dog$
4. Recognize,	Multisensory Engagement:	1. Hard of Hearing and
identify and	• Use tactile, auditory, and visual	Low Vision
produce	inputs depending on the child's	
rhyming	sensory abilities.	Approach: Amplify
	• Leverage real-life	sounds and use high-
words. (e.g.,	objects and activities	contrast visuals.
cat →bat, sat)	to make rhyming more relatable.	<ul><li>Activities:</li></ul>
	Structured and Repetitive	• Play amplified audio clips
	Learning:	of rhyming words (e.g.,
	• Provide clear patterns of rhyming	cat, bat, hat), and ask
	words (e.g., cat, bat, sat).	students to identify the rhyming pattern.
	• Reinforce through repetition and	• Use large visual flashcards
	hands-on activities.	with the words and
	Familiar Contexts:	corresponding pictures.
	• Use simple, familiar words from the	Pair them with spoken
	child's environment.	words.
	• Include objects or actions associated with the words.	• Create a sorting game
	with the words.	where students group
		rhyming words together
		using tactile cards with
		large print.
		Materials:      FM systems on baseins.
		• FM systems or hearing aids
		• Flashcards with bold,
		high-contrast visuals
		Audio recordings with
		clear pronunciation
		2. Deaf and Low Vision
		Approach: Use tactile
		materials and limited
		visual inputs.
		<ul><li>Activities:</li></ul>
		• Provide raised tactile letter

- tiles for rhyming words (e.g., cat, bat, hat) and guide students to match them based on tactile similarity.
- Pair real objects (e.g., a toy cat and bat) with their names in braille, emphasizing the rhyming aspect.
- Teach rhymes through tactile sign language, using hand-over-hand guidance.

#### Materials:

- Tactile letter tiles with braille
- Real objects representing rhyming words
- Hand-over-hand tactile communication methods

# 3. Blind and Hard of Hearing Approach: Focus on tactile and auditory cues.

#### Activities:

- Use braille cards for rhyming words and pair them with audio descriptions or vibrating sound-makers to emphasize the rhyming sounds.
- Group tactile objects that rhyme (e.g., a mat for mat, a hat for hat).
- Use rhythm-based activities like tapping to match the rhyming syllables.

#### Materials:

- Braille rhyming word cards
- Vibrating sound devices to

		reinforce patterns
		• Tactile storyboards with
		rhyming sequences
		4. Deaf and Blind
		Approach: Rely entirely
		on tactile input and
		real-world objects.
		<ul><li>Activities:</li></ul>
		<ul> <li>Introduce rhyming words through tactile exploration (e.g., a small toy cat, a bat, and a hat). Use their names in braille for recognition.</li> <li>Create tactile rhyming pairs using raised cards or objects, guiding students hand-over-hand to explore and match.</li> <li>Use tactile sequencing mats to align rhyming</li> </ul>
		mats to align rhyming word pairs.  • Materials:
		<ul> <li>Braille rhyming word cards</li> <li>Real objects linked to rhyming pairs</li> <li>Tactile sequencing mats</li> </ul>
		for word grouping
		Example Rhyming Word
		Groups
		Simple Words:
		• cat, bat, sat, mat
		• dog, log, frog
		• pin, bin, tin
		Words with Actions:
		• run, fun, sun
<b>Б</b> Т : 1	Foorg on Appagailtiliters	• hop, mop, top
5. Link an	Focus on Accessibility:  • Use visual, tactile, or auditory cues	1. Hard of Hearing and
initial sound to	depending on the child's sensory	Low Vision
a picture of an	abilities.	Approach: Combine
object that	• Simplify the task by using familiar	amplified sound with
begins with	objects and clear connections.	high-contrast visuals.
	ı ·	

that sound
(e.g. Show a
picture of a
book and
identify the
initial sound
/b/).

#### **Repetition and Multisensory Inputs:**

 Reinforce the connection between sound and object through multiple sensory channels.

#### **Immediate Feedback:**

• Provide clear, tangible feedback to validate correct associations.

#### Activities:

- Show high-contrast picture cards (e.g., a book) and play an amplified recording of the initial sound (/b/). Ask students to repeat the sound or point to the object.
- Create a matching game where students pair cards with initial sounds (e.g., /b/ with a picture of a book).
- Use real objects (e.g., a ball for /b/, a pen for /p/) and ask students to identify the object based on the initial sound.

#### Materials:

- FM systems or hearing aids
- High-contrast picture cards with bold text
- Real objects for soundobject matching

## 2. Deaf and Low Vision Approach: Focus on tactile and limited visual inputs.

#### Activities:

 Use tactile cards with raised pictures and braille labels. For example, a raised book image with "book" in braille to

#### connect with /b/.

- Present real objects for tactile exploration (e.g., a book, a ball) and use tactile sign language to teach the initial sound.
- Create a tactile matching game with objects and

braille labels for initial sounds.

#### Materials:

- Tactile cards with raised images and braille
- Real objects for tactile exploration
- Hand-over-hand tactile guidance for linking sounds

# 3. Blind and Hard of Hearing Approach: Emphasize tactile and auditory cues.

#### Activities:

- Provide audio cues for the initial sound (/b/) and pair them with braille-labeled objects or tactile cards.
- Create a tactile sorting activity where students group objects based on their initial sounds.
- Use vibrating devices or rhythmic tapping to emphasize the sound pattern associated with each object.

#### Materials:

- Braille cards with corresponding words.
- Real objects representing initial sounds
- Audio recordings or vibrating devices for auditory reinforcement

### 4. Deaf and Blind Approach: Entirely tactile-based learning.

	<ul> <li>Activities:</li> <li>Use real objects for tactile exploration and pair them with braille labels. For instance, let the student touch a book and feel the</li> </ul>
	<ul> <li>braille for "book" to understand the /b/ sound.</li> <li>Use a tactile story mat where students match objects to their initial sounds in braille (e.g., a small book to /b/).</li> </ul>
	<ul> <li>Teach through hand-overhand guidance, tracing the braille for the word while exploring the object.</li> <li>Materials:</li> <li>Braille cards and real</li> </ul>
	objects  • Tactile story mats or sequencing boards  • Hand-over-hand tactile teaching aids
	Example Initial Sound- Object Pairs  • /b/ → Book, Ball  • /p/ → Pen, Pan  • /m/ → Mug, Mat  • /t/ → Toy, Top
<ul> <li>Sensory Accessibility:         <ul> <li>Use tactile, visual, and auditory materials based on the student's abilities.</li> <li>Reinforce letter recognition through</li> </ul> </li> </ul>	1. Hard of Hearing and Low Vision Approach: Enhance auditory input with high-contrast visual
multiple sensory channels.  2. Familiarization with Letters and Sounds:  • Focus on frequently used letters and	<ul> <li>Activities:</li> <li>The teacher produces the sound (/t/) clearly and amplified (if using hearing aids/FM system), and students point to a large,</li> </ul>
	<ul> <li>Use tactile, visual, and auditory materials based on the student's abilities.</li> <li>Reinforce letter recognition through multiple sensory channels.</li> <li>Familiarization with Letters and Sounds:         <ul> <li>Focus on frequently</li> </ul> </li> </ul>

#### confidence.

- 3. Step-by-Step Approach:
  - Begin with a small set of letters and gradually increase the number of options.
- high-contrast printed letter T.
- Use flashcards with bold, enlarged letters alongside objects starting with that sound (e.g., /t/ with a picture of a toy).
- Create a sorting game where students match sounds to letters printed on tactile cards.

#### Materials:

- FM systems or hearing aids
- Large, high-contrast flashcards with letters and images
- Sound recordings for reinforcement

### 2. Deaf and Low Vision Approach: Use tactile materials and limited visuals.

#### Activities:

- Provide raised tactile letter cards with braille. Students feel the sound cue (e.g., hand-over-hand sign for /t/) and match it with the tactile letter.
- Match real objects (e.g., a toy) with corresponding tactile letters representing their initial sounds.
- Arrange a tactile letter board where the teacher indicates the sound in tactile sign language, and students point to the matching letter.

#### **Materials:**

• Tactile letter cards with braille

- Real objects representing the sounds
- Hand-over-hand tactile communication methods

# 3. Blind and Hard of Hearing Approach: Focus on tactile and auditory reinforcement.

#### Activities:

- Use braille letter tiles and play an audio sound cue (/t/), guiding students to select the matching letter tile.
- Associate the sound with real objects (e.g., /t/ for a toy) and reinforce with braille letters.
- Use vibrating sound devices or rhythmic tapping to emphasize the sound for each letter.

#### Materials:

- Braille letter tiles
- Vibrating sound devices
- Real objects to associate with sounds

#### 4. Deaf and Blind Approach: Fully tactilebased learning.

#### Activities:

- Present a braille or raised letter card alongside a tactile object starting with the sound (/t/ for toy). Use hand-over-hand guidance to trace the letter.
- Use a tactile matching board where students

		connect tactile braille letters with their corresponding objects.  • Teach through sequencing activities where students align tactile letters to a series of hand-over-hand sound cues.  • Materials:  • Braille and tactile letter cards  • Real objects or models for initial sound association  • Tactile storyboards or matching mats  General Letters to  Practice  • /t/ → T (toy, top)  • /b/ → B (ball, book)  • /m/ → M (mat, mug)  • /p/ → P (pen, pan)
7. Match spoken words to printed words (e.g., the teacher pronounces /pin/, and the student selects pin from a set of three-word cards).	<ul> <li>Accessible Communication:</li> <li>Adapt spoken words to tactile, visual, or other sensory modes based on the student's abilities.</li> <li>Simplified Choices:</li> <li>Begin with two or three options, gradually increasing complexity.</li> <li>Contextual Learning:</li> <li>Use familiar and meaningful words for better comprehension.</li> </ul>	1. Hard of Hearing and Low Vision Approach: Enhance auditory input with visual aids.  • Activities: • The teacher pronounces a word (e.g., pin), amplifying it using FM systems or hearing aids. Students select the corresponding printed word from a set of high- contrast cards. • Use picture-word pairs (e.g., a picture of a pin with the word pin) to support understanding. • Create a word-matching game where students match spoken words to

printed words with bold text.

#### Materials:

- FM systems or hearing aids
- Large, high-contrast flashcards with words
- Audio reinforcement (e.g., recorded words)

### 2. Deaf and Low Vision Approach: Use tactile and limited visual materials.

#### Activities:

- Provide tactile word cards with raised print and braille. Use hand-over-hand sign language to indicate the word (e.g., pin), and students match it to the tactile card.
- Pair real objects (e.g., a pin) with corresponding tactile word cards to reinforce meaning.
- Arrange a tactile matching activity where students align tactile word cards with objects.

#### Materials:

- Tactile word cards with braille
- Real objects representing the words
- Hand-over-hand tactile communication
- 3. Blind and Hard of Hearing Approach: Focus on auditory and tactile reinforcement.

#### Activities:

- The teacher says the word clearly or plays an amplified audio clip.
   Students choose the corresponding braille word card (e.g., pin) from a set.
- Use real objects with braille labels for students to match spoken words to their tactile representation.
- Implement a "word search" game where students find the correct braille word card after hearing the word.

#### Materials:

- Braille word cards
- Amplified audio devices or FM systems
- Real objects for tactile association

#### 4. Deaf and Blind Approach: Fully tactilebased learning.

#### Activities:

- Use real objects (e.g., a pin) and provide corresponding tactile word cards with braille. The teacher uses hand-overhand guidance to convey the word (e.g., pin) and helps the student match it to the tactile card.
- Create a tactile sorting activity where students group objects and their braille word cards.
- Develop a sequencing activity where students arrange tactile word cards in a meaningful order (e.g.,

8. Recognize and comprehend words and simple expressions.	1. Accessible Communication:	pin, pan, pen).  • Materials:  • Tactile word cards with braille  • Real objects representing the words  • Hand-over-hand guidance  Example Words to Practice  • pin, pan, pen  • bat, mat, hat  • dog, log, fog  1. Hard of Hearing and Low Vision  Approach: Use amplified sound with high-contrast visuals.  • Activities:  • Introduce common
	expressions related to familiar activities, daily routines, or classroom interactions.  3. Incremental Complexity:  Start with single words and progress to simple phrases or expressions.	classroom expressions (e.g., sit down, open your book) paired with visual flashcards depicting actions or objects.  • Practice recognition through a matching activity where students link words or expressions to corresponding pictures.  • Reinforce learning through role-playing, where students respond to instructions (e.g., stand up, pick the pen).  • Materials:  • FM systems or hearing aids  • High-contrast flashcards with pictures and bold text  • Real objects for action-based expressions

#### 2. Deaf and Low Vision Approach: Use tactile and visual materials with sign language.

#### Activities:

- Teach words and expressions using tactile cards with raised images and braille labels (e.g., a raised image of a chair with the phrase sit down in braille).
- Use hand-over-hand tactile sign language to communicate the expressions and match them with tactile cards.
- Create a tactile story or role-play scenario where students use expressions in context (e.g., a mock classroom activity).

#### Materials:

- Tactile cards with raised images and braille
- Real objects to represent expressions
- Hand-over-hand sign language

# 3. Blind and Hard of Hearing Approach: Focus on auditory and tactile learning.

#### Activities:

- Present words and expressions through clear speech or audio devices and match them with braille cards.
- Use real objects to act out expressions (e.g., handing

- a book when told open your book).
- Practice through interactive games where students identify the correct tactile card or object based on spoken instructions.

#### Materials:

- Braille word and phrase cards
- Amplified audio devices or FM systems
- Real objects for roleplaying activities

#### 4. Deaf and Blind Approach: Fully tactilebased learning.

- Activities:
- Introduce words and expressions using tactile cards with braille and hand-over-hand guidance to demonstrate the meaning.
- Pair real objects (e.g., a book for open your book) with tactile cards or actions.
- Create tactile role-playing scenarios where students respond to instructions (e.g., placing a tactile object like a pen when asked pick the pen).

#### Materials:

- Tactile cards with braille
- Real objects representing words or expressions
- Hand-over-hand tactile communication methods.

9. Respond to	☐ Accessible Communication	Examples of Words and Expressions  • Single Words: book, pen, chair, table  • Simple Expressions: sit down, stand up, open your book, close your book, good job.  1. Hard of Hearing and
the audio or the teacher non-verbally and verbally.	Modes:  Replace audio prompts with tactile, visual, or other sensory cues based on the student's abilities.  Multiple Response Options: Enable non-verbal responses (gestures, tactile cues) and verbal responses (spoken words, signs, or AAC devices).  Contextual Interaction: Situate responses in familiar and meaningful contexts to enhance comprehension and engagement.	Low Vision Approach: Use amplified audio cues and visual aids.

- The teacher uses handover-hand tactile sign language to give instructions, and students respond with actions (e.g., tapping the table after an instruction like tap the table).
- Provide raised image cards or objects that represent actions or responses, allowing students to choose or perform the correct response.
- Create a tactile sorting activity where students sort objects based on instructions.

#### Materials:

- Tactile cards with raised images
- Hand-over-hand tactile communication
- Real objects representing responses

# 3. Blind and Hard of Hearing Approach: Focus on auditory and tactile responses.

#### • Activities:

- The teacher provides clear verbal instructions or amplified audio prompts (e.g., touch your nose), and students respond with the action.
- Use braille cue cards or real objects to help students identify and respond (e.g., giving a tactile book when asked, Give me the book).

 Practice simple questionresponse pairs, where students verbally or nonverbally indicate their answers.

#### • Materials:

- Braille cue cards
- Amplified audio devices
- Real objects for hands-on activities

#### 4. Deaf and Blind Approach: Fully tactilebased communication and response.

#### • Activities:

- Use hand-over-hand tactile prompts (e.g., guiding a student to tap their head as a response to tap your head).
- Present tactile objects (e.g., a ball and a book) and guide the student to select the correct one when prompted tactilely.
- Practice daily interactions using tactile cues (e.g., handing a spoon when prompted, Show me the spoon).

#### Materials:

- Tactile objects and cue cards
- Hand-over-hand communication methods
- Tactile storyboards or activity boards

#### **Example Instructions**

 Actions: Clap your hands, raise your hand, tap the table.

	T	
		Object-based: Show me  the parameter to the chair
		the pen, point to the chair.
		• Expression-based: Smile,
10 D		wave your hand.
10. Respond to	☐ Accessible Communication	1. Hard of Hearing and
simple	Modes: • Ensure that commands and	Low Vision
commands and	questions are delivered in	Approach: Combine
questions.	ways that match the	amplified auditory
	student's sensory capabilities	input with visual cues.
	(e.g., tactile, auditory, visual,	Activities:
	or a combination).	
	☐ Clear and Simple Language:	• The teacher uses clear,
	Use straightforward	spoken commands (e.g., point to the book) with
	language and repetitive	visual reinforcement, such
	phrases to make commands	as pointing to the object.
	and questions easy to	<ul> <li>Use high-contrast picture</li> </ul>
	understand.	cards or symbols to
	☐ Interactive and Contextual	reinforce commands and
	Learning:	questions (e.g., Where is
	Position commands and	the book? with a picture of
	questions within familiar contexts or routines to	a book).
	encourage comprehension	• Create interactive response
	and participation.	activities where students
	una participation.	act out commands (e.g.,
		stand up, sit down).
		<ul><li>Materials:</li></ul>
		• FM systems or hearing
		aids
		• High-contrast picture cards
		and objects
		• Visual cue cards with
		common commands and
		questions
		2. Deaf and Low Vision
		Approach: Use tactile,
		• •
		sign language, and
		limited visual cues.
		<ul><li>Activities:</li></ul>
		• The teacher uses hand-
		over-hand sign language to
		give commands (e.g.,
		touch your nose) and guide

- the student to perform the action.
- Students respond to questions with tactile cues, such as pointing to a tactile symbol or object (e.g., Where is the toy?).
- Create tactile matching games where students match objects to verbal or signed commands.

#### Materials:

- Tactile cue cards and braille labels
- Real objects with tactile features
- Hand-over-hand sign language support.

# 3. Blind and Hard of Hearing Approach: Combine auditory cues with tactile responses.

#### Activities:

- The teacher provides clear, amplified spoken commands (e.g., touch the pen), and students respond by finding and touching the object.
- Use tactile cards and real objects for questionresponse activities (e.g., What is this? with a tactile card showing an object).
- Implement a "Simon Says" activity using spoken commands with tangible, sensory feedback (e.g., Simon says, pick up the cup).

#### Materials:

• Amplified audio devices or

	objects	ards and real
	4. Deaf a	nd Blind
	Approach	n: Fully tactile
		ication and
	response	•
	-	tivities:
	Use hand methods through recommand them to perform them to perform the performance of th	d-over-hand to guide students responses to ds (e.g., guiding bick up a ball ompted). real objects with bels to help respond to s like What is Where is the ball? simple question-onse routines his a cup? with er guiding a handd exploration of et).  aterials: ards with braille d images ects labeled with braille tags er-hand tactile
	Examples	of Commands
	and Ques	
	down, too pick up the your hand	
l	I ▲ Ouestion	c. Where is the

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• Questions: Where is the

book? What is this? Is this a toy?  Responses: Simple actions (e.g., clapping, pointing) or selecting from options (e.g., tactile matching).  Il. Perform different kinds of listening tasks (e.g. drawing, matching, etc.).  Multisensory Approach:  Use a combination of auditory, tactile, visual, and kinesthetic modes to engage students in listening tasks.  Contextual Relevance:  Make sure activities are based on familiar concepts and everyday experiences to improve understanding.  Incremental Complexity:  Start with simple, one-step listening tasks and gradually progress to more complex, multi-step activities.  Trawing Task: The teacher gives clear, spoken instructions (e.g., Draw a sun), and students draw on paper with the help of visual cues or tactile outlines.  Matching Task: Provide high-contrast cards with images and spoken prompts (e.g., Match the picture of the cat to the word "cat").  Object Identification: The teacher describes an object (e.g., It is round and yellow), and the student matches it to a corresponding high-contrast picture or real object.  Materials:  FM systems or hearing aids  High-contrast picture cards  Large print or tactile drawing templates  2. Deaf and Low Vision			1 10777 ( 1.07 3
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• Use a combination of auditory, tactile, visual, and kinesthetic modes to engage students in listening tasks.    Contextual Relevance:	11. Perform	☐ Multisensory Approach:	
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word "cat").  Object Identification: The teacher describes an object (e.g., It is round and yellow), and the student matches it to a corresponding high-contrast picture or real object.  • Materials:  • FM systems or hearing aids  • High-contrast picture cards  • Large print or tactile drawing templates			
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teacher describes an object (e.g., It is round and yellow), and the student matches it to a corresponding high- contrast picture or real object.  • Materials:  • FM systems or hearing aids  • High-contrast picture cards • Large print or tactile drawing templates			· · · · · · · · · · · · · · · · · · ·
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Large print or tactile drawing templates			High-contrast picture cards
drawing templates			
2. Deaf and Low Vision			drawing templates
2. Deaf and Low Vision			
			2. Deaf and Low Vision

Approach: Use tactile and limited visual materials with sign language support.

- Activities:
- Tactile Drawing: Guide the student to create drawings using textured outlines or molds (e.g., tracing a raised picture of a house).
- Tactile Matching: Use tactile cards with braille and raised images, where students match the tactile card to a spoken instruction (e.g., Match the card with the car to the sound of a car engine).
- Listening and Response Activity: The teacher signs an instruction (e.g., Find the ball) and guides the student to touch or pick up the object.

#### Materials:

- Tactile cards with braille and raised images
- Textured drawing paper or molds
- Hand-over-hand sign language guidance

# 3. Blind and Hard of Hearing Approach: Focus on auditory cues and tactile responses.

- Activities:
- Listening and Drawing: The teacher gives auditory instructions (e.g., Draw a circle) while the student

- uses tactile materials like raised-line paper or a braille slate to complete the drawing.
- Object Identification by Sound: The teacher makes a sound (e.g., a bell) and the student matches it to a tactile representation of the object that makes that sound (e.g., a bell-shaped object).
- Matching with Tactile
   Cues: Use real objects
   with tactile labels to match
   spoken descriptions (e.g.,
   Find the block that is
   square).

#### Materials:

- Braille slates or raised-line paper
- Tactile objects for identification
- Audio cues or soundmaking toys

### 4. Deaf and Blind Approach: Fully tactile and kinesthetic activities.

#### Activities:

- Tactile Drawing: Use a braille slate or textured surface where the teacher guides the student's hand to create simple shapes (e.g., a circle or square) as they listen to the spoken or signed instruction.
- Object and Sound Matching: The teacher produces a sound (e.g., clapping or a bell), and the student finds the object

		that corresponds to the sound by feeling it.  • Tactile Exploration: Present different textured objects and describe them
		through tactile hand-over-hand guidance while the student listens to the description.  • Materials:
		<ul> <li>Braille slates or raised-line paper</li> <li>Tactile objects (e.g., different textured blocks)</li> </ul>
		Hand-over-hand guidance to support exploration
		<b>Examples of Listening</b>
		Tasks
		• Drawing Tasks: Draw a
		square, circle, or heart.  • Matching Tasks: Match
		the picture of a dog to the
		sound of a dog barking.
		• Identification Tasks: Find
		the object that matches the sound or description.
Speaking	l	sound of description.
1. Imitate and	1. Accessible Communication	1. Hard of Hearing and
produce	Modes:	Low Vision
sounds and	• Use tactile, auditory, and visual methods to guide students in	<b>Approach:</b> Combine
words.	imitating and producing sounds	auditory input with
	and words.	visual or tactile
	2. Reinforcement through	reinforcement to help
	Repetition: • Provide consistent practice with	students imitate and produce sounds.
	frequent repetition to strengthen	• Activities:
	sound and word production skills.	• Sound Repetition
	3. Contextual and Functional	Practice: Use
	Vocabulary: • Focus on words and sounds that	amplified sounds of
	are relevant to the student's daily	phonemes and simple
	life, routines, and immediate environment.	words (e.g., cat, ball)

- **4. Engagement Through Multisensory Activities:**
- Incorporate sensory materials, actions, and interactive tools to support speaking activities.
- for the student to imitate.
- Visual Cues: Provide high-contrast images of objects (e.g., a picture of a cat) while saying the word aloud to reinforce the connection.
- Action-Based
  Sounds: Pair sounds
  with actions (e.g., say
  meow and act like a
  cat) to encourage
  imitation.
  - Materials:
- FM systems or hearing aids
- High-contrast flashcards with images of objects and words
- Toys or objects that produce sounds (e.g., a bell, drum)
- 2. Deaf and Low Vision Approach: Use tactile and signed communication methods to model sounds and words.
  - Activities:
- Hand-over-Hand Speech Practice: The teacher or caregiver places their hand on the student's throat to demonstrate how sounds are produced.
- Tactile Vocabulary

Matching: Pair tactile objects (e.g., a soft ball) with signs for the corresponding word, encouraging the student to imitate the word or sound.

- Structured Play: Use role-play with tactile props (e.g., a toy cat) while signing and modeling the corresponding sound (meow).
  - Materials:
- Tactile flashcards and objects
- Hand-over-hand sign language support
- Speech-vibration tools for tactile feedback

## 3. Blind and Hard of Hearing

**Approach:** Rely on auditory and tactile inputs to develop speaking skills.

- Activities:
- Auditory Modeling: Use amplified sounds of phonemes and simple words with clear articulation.
- Tactile Exploration:
  Pair spoken words
  with tactile exploration
  of the object (e.g.,
  saying *cup* while
  letting the student feel a

cup). • Rhythm and **Repetition:** Teach through rhythmic activities (e.g., clapping while saying tap, tap). • Materials: • Amplified audio tools or FM systems • Tactile objects for word association • Rhythmic instruments (e.g., drums, tambourines) 4. Deaf and Blind **Approach:** Focus on tactile communication and physical modeling of speech production. • Activities: • Tactile Sound **Exploration:** Use hand-over-hand guidance to help the student feel the vibrations of sound production (e.g., placing hands on the teacher's throat or mouth while saying ah). • Tactile Word **Association:** Pair tactile objects (e.g., a small ball) with a modeled sound or word.

• Functional

2 Pland the	Multisensory Engagement	Vocabulary Practice: Use familiar objects and routines to practice words (e.g., holding a spoon and modeling the word spoon).  • Materials:  • Tactile speech-vibration tools  • Real objects with distinct tactile features  • Hand-over-hand modeling tools Examples of Words and Sounds  • Everyday Words: Mama, papa, ball, cat, book, eat, drink  • Animal Sounds: Meow, woof, moo  • Action Sounds: Clap, tap, hop  • Simple Phonemes: /a/, /b/, /k/.
2. Blend the initial sounds with other sounds, i.e. onset with rime. (e.g. c+at).	<ul> <li>Multisensory Engagement:         <ul> <li>Combine visual, tactile, and auditory cues to teach sound blending.</li> <li>Use materials like objects, cards, or technology to reinforce understanding.</li> </ul> </li> <li>Progressive Learning:         <ul> <li>Start with simple onsets and rimes before introducing more complex combinations.</li> </ul> </li> <li>Concrete Associations:         <ul> <li>Relate the words formed to familiar objects or actions.</li> </ul> </li> </ul>	<ul> <li>1. Hard of Hearing and Low Vision</li> <li>Approach: Provide amplified auditory input with high-contrast visual supports and tactile tools.</li> <li>Activities:</li> <li>Onset and Rime</li> <li>Matching: Present two high-contrast cards, one showing the onset (e.g., "c") and the other the rime (e.g., "at").</li> <li>The teacher says the</li> </ul>

blended word (*cat*) while students match the cards.

- Interactive Word Building: Use large magnetic letters with tactile features to physically blend sounds (e.g., place "c" next to "at").
- Auditory Blending Practice: Amplify the teacher's voice as they articulate the onset and rime separately and then together.
  - Materials:
- FM systems or hearing aids
- High-contrast magnetic letters or cards
- Tactile letter blocks
- **2. Deaf and Low Vision Approach:** Use tactile and signed communication methods to guide blending.
  - Activities:
- Tactile Word
  Assembly: Provide
  raised tactile letters or
  braille tiles to form the
  onset and rime. The
  teacher signs or
  fingerspells the sounds
  while guiding the
  student to combine
  them.

- Object Association:
  Use tactile objects
  related to the word
  formed (e.g., a small
  toy cat for blending
  "c" and "at") to
  provide context.
- Hand-Over-Hand Blending: The teacher guides the student's hands to assemble the onset and rime using tactile materials.
  - Materials:
- Raised tactile letters or braille tiles
- Relevant tactile objects
- Hand-over-hand sign language guidance
- 3. Blind and Hard of Hearing

**Approach:** Focus on tactile and auditory blending cues.

- Activities:
- Auditory Onset and Rime Practice: Use amplified sounds to present the onset (e.g., /c/) and rime (/at/) individually, then blended (/cat/).
- Tactile Letter
  Exploration: Let
  students feel tactile
  letters or braille to build
  the onset and rime.
- Interactive Games: Play a sound-matching

game where the student identifies the rime that pairs with an onset sound (e.g., teacher says /c/, student finds "at").

- Materials:
- Amplified audio tools or FM systems
- Tactile letters or braille tiles
- Audio word-building games or apps
- **4. Deaf and Blind Approach:** Fully tactile and kinesthetic methods with direct physical guidance.
  - Activities:
- Tactile Word

Formation: Provide braille tiles or textured letters to represent the onset and rime. Guide the student to combine them physically while explaining through hand-over-hand communication.

- Object-Based
  Blending: Use real
  objects (e.g., a toy cat)
  and tactile letters to
  represent the sounds
  that make up the word.
- Hand Movements for Sounds: Represent each sound with a specific hand

		movement or gesture that the student can feel, combining them to demonstrate blending.  • Materials:  • Braille tiles or textured letter blocks  • Hand-over-hand communication aids  • Tactile objects for real-
2 D	1 Accordible Duesers delice	world context
3. Pronounce	1. Accessible Pronunciation Modeling:	1. Hard of Hearing and
grade	o Provide models of	Low Vision
appropriate words	correct pronunciation	<b>Approach:</b> Use amplified auditory input
correctly.	through auditory,	paired with visual
correctly.	visual, tactile, or a combination of these	supports and tactile
	cues.	cues.
	<ul> <li>Break words into</li> </ul>	<ul><li>Activities:</li></ul>
	smaller segments	• Auditory Modeling:
	(syllables or phonemes) for clarity.	Amplify the teacher's
	2. Multisensory Practice:	voice or use assistive
	<ul> <li>Engage students</li> </ul>	technology to model
	through hands-on	correct pronunciation.
	activities, visual aids,	• Mirror Practice: Use
	and physical cues to reinforce correct	a mirror so students
	pronunciation.	can watch their mouth
	3. Frequent Feedback and	movements and
	Reinforcement:	compare them to the
	Use tactile, auditory, or	teacher's.
	visual feedback to guide students in	• Syllable Tapping:
	refining their	Break words into
	pronunciation.	syllables, tapping each
	4. Contextual Vocabulary	syllable while saying
	Selection:	the word aloud.
	<ul> <li>Focus on commonly used and relevant</li> </ul>	• Materials:
	words in students' daily	• FM systems or hearing
	lives.	aids

- High-contrast flashcards with pictures and words
- Tactile syllable cards
- **2. Deaf and Low Vision Approach:** Use sign language, tactile cues, and visual reinforcement to teach pronunciation.
  - Activities:
- Hand-over-Hand Pronunciation Modeling: Place the student's hand on the teacher's mouth, throat, or jaw to feel how sounds are formed.
- Tactile Word
  Matching: Pair tactile
  letters with the teacher
  modeling the word
  through sign or finger
  spelling.
- Phoneme Emphasis: Sign or fingerspell each sound, then combine them into the full word.
- Materials:
- Tactile word-building tools
- Raised braille cards with corresponding tactile images
- Hand-over-hand signing resources
- 3. Blind and Hard of Hearing

**Approach:** Focus on auditory and tactile cues to teach correct pronunciation.

- Activities:
- Auditory Repetition: Amplify words for the student to hear and repeat, emphasizing clear articulation.
- Tactile Feedback:
  Use hand-over-hand techniques to guide students to feel the teacher's articulation.
- Phoneme Practice:
  Break down words into phonemes and practice combining them.
  - Materials:
- Amplified audio tools
- Tactile objects representing gradeappropriate words
- Word cards with raised letters or braille
- **4. Deaf and Blind Approach:** Use fully tactile methods to model and practice pronunciation.
  - Activities:
- Tactile Sound Exploration: Place the student's hands on the teacher's throat or lips to feel how words are pronounced.
- Word Association

(e.g., a ball) paired with tactile modeling of the corresponding word.  Segmented Pronunciation: Break words into phonemes, providing tactile cues for each sound.  • Materials:  Tactile objects and real-world items for word association  Speech vibration tools for tactile pronunciation feedback  Braille cards with phonetic guidance. Examples of Grade-Appropriate Words  Examples o			with Objects: Use real-world objects
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information about themselves  • Enable students to use speech, tactile or visual communication, or assistive devices based on their sensory  • Enable students to use speech, tactile or visual communication, or assistive devices based on their sensory		-	_
about tactile or visual communication, or assistive devices based on their sensory  tactile or visual amplified auditory input with high-contrast visual	_		
about communication, or assistive devices based on their sensory with high-contrast visual			
		communication, or assistive	
1 (1) (T T1) (TT1)			
	(e.g. name,	abilities.	aids and structured
address,  - Structured Learning: repetition.  - Teach personal information in	address,		терешион.

family, nationality)	short, manageable phrases with repetitive practice.	<ul><li>Activities:</li><li>Fill in the Blank</li></ul>
using short	<ul><li>Practical Application:</li><li>Relate the activity to real-life</li></ul>	<b>Practice:</b> Provide a
words and	situations (e.g., introducing	high-contrast worksheet
phrases.	themselves to someone new).	with phrases like "My
	☐ Use of Symbols and Gestures:	name is" and have
	Supplement spoken language	the student fill in their
	with gestures, objects, or tactile aids for reinforcement.	name verbally.
	tactic aids for remotechnicit.	• Role Play
		Introductions:
		Practice introducing
		themselves to peers or
		the teacher in a quiet,
		controlled setting with
		visual prompts.
		• Tactile Sentence
		Frames: Use tactile
		cards with sentences
		(e.g., "I live in")
		and help the student
		complete the sentence.
		• Materials:
		• FM systems or hearing aids
		• High-contrast cue cards with text and pictures
		-
		• Tactile word strips for sentence formation
		2. Deaf and Low Vision
		Approach: Use tactile
		communication tools,
		sign language, and
		visual reinforcements.
		• Activities:
		• Tactile Name Tags:
		Create tactile name
		tags that include the
		student's name in
		braille or raised print.

Teach the student to identify and "read" their name using touch.

#### • Guided

Introductions: Use sign language or fingerspelling to model introducing themselves and guide the student to replicate the phrases.

• Object-Based Learning: Pair personal information with meaningful tactile objects (e.g., a small house model for "I live in...").

#### • Materials:

- Tactile name tags and word cards
- Raised or braille sentence frames
- Hand-over-hand signing assistance

# 3. Blind and Hard of Hearing

**Approach:** Focus on auditory input and tactile communication for sentence construction.

#### • Activities:

• Audio Sentence
Building: Provide
auditory examples of
sentences like "My
name is \_\_\_\_." Amplify
the sounds and have

the student repeat.

• Tactile Storyboards:
Use tactile boards with raised objects representing personal details (e.g., a family figure for family-related sentences).

• Interactive Practice:
Role play scenarios

- Interactive Practice:
  Role-play scenarios
  where students share
  information about
  themselves with others
  using tactile prompts.
  - Materials:
- Amplified audio recordings of sample sentences
- Tactile sentence boards or objects
- Tactile braille cards for key vocabulary
- **4. Deaf and Blind Approach:** Rely on tactile and kinesthetic communication with direct support for structured self-expression.
  - Activities:
- Hand-Over-Hand Practice: Teach basic personal information through hand-over-hand communication, guiding the student to sign or articulate phrases.
- Tactile Identity

5. Ask and answer short, simple questions.	<ul> <li>□ Accessible Question</li> <li>Frameworks:         <ul> <li>Use structured and repetitive question patterns.</li> <li>Pair questions with tactile, visual, or auditory prompts.</li> <li>□ Multisensory Interaction:                 <ul> <li>Support understanding and expression through gestures, tactile objects, or sign language.</li> <li>□ Accessible Question</li> </ul> </li> </ul> </li> </ul>	brothers and sisters."  4. Nationality: "I am"  1. Hard of Hearing and Low Vision Approach: Utilize amplified sound and high-contrast visuals for interaction.  • Activities: • Visual Question Cards: Use cards with
		1. Name: "My name is  2. Address: "I live in  3. Family: "I have
		<ul> <li>Tactile objects         representing personal         information</li> <li>Hand-over-hand         signing guidance         Examples of Basic         Personal Information</li> </ul>
		Card: Create a tactile identity card with braille for the student to use when introducing themselves.  • Tactile Object Phrases: Pair tactile objects with sentences (e.g., a small family figurine for "I have family members").  • Materials:  • Braille or textured cards for key information

#### **☐** Familiar Contexts: large text and simple Base questions on familiar pictures (e.g., "Do you topics like daily routines, like apples?" with a preferences, and surroundings. picture of an apple). ☐ Gradual Progression: • Turn-Taking Game: Begin with yes/no questions and progress to open-ended Students take turns questions as students gain asking and answering confidence. questions with visual and auditory cues. • Real-Life Scenarios: Act out daily situations where questions are asked (e.g., "What is your favorite color?"). • Materials: • FM systems or hearing aids • High-contrast flashcards with text and images Visual aids depicting question-answer scenarios 2. Deaf and Low Vision **Approach:** Combine tactile communication, sign language, and visual aids to support interaction. • Activities: • Tactile Question **Cues:** Use tactile cards or objects paired with signed questions (e.g., a small ball for "Do you play with a ball?"). Fingerspelling Practice: Teach

students to ask and

answer simple questions using fingerspelling. • Guided Role Play: Teacher models questions and answers through tactile or hand-over-hand methods. • Materials: • Tactile cards or objects representing key vocabulary • Hand-over-hand signing support • Braille question guides 3. Blind and Hard of Hearing **Approach:** Focus on auditory input and tactile reinforcement for question comprehension and response. Activities: Auditory Question **Prompts:** Amplify the teacher's voice or use recorded questions for practice. • Tactile Response Game: Use tactile objects to represent answers (e.g., an apple for "What do you like to eat?"). • Question-Answer **Match:** Provide tactile sentence strips to

match questions with

appropriate answers.

- Materials:
- Amplified audio tools
- Tactile objects and sentence strips
- Braille or raised print question-answer sets

#### 4. Deaf and Blind

**Approach:** Fully tactile and kinesthetic methods are essential for interaction.

- Activities:
- Tactile Questions and Answers: Use tactile symbols or objects to represent common questions and answers. Teach students to combine them for communication (e.g., a toy for "Do you like toys?").
- Hand-Over-Hand Role Play: Model asking and answering questions through hand-over-hand communication.
- Tactile Conversation Boards: Provide a board with tactile symbols or braille for common questions and answers.
  - Materials:
- Tactile communication boards
- Objects representing

6. Sing or recite a song/chant by listening to the teacher or an audio.    Multisensory Inputs:   Combine auditory, visual, tactile, and kinesthetic inputs to make the song/chant accessible.   Simplified Content:   Use repetitive, rhythmic, and simple songs or chants appropriate for their learning level.   Interactive Learning:   Involve actions, gestures, or props to make the activity engaging and meaningful.   Progressive Learning:   Begin with small sections of the song and gradually build to the full version.	<ul> <li>questions and answers</li> <li>Braille question-and-answer strips.</li> <li>Examples of Simple</li> <li>Questions and Answers</li> <li>1. Yes/No Questions:</li> <li>"Do you like apples?"  → "Yes."</li> <li>"Is this your book?" →  "No."  2. Choice Questions:</li> <li>"Do you like cats or dogs?" → "Dogs."</li> <li>"Do you want milk or juice?" → "Juice."  3. Open-Ended Questions:</li> <li>"What is your name?"  → "My name is"</li> <li>"How old are you?" →  "I amyears old."</li> <li>1. Hard of Hearing and Low Vision Approach: Amplify sound and provide high-contrast visual cues.  • Activities:</li> <li>• Echo Singing: The teacher sings a line and the student repeats it using amplified sound.</li> <li>• Gesture-Supported Singing: Pair each line with a corresponding gesture or action.</li> <li>• Chant with Visuals: Use high-contrast</li> </ul>
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flashcards showing key words or images from the song. • Materials: • FM systems or hearing aids • High-contrast flashcards with text or images • Audio recordings with adjustable volume 2. Deaf and Low Vision Approach: Focus on sign language, tactile cues, and visual aids to convey rhythm and meaning. **Activities:** • Sign and Sing: Teach the song using sign language with rhythmic movements. • Tactile Rhythm: Use a drum or other tactile instruments to help students feel the rhythm. • Symbolic **Representation:** Provide tactile or visual symbols for key elements of the song. • Materials: • Drum or vibrationbased instruments. • Tactile or braille lyric

sheets

phrases

 Hand-over-hand signing for new

## 3. Blind and Hard of Hearing

**Approach:** Combine amplified audio and tactile feedback to engage with the song.

- Activities:
- Tactile Instrumental Support: Use vibration-based instruments to emphasize rhythm while singing.
- Audio-Assisted
  Learning: Provide an amplified recording of the song for practice.
- Interactive Actions: Guide students in performing simple, rhythmic actions like clapping or tapping.
  - Materials:
- Amplified audio players
- Tactile instruments (e.g., tambourine, drum)
- Tactile lyrics in braille
- 4. Deaf and Blind

**Approach:** Use tactile and kinesthetic methods to convey rhythm, lyrics, and structure.

- Activities:
- Tactile Song Sheet:

Provide a tactile version of the song lyrics in braille or raised print.

- Rhythm Through Touch: Use hand-over-hand drumming or tapping to teach rhythm.
- Guided Signing or Movement: Teach song-related signs or movements through hand-over-hand guidance.
  - Materials:
- Tactile lyric sheets in braille or raised print
- Vibrational instruments or tactile rhythm boards
- Hand-over-hand signing

## **Examples of Songs/Chants**

- 1. Simple Songs with Repetition:
- "Row, Row, Row Your Boat."
- "Twinkle, Twinkle, Little Star."
  - 2. Chants with Actions:
- "If You're Happy and You Know It" (with tactile actions).
- "Head, Shoulders, Knees, and Toes" (simplified for movement).
  - 3. Personalized Rhymes:
- Create simple chants

		about the student's
		name, school, or
		favorite activities.
7 N	Multigangawy Annyagahaga	
7. Name	<ul><li>Multisensory Approaches:</li><li>Integrate tactile, visual, and</li></ul>	1. Hard of Hearing and
people, objects	auditory methods to make	Low Vision
and places and	naming and describing	Approach: Combine
describe them	accessible.	amplified sound and
with	☐ Familiarity and Relevance:	high-contrast visuals to
adjectives.	<ul> <li>Focus on familiar people,</li> </ul>	facilitate naming and
	objects, and places in the	description.
	student's environment.	• Activities:
	☐ Simple Adjectives:	Object Exploration
	• Use basic, descriptive words (e.g., "big," "small," "soft,"	Game: Present objects
	"hard") that are concrete and	and ask students to
	easily represented.	name and describe
	☐ Interactive Learning:	them (e.g., "This is a
	<ul> <li>Encourage hands-on</li> </ul>	ball. It is round and
	exploration of objects and role-	red.").
	playing for people and places.	• Adjective Flashcards:
		Use large, high-
		contrast cards with
		images and adjectives
		to describe objects or
		people.
		• Describe and Match:
		Provide pictures of
		people, objects, and
		places for students to
		name and describe,
		then match to written
		descriptions.
		• Materials:
		High-contrast visual
		aids with pictures and
		text
		<ul> <li>Amplified audio or</li> </ul>
		teacher's voice
		• Real objects for
		exploration
<u> </u>		- Profession

- **2. Deaf and Low Vision Approach:** Focus on tactile, visual, and signed methods for naming and describing.
  - Activities:
- Tactile Description:
  Provide tactile objects
  for students to explore
  and describe (e.g.,
  "This is a teddy bear.
  It is soft and furry.").
- Symbol and Sign Pairing: Use tactile symbols or braille alongside signed descriptions of objects and places.
- Guided Role-Play: Students describe a person or place with signed and tactile support (e.g., describing "a big school").
  - Materials:
- Tactile objects with matching signs
- Braille labels for adjectives
- Raised print or tactile image descriptions
- 3. Blind and Hard of Hearing

**Approach:** Combine auditory and tactile cues to facilitate naming and describing.

Activities:

- Name and Describe Game: Teacher describes an object aloud, and the student explores it tactilely and provides their own description.
- Tactile-Adjective Matching: Provide tactile cards with braille or raised text adjectives to match with objects.
- Listening and Speaking Practice: Amplify descriptive prompts and encourage students to repeat and expand.
  - Materials:
- Tactile objects with braille labels
- Amplified audio prompts
- Tactile adjective flashcards
- **4. Deaf and Blind Approach:** Use tactile symbols and hand-overhand techniques for describing and naming.
  - Activities:
- Tactile Naming
  Exercise: Provide
  objects for tactile
  exploration and teach
  corresponding braille
  or hand signs for
  names and adjectives.

		<ul> <li>Tactile Storytelling:         Guide students to         describe a person,         object, or place         through tactile         symbols and hand-         over-hand support.</li> <li>Adjective Sorting         Game: Students feel         objects and sort them         based on tactile         adjectives (e.g., "soft"         vs. "hard").         • Materials:         • Tactile objects with         braille or raised print         labels         • Hand-over-hand         signing or tactile         communication boards         • Tactile adjective sorting         sets</li> </ul>
Reading  1. Read small and capital letters.	1. Multisensory Techniques:	1. Hard of Hearing and Low Vision Approach: Use high-contrast visuals, enlarged text, and amplified sound to support reading.  • Activities: • Flashcard Practice: Show large flashcards with small and capital letters and ask students to name them. • Letter Matching Game: Provide sets of cards with small and capital letters for students to match. • Auditory Letter Recognition: Say a letter

0	Begin with recognizing individual letters, then progress to simple words and sentences.	aloud and have students point to or find the corresponding card.  • Materials: • High-contrast flashcards with clear, bold text • Large letter charts • Amplified audio devices for teacher or recorded letter sounds 2. Deaf and Low Vision Approach: Integrate sign language, tactile letter cards, and visual aids for learning.  • Activities: • Tactile Letter Cards: Provide raised or textured letters for students to feel and identify. • Sign Language and Letter Connection: Associate each letter with its sign language representation. • Tracing Letters: Have students trace letters with their fingers on sandpaper or textured sheets.  • Materials: • Raised or braille letter cards • Tactile writing surfaces (e.g., sandpaper or textured boards) • Braille or large, high-contrast letter charts 3. Blind and Hard of Hearing Approach: Emphasize
		auditory cues and tactile learning to
		support letter
		recognition

recognition.

#### • Activities:

- Letter Identification with Touch: Use tactile letter boards or braille letters for students to explore and identify.
- Auditory Letter Drill: Use a recording of the alphabet and have students respond by touching the corresponding tactile letter.
- Letter Tracing with Hand-Over-Hand Guidance: Guide students to trace letters on a tactile surface while saying the letter aloud.
- Materials:
- Tactile letter boards or braille sheets
- Audio recordings of the alphabet
- Sandpaper or textured letter tracing sheets
- 4. Deaf and Blind Approach: Utilize tactile and kinesthetic methods for letter recognition and reading.

#### • Activities:

- Tactile Letter Recognition: Provide students with hand-over-hand guidance to feel and identify letters.
- Letter Matching Game:
   Use tactile cards with both
   small and capital letters
   and guide students to
   match them.
- Letter Tracing with Texture: Have students trace letters using their

2. Put sounds together to read words and sentences.	<ul> <li>Multisensory Learning:         <ul> <li>Engage students through auditory, visual, and tactile inputs to help them blend sounds and read words and sentences.</li> <li>Sequential Phonics Approach:                 <ul> <li>Break down the reading process into manageable steps, starting with blending simple sounds and progressing to more complex words and sentences.</li> <li>Contextual and Repetitive Practice:</li></ul></li></ul></li></ul>	fingers on textured materials or boards.  • Materials:  • Tactile letters (e.g., braille or raised letters)  • Textured tracing surfaces or boards  • Hand-over-hand support for letter identification  1. Hard of Hearing and Low Vision  Approach: Use amplified sound, high-contrast visuals, and clear, large print to aid in blending and reading.  • Activities:  • Sound Blending with Flashcards: Use cards with individual sounds and combine them to form simple words (e.g., /c/ /a/ /t/ → "cat").  • Word Building Game: Students blend sounds on high-contrast, large printed cards to form words and read them aloud.  • Sentence Reading with Visual Cues: Provide sentences with accompanying pictures to help students understand the context.  • Materials:  • Large print flashcards with individual phonemes and whole
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words

- High-contrast sentence strips with visual cues
- Amplified audio for pronunciation
- **2. Deaf and Low Vision Approach:** Incorporate sign language, tactile letters, and visual aids for sound blending and reading.
  - Activities:
- Tactile Letter Blending: Use tactile letters for students to feel and blend to form words (e.g., feeling the shape of /c/, /a/, and /t/ to form "cat").
- Sign Language for Sounds: Teach each phoneme with corresponding sign language and use signs to blend them.
- Story Reading with Sign and Picture Cues: Read simple sentences with sign language and show corresponding tactile pictures.
  - Materials:
- Raised or braille letter cards
- Tactile or textured flashcards with words
- Visual sentence boards with sign language

illustrations

## 3. Blind and Hard of Hearing

**Approach:** Emphasize auditory and tactile methods for sound blending and sentence comprehension.

- Activities:
- Sound Blending with Hand-Over-Hand Guidance: Guide students' hands to trace letters while sounding them out (e.g., /c/ + /a/ + /t/).
- Auditory Phonics
  Practice: Use audio
  recordings to provide
  clear pronunciation of
  individual sounds,
  followed by blending
  exercises.
- Reading with Braille Sentences: Provide sentences in braille and guide students to read them aloud.
  - Materials:
- Braille letter cards or tactile writing boards
- Audio recordings of phonics sounds and simple sentences
- Tactile sentence strips

## 4. Deaf and Blind

**Approach:** Use tactile, kinesthetic, and hand-

		arran hand mathada fa
		over-hand methods for
		blending sounds and
		reading sentences.
		<ul><li>Activities:</li></ul>
		• Hand-Over-Hand
		Blending: Guide
		students' hands to feel
		and blend tactile letters
		to form words.
		• Sentence Formation
		with Tactile Symbols:
		Create simple
		sentences using tactile
		symbols and guide
		students to read them.
		Movement and
		Sound Blending:
		Have students use their
		body to mimic sounds
		(e.g., making a "s"
		sound while gently
		wiggling their fingers).
		• Materials:
		• Tactile letters and
		tactile sentence strips
		• Hand-over-hand
		support tools for
		blending practice
		• Tactile and raised
		symbol cards for
		sentences
3. Recognize	1. Visual and Tactile	1. Hard of Hearing and
and read	Association:	Low Vision
familiar words	<ul> <li>Link words to high-</li> </ul>	<b>Approach:</b> Use high-
accompanied	contrast images, tactile	contrast images, bold
by visuals	objects, or symbols that represent their	text, and amplified
J 1 12 21 22 22	meanings.	sound to connect words
	2. Repetition and Familiarity:	with visuals.
	• Use commonly	• Activities:
	encountered words	

(e.g., cat, dog, home) and repeat them in various contexts.

#### 3. Contextual Learning:

 Introduce words within meaningful and relatable scenarios to enhance retention.

#### 4. Incremental Learning:

 Start with single words and gradually progress to short phrases or sentences.

- Word-Picture
  Matching: Show
  printed words
  alongside large, clear
  images. Ask students to
  match the words with
  the corresponding
  pictures.
- Interactive Word
  Boards: Create a
  board with familiar
  images and ask
  students to place the
  correct word card next
  to each image.
- Labeling Activity:
  Use physical objects
  (e.g., a toy cat) and ask
  students to label them
  using word cards.
  - Materials:
- High-contrast word cards and pictures.
- Real objects (e.g., toy animals, household items)
- Amplified audio for pronunciation practice
- 2. Deaf and Low Vision Approach: Integrate sign language, tactile representations, and visual aids to support word recognition.
  - Activities:
- Sign-and-Match
  Game: Teach the sign
  for a word (e.g., "dog")
  and have students

match the signed word to a picture.

- Tactile Word
  Matching: Provide
  tactile symbols or
  braille labels and pair
  them with textured
  images or objects.
- Tracing Activity:
  Students trace raised words and associate them with images or real objects.
  - Materials:
- Tactile flashcards with raised or braille text.
- Textured images or objects (e.g., a textured dog figure).
- Sign language charts for key vocabulary.

### 3. Blind and Hard of Hearing

**Approach:** Use auditory cues and tactile methods to connect words with their meanings.

- Activities:
- Audio-Tactile
  Matching: Play the
  word's audio and have
  students match it to a
  tactile object or braille
  label.
- Hand-Over-Hand Exploration: Provide tactile objects (e.g., a small apple) and guide the student's hand to

explore it while saying the word.

- Storytelling with Objects: Create simple stories using real objects, and encourage students to identify the objects by touch and associate them with words.
  - Materials:
- Tactile word cards in braille
- Audio recordings of words and their pronunciations
- Real objects for tactile exploration
- **4. Deaf and Blind Approach:** Utilize tactile objects and handover-hand methods to teach word recognition.
  - Activities:
- Tactile Word
  Association: Present
  an object (e.g., a toy
  car) and guide the
  student to feel a tactile
  word label that
  represents it.
- Object Identification Game: Students feel an object and choose the corresponding tactile or braille word from a set.
- Interactive Word

4. Perform rhymes and chants with appropriate rhyme and rhythm.	<ul> <li>□ Multisensory Engagement:         <ul> <li>Combine auditory, tactile, visual, and movement cues to teach rhymes and rhythm effectively.</li> <li>□ Repetition and Familiarity:             <ul></ul></li></ul></li></ul>	Books: Create tactile books where each page has a raised word and a related textured image or object.  • Materials:  • Braille word cards or raised text labels  • Tactile objects and symbols  • Tactile storybooks or word books  1. Hard of Hearing and Low Vision  Approach: Use amplified sound, large visuals, and physical actions to reinforce rhymes and rhythms.  • Activities:  • Rhythm Clapping: Teach a rhyme and have students clap along to its rhythm while reciting it.  • Action Rhymes: Pair each line of a rhyme with a corresponding action (e.g., tapping a desk, stomping feet).  • Picture-Supported Rhymes: Use large, high-contrast pictures to represent key words in the rhyme, aiding comprehension and participation.  • Materials:  • Amplified audio
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recordings of rhymes

- High-contrast flashcards with images representing rhyme themes
- Rhythm instruments like tambourines or drums
- **2. Deaf and Low Vision Approach:** Combine sign language, tactile cues, and visual aids to teach rhymes.
  - Activities:
- Sign-Along Rhymes: Teach rhymes using sign language for each word or phrase, ensuring rhythm with hand movements.
- Tactile Rhythm
  Boards: Provide a
  tactile board where
  students tap along to
  the rhythm of the
  rhyme.
- Picture-and-Sign Pairing: Show a textured picture and sign the rhyme for students to follow.
  - Materials:
- Tactile picture cards for rhyme themes
- Raised or textured rhythm boards
- Visual aids with sign language illustrations

## 3. Blind and Hard of Hearing

**Approach:** Focus on auditory and tactile methods, emphasizing rhythm and verbal repetition.

- Activities:
- Call-and-Response Rhymes: Teacher says a line, and students repeat it with rhythmic tapping.
- Tactile Object Rhymes: Pair rhymes with tactile objects that represent key words (e.g., a small ball for "round").
- Auditory Rhythm
  Practice: Use simple
  instruments (e.g., drum,
  maracas) to emphasize
  the rhythm of the
  rhyme while chanting.
  - Materials:
- Tactile objects related to rhymes.
- Audio recordings of rhymes with clear enunciation and rhythm
- Simple percussion instruments
- **4. Deaf and Blind Approach:** Use tactile cues, hand-over-hand guidance, and body movements to convey

	1. Multicangowy Loomings	rhymes and rhythm.  • Activities: • Tactile Rhyme Exploration: Use hand-over-hand to guide students in tracing raised words or symbols related to the rhyme. • Body Movement Rhymes: Pair each rhyme line with a movement (e.g., tapping a shoulder, clapping hands) and guide students to perform these actions. • Object-Based Chanting: Use objects (e.g., a soft toy) to represent the rhyme, allowing students to feel the object while learning its associated words and rhythm. • Materials: • Tactile rhyme books or boards • Hand-over-hand guidance tools • Familiar objects representing rhymes
5. Understand the meaning of grade appropriate words.	<ol> <li>Multisensory Learning:         <ul> <li>Incorporate a variety of sensory inputs like touch, visuals, sound, and motion to define and explain words.</li> </ul> </li> <li>Contextual Meaning:         <ul> <li>Present words in familiar and practical</li> </ul> </li> </ol>	1. Hard of Hearing and Low Vision Approach: Use amplified sound, high-contrast visuals, and real-life examples to convey meaning.

contexts to make them relatable and easier to comprehend.

### 3. Repetition and Reinforcement:

 Use repetition across different activities and scenarios to reinforce understanding.

#### 4. Concrete Examples:

 Introduce words with real objects, tactile representations, or actions for tangible learning.

#### • Activities:

- Word-Object
  Matching: Present a
  word (e.g., "apple")
  and a corresponding
  real object or large,
  high-contrast image.
- Storytelling with Props: Read a simple story aloud while showing related objects or images to explain the words in context.
- Interactive Word Walls: Create a high-contrast word wall with images or symbols and encourage students to touch or point to words as they are discussed.

#### • Materials:

- Large, high-contrast flashcards with pictures and words
- Amplified audio recordings of word pronunciations
- Real objects related to the words

# **2. Deaf and Low Vision Approach:** Pair sign language, tactile objects, and visual aids to explain words.

#### • Activities:

• **Sign-and-Feel:** Teach a word's sign along

with a tactile object (e.g., the sign for "ball" paired with a textured ball).

- Tactile Stories: Use raised pictures or objects to create tactile storybooks that explain word meanings in a narrative format.
- Picture Exploration:
  Use textured or raisedline drawings of
  objects to explain
  associated words.
  - Materials:
- Tactile picture books or raised diagrams
- Real objects with matching sign language prompts
- Braille or textured word labels

### 3. Blind and Hard of Hearing

**Approach:** Focus on tactile objects and auditory explanations to define and teach words.

- Activities:
- **Object Exploration:**Provide tactile objects for students to feel
  while explaining their

while explaining their names and meanings.

• Auditory Context Games: Play sounds related to words (e.g.,

the sound of water for "river") and guide students to associate the sound with the word.

- Guided Discovery:
  Encourage students to
  describe objects they
  feel and introduce
  related vocabulary.
  - Materials:
- Tactile objects and braille word cards
- Audio recordings of word explanations and contextual sounds
- Simple sentences with braille labels for word meanings
- **4. Deaf and Blind Approach:** Use handover-hand guidance,
  tactile objects, and
  contextual learning to
  explain word meanings.
  - **Activities:**
- Tactile Word
  Association: Provide
  objects (e.g., a small
  toy car for "car") and
  tactile word labels for
  association.
- Object-Based
  Learning: Teach
  words in real-life
  contexts, such as
  introducing "table" by
  guiding the student's

- hands to feel a table while providing the tactile word label.

   Daily Interaction Vocabulary: Use
  - routines (e.g., meals, classroom activities) to introduce and reinforce word meanings with tactile objects.
    - Materials:
- Tactile objects with braille or raised word labels
- Hand-over-hand tools for interaction with objects and labels
- Textured books with familiar scenarios

### **Examples of Activities** for All Groups

- 1. Word and Action Game:
- Say, sign, or provide a tactile label for a word (e.g., "jump"), and have students act it out.

#### 2. Matching Pairs:

- Provide tactile objects (e.g., a toy cat) and braille or visual word cards. Ask students to match the object with the correct word.
  - 3. Vocabulary Walk:
- Take students on a

6. Read words, simple sentences and short paragraphs correctly	□ Accessible Text Presentation:  • Use braille, large print, or tactile graphics based on students' sensory abilities.  □ Multisensory Engagement:  • Combine touch, vision, sound, and action to support word recognition and sentence comprehension.  □ Incremental Complexity:  • Start with individual words, then progress to sentences and short paragraphs.  □ Reinforcement through Context:  • Present text in meaningful contexts (e.g., daily activities, familiar stories).	sensory-rich walk (e.g., around the classroom) and introduce words (e.g., "chair," "door") by guiding their hands to feel objects and say, sign, or provide the word's tactile label.  4. Simple Word Riddles:  • Give a tactile or verbal clue about a word (e.g., "I am soft and used to sleep on," for "pillow"), and encourage students to guess or find the related object.  1. Hard of Hearing and Low Vision Approach: Use amplified audio and large-print or high-contrast text to support reading.  • Activities:  • Word-Building Puzzles: Provide large-print word cards to assemble simple sentences.  • Sentence Reading with Viguelas Pair
	contexts (e.g., daily activities,	
	Provide immediate, supportive feedback to build confidence and accuracy.	each sentence with a high-contrast picture or illustration to aid comprehension.  • Paragraph Practice: Use large, spaced text

with visual aids and encourage students to read aloud while tracking words with their fingers.

- Materials:
- Large-print or highcontrast sentence strips
- Illustrated storybooks with clear fonts and visuals
- Amplified audio recordings for sentence pronunciation guidance
- **2. Deaf and Low Vision Approach:** Combine sign language, tactile text, and visual supports to facilitate reading.
  - Activities:
- Sign-and-Read Practice: Provide simple sentences and sign each word or phrase as the student reads.
- Tactile Sentence
  Matching: Use raisedtext sentence strips and
  tactile symbols to aid
  reading
  comprehension.
- Paragraph Reading with Contextual Clues: Introduce short paragraphs about familiar topics,

accompanied by tactile representations of key words.

- Materials:
- Raised or embossed sentence strips
- Tactile storybooks with simple paragraphs
- Flashcards combining tactile symbols and words

### 3. Blind and Hard of Hearing

**Approach:** Use braille text, auditory support, and tactile objects to reinforce reading skills.

• Activities:

words within it.

- Braille Word Hunts: Give students a short braille sentence and have them find specific
- Auditory Paragraph Reading: Play a recording of a short paragraph and have the student follow along in braille.
- Tactile Story
  Reading: Introduce a
  tactile book with
  braille sentences and
  matching objects for
  context.
  - Materials:
- Braille storybooks and sentence cards.

- Audio recordings of sentences and paragraphs
- Tactile symbols or objects representing words in the text
- **4. Deaf and Blind Approach:** Focus on tactile text and objects with hand-over-hand guidance to support reading comprehension.
  - Activities:
- Tactile Sentence
  Tracing: Use raised or
  braille text and guide
  students to trace and
  read sentences with
  their fingers.
- Paragraph Reading with Object Cues:
   Provide a tactile object for each key word in a short paragraph to support understanding.
- Daily Routine
  Reading: Integrate
  reading into daily
  routines, such as
  matching braille labels
  to objects in the
  classroom.
  - Materials:
- Tactile or braille sentence and paragraph books
- Real objects paired with corresponding braille text

		• Hand-over-hand tools
		assistance
7. Retrieve specific information from simple sentences.	<ul> <li>Multisensory Learning:         <ul> <li>Use tactile, visual, and auditory aids to make the content accessible.</li> </ul> </li> <li>Concrete Examples:         <ul> <li>Present information in sentences related to familiar objects, routines, or scenarios.</li> </ul> </li> <li>Reinforcement and Context:         <ul> <li>Reiterate key information through repetition and context-based activities.</li> </ul> </li> <li>Individualized Support:         <ul> <li>Tailor activities and materials to each student's sensory abilities and learning pace.</li> </ul> </li> </ul>	for tracing and reading
		apple picture) and ask students to retrieve the correct detail.  • Materials:
		<ul> <li>Materials:</li> <li>Large-print sentence strips</li> <li>Visual aids, such as images or diagrams</li> <li>Amplified audio for sentence reading</li> </ul>
		2. Deaf and Low Vision

**Approach:** Combine tactile text, sign language, and visual symbols to extract information.

- Activities:
- Sign-and-Point
  Activity: Provide a
  sentence (e.g., "The
  bird is blue") in raised
  text and ask students to
  point to a tactile bird
  that matches the
  description.
- Tactile Question Cards: Present a tactile sentence and a set of raised question cards (e.g., "What is blue?").
- Fill-the-Blank:
  Provide raised sentences

with missing words and have students retrieve the correct information to complete them.

- Materials:
- Raised or tactile sentence strips
- Tactile flashcards with corresponding objects or symbols
- Visual aids for enhanced comprehension
- 3. Blind and Hard of Hearing

**Approach:** Use braille text, tactile objects, and auditory cues to convey and extract information.

#### • Activities:

#### • Tactile Clue Hunts:

Present a braille sentence (e.g., "The ball is round") and have students identify the object from a tactile selection.

- Audio Prompts with Braille: Read a sentence aloud and ask students to find the specific information in a braille version of the text.
- Sentence Strip Sorting: Provide braille sentence strips and ask students to sort them based on specific details (e.g., color, size).

#### • Materials:

- Braille sentence cards
- Tactile objects representing key details in the text
- Audio recordings for reinforcement

#### 4. Deaf and Blind

**Approach:** Use tactile text, objects, and hand-over-hand guidance to help students retrieve

specific information.

- Activities:
- Object-Based

Questions: Present a tactile sentence (e.g., "The chair is tall") and guide the student to find a tall chair from a set of objects.

- Matching Activities:
  Pair tactile sentence
  strips with
  corresponding objects
  and ask students to
  retrieve the correct
  match.
- Guided Exploration:
  Use hand-over-hand
  techniques to help
  students read tactile
  sentences and locate
  specific details.
  - Materials:
- Tactile or braille sentence cards
- Real objects to match with sentences
- Hand-over-hand learning tools

### **General Activities for All Groups**

- 1. Reading and Sorting:
- Provide a sentence and ask students to identify specific details (e.g., "Find the red apple" in a set of tactile or visual

8. Do different kinds of comprehension tasks (answering verbally, matching, action, etc.)	<ul> <li>□ Accessible Communication: <ul> <li>Use tactile, visual, auditory, or alternative communication methods for questions and responses.</li> <li>□ Multi-modal Interaction: <ul> <li>Provide varied ways to demonstrate comprehension, such as verbal, tactile, visual, or physical actions.</li> </ul> </li> <li>□ Familiar Contexts: <ul> <li>Use sontances and tasks related</li> </ul> </li> </ul></li></ul>	options).  2. Yes/No Questions:  • Read or present a sentence (e.g., "The sun is hot") and ask yes/no questions (e.g., "Is the sun hot?").  3. Simple Story Questions:  • Read a short story and ask students to retrieve specific details (e.g., "What did the boy eat?").  4. Matching Cards:  • Use sentence cards and picture or object cards to create a matching game for specific details.  1. Hard of Hearing and Low Vision  Approach: Combine large-print text, visuals, and amplified sound to facilitate comprehension tasks.  • Activities:  • Answering Verbally: Ask comprehension
action, etc.)	or physical actions.	
		them with written or

spoken sentences. • Action-Based Tasks: Read a command (e.g., "Touch the red apple") and have the student perform the action. • Materials: Large-print text and high-contrast visual aids • Amplified audio recordings of sentences or questions • Real objects or picture cards 2. Deaf and Low Vision Approach: Use tactile supports, sign language, and high-contrast visuals for comprehension. • Activities: • Tactile Matching: Provide raised or tactile sentence strips and matching objects (e.g., "This is a soft pillow"). • Sign-to-Tactile **Comprehension:** Present a signed question and have the student find the answer using tactile objects. • Guided Actions: Use tactile symbols with action commands (e.g., "Place the block in the box") for students to

execute.

- Materials:
- Raised-text sentence cards
- Tactile objects or symbols for matching
- Visual aids for enhanced clarity

### 3. Blind and Hard of Hearing

**Approach:** Leverage braille text, tactile objects, and auditory cues for comprehension.

- Activities:
- Braille Questioning:

Provide a braille sentence and ask comprehension questions using simple auditory cues.

• **Object Identification:** Present a tactile

sentence (e.g., "The cat is small") and have the student identify the described object.

- Interactive Commands: Guide the student to perform an action based on a braille command (e.g.,
  - "Pick up the ball").

     Materials:
- Braille sentence cards and tactile objects
- Audio recordings for instructions or prompts

• Tactile symbols or pictures 4. Deaf and Blind **Approach:** Utilize tactile text, objects, and hand-over-hand assistance for comprehension tasks. • Activities: • Tactile Question-and-**Answer:** Present a tactile sentence (e.g., "The cup is on the table") and ask the student to locate the correct objects. • Matching Task: Provide tactile cards and objects for the

- student to pair based on a sentence description.
- Action-Based **Response:** Read a tactile command (e.g., "Stand up") and guide the student to perform the action.
  - Materials:
- Tactile or braille text
- Real objects for handson exploration
- Hand-over-hand tools for guided actions

**General Activities for All Groups** Story-Based

		Questions:
		• Read or present a short
		story and ask
		comprehension questions
		(e.g., "What did the
		boy find?"). 1. <b>Picture/Action</b>
		Matching:
		• Provide sentences and
		corresponding visual
		or tactile
		images/actions for
		matching tasks.
		2. Action Responses:
		• Give commands
		(spoken, tactile, or
		signed) and have
		students perform
		actions (e.g., "Clap
		your hands").
		3. Sentence
		Completion:
		• Provide a sentence with
		a missing word (e.g.,
		"The apple is")
		and ask students to fill
		in the blank.
Writing		4 ** 1 0 **
1. Hold pencil	<ul><li>Sensory Accessibility:</li><li>Adapt materials and tools for</li></ul>	1. Hard of Hearing and
correctly to	• Adapt materials and tools for students' sensory abilities	Low Vision
gain control to	(tactile, auditory, and visual).	Approach: Use
draw lines,	☐ Motor Skill Development:	enlarged visuals, tactile
curves, circles,	<ul> <li>Focus on strengthening fine</li> </ul>	lines, and verbal
etc.	motor control through guided	instructions to guide
	practice and interactive activities.	pencil control.
	activities.  Multisensory Approach:	• Activities:
	• Use textures, shapes, and other	• Tactile Tracing:
	sensory aids to guide pencil	Provide worksheets
	movement.	with raised or textured

☐ Individualized Support:  • Provide one-on-one guidance, hand-over-hand assistance, and adaptive tools as needed.	lines, curves, and circles for students to trace.  • Guided Practice: Use a weighted pencil or pencil grip to help the student hold the pencil correctly while tracing.  • Visual Models: Use high-contrast shapes or outlines as visual guides.  • Materials:  • Large-print and high-contrast tracing sheets  • Textured or raised-line worksheets  • Pencil grips and weighted pencils
	<ul> <li>2. Deaf and Low Vision Approach: Focus on tactile-based activities with clear physical guidance to develop control.</li> <li>Activities:</li> <li>Hand-over-Hand Assistance: Guide the student's hand to demonstrate correct pencil grip and movement.</li> <li>Tactile Worksheets: Use raised-line worksheets or textured templates to practice drawing lines, curves, and circles.</li> </ul>

- Shape Recognition:
  Incorporate tactile
  shapes to help students
  understand what they
  are drawing.
- Materials:
- Tactile templates for lines, curves, and shapes
- Raised-line paper and adaptive pencils
- Non-slip mats to stabilize the writing surface

### 3. Blind and Hard of Hearing

**Approach:** Use braille-based tools, tactile feedback, and verbal instructions to support writing.

- Activities:
- Tactile Letter Boards: Use boards with grooved paths for students to trace lines, curves, and shapes.
- Pencil Control
  Games: Include fun
  activities like drawing
  through a tactile maze
  to build fine motor
  skills.
- Auditory
  Reinforcement: Pair
  tactile tasks with verbal
  cues for guidance.
- Materials:

- Grooved tracing boards or templates
- Tactile worksheets with embossed shapes
- Adapted pencils with grips

#### 4. Deaf and Blind

**Approach:** Provide tactile-based, hand-overhand instruction to guide pencil movement.

- Activities:
- Hand-over-Hand Drawing: Help the student hold the pencil correctly and guide their hand through drawing lines, curves, and shapes.
- Tactile Tracing: Use raised or textured patterns for tracing exercises.
- Exploration of Shapes: Provide tactile shapes for students to feel before they attempt to draw them.
- Materials:
- Raised-line and textured tracing sheets
- Adaptive pencil grips for easier handling
- Real objects to match tactile shapes for context (e.g., a toy car for a curved path)

## **General Activities for All Groups**

#### 1. Guided Tracing:

 Provide templates with lines, curves, and circles that students can trace with physical or verbal guidance.

### 2. Reinforcement Activities:

• Use repetitive exercises to strengthen pencil grip and control.

#### 3. Drawing Games:

• Incorporate simple drawing activities like connecting dots or following paths to engage students.

### 4. Pencil Practice Tools:

• Use adaptive tools like pencil grips, weighted pencils, or tracing boards.

#### **Materials Needed**

- Large-print, tactile, or raised-line tracing sheets
- Adaptive pencils with grips or weights
- Non-slip writing mats to stabilize the paper
- Textured templates for lines, curves, and shapes

		General Tips for Success 1. Focus on Comfort:  • Ensure students are seated comfortably and have proper posture while writing. 2. Start Simple:  • Begin with basic shapes and lines before progressing to more complex forms. 3. Celebrate Progress: 4. Provide positive reinforcement to encourage confidence and persistence. 5. Be Patient and Flexible:  • Adapt the pace and difficulty level to each student's needs and abilities.
2. Develop hand-eye coordination through drawing lines and patterns.	1. Accessible Materials:	1. Hard of Hearing and Low Vision Approach: Leverage enlarged visuals, textured patterns, and verbal instructions to guide hand-eye coordination tasks.  • Activities: • Tracing Patterns: Provide large, high-contrast patterns (e.g., zigzags, spirals) for students to trace with a pencil or finger. • Dot-to-Dot Drawing: Use

senses (e.g., touch and sound) to support coordination.	enlarged dot-to-dot worksheets with bold markers to connect lines.  • Pattern Matching: Have students match their lines with a provided example.  • Materials:  • High-contrast, large-print patterns and tracing sheets  • Thick pencils or markers with grips  • Rulers or guides for drawing straight lines
	<ul> <li>2. Deaf and Low Vision Approach: Focus on tactile-based activities and hand-over-hand guidance to promote coordination. <ul> <li>Activities:</li> </ul> </li> <li>Tactile Pattern Tracing: Provide raised or textured patterns (e.g., bumpy or grooved lines) for students to follow with their fingers or pencils.</li> <li>Hand-over-Hand Guidance: Guide the student's hand to trace patterns or draw lines while explaining the process using tactile communication.</li> <li>Textured Shapes: Encourage drawing over</li> </ul>
	textured stencils to reinforce hand-eye coordination.  • Materials:  • Raised-line worksheets and tactile patterns  • Adaptive pencils with

• Adaptive pencils with

grips

- Non-slip mats to stabilize writing surfaces
- 3. Blind and Hard of Hearing Approach: Utilize tactile worksheets, braille patterns, and auditory reinforcement to support activities.
  - Activities:
- Tactile Line Drawing: Use grooved tracing boards to practice drawing lines and patterns.
- Braille Patterns: Introduce braille-based patterns for tracing and reinforcement.
- Auditory Cues: Use verbal prompts or recorded instructions to guide students through the activity.
  - Materials:
- Grooved tracing boards and tactile patterns
- Braille worksheets with simple patterns.
- Adapted pencils or styluses
- 4. Deaf and Blind
  Approach: Provide
  tactile-based, step-bystep guidance with realtime hand-over-hand
  support.
  - Activities:
- Hand-over-Hand Drawing: Guide the student to draw simple lines and patterns

		using raised templates
		using raised templates.
		• Tactile Tracing: Use
		textured lines or patterns
		for the student to feel and
		replicate.
		• Shape Exploration:
		Introduce patterns by
		letting students explore
		tactile shapes before
		drawing them.
		<ul><li>Materials:</li></ul>
		Raised-line and textured
		pattern worksheets
		Adaptive drawing tools
		like pencil grips
		• Tactile symbols and stencils
		Stellells
		General Activities for
		All Groups
		• Shape Tracing:
		<ul><li>Provide outlines of basic</li></ul>
		shapes (e.g., squares,
		triangles) for students to
		trace and fill.
		• Line Drawing Games:
		<ul><li>Use fun activities like</li></ul>
		drawing paths to connect
		objects (e.g., a cat to a ball
		of yarn).
		Progressive Patterns:
		• Start with straight lines
		and progress to curves,
		zigzags, and more
		complex patterns.
		Guided Practice:
		• Encourage peer or teacher
		interaction to support
		accuracy and build
		confidence.
3. Trace the	☐ Accessible Formats:	1. Hard of Hearing and
letters and	<ul> <li>Provide materials that are</li> </ul>	_
		Low vision
write them	tactile, visual, or auditory	Low Vision  • Approach: Use enlarged
write them.		• Approach: Use enlarged letters, high-contrast

**Engage multiple senses** visuals, and tactile aids to support tracing and (touch, sight, sound) to reinforce letter recognition writing. and writing. Activities: ☐ Progressive Approach: • Raised Letter Tracing: Start with tracing and Provide large, raised gradually encourage letters for tactile tracing independent writing. with a finger or pencil. ☐ Individualized Guidance: • Highlighted Guides: Use Offer hand-over-hand bold, high-contrast support and adaptive tools as guidelines to help the required. student trace and write within boundaries. • Visual-to-Print Matching: Display a large printed letter and ask the student to trace and write it. **Materials:** • High-contrast tracing sheets with bold letters • Textured letter templates • Thick pencils or markers with grips 2. Deaf and Low Vision Approach: Focus on tactile-based materials and hand-over-hand guidance to develop writing skills. **Activities:** • Tactile Tracing: Provide raised or grooved letter templates for students to trace with their fingers or pencils. • Hand-over-Hand Support: Guide the student's hand to demonstrate how to trace and write each letter. • Reinforced Practice: Pair tracing with tactile exploration of letter

shapes.

#### Materials:

- Raised-line letter tracing sheets
- Tactile letter cards or blocks
- Adaptive writing tools like grips or styluses

### 3. Blind and Hard of Hearing

- Approach: Use braillebased tools and tactile reinforcement to teach letter formation.
- Activities:
- Braille-Letter Tracing: Introduce braille letters alongside raised print letters for tactile tracing.
- Guided Writing Boards:
   Use grooved boards to
   help students form letters
   accurately.
- Auditory Guidance: Provide spoken instructions to complement tactile tracing.
- Materials:
- Braille and tactile letter templates
- Grooved writing boards or letter stencils
- Adaptive writing instruments like braille styluses
- 4. Deaf and Blind
  Approach: Focus
  entirely on tactile
  resources and real-time
  hand-over-hand
  guidance.

		Activities:
		Hand-over-Hand Writing:
		Assist the student in
		tracing and writing letters
		by guiding their hand
		through the motions.
		• Tactile Exploration: Use
		3D letter models for
		students to feel before
		tracing or writing.
		• Tracing Paths: Provide
		raised-line or textured
		letters for tactile tracing.
		• Materials:
		• Raised-line tracing sheets and textured templates
		<ul> <li>Adaptive pencils or</li> </ul>
		styluses
		• 3D letter models
		<b>General Activities for</b>
		All Groups
		• Progressive Tracing:
		• Start with tracing over
		thick, bold lines and
		gradually move to finer
		lines.
		• Reinforce with Play:
		• Use letter-shaped toys or objects to make tracing fun
		and engaging.
		• Writing Practice Games:
		• Incorporate matching
		games or puzzles that
		involve tracing and writing
		letters.
4. Form lower	1. Accessible Techniques:	1. Hard of Hearing and
and upper case	o Provide tactile, visual,	Low Vision
letters of	or auditory tools based on each	Approach: Use enlarged
regular size	student's sensory	letters, high-contrast
and shape.	abilities.	visuals, and tactile
	2. Skill Progression:	guides to help students
	<ul> <li>Begin with tracing</li> </ul>	form letters.
		iorm letters.

and advance to freehand writing.

- 3. Reinforcement and Feedback:
  - Offer consistent guidance, feedback, and repetition to build mastery.
- 4. Engagement:
  - Use interactive and multisensory methods to maintain interest and improve understanding.

#### Activities:

- Guided Letter Formation: Provide large, bold templates of upper and lowercase letters for students to trace and copy.
- Visual Matching: Display uppercase and lowercase letters side by side for visual comparison.
- Practice with Guidelines: Use writing paper with thick, bold lines to define letter height (top, middle, bottom).

#### Materials:

- High-contrast tracing sheets with bold uppercase and lowercase letters
- Adaptive pencils or markers with ergonomic grips
- Ruled paper with enlarged and bold guidelines
- 2. Deaf and Low Vision Approach: Focus on tactile and hand-overhand guidance to teach letter shapes and sizes.
  - Activities:
- Tactile Tracing and Writing: Use raised or textured templates for students to trace uppercase and lowercase letters.
- Hand-over-Hand Support: Guide the student in forming letters while explaining tactile cues.
- Tactile Matching: Provide tactile examples of uppercase and lowercase letters for students to feel

and replicate.

#### • Materials:

- Raised-line tracing sheets with distinct letter size guides
- 3D letter models or tactile flashcards
- Adapted writing instruments like thick pencils or styluses

## 3. Blind and Hard of Hearing Approach: Incorporate tactile and braille tools to teach letter formation.

#### Activities:

- Grooved Letter Formation: Use grooved boards or stencils to guide the student's writing motion.
- Braille and Print Practice: Introduce braille dots for tactile exploration alongside raised print letters for tracing.
- Audio Guidance: Provide recorded instructions or verbal prompts for forming letters.
- Materials:
- Tactile tracing templates and grooved writing boards
- Adaptive pencils with grips or braille styluses
- Braille labels for uppercase and lowercase letters

## 4. Deaf and Blind Approach: Utilize fully

## tactile methods with real-time hand-over-hand support.

#### Activities:

- Hand-over-Hand Writing: Guide the student's hand to form letters with consistent size and shape.
- Tactile Letter Exploration: Use 3D letter models for students to explore before writing.
- Raised Template Writing: Provide raised-line templates to help the student maintain size and shape while writing.

#### Materials:

- Raised-line tracing sheets or textured stencils for tactile guidance
- Non-slip mats to stabilize writing surfaces
- Adaptive tools like ergonomic styluses

## General Activities for All Groups

#### 1. Size Practice:

• Use templates with clear size differentiation (uppercase larger, lowercase smaller).

## 2. Reinforcement Through Play:

- Engage students with letter puzzles or games that involve matching and writing.
- Peer Interaction:
- Pair students to practice forming letters together, enhancing social

spacing between words.    Consistency and Reinforcement:   Provide structured activities with clear feedback to build confidence and accuracy.	lines and tactile tools to support line alignment and spacing.  • Activities:  • Guided Line Writing: Provide bold, high-contrast lined paper with marked margins to guide writing direction.  • Spacing Tools: Use a spacer card or finger to help students maintain even spacing between words.  • Practice with Patterns: Start with dotted lines or patterns to reinforce writing in straight lines.  • Materials:  • High-contrast ruled paper with bold lines  • Spacer cards or templates with slots for letters and spaces  • Adaptive pencils with grips for better control  2. Deaf and Low Vision Approach: Focus on tactile line guides and direct instruction to
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#### support writing skills.

#### Activities:

- Tactile Line Writing: Use textured or raised-line paper to guide students in maintaining a straight line.
- Hand-over-Hand Support: Provide initial assistance to ensure proper alignment and spacing.
- Tactile Markers for Spacing: Introduce small tactile markers (e.g., dots) to indicate word spacing.

#### Materials:

- Raised-line paper or writing boards with tactile boundaries
- Word spacer tools (e.g., textured rulers or tactile strips)
- Ergonomic writing tools like thick pencils or adaptive grips

# 3. Blind and Hard of Hearing Approach: Emphasize tactile writing aids and braille overlays to ensure alignment and spacing.

#### Activities:

- Grooved Writing Boards: Use boards with grooves to guide the student's hand along a straight line.
- Braille Guides: Incorporate tactile markers or braille overlays to denote line beginnings and spacing.
- Auditory Prompts: Provide

verbal instructions for alignment and spacing during practice.

#### Materials:

- Grooved or tactile-lined boards
- Braille spacers and tactile word templates
- Adaptive pens or pencils with strong grip features

#### 4. Deaf and Blind Approach: Rely on tactile-only resources and guided support to teach alignment and spacing.

#### Activities:

- Hand-over-Hand Practice:
   Use guided hand-overhand writing to
   demonstrate line alignment
   and spacing.
- Tactile Line Indicators:
   Provide raised or textured lines for the student to follow.
- Tactile Spacing Tools: Use small physical objects (e.g., beads) as spacing indicators between words.

#### Materials:

- Raised-line paper with tactile spacing aids
- Non-slip mats to stabilize the writing surface
- Adaptive styluses or ergonomic grips

## General Activities for All Groups

#### 1. Line Alignment

		Games:
		• Use fun activities like
		tracing straight-line patterns or playing with
		tactile writing paths.
		• Spacing Practice:
		• Encourage students to use
		spacer tools or fingers to
		practice even word
		spacing.
		2. Progressive
		Writing:
		• Start with tracing straight lines and progress to
		writing freehand with
		guided aids.
		3. Peer Activities:
		• Pair students for
		collaborative tasks where
		they check each other's alignment and spacing.
6. Copy letters	1. Multisensory Approach:	1. Hard of Hearing and
and highly	<ul> <li>Incorporate tactile,</li> </ul>	Low Vision
frequent	visual, and auditory	Approach: Use high-
familiar words	cues to aid in copying and reproduction.	contrast visuals and
and phrases	2. Gradual Progression:	enlarged text for
correctly and	o Begin with tracing,	copying tasks.
reproduce	then move to copying,	Activities:
them.	and finally	Guided Tracing and
	reproducing independently.	Copying: Provide bold and
	3. Reinforcement:	enlarged letters or words
	<ul> <li>Use repetition and</li> </ul>	for students to trace, then
	positive feedback to	copy.  • Line-by-Line Copying:
	build confidence and memory.	Encourage students to
	4. Relevance:	copy one word or letter at
	<ul> <li>Choose familiar and</li> </ul>	a time onto bold-lined
	meaningful words	paper.  • Visual Matching: Show a
	(e.g., names, common objects) for practice.	• Visual Matching: Show a word alongside its
	objects) for practice.	corresponding picture to
		enhance word recognition.
		<ul><li>Materials:</li></ul>

- High-contrast tracing sheets with bold letters and words
- Ruled paper with thick lines for clear writing alignment
- Adaptive pencils or markers with ergonomic grips
- 2. Deaf and Low Vision Approach: Focus on tactile guidance and clear instructions for accurate copying.
  - Activities:
- Tactile Tracing and Copying: Use raised-line templates or textured letters for tracing before copying.
- Word Matching Activity: Provide tactile flashcards of letters and words for students to match and copy.
- Hand-over-Hand Support: Assist students in copying words using hand-overhand techniques.

#### Materials:

- Raised-line tracing sheets for tactile feedback
- Tactile word and letter flashcards
- Adaptive writing tools such as thick pencils or styluses
- 3. Blind and Hard of Hearing Approach: Integrate braille, tactile aids, and

## auditory guidance for word copying.

- Activities:
- Braille and Print Matching: Provide braille and print word examples for students to copy.
- Tactile Writing Boards:
   Use grooved writing boards to guide letter and word formation.
- Auditory Prompts: Play recordings of words or letters for students to replicate.

#### Materials:

- Braille and raised-letter templates for copying practice
- Grooved writing boards for tactile guidance
- Adaptive writing tools like braille styluses
- 4. Deaf and Blind
  Approach: Use fully
  tactile methods and
  direct hand-over-hand
  support to aid in
  copying.
  - Activities:
- Hand-over-Hand Tracing and Copying: Provide direct guidance to help students trace and copy words and letters.
- Tactile Matching: Use tactile cards or models of words and letters for exploration and reproduction.
- Structured Practice: Gradually reduce

	I	oppistons th- t 1 t
		assistance as the student becomes more confident.
		Materials:
		• Raised-line tracing sheets
		or textured templates
		Tactile word and letter
		models
		Adaptive styluses or
		ergonomic grips for
		writing
		General Activities for
		All Groups
		1. Frequent Word
		Practice:
		• Focus on copying
		common, meaningful
		words such as names,
		family members, or
		classroom objects.
		2. Interactive
		Games:
		• Introduce fun activities
		like matching written words to pictures or
		objects.
		3. Group Practice:
		Pair students to practice
		copying and reproducing
		words collaboratively.
		4. Real-Life
		Contexts:
		• Incorporate words and
		phrases from familiar settings (e.g., "I am a
		student," "This is a ball").
7. Combine	☐ Multisensory Approach:	1. Hard of Hearing and
and recombine	• Use tactile, visual, and	Low Vision
different	auditory cues to support	Approach: Provide high-
letters to form	understanding of letter and word formation.	contrast, visual materials
words, and put	☐ Step-by-Step Guidance:	with auditory
the words in	• Teach letter combination,	reinforcement as needed.
	<u> </u>	Activities:

correct order to form simple sentences.	word formation, and sentence structuring incrementally.  Interactive Learning:  • Make the activity engaging through hands-on materials and collaborative tasks.  Focus on Familiar Content:  • Use words and phrases that are relevant to the students' daily lives and environments.	<ul> <li>Letter Tiles and Word Cards: Use bold, high-contrast letter tiles to create words and simple sentences.</li> <li>Word Building Games: Encourage students to combine letters to form familiar words (e.g., "c-a-t").</li> <li>Sentence Strips: Provide pre-made sentence strips with missing words for students to complete using letter or word tiles.         <ul> <li>Materials:</li> <li>High-contrast letter and word cards</li> <li>Magnetic boards with large, bold letters for arranging words</li> <li>Visual sentence templates with color-coded cues</li> </ul> </li> <li>Deaf and Low Vision Approach: Emphasize tactile and visual aids with explicit guidance.         <ul> <li>Activities:</li> <li>Tactile Letter Blocks: Use raised or textured letter blocks for combining and recombining to form words.</li> <li>Word Assembly Mats: Provide mats with tactile slots for placing letters to form words.</li> <li>Sentence Formation Puzzle: Create puzzles where tactile words fit together to form simple sentences.</li> </ul> </li> </ul>
		<ul><li>Materials:</li></ul>

- Raised-letter tiles or textured blocks
- Tactile sentence-building templates
- Large-print or tactile sentence strips
- 3. Blind and Hard of Hearing Approach: Utilize tactile methods and braille resources for letter and word assembly.
  - Activities:
- Braille Letter Building: Provide braille letter tiles to form words and combine them into sentences.
- Tactile Word Sorting:
   Give students braille word
   cards to arrange into
   correct sentence order.
- Auditory Prompts: Offer verbal guidance or audio cues for building and ordering sentences.
  - Materials:
- Braille letter tiles or word cards
- Tactile sentence-building mats
- Grooved boards for aligning braille words and sentences
- 4. Deaf and Blind Approach: Use fully tactile resources and direct hand-over-hand support to facilitate learning.

#### Activities:

- Tactile Letter Matching: Provide raised letters for exploration and combining into words.
- Sentence Assembly with Tactile Cards: Use tactile cards with braille or raised-text words for arranging sentences.
- Guided Practice: Provide hand-over-hand assistance during initial attempts at word and sentence formation.

#### Materials:

- Raised or braille letter and word cards
- Tactile sentence-building templates with grooved lines
- Adaptive boards for arranging tactile sentences

## General Activities for All Groups

## 1. Word Creation Challenges:

 Provide a set of letters and ask students to create as many words as possible.

## 2. Sentence Building Games:

 Offer a group of words and have students rearrange them to form meaningful sentences.

## 3. Interactive Story Building:

• Use familiar words to create short, relatable sentences (e.g., "I like a dog").

		4. Guided Practice:
		Begin with model sentences before
		encouraging students to
		create their own.
8. Use correct	1. Multisensory Learning:	
	<ul><li>Combine tactile,</li></ul>	1. Hard of Hearing and
spelling of	visual, and auditory	Low Vision
words.	methods to support	Approach: Provide high-
	spelling accuracy.	contrast materials and
	2. Repetition and Practice:	visual aids for spelling
	o Reinforce correct	practice.
	spelling through	Activities:
	repeated exposure	• Tracing and Writing:
	and practice. 3. Gradual Progression:	Students trace words on
	<ul><li>Start with simple,</li></ul>	high-contrast templates
	familiar words and	and then write them
	gradually move to	independently.
	more complex ones.	• Letter Matching Games:
	4. Contextual Learning:	Provide a word with
	<ul> <li>Use words from the</li> </ul>	missing letters and ask
	student's daily life	students to fill in the
	and learning	blanks.
	environment to	• Visual Spelling Puzzles:
	increase relevance.	Create puzzles where
		students arrange letter
		cards to form words.
		<ul><li>Materials:</li></ul>
		High-contrast tracing
		sheets with large print
		Magnetic or foam letter
		sets for tactile spelling
		Enlarged flashcards with
		pictures and corresponding
		spellings
		2. Deaf and Low Vision
		Approach: Focus on
		tactile and visual
		reinforcement with
		step-by-step spelling
		exercises.
		<ul><li>Activities:</li></ul>
		• Tactile Letter Assembly:

- Use textured letter tiles for students to arrange into correct spellings.
- Tactile Word Templates: Provide raised-line templates for tracing and copying words.
- Word Exploration: Pair tactile flashcards of words with related objects or pictures for association.

#### Materials:

- Textured or raised-letter tiles for arranging spellings
- Raised-line writing paper for guided practice
- Tactile flashcards with braille or raised letters

## 3. Blind and Hard of Hearing Approach: Leverage braille materials and auditory guidance to teach correct spellings.

#### Activities:

- Braille Word Formation:
   Use braille letter tiles to
   spell out words and match
   them to objects.
- Auditory Spelling Practice: Provide verbal cues or recorded spellings for students to replicate.
- Word Sorting: Offer braille word cards for students to arrange and check for accuracy.

#### Materials:

- Braille letter tiles or embossers
- Raised-line boards for

writing in braille

- Audio recordings of spellings
- 4. Deaf and Blind Approach: Focus entirely on tactile methods with intensive hand-over-hand support initially.
  - Activities:
- Tactile Spelling Boards: Provide grooved boards where students can place raised letters to form words.
- Hand-over-Hand Writing Practice: Guide students in writing correct spellings using tactile templates.
- Object-Word Matching: Pair tactile word cards with physical objects for contextual learning.
  - Materials:
- Tactile boards or grooved writing templates
- Raised-letter and braille word cards
- Adaptive writing tools for precise spelling practice

## **General Activities for All Groups**

- 1. Memory Games:
- Use letter or word matching games to reinforce spelling through repetition.
  - 2. Word Completion Exercises:
- Provide incomplete words

9. Write simple phrases and sentences independently.	<ul> <li>Scaffold Learning:</li> <li>Begin with guided practice and gradually encourage independent writing.</li> <li>Use Familiar Contexts:</li> <li>Incorporate phrases and sentences that are relevant to the students' daily lives.</li> <li>Multisensory Methods:</li> <li>Utilize visual, tactile, and auditory tools to support independent sentence writing.</li> <li>Frequent Practice:</li> <li>Provide repeated opportunities to practice with feedback.</li> </ul>	and ask students to fill in the missing letters.  3. Interactive Spelling Challenges:  • Engage students in simple activities like spelling aloud or forming words from scrambled letters.  4. Personalized Word Lists:  • Create word lists based on the student's name, objects, or concepts they frequently encounter.  1. Hard of Hearing and Low Vision Approach: Utilize high-contrast visual materials and structured templates for writing support.  • Activities:  • Phrase Completion: Provide partially written sentences for students to complete (e.g., "I like").  • Sentence Building with Picture Prompts: Show a picture and ask the student to write a sentence about it.  • Word Box Writing: Provide a set of words and guide the student to arrange them into sentences.  • Materials:  • High-contrast sentence-writing templates  • Picture cards with
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matching word prompts • Bold-lined paper for writing practice 2. Deaf and Low Vision Approach: Use tactile materials combined with large-print text for sentence-writing activities. • Activities: • Tactile Sentence Strips: Provide raised-line sentence strips for forming sentences. • Object Description Writing: Present a tactile object (e.g., a toy) and ask the student to write a descriptive sentence. • Guided Sentence Writing: Start with prompts like "I see a..." or "I have a..." for the student to complete. **Materials:** • Raised-line writing templates or tactile sentence boards • Large-print word and sentence prompts • Tactile objects related to writing prompts 3. Blind and Hard of Hearing Approach: Focus on braille tools and auditory prompts for

sentence-writing

**Activities:** 

exercises.

- Braille Sentence Building: Provide braille word cards for students to arrange into sentences.
- Auditory Prompts for Writing: Read aloud a simple phrase or sentence for the student to reproduce in braille.
- Sentence Dictation:
   Provide a short description or question and have the student write their response.
- Materials:
- Braille word tiles or embossers
- Raised-line or grooved paper for braille writing
- Audio devices for verbal instructions and prompts

#### 4. Deaf and Blind Approach: Provide fully tactile resources and hand-over-hand guidance as necessary.

- Activities:
- Tactile Sentence
   Formation: Use raised letters or braille cards for building sentences before writing.
- Guided Writing Practice: Provide hand-over-hand support to write simple phrases and sentences initially.
- Descriptive Sentence
   Prompts: Present tactile
   objects (e.g., a textured
   ball) and guide students to
   write descriptive
   sentences.
  - Materials:

		<ul> <li>Raised-letter or braille word cards</li> <li>Tactile writing boards with grooved lines</li> <li>Adaptive styluses or ergonomic pencils for writing</li> <li>General Activities for</li> <li>All Groups</li> <li>Sentence Scramble:</li> <li>Provide words on cards and ask students to arrange them into logical sentences before writing.</li> <li>Journal Writing:</li> <li>Encourage students to write a short phrase or sentence about their day.</li> <li>Sentence  Expansion:</li> <li>Start with a simple sentence (e.g., "I see a cat") and guide students to add details ("I see a black cat").</li> <li>Model and Write:</li> <li>Show an example sentence and have the student write a similar one</li> </ul>
10. Give basic	☐ Multisensory Approach:	independently.  1. Hard of Hearing and
personal	Integrate tactile, auditory, and visual methods to	Low Vision
information in writing (e.g.	reinforce the writing of	Approach: Utilize high-
name, address,	personal information.  ☐ Step-by-Step Guidance:	contrast, large-print materials and visual
age,	Start with guided practice	aids to support
nationality).	and gradually transition to independent writing.	students as they write
	☐ Familiar Contexts:	their personal
	<ul> <li>Use familiar and meaningful prompts related to the</li> </ul>	<ul><li>information.</li><li>Activities:</li></ul>
	students' lives.	• Activities: • Fill-in-the-Blank
	☐ Regular Practice:	Templates: Provide

 Provide multiple opportunities for students to practice writing personal details.

- worksheets with blank fields for students to write their name, age, address, and nationality.
- Guided Writing Practice: Show students large-print, high-contrast cards with prompts (e.g., "My name is \_\_\_\_") and encourage them to fill in the information.
- Personal Information
   Chart: Create a chart
   where students write their
   details and then share them
   with peers or teachers.

#### Materials:

- High-contrast worksheets with large print
- Visual prompts such as flashcards with relevant words
- Bold-lined paper or largeprint writing templates
- 2. Deaf and Low Vision Approach: Combine tactile and visual methods, using raisedline paper and guided writing aids.

#### Activities:

- Tactile Writing Templates: Use raised-line templates for tracing and writing basic personal information.
- Word Matching: Provide tactile word cards (e.g., "name," "age," "address") and have students match them to corresponding fields before writing.
- Interactive Personal Cards: Create tactile flashcards

where students fill in their personal details.

#### Materials:

- Raised-line paper or tactile writing boards.
- Braille or textured word cards
- Interactive writing boards with grooved spaces for filling in personal information

# 3. Blind and Hard of Hearing Approach: Use braille resources combined with auditory prompts to practice writing personal information.

#### Activities:

- Braille Writing Practice: Provide students with braille templates for writing their name, age, and other personal details.
- Auditory Prompts: Offer verbal instructions for students to write details in braille or tactile formats.
- Matching and Writing: Pair students with tactile word cards and ask them to write their personal information.

#### Materials:

- Braille writing boards or slate and stylus sets
- Audio recording devices for verbal prompts
- Tactile worksheets with spaces for braille writing

#### 4. Deaf and Blind

Approach: Focus on intensive tactile learning, using hand-over-hand support and interactive materials.

- Activities:
- Tactile Writing Practice:
   Use raised-line writing
   boards or grooved
   templates for students to
   write personal information
   with hand-over-hand
   guidance.
- Interactive Handwriting: Guide students' hands over tactile word cards to form words related to their personal details.
- Personal Information
   Board: Create a tactile
   board where students can
   fill in their name, age, and
   other details with textured
   letters.
- Materials:
- Raised-line or grooved writing boards
- Tactile cards with braille or raised letters
- Adaptive styluses for writing on textured surfaces

## General Activities for All Groups

- 1. Personal Information Flashcards:
- Use flashcards with different categories (name, age, etc.) for students to practice writing their responses.

Use structured prompts like "My name is " or "l am years old" to help students write their details.   Story Writing:   Encourage students to write a short personal introduction, such as "My name is I am years old."   A. Peer Sharing:   Pair students to practice writing and then share their personal information with each other.   Use visual, tactile, and auditory resources to help students develop fine moto control and writing skills.   Step-by-Step Guidance:   Provide structured practice with guidance, moving from model demonstrations to independent work.   Consistent Practice:   Encourage frequent and repetitive handwriting practice to reinforce skills.   Adaptive Tools:   Utilize tools and materials that cater to individual sensory and physical needs.   Letter Formation Practice: Use visual models of letters with directional arrows to help students form each letter correctly.	• Guided Writing: Have students trace letters and shapes with a finger before
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- High-contrast, bold-lined paper
- Large-print or tactile letter guides
- Visual aids like laminated letter cards with arrows for correct formation
- 2. Deaf and Low Vision Approach: Combine tactile and visual methods for guided and independent writing.
- Activities:
- Raised-Line Paper Practice: Provide paper with raised lines for students to trace over, helping them follow the correct writing path.
- Texture-Based Writing:
   Use textured writing tools
   or sandpaper letters for
   students to trace and learn
   letter shapes.
- Hand-Over-Hand Assistance: Guide students' hands to help them form letters and practice writing with support.
- Materials:
- Raised-line or braille paper
- Tactile letters or textured letter guides
- Sandpaper or other textured materials for letter formation
- 3. Blind and Hard of Hearing Approach: Focus on braille or tactile

learning combined with auditory guidance for writing skills.

- Activities:
- Braille Writing Practice:
   Use a slate and stylus or a braille writing device for students to practice forming letters and sentences.
- Auditory Handwriting Demonstration: Provide verbal instructions while guiding students' hands over tactile paper to show letter formation.
- Tracing Over Grooved Templates: Use grooved templates that guide students' hands to form letters accurately.
- Materials:
- Braille slate and stylus or electronic braille writer
- Tactile, grooved templates for guided writing
- Audio devices for verbal instruction and feedback
- 4. Deaf and Blind Approach: Utilize intensive tactile methods with handover-hand guidance for all writing practice.
- Activities:
- Tactile Letter Formation: Provide raised-line or textured writing boards for students to feel and trace letters with their fingers.
- Guided Handwriting: Use hand-over-hand assistance

to guide students through the process of forming each letter.
Word and Sentence     Tracing: Help students     trace words and sentences
with their fingers before attempting them independently.
<ul><li>Materials:</li><li>Raised-line or tactile</li></ul>
writing boards
• Tactile letters and objects to represent different letter shapes
<ul> <li>Adaptive writing tools such as thicker pencils or special grips for easier handling</li> </ul>

### Class 2 English

Learning Outcomes	Basis of adaptation	
Listening		
1. Identify and discriminate sounds.	<ul> <li>□ Multisensory Approach:         <ul> <li>• Incorporate auditory, tactile, and visual strategies to make sound identification meaningful.</li> <li>□ Individualized Support:                 <ul> <li>• Tailor activities to each student's sensory needs and abilities, providing one-on-one guidance if necessary.</li> <ul> <li>□ Engagement Through Interaction:</li></ul></ul></li></ul></li></ul>	<ol> <li>Hard of Hearing and Low Vision</li> <li>Approach: Combine high-contrast visual aids with auditory prompts and interactive materials.</li> <li>Activities:</li> <li>Sound Matching Cards: Create tactile cards with different sound representations (e.g., a rattle for a shaking sound, a bell for a ringing sound). Have students match these with corresponding sounds played aloud.</li> <li>Auditory Discrimination Games: Play a series of</li> </ol>

#### **Instructions:**

 Use clear, concise instructions and reinforce them with physical cues or demonstrations.

- sounds and ask students to identify or differentiate between them, using visual cues such as flashing lights or high-contrast cards.
- Sound Sorting: Provide objects or images representing different sounds and ask students to sort them according to the sounds they make.

#### Materials:

- Tactile and high-contrast cards
- Audio devices for sound playback
- Flashing light toys or simple visual aids to signal when a sound is played

#### 2. Deaf and Low Vision Approach: Use tactile and visual elements combined with auditory cues to engage students.

#### Activities:

- Tactile Sound Boards: Use boards with different textures and objects that represent various sounds (e.g., a soft fabric for a whooshing sound, rough paper for a crinkling sound).
- Guided Sound Recognition:
   Place objects on a table while playing the corresponding sounds. Help students feel each object as the sound is played to connect the sensation with the sound.
- Interactive Hand Clapping: Make a game out of clapping or tapping in response to specific sounds to develop

the ability to differentiate them.

#### Materials:

- Tactile sound boards or textured objects
- Audio devices for sound playback
- Hand clapping or tapping tools

3. Blind and Hard of Hearing Approach: Focus on tactile methods and auditory prompts to help students identify sounds.

#### • Activities:

- Sound-Object Pairing:
  Provide students with tactile
  objects and have them listen
  to corresponding sounds.
  Encourage them to match
  each sound with its object by
  touch.
- Guided Hand Movements: Use hand-over-hand assistance to help students feel and explore objects while listening to related sounds.
- Interactive Sound Sorting: Use distinct textures to represent different sounds and have students sort them into categories as they listen.

#### Materials:

- Tactile sound objects
- Audio devices for playing sounds
- Textured sorting boards or containers

#### 4. Deaf and Blind

Approach: Implement intensive tactile and hand-over-hand guidance to help students identify sounds.

#### • Activities:

- Hand-Over-Hand Sound Exploration: Place objects in the student's hand while playing sounds related to each item. Guide the student's hand to help them explore the object as they listen.
- Tactile Sound Matching: Use raised or textured cards with objects or symbols that represent sounds. Students can match these with the actual sound being played.
- Sound Recognition Through Vibration: Use vibrating devices that respond to different sounds, allowing students to feel the vibration as the sound plays.

#### Materials:

- Tactile sound cards or objects
- Audio devices or vibrating sound toys
- Guided hand-over-hand tools for tactile exploration

## General Activities for All Groups

- 1. Sound Identification Flashcards:
- Create flashcards that feature an object on one side and a corresponding sound that can be played.

2. Identify words that have the same initial, medial or final sound.	<ul> <li>□ Multisensory Input:         <ul> <li>Utilize auditory, tactile, and visual methods to identify and distinguish sounds.</li> <li>□ Incremental Learning:                 <ul> <li>Introduce sounds step by step, focusing on one position (initial, medial, or final) at a time.</li> <li>□ Accessible Formats:                     <ul> <li>Use tactile objects, large print, braille, or vibrating cues to represent sounds and words.</li> <li>□ Reinforcement Through Repetition:                         <ul> <li>Provide repeated opportunities to practice identifying matching sounds.</li> <li>□ Provide repeated opportunities to practice identifying matching sounds.</li> </ul> </li> </ul> </li> <li>□ Provide repeated opportunities to practice identifying matching sounds.</li> <li>□ Provide repeated opportunities to practice identifying matching sounds.</li> <li>□ Provide repeated opportunities to practice identifying matching sounds.</li></ul></li></ul></li></ul>	<ul> <li>Use games such as "Sound Bingo," where students match sounds to pictures or objects.</li> <li>3. Story Time with Sounds:</li> <li>Read stories and incorporate sound effects, encouraging students to identify and react to the sounds with tactile cues or gestures.</li> <li>4. Listening Stations:</li> <li>Set up stations with different sounds and objects for students to explore and learn to identify them independently or with support.</li> <li>1. Hard of Hearing and Low Vision Approach: Combine clear auditory cues with high-contrast visuals and tactile aids.</li> <li>Activities:</li> <li>Sound Sorting Boxes: Present words on high-contrast cards, and have students place them in boxes labeled with the same initial, medial, or final sound (e.g., "cat" and "car" in the same box for /k/ sound).</li> <li>Tactile Word Matching: Provide textured word cards where students can feel and identify words with similar sounds.</li> <li>Interactive Word Wheels: Use a tactile or visual wheel with sound categories (e.g., /b/, /p/) and ask students to</li> </ul>
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match words. Materials: • High-contrast or tactile word cards • Sound boxes labeled with large print or textures • Visual aids or simple tactile word wheels 2. Deaf and Low Vision Approach: Focus on tactile exploration and visual supports with minimal reliance on auditory input. **Activities:** • Braille Sound Sorting: Present words in braille or raised letters, and guide students to sort them by initial, medial, or final sound. • Tactile Symbol Matching: Use tactile symbols or objects to represent sounds (e.g., a bell for /b/) and pair them with corresponding words. • Sound Category Exploration: Create tactile charts where students group words with the same sound into columns or categories. Materials: • Braille or raised letter word cards • Tactile sound symbols or objects • Raised charts or tactile boards 3. Blind and Hard of

Hearing

Approach: Emphasize tactile materials and auditory cues for recognizing matching sounds.

- Activities:
- Tactile Sound Pairs: Use textured cards or objects to represent words, grouping those with the same sounds for students to match by touch.
- Hand-Over-Hand Sorting: Guide students in sorting tactile cards with words based on sound similarities.
- Sound and Object
   Connection: Provide physical objects related to words (e.g., a toy car for /k/ sound in "car") and encourage matching by sound category.
- Materials:
- Textured word cards or objects
- Sound playback devices for reinforcement
- Guided hand-over-hand tools
- 4. Deaf and Blind Approach: Rely entirely on tactile learning and physical interaction.
- Activities:
- Tactile Word Matching: Use raised or embossed word cards and guide students to match cards with similar sounds using hand-over-hand assistance.
- Tactile Sorting Boards: Provide sorting boards with tactile markers to categorize

	,	,
		words by their initial, medial, or final sounds.
		<ul><li>Sound Associations Through</li></ul>
		Objects: Use objects to
		represent words, grouping
		them into sound categories
		based on tactile features.
		Materials:
		Embossed or raised word cards
		Tactile sorting boards
		Objects related to word
		sounds for tactile exploration
		General Activities for All
		Groups
		1. Sound Sorting
		Games:
		• Create a game where
		students categorize tactile or visual word cards into sound
		groups.
		2. Word Puzzles:
		• Use tactile puzzles where
		students assemble words
		with the same initial, medial,
		or final sounds.
		3. Story Time with
		Sound Emphasis:
		• Read short tactile or braille
		stories, emphasizing words
		with the same sounds and
		encouraging students to
		identify them.
		4. Interactive Sound
		Matching:
		• Use objects, cards, or tactile boards where students match
		words based on sound
		similarities.
3. Recognize, identify	Basis of Adaptation	1. Hard of Hearing and
and produce rhyming	1. Multisensory Learning:	Low Vision
words. (e.g. cow	o Combine tactile,	
	1	<u> </u>

`	
$\rightarrow$ now	١
/ II() vv	,

visual, and auditory inputs to help students understand and produce rhyming words.

- 2. Incremental Teaching:
  - Start with simple and familiar rhyming pairs before introducing more complex words.
- 3. Accessible Materials:
  - Use braille, raised text, high-contrast visuals, or objects to represent rhyming pairs.
- 4. Interactive and Fun Activities:
  - Engage students in creative and playful methods to recognize rhymes.

Approach: Use clear auditory cues combined with large, high-contrast visuals and tactile aids.

- Activities:
- Rhyming Pair Match: Provide large-print or tactile cards with rhyming word pairs (e.g., "cow" and "now") and have students match them.
- Rhyming Object Game: Use real objects or pictures (e.g., a toy cow and a picture of a plow) to illustrate rhyming words.
- Listening and Repeating:
   Play recordings of rhyming words with exaggerated pronunciation to help students recognize the pattern.
- Materials:
- Large-print or tactile word cards
- Objects or high-contrast pictures representing rhyming pairs
- Audio devices with adjustable volume for word playback
- 2. Deaf and Low Vision Approach: Use braille or tactile materials combined with visual aids.
- Activities:
- Tactile Rhyme Pairs: Provide braille or raised-word cards and guide students to match rhyming pairs by touch.
- Tactile Rhyme Stories:

- Create short tactile stories with rhyming words and let students identify and match rhymes within the story.
- Object Exploration: Pair objects with rhyming names (e.g., a toy "cat" and a "hat") for students to feel and connect through rhyming.

#### Materials:

- Braille word cards or raisedtext materials
- Tactile objects for rhyming words
- High-contrast storyboards with rhyming words in braille or raised text

## 3. Blind and Hard of Hearing

Approach: Use tactile materials and auditory cues to teach rhymes.

#### Activities:

- Tactile Rhyme Sorting:
   Present tactile cards with words or objects and guide students to sort them into rhyming groups.
- Sound and Touch Rhyme
   Games: Use vibrating cues or
   sounds linked with tactile
   word cards to reinforce
   rhyming words.
- Auditory Exploration: Record rhyming words and encourage students to listen and identify similar-ending sounds.

#### Materials:

- Tactile word cards or embossed objects
- Audio devices with adjustable playback for

rhyming words

• Vibrating tools for sound association

#### 4. Deaf and Blind Approach: Focus entirely on tactile learning and object-based activities.

#### Activities:

- Tactile Object Matching: Provide pairs of objects that rhyme (e.g., "bat" and "hat") and let students explore and match them through touch.
- Rhyme Pair Sorting: Use embossed or braille word cards to help students group rhyming words.
- Tactile Stories with Rhymes: Create short tactile-based stories with rhyming words for students to feel and identify rhymes.

#### • Materials:

- Tactile objects or models for rhyming pairs
- Braille word cards or raised text
- Tactile sorting boards or containers

## General Activities for All Groups

## 1. Rhyme Matching Game:

• Create a multisensory matching game where students pair rhyming cards, objects, or tactile words.

#### 2. Rhyme and Act:

• Combine rhyming words with actions (e.g., "hop" and "stop") and encourage

4. Identify individual sounds in words.	<ul> <li>□ Focus on Sensory Strengths:         <ul> <li>Use tactile, visual, or auditory inputs depending on the student's abilities.</li> <li>□ Sequential and Incremental Learning:             <ul> <li>Begin with simple, familiar words and gradually move to more complex ones.</li> <li>□ Repetition and Practice:                       <ul> <li>Repetition elearning through repetitive, engaging activities.</li> <li>□ Accessible Tools:                       <ul> <li>Incorporate braille, tactile materials, visual aids, and sound tools as needed.</li> </ul> </li> </ul> </li> </ul></li></ul></li></ul>	students to act out the rhyming pair.  3. Storytime Rhymes: Read aloud or present tactile stories with rhyming words, asking students to identify and repeat rhymes.  4. Create a Rhyme  Box: Fill a box with tactile or braille items representing rhyming pairs and let students explore and match them.  1. Hard of Hearing and Low Vision  Approach: Leverage residual hearing with visual aids and tactile resources. Activities: Show a large, high-contrast visual of a word (e.g., "cat") and break it into individual sounds (/c/, /a/, /t/) while pointing to each letter.  2. Tactile Sound Mapping: Use raised or textured letter cards to represent the sounds of a word. Let students touch the letters while you articulate each sound.  3. Interactive Sound Board: Use a sound board with buttons or objects representing individual sounds. Let students press or touch the corresponding sound components.
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#### Materials:

- Large-print, high-contrast letter cards
- Raised-text or tactile alphabet cards
- Audio tools with adjustable volume for sound segmentation

### 2. Deaf and Low Vision Approach: Focus on tactile learning with visual reinforcements.

Activities:

### 1. Braille Sound Blocks:

• Provide braille blocks for letters in a word. Students can feel and identify individual sounds by arranging the blocks sequentially.

### 2. Tactile Word Puzzles:

• Create puzzles where each piece corresponds to a sound in a word. Students assemble the pieces to form the word.

### 3. Object-to-Sound Association:

• Present an object (e.g., a toy cat) and provide tactile or braille representations of its sounds (/c/, /a/, /t/).

#### Materials:

- Braille blocks or raised-letter puzzles
- Tactile word boards with sound breakdowns
- High-contrast visuals paired with tactile aids

### 3. Blind and Hard of Hearing

Approach: Emphasize tactile tools and residual hearing for sound recognition.

Activities:

### 1. Tactile Sound Strips:

 Provide strips with raised letters corresponding to the sounds in a word. Let students trace and vocalize each sound.

### 2. Auditory Sound Segmentation:

• Use recordings of segmented sounds for words. Students can listen and repeat the individual sounds.

### 3. Tactile Word Building:

 Offer textured letters that students can combine to form words, focusing on each sound.

#### Materials:

- Textured or raised alphabet letters
- Sound recordings or vibrating sound aids
- Tactile letter strips

### 4. Deaf and Blind Approach: Use tactile and object-based methods to teach sound identification.

Activities:

### 1. Tactile Sound Matching:

 Present objects (e.g., a "cat") and their corresponding braille or tactile letters.
 Guide students in identifying

		and sequencing the sounds.
		2. Embossed Sound Path:
		• Create embossed cards with
		individual sounds of a word
		in sequence. Students trace
		the cards while learning the sounds.
		3. Sound Tactile
		Exploration:
		• Use a sound-specific tactile
		board where each section
		corresponds to a sound.
		Materials:
		Braille or embossed word
		cards
		• Tactile sound boards with
		distinct textures for each
		sound
		Objects with associated braille or tactile sounds
		brame or tactile sounds
		General Activities for All
		Groups
		1. Sound Sorting
		Game:
		• Provide a mix of sounds in
		tactile, auditory, or visual
		forms and let students group
		them to form words.
		2. Sound Action
		Game:
		• Associate each sound with an
		action or object. For instance,
		the sound /b/ could be tied to
		a ball.
		3. Build-a-Word
		Activity:
		• Offer tactile or visual letters
		for students to combine into
		words, focusing on identifying each sound.
		racharying cach sound.
5. Comprehend words	☐ Focus on Context:	1. Hard of Hearing and

and simple Use real-life contexts or **Low Vision** familiar scenarios to expressions. **Approach: Use residual** enhance comprehension. hearing, visual aids, and **☐** Multisensory Input: tactile reinforcement to **Provide information** through tactile, visual, teach comprehension. auditory, or combined Activities: modalities depending on 1. Picture-Word the student's sensory Matching: abilities. • Show high-contrast pictures ☐ Incremental Learning: (e.g., a "book") and ask Start with single words or simple expressions and students to match them with printed or tactile words. progress to short phrases. ☐ Repetition and Practice: 2. Role-Playing Simple **Reinforce comprehension Expressions:** through repetitive • Use gestures and short exposure and practice in phrases in context, like "Sit varied formats. down" or "Come here." 3. Tactile Story Cards: • Provide textured cards representing simple expressions (e.g., a card with a "wave" for "Hello"). Materials: • High-contrast picture cards • Tactile story or word cards • Audio aids with clear. amplified phrases 2. Deaf and Low Vision **Approach: Leverage** braille and tactile tools combined with contextual cues for understanding. Activities: 1. Braille Phrase Matching: • Give braille word cards and tactile objects. Ask students to match the braille phrase

with the object.

### 2. Expression Practice with Objects:

• Use objects like a toy cup and teach phrases like "Drink water."

### 3. Tactile Scenarios:

• Set up tactile scenes (e.g., a table with toy food) and practice phrases like "Eat lunch."

### • Materials:

- Braille word or phrase cards.
- Tactile objects or scenes
- Raised-line drawings for context clues

### 3. Blind and Hard of Hearing

Approach: Rely on tactile methods and residual hearing to reinforce comprehension.

### Activities:

### Tactile Symbol Association:

• Use tactile symbols or objects to represent words and expressions. For example, a miniature chair represents "Sit down."

### Auditory Phrase Matching:

• Play recorded phrases like "Open the door" and provide a tactile door for association.

### **Interactive Storytelling:**

- Use tactile props to narrate simple stories and ask questions to reinforce comprehension.
- Materials:
- Tactile symbols or props

- Sound recordings with segmented phrases
- Embossed word cards
- 4. Deaf and Blind Approach: Focus on tactile methods and physical cues for teaching comprehension.
- Activities:Object-Based ExpressionLearning:
- Pair real-life objects (e.g., a cup) with their tactile labels in braille or raised print.

### **Tactile Expression Scenarios:**

• Create tactile environments (e.g., a toy bed for "Go to sleep") to teach expressions.

#### **Partner Interaction:**

- Use hand-under-hand guidance to model expressions like "Come here" or "Sit down."
- Materials:
- Real objects with tactile labels
- Braille or embossed expression cards
- Tactile learning kits (e.g., miniature environments)

### General Activities for All Groups Matching Expressions with Actions:

• Present tactile symbols or objects and guide students to perform related actions.

### **Real-Life Role Play:**

6. Respond to the audio or the teacher verbally and nonverbally.	<ul> <li>Maximize Sensory Channels:         <ul> <li>Use auditory, tactile, and visual channels depending on the child's residual abilities.</li> <li>Nonverbal Alternatives:                 <ul> <li>Focus on tactile cues, gestures, and alternative communication methods like tactile sign language or object-based communication.</li> <li>Contextual and Predictable Cues:                      <ul></ul></li></ul></li></ul></li></ul>	<ul> <li>Simulate real-life scenarios (e.g., asking for help) and practice associated words and expressions.</li> <li>Interactive Games:         <ul> <li>Play games like "Find the Object" using spoken or tactile clues.</li> </ul> </li> <li>Hard of Hearing and Low Vision         <ul> <li>Approach: Combine amplified audio with large visuals or gestures.</li> <li>Activities:</li> <li>Action-Based Response:</li> <li>Play amplified sounds or use clear verbal instructions, e.g., "Clap your hands." Reinforce with visual gestures.</li> </ul> </li> <li>Visual Cues for</li></ul>
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guidance.
Activities:
Tactile Object Responses:
• Present objects (e.g., a toy ball) and ask students to touch or point when prompted by tactile or visual cues.
Tactile Cues for
Instructions:
• Use tactile symbols or hand- under-hand gestures for instructions like "stand up" or "sit down."
Braille/Embossed Cards
Interaction:
<ul> <li>Ask students to touch and respond to tactile instruction cards.</li> <li>Materials:</li> <li>Tactile symbols for common actions</li> </ul>
Embossed or braille
instruction cards
• Real-life objects for association
3. Blind and Hard of
Hearing
Approach: Combine
tactile methods with
auditory cues, ensuring
instructions are simple
and clear.
<ul><li>Activities:</li></ul>
Tactile Instruction Games:
<ul> <li>Provide tactile instructions using objects (e.g., touch a block for "stand" or a ball for "sit").</li> </ul>
)·

**Partnered Response** 

#### Practice:

• Use hand-under-hand guidance to model responses to cues like "wave" or "shake hands."

### **Sound-Based Response:**

 Amplify specific sounds (like clapping or tapping) and teach students to respond with an action.

### • Materials:

- Vibrating sound aids for tactile feedback
- Tactile response cards
- Real objects for instruction association

## 4. Deaf and Blind Approach: Use tactile communication and physical cues exclusively.

Activities:

### **Object-Based Response:**

• Use objects to give cues and expect tactile responses (e.g., present a textured ball for "throw").

### Hand-under-Hand Guidance:

 Teach nonverbal responses like nodding or gesturing using hand-under-hand modeling.

### Tactile Interaction Activities:

- Use tactile puzzles or interactive objects to encourage responses to simple instructions.
- Materials:
- Tactile instruction symbols.
- Real-life objects (e.g., toy

		tools for "work")
		Tactile learning kits
		General Activities for All
		Groups
		Action Songs or Rhymes:  • Use tactile rhythms or visual gestures to encourage responses, e.g., tapping along to a rhythm or touching a symbol for each verse.  Interactive Commands:  • Incorporate interactive activities where students respond to "clap," "tap," or "sit" using nonverbal cues.  Question-Response  Practice:
		• Use tactile or visual questions and encourage responses through gestures, pointing, or actions.
7. Identify key	☐ Accessible Input Channels:	1. Hard of Hearing and
information from a	Provide information through auditory, tactile,	Low Vision
short speech or	and visual means,	Approach: Combine
conversation.	depending on the child's	amplified audio with
	abilities.  ☐ Structured and	large print or visual
	Contextualized Content:	supports.
	Use clear and predictable	Activities:  Cuided listening with
	language with simple, concise information.	Guided Listening with Visual Prompts:
	☐ Reinforcement and Practice:	<ul><li>Play a short, amplified</li></ul>
	<ul> <li>Provide multiple ways to reinforce key points through repetition, hands- on interaction, or guided responses.</li> </ul>	recording or give a verbal prompt, accompanied by high-contrast visual aids. Ask students to point to or describe the main idea.
		Audio-Visual Matching:
		<ul> <li>Provide three large picture cards. After playing or saying a short description, have students identify the</li> </ul>

card that matches the key information.

### **Key Word Highlighting:**

 Amplify a conversation with repeated emphasis on key words. Students identify those words using visual aids.

#### Materials:

- Amplified audio devices or hearing aids
- High-contrast visual cards with simple images or words

# 2. Deaf and Low Vision Approach: Focus on tactile and visual information with written supports.

Activities:

### Tactile Keyword Identification:

 Use embossed cards or objects representing key ideas in a tactile story or conversation. Students feel and identify the key object.

### Sign Language with Visuals:

• Present key information using tactile sign language alongside visual aids like large, high-contrast flashcards.

### **Tactile Matching Game:**

- Provide tactile symbols or objects. After a conversation, ask students to match symbols to key points.
- Materials:
- Braille or embossed key information cards

- Tactile objects representing keywords
- 3. Blind and Hard of Hearing Approach: Combine tactile and auditory inputs with simplified, repetitive messages.
- Activities:

### **Interactive Listening:**

• Use a short story or conversation delivered in amplified audio, combined with tactile objects. Students identify the key object related to the story.

### **Tactile Response Activity:**

 Provide a set of objects related to a short conversation. Students pick the object that matches the key information.

### **Partner Practice:**

- Use hand-under-hand guidance to model listening for key points in tactile or spoken interactions.
- Materials:
- Vibrating sound aids for auditory cues
- Real objects associated with key conversation points
- 4. Deaf and Blind Approach: Focus on tactile storytelling and object-based learning.
  - Activities:
- 1. Tactile Story Key Points:

	I	
		Present a tactile story with
		objects representing each
		part. Students identify the
		key object for the main idea.
		2. Guided Tactile
		Interaction:
		Use hand-under-hand
		guidance to highlight tactile
		signs or symbols for the key
		points of a conversation.
		3. Object Sorting by Key
		Ideas:
		• Provide a set of objects.
		After the tactile story,
		students sort objects based on
		relevance to the main point.
		Materials:
		Tactile learning kits
		• Textured objects for story
		cues
		• Tactile signs or symbols for
		key ideas
		General Activities for All
		Groups
		Interactive Stories:
		• Use multisensory storytelling
		where students identify key
		points through touch, visuals,
		or sound.
		Question and Answer:
		• Provide short tactile,
		auditory, or visual prompts
		and ask simple, related
		questions.
		Simple Conversations:
		• Role-play a short, predictable
		conversation, then ask
		students to point to or
		identify the key information
		using tactile symbols or
0 F 11		visual aids.
8. Follow the message	☐ Accessible Input Modes:	Hard of Hearing and Low

	Tion of a second desired desired	
in short simple	Use a combination of tactile, auditory, and	Vision
conversations.	visual supports depending	Approach: Utilize
	on the child's abilities.	amplified audio and
	☐ Simplified Language:	visual cues.
	Ensure conversations are	Activities:
	concise, structured, and	4. Guided
	contextualized to familiar topics.	Conversations:
	□ Engagement Through	• Teacher or peer uses slow,
	Multisensory Supports:	amplified speech and
	Incorporate tactile	gestures. Students respond by
	objects, gestures, or	repeating key phrases or pointing to visual aids.
	written cues to enhance understanding.	5. Matching Activity:
		• After a short conversation,
	Use interactive methods to	students match visuals or
	ensure children engage	objects to the main ideas.
	with the conversation and	6. Story Completion:
	demonstrate comprehension.	Begin a conversation or story
	comprehension.	and ask students to complete
		it using key words or phrases.
		Materials:
		Amplified audio devices
		• Large, high-contrast picture
		cards or written prompts
		1
		2. Deaf and Low Vision
		Approach: Use tactile and
		visual supports with
		written or symbol-based
		prompts.
		Activities:
		7. Tactile Turn-Taking:
		• Engage in a conversation
		using tactile sign language or
		symbols. Students respond
		by touching or using tactile
		gestures.
		8. Symbol Matching:
		• Provide tactile symbols for conversation topics. After the
		conversation topics. After the

conversation, students sort or match symbols to the correct message.

### 9. Role-Playing:

 Act out a familiar scenario (e.g., greeting, asking for help) with tactile cues.
 Students practice following and responding to the dialogue.

### Materials:

- Tactile sign language resources
- Embossed or textured cards for key ideas

### 3. Blind and Hard of Hearing

Approach: Use tactile and auditory input with clear, repetitive conversations.

Activities:

### 1. Tactile Conversation Prompts:

 Present objects associated with a topic. Students follow the conversation and identify the correct object when prompted.

### 2. Echo Conversations:

 Speak short sentences in amplified audio, and students repeat or respond using tactile cues or gestures.

### 3. Interactive Games:

 Use tactile boards or objects for turn-based Q&A games to reinforce conversational skills.

#### Materials:

- Vibrating sound aids or amplified devices
- Real-life objects representing

conversation topics 4. Deaf and Blind Approach: Focus on tactile-only communication methods with repetition and predictability. Activities: 1. Tactile Storytelling: • Use objects to represent parts of a conversation. Students handle objects to follow and engage with the conversation. 2. Hand-Under-Hand **Modeling:** • Guide students through tactile signs or symbols during the conversation. 3. Role-Playing with **Objects:** • Use real or tactile objects (e.g., a cup for "drinking," a ball for "playing") to simulate familiar conversations. Materials: • Tactile objects or story kits. • Braille conversation prompts or cues.

### General Activities for All

### 1. Predictable Routines:

**Groups** 

• Base conversations on familiar routines (e.g., greetings, asking for help).

### 2. Q&A with Prompts:

• Provide simple questions during the conversation.

9. Perform a variety of listening comprehension tasks.	1. Accessible Communication Modes:  Use tactile, visual, and auditory cues depending on the student's sensory abilities.  2. Multisensory Integration:  Engage multiple senses to facilitate comprehension tasks.  3. Simplification and Context:  Simplify tasks to align with students' developmental and communication levels.  4. Active Engagement:  Include hands-on and interactive activities to foster comprehension.	Students answer using tactile visual, or verbal responses.  3. Multisensory Story Conversations:  • Present a story or scenario and pause to ask comprehension questions using tactile or visual aids.  1. Hard of Hearing and Low Vision Approach: Combine amplified audio with large, high-contrast visuals.  • Activities:  1. Picture-Based Listening Tasks:  • Play a short audio or teacher's instructions and have students point to or select a corresponding picture or object.  2. Sequencing Stories:  • Listen to a short story, then arrange picture cards or written steps in the correct sequence.  3. Action Listening:  • Follow instructions to perform actions (e.g., "Clap your hands," "Touch your nose").  • Materials:  • Amplified audio devices  • Large, clear visual aids or high-contrast printed materials  • Objects for hands-on activities  2. Deaf and Low Vision Approach: Focus on
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tactile symbols and gestures with written or symbol-based supports.

Activities:

### 1. Tactile Symbol Matching:

• Use tactile symbols or objects representing the story or instructions. Students match the symbols to the task.

### 2. Interactive Gesture Activities:

• Use tactile or large gestures for commands (e.g., "Wave your hand"). Students mimic the gestures.

### 3. Tactile Sequence:

- After a tactile story or set of instructions, students arrange tactile objects in order.
  - Materials:
- Tactile symbols and embossed cards
- Real-life objects for comprehension tasks
- Braille labels or large-print cues

### 3. Blind and Hard of Hearing

Approach: Use tactile and amplified auditory input to clarify tasks.

- Activities:
- 1. Object Identification Tasks:
- Listen to a teacher's description and select the correct tactile object.
- 2. Action Commands:

• Follow short, clear commands using gestures or simple actions (e.g., "Pick up the ball").

### 3. Tactile Story Tasks:

• Listen to a story and answer questions by selecting objects or reenacting parts of the story.

#### Materials:

- Amplified devices for clear auditory input
- Tactile objects or models to represent ideas
- Vibrating sound aids for reinforcement

### 4. Deaf and Blind Approach: Use tactile communication exclusively with clear, repetitive input.

Activities:

### 1. Tactile Commands:

• Use hand-under-hand modeling to give instructions. Students perform the action or select the correct tactile object.

### 2. Tactile Matching Games:

 After a tactile story or instruction, match objects or symbols to the task.

### 3. Tactile Q&A:

• Present a tactile story, then ask questions. Students respond with tactile symbols or objects.

### Materials:

- Tactile story kits or symbols.
- Real-life objects for tasks.

		<ul> <li>Braille prompts for additional input.</li> <li>General Activities for All Groups         <ol> <li>Sorting and Categorizing:</li> <li>Present objects or images after listening to a short story or command, and ask students to sort them by category (e.g., fruits, animals).</li> <li>Matching Tasks:</li> <li>Match a description to an object, image, or tactile symbol.</li> <li>Role-Playing:</li> <li>Act out scenarios after hearing short instructions or conversations.</li> <li>Question and Answer:</li> </ol> </li> <li>Ask simple comprehension questions and allow responses through gestures, tactile symbols, or verbal answers.</li> </ul>
10. Show an understanding of simple stories with visual clues.	<ul> <li>□ Accessible Storytelling:         <ul> <li>Use tactile, auditory, or visual storytelling methods based on the student's sensory abilities.</li> <li>□ Multisensory Engagement:                 <ul> <li>Integrate touch, sound, and visuals to reinforce comprehension.</li> <li>□ Simplification and Support:                     <ul> <li>Provide clear, short stories with relevant and accessible clues.</li> <li>□ Active Participation:</li> </ul> </li> <li>• Active Participation:</li> <li>□ Active</li> <li>□ Active</li> <li>□ Active</li> <li>□ Active</li> <li>□ Active</li> <li>□ Active</li> </ul> </li> <li>□ Active</li> <li>□ Active</li></ul></li></ul>	<ol> <li>Hard of Hearing and Low Vision</li> <li>Approach: Use amplified sound with large, clear images or visual props.         <ul> <li>Activities:</li> </ul> </li> <li>Picture Clue Stories:         <ul> <li>Show large images or picture cards as the teacher narrates a story. Ask students to sequence the pictures or point to images representing</li> </ul> </li> </ol>

**Encourage interaction** with story elements for better understanding. story

key parts.

### 2. Interactive Object **Story:**

• Use real objects from the story (e.g., a toy cat for a story about a cat). Let students interact with these objects during the narration.

### 3. Role-Playing:

• After hearing the story, have students act out scenes with guidance.

### Materials:

- Amplified audio devices
- Large, high-contrast pictures or real objects related to the
- 2. Deaf and Low Vision Approach: Focus on tactile and large, clear visuals with symbolbased clues.
  - Activities:

### 1. Tactile Storyboards:

• Create a tactile storyboard with raised pictures or objects representing the story. Let students feel the tactile elements while hearing the teacher narrate.

### 2. Symbol Matching:

• Provide tactile symbols for each part of the story. Ask students to match the symbols to the story sequence.

### 3. Gesture Support:

• Use hand-over-hand gestures or large, exaggerated gestures to emphasize story actions.

#### Materials:

- Tactile storyboards or raised pictures
- Real-life objects for tactile exploration
- Braille or large-print text with symbols

## 3. Blind and Hard of Hearing Approach: Emphasize tactile and auditory input with clear, slow

Activities:

narration.

### 1. Tactile Object Stories:

• Use real objects that represent story elements (e.g., a small ball for a story about playing). Let students hold or explore these objects while listening.

### 2. Tactile Sequencing:

• Present tactile objects or symbols representing the story sequence. Ask students to arrange them correctly.

### 3. Q&A Interaction:

• After the story, ask questions and let students respond by pointing to objects or using gestures.

#### Materials:

- Amplified audio aids
- Tactile symbols or objects for key story elements
- Vibrating sound aids for emphasis

### 4. Deaf and Blind Approach: Use handover-hand storytelling,

### tactile symbols, and repetitive patterns.

### Activities:

### 1. Tactile Storytelling:

 Narrate the story using tactile objects or textures to represent each key element. Use hand-under-hand guidance to explore the objects.

### 2. Tactile Matching Tasks:

• Match tactile symbols to objects or textures in the story.

### 3. Reenactment with Guidance:

• Use guided actions to help students reenact parts of the story (e.g., moving a toy car for a driving scene).

#### Materials:

- Tactile story elements, like objects or textures
- Raised or Braille text for story labels
- Vibrating cues to signal transitions in the story

### **General Activities for All Groups**

### 1. Story Map Creation:

 Create a tactile or visual map of the story with key points.
 Let students follow along and point to or touch each part as the story progresses.

### 2. Interactive Story Discussions:

• Discuss the story using accessible modes (tactile

symbols, gestures, or verbal communication).
3. Creative
Expression:
Have students recreate the
story through drawing, object
arrangement, or gestures.

### **Speaking**

1. Decode phonetically regular and irregular words using letter sound knowledge, e.g. rat, too, blank, house, have, said, where etc.

- Accessible Phonetic
  Decoding: Adapt letter-sound
  association and decoding
  techniques using tactile,
  auditory, and visual aids based
  on the child's sensory abilities.
- Multisensory Learning: Combine touch, sound, and visuals to support word decoding.
- **Simplified Content:** Begin with familiar and frequently used words.
- Repetition and Interaction: Provide ample opportunities for practice through repetition and engagement.

### 1. Hard of Hearing and Low Vision

**Approach:** Focus on amplified sound and clear, high-contrast visuals.

- Activities:
  - 1. Sound-Word Matching:
- Use an amplified audio device to produce sounds for "r", "a", and "t". Show a large, high-contrast card with "rat" written on it. Have students match the sounds to the word.

#### 2. Word Puzzles:

 Provide puzzle pieces with letters or parts of words.
 Students arrange these to form words like "too" or "blank" after hearing them.

### 3. Visual Word Decoding:

Display words in large fonts.
 Teacher points to each letter while enunciating sounds.
 Students repeat and blend the sounds to form the word.

#### • Materials:

- Large, high-contrast letter cards or word puzzles.
- Amplified audio devices or apps.

#### 2. Deaf and Low Vision

**Approach:** Use tactile cues, hand gestures, and large, clear visuals.

#### • Activities:

### 1. Tactile Letter Tracing:

Provide tactile letters for "rat,"
 "too," etc. Students trace letters
 while the teacher signs the
 corresponding sounds.

### 2. Tactile Word Matching:

 Pair tactile letter tiles with a raised word card. Students match tiles to form complete words.

#### 3. Gesture-Based Decoding:

 Teacher signs each sound (e.g., /r/, /a/, /t/), and students combine the signs to recognize the word.

#### Materials:

- Tactile alphabet letters and word cards
- Raised text or symbol-based visual aids

### 3. Blind and Hard of Hearing

**Approach:** Emphasize tactile and auditory cues with clear articulation.

**Approach:** Use tactile symbols, hand-over-hand guidance, and

 Provide Braille letters or tactile tiles for each word. Guide students hand-over-hand to arrange letters into "rat," "too,"

Braille resources.

etc.

• Activities:
1. Tactile Word Building:

2. Tactile Story Integration:

rat figure and spell "rat"

• Integrate decoding into a tactile story. For instance, use a tactile

together with Braille letters. 3. Guided Sound Decoding: • Use hand movements or vibrations to represent sounds while students arrange corresponding tactile letters. **Materials:** • Braille and tactile letters or symbols • Vibrating cues or hand-guided tools General Activities for All Groups 1. Decoding Routines: • Begin each session with a routine of decoding simple words. 2. Multisensory Word Play: • Blend sounds using touch (tactile letters), sound (teacher or device), and visual aids (if applicable). 3. Reinforcement Games: • Use tactile or visual matching games to reinforce letter-sound associations. Materials Needed Tactile and/or Braille letter sets. Amplified audio tools. Large-print or highcontrast word cards. Raised or tactile word

		puzzles.
2. Produce words, phrases, simple sentences with intelligible pronunciation.	Accessible Communication: Use multimodal approaches to teach pronunciation, including tactile, auditory, and visual cues tailored to the student's sensory abilities.      Repetition and Practice: Provide multiple opportunities to practice word and sentence production through guided and independent activities.      Simplified Language: Start with familiar and frequently used words and phrases, gradually building complexity.	<ol> <li>Hard of Hearing and Low Vision</li> <li>Approach: Leverage amplified sound, visual aids, and clear articulation.         <ul> <li>Activities:</li> </ul> </li> <li>Guided Repetition:         <ul> <li>Teacher pronounces a word or phrase clearly, using amplified sound. Students repeat, focusing on accuracy.</li> </ul> </li> <li>Visual Sentence Practice:         <ul> <li>Show a large, high-contrast sentence card (e.g., "I like cats"). The student repeats the sentence after the teacher.</li> </ul> </li> <li>Peer Interaction:         <ul> <li>Pair students for simple conversational practice (e.g., "What is your name?" "My name is").             <ul></ul></li></ul></li></ol>

and lip movements. The student mimics both the sign and the pronunciation.

### 2. Tactile Speech Practice:

 Use tactile objects related to words (e.g., a ball for "ball").
 Students feel the object and say the word.

### 3. Sentence Formation with Cues:

 Provide tactile sentencebuilding kits where students assemble words into a phrase or sentence and attempt to pronounce them.

#### Materials:

- Tactile objects and sentence kits
- Visual aids with large text and symbols

#### 3. Blind and Hard of Hearing

**Approach:** Use tactile cues and auditory repetition to teach pronunciation.

#### • Activities:

### 1. Tactile Pronunciation Practice:

- Use Braille cards for words and phrases. Teacher pronounces each word, and the student repeats after tactile exploration of the Braille.
- 2. Audio Sentence Builder:
- Provide audio prompts (e.g., "Say: I like dogs"). Students respond verbally.
- 3. Object-Based Speech:
- Present tactile objects, such as

a miniature dog or cat.
Students name the object and form a related sentence.

- Materials:
- Braille word cards
- Tactile objects
- Audio devices with clear prompts

#### 4. Deaf and Blind

**Approach:** Focus on tactile and hand-over-hand guidance for sentence production.

#### • Activities:

### 1. Hand-Over-Hand Modeling:

 Teacher guides the student's hands to feel Braille or tactile words, then models pronunciation through vibrations or mouthing the word.

#### 2. Tactile Sentence Practice:

 Provide tactile sentence strips with Braille words. Students arrange them into sentences and attempt pronunciation.

#### 3. Vibrational Feedback:

 Use vibrating tools to mimic speech rhythm while the student produces words or phrases.

#### • Materials:

- Braille and tactile sentence strips
- Vibrational tools or feedback devices

General Activities for All

		Groups
		Groups
		1. Daily Practice:
		<ul> <li>Start each session with repetition of familiar words and phrases.</li> </ul>
		2. Progressive Sentence Building:
		<ul> <li>Begin with single words, then combine into phrases, and finally construct sentences.</li> </ul>
		3. Interactive Drills:
		<ul> <li>Use games or interactive activities like "What's this?" or "Name the object."</li> </ul>
3. Participate in short	• Accessible Communication: Use multimodal communication	1. Hard of Hearing and Low Vision
conversation with teachers and friends using simple English.	techniques, including speech, tactile signing, visual aids, and assistive technology.  • Simplified Conversations: Keep exchanges brief, focused, and relevant to the students' daily lives and abilities.  • Repetition and Practice:	<b>Approach:</b> Use amplified sound and visual supports to facilitate conversational skills.
		<ul><li>Activities:</li><li>1. Teacher-Guided</li><li>Conversations:</li></ul>
	Ensure frequent practice in a structured and supportive environment.  • Encourage Interaction:	1. Teacher asks a simple question (e.g., "How are you?"). Student responds (e.g., "I am fine.").
	Facilitate communication with peers and teachers through guided prompts and role-play.	2. Peer Role-Play:
		2. Pair students to practice structured dialogues (e.g., "What is your name?" "My name is").
		3. Interactive Games:
		3. Use visual cards with prompts for conversation starters (e.g.,

"What do you like to eat?"). **Materials:** 4. Amplified hearing aids or sound systems 5. Large, high-contrast conversation cue cards 2. Deaf and Low Vision **Approach:** Incorporate tactile signing, visual cues, and finger spelling. **Activities:** 1. Tactile Question-Answer **Practice:** 6. Teacher uses tactile signing to ask a question. The student responds verbally or through tactile signing. 2. Object-Based Conversations: 7. Provide objects (e.g., a ball or apple) to discuss (e.g., "What is this?" "It is an apple."). 3. Picture-Based Dialogue: 8. Use large, high-contrast images of everyday scenes for students to describe and discuss. • Materials: 9. Tactile and visual communication tools 10. High-contrast image cards 3. Blind and Hard of Hearing **Approach:** Focus on tactile prompts, auditory feedback, and guided interaction. **Activities:** 1. Tactile Dialogue Practice:

11. Provide Braille prompts (e.g.,

"How old are you?") for students to read and respond. 2. **Object Interaction:** 12. Use tactile objects to prompt conversation (e.g., "What is this?" "This is a book."). 3. Audio Prompts: 13. Play audio recordings of questions or phrases. Students respond verbally. **Materials:** 14. Braille cue cards 15. Tactile objects for reference 16. Clear audio recordings 4. Deaf and Blind **Approach:** Use tactile communication methods, handover-hand guidance, and simplified responses. • Activities: 1. Hand-Over-Hand Practice: 17. Teacher uses hand-over-hand guidance to teach signs for common phrases (e.g., "Good morning."). 2. Tactile Conversation Boards: 18. Use boards with tactile symbols or Braille to initiate conversation topics. 3. Guided Interaction: 19. Facilitate peer interaction through tactile prompts (e.g., guiding the student to "ask" a

		peer a question like "What is your favorite color?").  • Materials:  20. Tactile communication boards 21. Braille tools and hand-overhand guidance  General Activities for All Groups  1. Daily Conversation Practice: 22. Begin each session with greetings and simple exchanges. 2. Structured Role-Play: 23. Use common scenarios (e.g., "At the park," "In the classroom") for guided practice. 3. Interactive Storytelling: 24. Incorporate short stories or scenarios where students can participate by answering
4. Describe familiar objects, persons and events using simple adjectives and adverbs.	<ul> <li>Accessible Language: Use multisensory approaches to teach adjectives and adverbs.</li> <li>Real-Life Contexts: Focus on familiar and meaningful objects, people, and events.</li> <li>Incremental Learning: Introduce one adjective or adverb at a time with repetition and practice.</li> <li>Assistive Tools: Incorporate tactile, visual, and auditory tools based on the students' sensory abilities.</li> </ul>	questions or adding to the dialogue.  1. Hard of Hearing and Low Vision  Approach: Use amplified sound, large visuals, and verbal explanations.  • Activities:  1. Object Description:  25. Show an object (e.g., a ball) and describe it with adjectives (e.g., "This is a red ball"). Encourage students to repeat or add another description.  2. Person Description Game:
		26. Provide a picture of a family member or friend. Students describe the person using

adjectives (e.g., "My mother is kind"). 3. Event Recall: 27. Ask students to describe a recent event (e.g., "The festival was fun and colorful"). **Materials:** 28. Large, high-contrast images of objects and people 29. Real objects for tactile exploration 30. Amplified hearing devices 2. Deaf and Low Vision **Approach:** Incorporate tactile signing, visual aids, and realworld objects. • Activities: 1. Tactile Object Description: 31. Students explore objects (e.g., a soft toy) and use tactile signs to describe them (e.g., "soft," "small"). 2. Adjective Flashcards: 32. Provide high-contrast cards with tactile or large-print adjectives and pair them with objects or pictures. 3. Event Description Practice: 33. Guide students to use adjectives to describe tactile representations of events (e.g., ribbons for a festival). **Materials:** 

34. Tactile objects and adjective cards 35. High-contrast images 3. Blind and Hard of Hearing **Approach:** Use tactile exploration, auditory explanations, and Braille resources. • Activities: 1. Tactile Adjective Match: 36. Provide objects (e.g., a rough rock and a smooth stone). Students feel them and match with Braille adjectives like "rough" or "smooth." 2. Audio Descriptions: 37. Play audio recordings describing objects or people and have students repeat or elaborate. 3. Describe a Friend: 38. Students describe their friends using tactile cues (e.g., "kind," "tall"). **Materials:** 39. Tactile objects with Braille labels 40. Audio recordings 41. Braille adjective cards 4. Deaf and Blind **Approach:** Use tactile communication, hand-over-hand signing, and real-life objects.

• Activities:

1. Object Description Practice:	:
42. Provide objects for explorati Use hand-over-hand guidand to teach adjectives (e.g., "sor "big").	ce
2. Tactile Event Description:	
43. Use tactile symbols (e.g., textured paper for "happy") help students describe event or feelings.	
3. Describe a Classmate:	
44. Facilitate tactile exploration a classmate's hand or an objust associated with them, and describe using guided tactile signs.	ect
• Materials:	
<ul><li>45. Tactile symbols and objects</li><li>46. Hand-over-hand communication</li></ul>	
General Activities for All Groups	
1. Object Sorting by Description:	
47. Group objects by adjectives (e.g., smooth vs. rough, small vs. big).	II
2. Adjective Practice with Real Objects:	
48. Use items like fruits or toys to practice describing colors, sizes, and textures.	to
3. Adverb Practice in	

		Actions:
		49. Demonstrate actions like "walking slowly" or "clapping loudly" and have students imitate and describe.
5. Ask answer short, simple questions.	1. Accessible Communication: Adapt question-and-answer activities using communication methods suited to each type of deafblindness.  2. Real-Life Contexts: Focus on practical, familiar scenarios for asking and answering questions.  3. Incremental Progress: Begin with yes/no and choice-based questions, progressing to open- ended ones.  4. Assistive Technologies: Utilize tactile, visual, and auditory aids for question prompts and responses.	<ol> <li>Hard of Hearing and Low Vision</li> <li>Approach: Combine amplified audio, large visuals, and verbal communication.         <ul> <li>Activities:</li> </ul> </li> <li>Picture-Based Questions:</li> <li>Show large images (e.g., a cat, a ball) and ask, "What is this?" or "Is this a cat?"</li> <li>Role Play:</li> <li>Practice dialogues (e.g., "What is your name?" "My name is").</li> <li>Daily Situations:</li> <li>Use scenarios like choosing between snacks: "Do you want an apple or a banana?"         <ul> <li>Materials:</li> </ul> </li> <li>Large, high-contrast visuals</li> <li>Flashcards with questions and answers</li> <li>Hearing aids or amplification devices</li> <li>Deaf and Low Vision</li> <li>Approach: Use tactile signing, visual aids, and simple written communication.         <ul> <li>Activities:</li> <li>Tactile Flashcards:</li> </ul> </li> </ol>

56. Provide tactile flashcards with objects or scenarios. Students answer using tactile signs or written responses. 2. Choice Boards: 57. Present a tactile choice board for questions like "Do you want water or juice?" 3. Interactive Storytelling: 58. Guide students to ask and answer questions about tactile elements in a story (e.g., a toy dog in a story about pets). **Materials:** 59. Tactile flashcards and choice 60. High-contrast written materials 3. Blind and Hard of Hearing **Approach:** Focus on tactile and auditory prompts, with clear verbal or Braille responses. **Activities:** 1. Tactile Question Prompts: 61. Present objects (e.g., a cup or a pen) and ask, "What is this?" Students respond verbally or in Braille. 2. Audio Role Play: 62. Use pre-recorded audio or realtime verbal cues to simulate short conversations. 3. Yes/No Cards: 63. Students use tactile cards for yes/no responses to basic questions.

<ul><li>64. Tactile objects and Braille materials</li><li>65. Audio devices for verbal prompts</li></ul>
4. Deaf and Blind
<b>Approach:</b> Use tactile objects, hand-over-hand signing, and tangible response systems.
• Activities: 1. Tactile Object Questions:
66. Provide an object (e.g., a toy car) and ask a tactile question like "What is this?" Guide responses through hand-over hand signing.
2. Choice-Based Responses:
67. Offer tactile choices (e.g., a smooth stone for "yes" and a rough one for "no") to answer questions.

68. Ask action-based questions like "Do you want to sit?" and guide students to respond using tactile signs or gestures.

# **Materials:**

- 69. Tactile symbols or objects for yes/no
- 70. Hand-over-hand communication tools

General Activities for All Groups

1. Daily Questions: Practice real-

		life Q&A scenarios like "What do you want to eat?" or "How are you today?"  71. Peer Interaction: Encourage students to ask and answer questions with peers in adapted formats.  2. Picture Prompts with Answers: Use tactile or visual pictures to initiate questions and elicit responses.
6. Sing or recite a song/chant by listening to the teacher or an audio.	<ol> <li>Accessible Modes:         Modify the song/chant to include tactile, visual, and auditory elements depending on the student's needs.</li> <li>Incremental Learning:         Break the activity into manageable segments to facilitate learning and repetition.</li> <li>Engagement through Multisensory Input:         Enhance learning with rhythmic motions, tactile objects, or visual aids that correspond to the song or chant.</li> <li>Simplification: Use simple, repetitive songs or chants with predictable patterns.</li> </ol>	<ol> <li>Hard of Hearing and Low Vision</li> <li>Approach: Combine amplified audio with large, high-contrast visuals or gestures.         <ul> <li>Activities:</li> </ul> </li> <li>Follow the Teacher's Lead:</li> <li>Use visual cues and lip-reading alongside audio for the song or chant.</li> <li>Clap and Sing:         <ul> <li>Incorporate clapping, tapping, or stomping rhythms to reinforce the chant's beats.</li> </ul> </li> <li>Visual Song Charts:         <ul> <li>Provide large, colorful charts with the lyrics and pictures to represent each line.</li> <li>Materials:</li> </ul> </li> <li>Amplified audio systems or hearing aids</li> <li>Large, high-contrast song charts</li> <li>Rhythm instruments like</li> </ol>

tambourines or drums 2. Deaf and Low Vision **Approach:** Use tactile signing, visuals, and written text to engage students. **Activities:** 1. Tactile Rhythm Learning: 78. Students feel vibrations of a drum or speaker to follow the rhythm of the song. 2. Tactile Signing: 79. Teach songs using tactile sign language to follow along with the teacher. 3. Visual and Gesture-Based **Prompts:** 80. Provide large visuals or gestures to signal changes in lyrics or rhythm. **Materials:** 81. Tactile signing guides 82. Vibrational feedback devices 83. High-contrast song visuals or text 3. Blind and Hard of Hearing **Approach:** Focus on tactile and auditory prompts for learning the rhythm and lyrics.

• Activities:
1. Audio and Tactile Cues:

84. Use audio cues paired with tactile gestures to guide the

student through the song. 2. Rhythm and Tap: 85. Have students tap out the rhythm using their hands or a drum while listening to the audio. 3. Call-and-Response: 86. Practice sections of the chant as a call-and-response activity with the teacher. **Materials:** 87. Vibrational devices or drums for rhythm 88. Braille or embossed song lyrics 89. Audio recordings of the song or chant 4. Deaf and Blind **Approach:** Use tactile objects, hand-over-hand signing, and rhythm-based feedback. **Activities:** 1. Tactile Rhythm Matching: 90. Let students feel the vibrations of a drum or speaker while tapping along with the rhythm. 2. Hand-over-Hand Signing: 91. Teach the lyrics or rhythm through hand-over-hand signing techniques. 3. Object-Based Story Songs: 92. Use tactile objects to represent parts of the song (e.g., a toy cat for "The Cat Song"). • Materials: 93. Tactile objects representing song elements 94. Drums or vibrational surfaces

7. Talk about present and past.	<ol> <li>Simplification: Focus on simple vocabulary and clear, short phrases.</li> <li>Multisensory Input: Utilize tactile, visual, and auditory aids to reinforce the concept of time (present vs. past).</li> <li>Interactive Learning: Engage students with relatable, real-life examples of present and past activities.</li> <li>Repetition: Encourage consistent practice to build comprehension and expression.</li> </ol>	for rhythm 95. Hand-over-hand signing support  General Activities for All Groups  1. Action Songs: Incorporate physical actions or motions (e.g., clapping, waving hands) to make the activity interactive.  2. Repetitive Patterns: Use songs with repeating lines or predictable structures to reinforce understanding.  3. Group Participation: Encourage students to join peers in singing or chanting, creating a collaborative experience.  1. Hard of Hearing and Low Vision  Approach: Combine amplified audio, visual prompts, and hands-on activities.  • Activities: 1. Daily Routine Chart:  96. Use a chart showing "Now" (present) and "Before" (past) with corresponding images.  2. Action Comparisons:  97. Discuss actions they did earlier in the day (e.g., "We ate lunch before.") and current actions (e.g., "We are sitting now.").  3. Story Retelling:  98. Show pictures from a simple
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story and ask students to describe past events using "was" or "did."

#### • Materials:

- 99. Large, high-contrast visual charts
- 100. Amplified audio devices for instructions
- 101. Objects representing actions (e.g., a clock to show time transitions)

# 2. Deaf and Low Vision

**Approach:** Utilize tactile signing, visual aids, and written supports.

# • Activities:

# 1. Tactile Timeline:

102. Use a tactile timeline with raised objects or textures to represent "past" and "present."

# 2. Role Play:

103. Practice simple roleplaying scenarios (e.g., "What did we do in the morning?" and "What are we doing now?").

# 3. Picture Cards:

104. Provide large, highcontrast images of activities for students to identify as past or present.

#### Materials:

- 105. Tactile timelines or raised images
- 106. High-contrast picture cards

107. Written cues for word reinforcement3. Blind and Hard of Hearing

**Approach:** Focus on auditory cues, tactile supports, and sequential storytelling.

# • Activities:

# 1. Tactile Story Sequence:

108. Use tactile objects to tell a story, asking students to identify what happened in the past versus what is happening now.

#### 2. Action Statements:

109. The teacher models sentences such as "I played yesterday. I am talking now," encouraging students to repeat.

# 3. Sound-Based Clues:

110. Play audio clips related to past and present activities (e.g., a bell for "before lunch" or typing sounds for "working now").

# Materials:

- 111. Tactile objects for storytelling
- 112. Audio clips representing different actions or events
- 113. Simple Braille cues for past and present terms

# 4. Deaf and Blind

**Approach:** Use tactile methods, hand-over-hand guidance, and

concrete objects to differentiate time concepts. **Activities:** 1. Tactile Object Sorting: 114. Provide objects representing past and present (e.g., an empty plate for "ate before" and a full plate for "eating now"). 2. Hand-over-Hand Gestures: 115. Teach signs or gestures for "past" and "present" using hand-over-hand guidance. 3. Routine Practice: 116. Discuss past and present activities during daily routines (e.g., "We walked earlier, now we are sitting."). **Materials:** 117. Tactile objects for sorting 118. Hand-over-hand sign guidance 119. Raised symbols for time concepts General Activities for All Groups 1. Experience Sharing: Encourage students to share something they did (past) and are doing (present). 2. Visual or Tactile Timelines: Create timelines to place

objects or images representing events.3. Real-Life Scenarios: Use activities from their daily

	routines to explain past and present.

Reading		
1. Put sounds	• ensory	1. Hard of Hearing and Low Vision
together to	Accessibility:	_
read words	Use tactile,	<b>Approach:</b> Amplify sounds and use large, high-
and sentences.	visual, and auditory cues to	contrast visual supports.
	support	Activities:
	phonemic	1. Sound and Word Building:
	blending and	1. Journal and 11-51-4 Building.
	reading.	120. Provide visual cards with large print letters. Ask
	• Step-by-Step	students to combine sounds (e.g., /c/, /a/, /t/) to
	<b>Scaffolding:</b>	form "cat."
	Start with individual	2. Tariffa Ward Colder
	sounds, blend	2. Tactile Word Strips:
	them into words,	121. Use textured or raised letter strips for students to
	and progress to	arrange and blend into words and sentences.
	sentences.	
	• Interactive	3. Sentence Assembly Game:
	<b>Engagement:</b>	
	Include hands-	122. Provide words on large cards. Guide students to place them in order to form a sentence (e.g., "I see a
	on and experiential	cat.").
	learning	Cat. 7.
	activities.	Materials:
	• Repetition	
	and	Large print letter and word cards
	Familiarity:	Raised or textured letter strips
	Focus on	Visual cues for sentence structure (e.g., color-coded words)
	familiar and	coded words)
	frequently used words and	2. Deaf and Low Vision
	I II OI GO GIIG	1
	sentences.	
		Approach: Focus on tactile and visual supports
		<b>Approach:</b> Focus on tactile and visual supports combined with written cues.

# 1. Tactile Letter Matching:

123. Use raised letters for students to feel and match with printed letters or words.

#### 2. Word Formation with Braille:

124. Provide Braille letter tiles for students to form words and sentences.

# 3. Picture Sentence Matching:

125. Pair tactile pictures with corresponding sentences to reinforce comprehension.

#### Materials:

- 126. Raised letters and Braille tiles
- 127. Large, high-contrast picture cards
- 128. Word and sentence strips in Braille

#### 3. Blind and Hard of Hearing

**Approach:** Use auditory instructions, tactile materials, and sequential word building.

#### • Activities:

# 1. Auditory Word Building:

129. The teacher pronounces individual sounds (e.g., /b/, /a/, /t/) and guides the student to blend them into "bat."

# 2. Tactile Sentence Assembly:

130. Provide tactile word tiles for students to arrange into a sentence by touch.

# 3. Sound Sequencing Game:

131. Use objects with specific sounds (e.g., a ball for /b/) and guide students to combine them into words.

## Materials:

- 132. Tactile word and sentence tiles
- 133. Real objects with distinctive sounds

	1	
		134. Audio recordings of words and sentences
		4. Deaf and Blind
		<b>Approach:</b> Use Braille, tactile signing, and hand-over-hand guidance for blending.
		Activities:     Braille Word Blending:
		135. Provide Braille letters and guide students to form words by combining individual letter sounds.
		2. Hand-over-Hand Word Building:
		136. Use tactile letters and guide the student's hands to combine them into words and sentences.
		3. Tactile Sentence Stories:
		137. Provide a series of tactile objects or symbols that represent a simple sentence (e.g., a toy dog, a ball, and a stick for "The dog plays.").
		• Materials:
		<ul> <li>138. Braille letters and word strips</li> <li>139. Tactile objects representing words</li> <li>140. Raised sentence guides with Braille labels</li> </ul>
		General Activities for All Groups
		<ol> <li>Interactive Word Games: Create games where students form words and sentences by arranging tactile or visual materials.</li> <li>Contextual Reading Practice: Use familiar objects, actions, or routines to reinforce words and sentences.</li> <li>Guided Reading Circles: Conduct group activities where students collaborate to blend sounds into words and sentences.</li> </ol>
2 Pagarias	• Concour	
2. Recognise and read words with the help of the	• Sensory Accessibility: Ensure visual aids are tactile or high-contrast	1. Hard of Hearing and Low Vision  Approach: Use large, high-contrast visuals paired

# visuals.

for low vision students.

# • Multimodal Support:

Incorporate tactile, auditory, and Braille materials for all types of deafblindness.

- Contextual Learning: Use meaningful visuals related to the student's environment and daily life.
- Repetition and Consistency:

Reinforce recognition through repetitive and consistent practice. with words and auditory reinforcement.

#### • Activities:

# 1. Picture Matching Game:

141. Show large, high-contrast images (e.g., a ball) and ask the student to match them to corresponding printed words.

# 2. Word-Visual Pairing:

142. Present a card with a large image and its corresponding word. Ask the student to point to or read the word.

#### 3. Interactive Storybooks:

143. Use picture books with bold visuals and simple text. Guide the student to read words alongside the images.

#### Materials:

- 144. Large, high-contrast picture and word cards
- 145. Enlarged picture books with simple text
- 146. Visual aids with bold colors and outlines

## 2. Deaf and Low Vision

**Approach:** Pair tactile visuals with printed or Braille words for better recognition.

# Activities:

#### 1. Tactile Picture Identification:

147. Provide raised images (e.g., a raised-texture ball) with Braille or large-print labels. Have the student match them.

#### 2. Word Recognition with Symbols:

148. Use tactile symbols or objects with corresponding Braille/print words. Guide the student to recognize and read them.

## 3. Textured Word-Picture Matching:

149. Pair raised images with their corresponding Braille/print words on cards.

# Materials:

- 150. Raised-texture visuals paired with Braille or large print
- 151. Tactile symbols or objects with labels
- 152. Large-print or Braille picture books

# 3. Blind and Hard of Hearing

**Approach:** Combine tactile visuals with auditory cues for word recognition.

#### • Activities:

# 1. Object-Word Matching:

153. Provide real objects (e.g., a toy car) and guide the student to match them with tactile word cards.

# 2. Tactile Storytelling:

154. Use tactile storyboards with objects or symbols to represent words. Encourage students to feel and read associated words.

# 3. Auditory-Tactile Word Recognition:

155. The teacher pronounces a word while the student matches it with a tactile visual and/or word card.

#### • Materials:

- 156. Real objects with corresponding tactile word cards
- 157. Tactile storyboards with Braille or embossed text
- 158. Audio devices for word pronunciation

#### 4. Deaf and Blind

**Approach:** Use Braille, tactile visuals, and hand-over-hand guidance for word recognition.

# • Activities:

	T	
		1. Braille and Object Association:
		159. Provide objects (e.g., a small toy apple) paired with Braille word labels. Guide the student to recognize and read.
		2. Tactile Word Stories:
		160. Create simple tactile books with Braille text and raised images. Guide the student to explore the tactile visuals and read the Braille.
		3. Hand-over-Hand Word Matching:
		161. Support the student to feel objects and corresponding Braille/raised-text labels.
		• Materials:
		<ul> <li>162. Braille books with tactile illustrations</li> <li>163. Raised-texture objects with Braille labels</li> <li>164. Hand-over-hand guidance aids (e.g., textured gloves for tracing)</li> </ul>
		General Activities for All Groups
		<ul> <li>165. Word-Picture Bingo: Use tactile or visual cards with corresponding words for interactive games.</li> <li>166. Thematic Word Boards: Create boards for specific themes (e.g., animals, school supplies) with tactile visuals and words.</li> <li>167. Daily Routine Words: Use objects and visuals from the student's environment to teach word recognition (e.g., a cup for "cup").</li> </ul>
3. Recognize	• Sensory	1. Hard of Hearing and Low Vision
and read high frequency words	Accessibility: Modify materials to suit the sensory	<b>Approach:</b> Use large, high-contrast visuals with printed words. Incorporate auditory reinforcement.
including compound	needs of students with	• Activities:
words	deafblindness	1. Word Flashcards:
Words	(e.g., Braille, tactile aids, large print, or high-contrast	168. Present high-frequency words on large, high-contrast cards. Say the word aloud and have the

visuals).

# • Multimodal Approaches:

Integrate tactile, auditory, visual, and kinesthetic methods.

# • Contextual Learning:

Focus on high-frequency words that are meaningful and used in daily activities.

# • Repetition and Practice:

Reinforce recognition of words through frequent exposure and activities. student repeat it.

# 2. Compound Word Matching:

169. Provide two parts of compound words (e.g., "sun" and "flower") on cards. Guide the student to match and read them.

# 3. Word-Object Matching:

170. Use real objects or pictures (e.g., a ball for "basketball") to teach compound words.

#### • Materials:

- 171. Large, high-contrast word flashcards
- 172. Visual aids depicting compound words
- 173. Audio tools for word pronunciation

#### 2. Deaf and Low Vision

**Approach:** Use tactile and printed materials for high-frequency and compound words.

# • Activities:

#### 1. Tactile Word Puzzle:

174. Provide tactile word pieces for compound words (e.g., "rain" and "bow"). Encourage the student to combine and feel the words.

#### 2. Word Cards with Raised Textures:

175. Create tactile cards for high-frequency words and guide the student to trace and recognize them.

# 3. Tactile Word-Object Pairing:

176. Use objects or tactile pictures (e.g., a textured ball) paired with raised-text word cards.

#### Materials:

- 177. Tactile flashcards for words and compound word parts
- 178. Raised-texture materials
- 179. Large-print or tactile books with high-frequency

words

# 3. Blind and Hard of Hearing

**Approach:** Use tactile aids and auditory cues to teach word recognition.

# • Activities:

# 1. Tactile Word Blocks:

180. Provide tactile blocks with individual letters to form high-frequency and compound words.

# 2. Object-Word Braille Matching:

181. Use real objects with corresponding Braille labels for high-frequency words (e.g., a small "toothbrush" with its Braille label).

#### 3. Hand-Over-Hand Word Formation:

182. Guide students to combine tactile letters to form compound words.

# • Materials:

- 1. Tactile word blocks
- 183. Real objects with Braille labels.
- 184. Audio recordings for compound word pronunciation.

#### 4. Deaf and Blind

**Approach:** Combine Braille, tactile visuals, and hand-over-hand guidance for teaching.

#### • Activities:

#### 1. Braille Word Formation:

185. Provide Braille cards for high-frequency words and compound word parts. Guide students to combine and read them.

# 2. Tactile Storybooks with High-Frequency Words:

186. Use storybooks with Braille text featuring compound words. Include tactile illustrations to

	1	
		reinforce word meanings.
		3. Real-Object Word Association:
		187. Pair real objects (e.g., "rain" and "coat") with Braille labels for compound words.
		• Materials:
		188. Braille cards for high-frequency and compound words
		<ul><li>189. Tactile storybooks with Braille text</li><li>190. Objects with Braille labels</li></ul>
		General Activities for All Groups
		1. Daily Word Practice:
		191. Use high-frequency and compound words related to daily life (e.g., "notebook," "sunshine," "toothbrush").
		2. Word Bingo:
		192. Create a tactile or visual bingo game with high- frequency words and compound words.
		3. Word Tracing and Matching:
		193. Use tactile tracing cards or embossed text to teach word shapes and meanings.
4. Understand the meaning	• Multisensory Learning: Use	1. Hard of Hearing and Low Vision
of grade appropriate	auditory, tactile, and visual strategies to	<b>Approach:</b> Use auditory cues, large high-contrast visuals, and written definitions.
words.	teach word meanings.	<ul><li>Activities:</li><li>1. Word and Picture Association:</li></ul>
	• Contextual and Real-World Examples: Integrate words	194. Show a high-contrast image (e.g., a picture of a "dog") and pair it with the word. Discuss the image and the word's meaning.
	with real-life contexts to make	2. Contextual Word Practice:

learning more relatable.

# • Repetition and Reinforcement:

Use frequent review to solidify understanding.

# • Accessible Materials:

Ensure all learning materials are adapted for the sensory needs of each student (e.g., Braille, raised-text, tactile images).

195. Create simple sentences using the target words (e.g., "The dog barks.") and have the student identify the word and its meaning.

# 3. Interactive Storytelling:

196. Read stories aloud that use the target words and pause to discuss their meanings.

#### • Materials:

- 197. Large-print flashcards with images and definitions
- 198. High-contrast picture books
- 199. Audio devices for word pronunciation and sentence examples

#### 2. Deaf and Low Vision

**Approach:** Use tactile and visual supports to teach word meanings.

#### • Activities:

#### 1. Tactile Word-Picture Matching:

 Use tactile pictures that represent the meaning of the words (e.g., a textured picture of a "cat") paired with Braille or large-print labels.

#### 2. Tactile Sentences:

 Create tactile sentences with raised-text and Braille, highlighting the target words. Discuss their meanings through touch.

#### 3. Word Exploration with Objects:

- Use real-life objects to demonstrate word meanings (e.g., for "cold," show an ice cube).
  - Materials:

200. Tactile picture and word cards

201. Objects or 3D representations of target words

202. Braille or raised-text sentence cards

# 3. Blind and Hard of Hearing

**Approach:** Use auditory reinforcement and tactile tools to provide context and meaning.

# Activities:

# 1. Descriptive Word Exploration:

 Use detailed auditory descriptions of objects or scenarios and guide students to identify and understand the key words.

## 2. Tactile Word Matching with Definitions:

 Pair Braille words with corresponding tactile representations and tactile descriptions to explain their meanings.

#### 3. Storytelling with Sensory Cues:

 Tell simple stories using words in context, providing sensory cues (e.g., sounds or smells) related to the words.

## • Materials:

203. Braille cards with word definitions and sensory cues

204. Audio devices for word descriptions and stories205. Tactile books with raised-text and illustrations

#### 4. Deaf and Blind

**Approach:** Combine tactile methods, Braille, and real-life experiences to provide context.

# • Activities:

# 1. Word Exploration with Real Objects:

 Provide real objects for hands-on exploration, paired with Braille labels describing the objects' properties.

#### 2. Interactive Tactile Sentences:

• Use Braille and tactile materials to create sentences that demonstrate the meanings of words.

# 3. Word Stories with Hand-Over-Hand Guidance:

 Use hand-over-hand guidance to help students feel and understand words within short stories or sentences.

		• Materials:
		<ul> <li>206. Braille cards with descriptive information</li> <li>207. Real-life objects for word exploration</li> <li>208. Tactile storybooks with Braille text and raised images</li> </ul>
		General Activities for All Groups
		1. Contextual Learning Through Role-Play:
		<ul> <li>Use role-play to illustrate words and their meanings (e.g., act out "jump" or "whisper").</li> </ul>
		2. Word-to-Object Association:
		<ul> <li>Pair the target words with physical objects that represent their meanings.</li> </ul>
		3. Tactile Word Matching Games:
		<ul> <li>Create games where students match words to their tactile or auditory representations.</li> </ul>
5. Perform	• Multisensory Approaches:	1. Hard of Hearing and Low Vision
rhymes and chants with appropriate rhyme and	Integrate tactile, auditory, and kinesthetic methods to	<b>Approach:</b> Use visual supports, tactile materials, and audio cues to aid in understanding rhythm and rhyme.
rhythm.	engage different senses.	• Activities: 1. Tactile Rhyming Cards:
	• Repetition and Practice: Use repeated exposure to	<ul> <li>Create tactile cards with Braille or raised-text rhyming words and have students match them.</li> </ul>
	reinforce understanding	2. Clapping and Stomping to the Beat:
	and memory.  •  Individualized	<ul> <li>Encourage students to clap or stomp along with the rhythm of the rhyme or chant to understand its cadence.</li> </ul>
	Modifications: Adapt activities	3. Word and Action Rhymes:
	according to each student's sensory needs	<ul> <li>Pair words in rhymes with simple actions (e.g., for "Twinkle, Twinkle, Little Star," students can make</li> </ul>

(e.g., Braille for blind students, tactile cues for deafblind students).

# • Contextual Relevance:

Select rhymes and chants that are simple, relevant, and meaningful for students. twinkling hand movements).

#### • Materials:

- 209. Raised-text and large-print flashcards
- 210. Audio recordings of rhymes and chants
- 211. Tactile objects to indicate beat and rhythm (e.g., hand-held drums)

#### 2. Deaf and Low Vision

**Approach:** Use tactile and visual cues combined with vibrations or other sensory methods to convey rhythm.

#### • Activities:

- 1. Tactile Repetition with Partner Support:
- Use hand-over-hand guidance to help students feel the rhythm of the chant through gentle tapping on their hands.
- 2. Physical Movement Rhymes:
- Use physical activities (e.g., hand movements or body gestures) to represent different parts of a rhyme, helping students understand the flow.
- 3. Tactile Storytelling Rhymes:
- Create a tactile version of a rhyme, such as textured pages or objects that represent key parts of the rhyme.
  - Materials:
- 212. Tactile books and storyboards with rhymes
- 213. Raised-text cards with rhyming words
- 214. Textured objects and tools (e.g., tactile drums or tambourines)

# 3. Blind and Hard of Hearing

**Approach:** Combine tactile materials, Braille, and auditory cues to teach rhythm and rhyme.

- Activities:
- 1. Tactile and Auditory Chants:
- 215. Read chants aloud and let students feel the beat with hand movements or tapping on their desk.

# 2. Braille Rhyme Cards:

216. Provide Braille cards with rhyming words or short chants that students can read and memorize.

# 3. Vibration Rhythms:

217. Use devices that vibrate to demonstrate the beat of the rhyme or chant (e.g., a vibration pad).

#### • Materials:

- 218. Braille rhyme cards and books
- 219. Audio devices for reciting chants
- 220. Vibration pads or instruments

#### 4. Deaf and Blind

**Approach:** Use a combination of tactile cues, Braille, and hand-over-hand guidance for rhythm and rhyme understanding.

#### • Activities:

# 1. Hand-Over-Hand Chant Practice:

221. Guide students' hands to follow the rhythm and movement of the chant.

# 2. Tactile Rhyming Blocks:

222. Use Braille blocks with rhyming words that students can touch and match.

# 3. Sensory Rhyme Experience:

223. Create sensory experiences where students feel different textures or objects while listening to the chant.

#### • Materials:

- 224. Braille or tactile cards with rhyming words
- 225. Sensory objects (e.g., textured balls, fabric strips)
- 226. Audio recordings for recitation

General Activities for All Groups

- 1. **Chant and Move:** Encourage students to move their bodies or hands in a rhythmic pattern to match the chant.
- 2. **Story-Based Rhymes:** Integrate rhymes into stories that students can explore through touch and sound.
- 3. **Interactive Group Chants:** Practice in groups where students can participate at their own level (e.g., clapping, tapping, or moving).

# 6. Read sentences and short paragraphs correctly.

# • Multisensory Approach:

Engage students with a combination of tactile, auditory, and kinesthetic methods for reading comprehension.

# • Use of Assistive Technologies: Incorporate Braille, audio devices, and

# • Contextual Support:

tactile tools as

needed.

Choose simple sentences and short paragraphs that are meaningful and relevant to the students' daily experiences.

# • Repetition and Modeling:

Ensure multiple exposures to sentences and paragraphs to build familiarity and confidence.

# 1. Hard of Hearing and Low Vision

**Approach:** Use auditory and visual support for sentence reading, with tactile enhancements as needed.

#### • Activities:

- 1. Guided Reading with Large Print:
- 227. Use large-print sentence cards with clear, bold text and read aloud together.
- 2. Sound and Sight Matching:
- 228. Show a sentence visually and read it aloud, encouraging students to match spoken words with printed words.
- 3. Sentence Building with Flashcards:
- 229. Use flashcards with individual words to form sentences. Students can build sentences with assistance and read them aloud.
  - Materials:
- 230. Large-print sentence cards
- 231. Audio recordings of sentences
- 232. Flashcards with words for sentence-building

#### 2. Deaf and Low Vision

**Approach:** Combine tactile and visual supports to read sentences and short paragraphs.

# Activities:

# 1. Tactile Sentence Matching:

233. Create tactile sentence cards with Braille and corresponding raised-text for each sentence and match them with tactile illustrations.

#### 2. Braille Reading Practice:

234. Use Braille books with short paragraphs and sentences that students can read with finger movements.

#### 3. Picture-Sentence Associations:

235. Pair sentences with tactile pictures and read the sentences while students feel the pictures to understand the context.

## • Materials:

- 236. Braille sentence books or cards
- 237. Tactile illustrations or textured storyboards
- 238. Raised-text sentence cards

# 3. Blind and Hard of Hearing

**Approach:** Utilize tactile reading and auditory support for reading comprehension.

# • Activities:

- 1. Tactile Reading with Hand-Over-Hand Support:
- 239. Use hand-over-hand guidance to help students feel the Braille sentences and read them aloud.

# 2. Audio Reading Practice:

240. Play recorded sentences and have students repeat them while following Braille or tactile sentence cards.

# 3. Word and Sentence Exploration:

241. Use Braille cards to build simple sentences and read them aloud, encouraging students to feel and

explore each word.

#### Materials:

- 242. Braille sentence cards
- 243. Audio recordings of sentences
- 244. Tactile sentence boards

#### 4. Deaf and Blind

**Approach:** Implement a combination of tactile, auditory, and hand-over-hand methods for reading practice.

#### • Activities:

# 1. Hand-Over-Hand Braille Reading:

245. Use a tactile sentence board or Braille book and guide students' hands to feel the Braille as they read the sentences.

# 2. Sensory Word Association:

246. Pair Braille sentences with tactile objects that represent the content, providing context and aiding understanding.

# 3. Reading with Vibration Feedback:

247. Use vibration pads or devices to provide rhythmic feedback as students read aloud, reinforcing comprehension.

# • Materials:

- 248. Braille books or boards
- 249. Tactile object cards for sentence context
- 250. Vibration pads or devices

# General Activities for All Groups

- Interactive Reading Sessions: Read sentences and short paragraphs aloud with students and encourage them to join in by reading aloud or following along.
- 2. **Role-Playing Sentences:** Act out the sentences or short paragraphs to help students connect the

_	T	
		content with real-life actions.  3. <b>Comprehension Discussion:</b> After reading, engage students in a brief discussion to ensure understanding and encourage them to share their thoughts or answer questions.
7. Understand plurals (-s), verb tense, contractions and simple comparatives.	Multisensory Learning: Use tactile, auditory, and kinesthetic methods to teach grammatical concepts.     Repetition and Modeling: Repeated exposure helps reinforce understanding of language rules.     Simplified Language: Use simple, clear examples that are meaningful to students.     Assistive Technologies and Tools: Incorporate Braille, audio recordings, and tactile materials to support learning.	<ol> <li>1. Hard of Hearing and Low Vision</li> <li>Approach: Combine auditory and visual supports with tactile activities for learning plurals, verb tenses, contractions, and comparatives.         <ul> <li>Activities:</li> <li>Plurals Practice with Visual and Tactile Cards:</li> </ul> </li> <li>251. Show cards with singular and plural words (e.g., cat/cats) and use raised-text or large print to help students differentiate between them.</li> <li>Verb Tense Matching Game:</li> <li>252. Create cards with sentences in different verb tenses (e.g., "I walk," "I walked," "I am walking"). Match the sentence with its corresponding visual or action.</li> <li>Contraction Building:</li> <li>253. Provide tactile cards or Braille cards with parts of contractions (e.g., "do" and "not" for "don't"). Students can feel and combine the cards to create contractions.</li> <li>Comparative Pairing Activity:</li> <li>Use picture cards to show objects of different sizes or characteristics (e.g., "big" and "bigger"). Students can match them and identify the comparative.         <ul> <li>Materials:</li> </ul> </li> <li>Large print and raised-text cards</li> </ol>
		<ul> <li>256. Braille cards for word practice</li> <li>257. Visual and tactile flashcards</li> <li>258. Audio examples of correct pronunciation and</li> </ul>

usage

#### 2. Deaf and Low Vision

**Approach:** Use tactile and auditory aids to support learning of plurals, verb tenses, contractions, and comparatives.

#### • Activities:

# 1. Tactile Word Building:

259. Create Braille or raised-text cards for singular and plural words, helping students touch and feel them to understand the concept (e.g., "dog" and "dogs").

#### 2. Verb Tense with Action Cues:

260. Use simple actions to represent different tenses (e.g., "run," "ran," "running") while students feel the motion.

# 3. Contraction Forming with Hand-Over-Hand Guidance:

261. Guide students' hands to combine separate cards representing the words that form contractions.

# 4. Comparative Tactile Matching:

262. Use different-sized textured objects (e.g., a small and large block) to represent comparatives (e.g., "small," "smaller").

#### Materials:

- 263. Braille and tactile cards
- 264. Objects of varying sizes for comparatives
- 265. Raised-text cards for verb tenses
- 266. Audio support for correct pronunciation

# 3. Blind and Hard of Hearing

**Approach:** Combine tactile reading, hand-over-hand guidance, and auditory cues for teaching grammar concepts.

# • Activities:

#### 1. Tactile Sentence Building:

267. Use Braille cards to form sentences showing plurals and contractions (e.g., "The dog runs" vs. "The dogs run").

#### 2. Verb Tense Practice with Sound Cues:

268. Use audio recordings to present verbs in different tenses and guide students' hands to feel changes in Braille representations (e.g., "run" vs. "ran").

#### 3. Contraction Practice with Sensory Feedback:

269. Use vibration pads or devices as students practice contractions, providing rhythmic cues.

#### 4. Comparative Activity with Textured Objects:

270. Incorporate tactile comparisons (e.g., "big" vs. "bigger") using different materials like soft and hard surfaces to represent the words.

#### Materials:

- 271. Braille cards and books
- 272. Audio recordings of sentence examples
- 273. Vibration pads for sensory learning
- 274. Tactile objects for comparisons

#### 4. Deaf and Blind

**Approach:** Utilize hand-over-hand guidance, tactile materials, and auditory cues to teach grammar concepts.

# Activities:

# 1. Hand-Over-Hand Sentence Reading:

275. Guide students' hands over Braille sentences that show the use of plurals, verb tenses, and contractions.

# 2. Combining Words to Form Contractions:

276. Assist students in feeling and joining Braille cards that represent the words making up contractions

		(e.g., "do" and "not" for "don't").
		3. Comparative Object Exploration:
		277. Use tactile objects to demonstrate comparatives, such as different-sized balls or blocks, while students listen to the corresponding words.
		4. Interactive Tactile Practice:
		278. Provide opportunities to feel and compare objects and use hand-over-hand guidance to read and understand sentences.
8. Show an understanding	• Multisensory Approach:	1. Hard of Hearing and Low Vision
of different kinds of reading texts (stories, letters, etc.)	Integrate tactile, auditory, and visual methods, focusing on what can be sensed through touch and hearing.  • Simplified and Relevant	<ul> <li>Approach: Utilize a combination of audio, tactile, and visual supports for students to interact with and understand different types of reading texts.</li> <li>Activities:</li> <li>279. Tactile Story Cards: Create cards with key story elements (e.g., characters, objects) in raised print or Braille that students can explore to understand the story's context.</li> </ul>
	Content: Choose reading materials that reflect students' experiences and interests to increase engagement and comprehension. Interactive and Engaging	<ul> <li>280. Audio Stories with Visual Support: Use audio recordings of stories accompanied by large print or tactile storyboards to follow along and understand the narrative.</li> <li>281. Letter Recognition Activities: Provide large print letters and tactile envelopes that contain simple letters for students to explore and identify.</li> <li>282. Story Retelling with Props: Use tactile objects that represent elements of the story for students to handle as they retell the story.</li> </ul>
	Activities: Use hands-on	Materials:
	methods to ensure the text is accessible and meaningful.	<ul> <li>283. Raised print and Braille story cards</li> <li>284. Audio story recordings</li> <li>285. Large print and tactile storyboards</li> <li>286. Tactile props for storytelling</li> </ul>
	• Personalized Learning:	2. Deaf and Low Vision
	Adapt the	Approach: Use tactile and auditory aids to help

complexity of the reading material based on each student's level of understanding. students understand stories, letters, and different reading materials.

#### • Activities:

- 287. **Tactile and Audio Story Comprehension:** Read stories using tactile illustrations and audio narration, asking students to feel and identify objects or characters in the story.
- 288. **Matching Game with Letters and Words:** Provide Braille or raised-text cards of simple words or letters that match parts of a story.
- 289. **Guided Exploration of Different Texts:** Allow students to explore different types of reading materials, like books or letters, using touch to explore and recognize structures.
- 290. **Interactive Discussion:** Use hand-over-hand guidance to encourage students to talk about the story and relate it to their own experiences.
  - Materials:
- 291. Braille and tactile books
- 292. Audio recordings of different text types
- 293. Raised-text cards and objects for matching

#### 3. Blind and Hard of Hearing

**Approach:** Use tactile and auditory methods, focusing on touch and sound to introduce students to various reading texts.

- Activities:
- 294. Tactile Exploration of Books: Provide Braille or tactile books that represent different types of texts, such as stories and letters. Guide students' hands to follow along as they hear the story.
- 295. Tactile Reading and Sound Association: Use sound cues or spoken language to accompany tactile story elements, helping students connect text to meaning.
- 296. **Character and Setting Identification:** Use touchable story components to help students understand who the characters are and what the setting looks like.
- 297. Interactive Reading Response: Engage students

in verbal discussions about the text's main points and their feelings or thoughts related to it.

#### • Materials:

298. Braille and tactile books with audio support

299. Raised-text cards or Braille with corresponding sounds

300. Handheld objects representing story elements

#### 4. Deaf and Blind

**Approach:** Focus on tactile and auditory activities to engage students with reading materials and support comprehension through touch and sound.

#### • Activities:

- 301. **Tactile and Auditory Storytelling:** Provide Braille books or raised-text materials with spoken narrative accompaniment. Use hand-over-hand guidance to read and follow the story.
- 302. **Object Exploration for Contextual Learning:** Include textured objects that relate to the story or letter's content for students to explore while listening.
- 303. Story Summarization with Sensory Feedback: Allow students to express the story's main points or the letters' meanings using tactile signs or verbal descriptions.
- 304. **Interactive Story Repetition:** Encourage students to repeat the story or content using their own words, using tactile feedback as a guide.

#### Materials:

- 305. Braille books and tactile story materials
- 306. Audio support for storytelling
- 307. Textured objects for contextual understanding

# General Activities for All Groups

- 308. **Tactile Book Exploration:** Provide students with a range of books with raised-text, Braille, or tactile illustrations to explore independently or with guidance.
- 309. **Sound-Word Matching:** Use auditory tools and

		tactile cards to match spoken words with the corresponding text or story parts.  310. Engage in Story-Based Activities: Use activities
		like "story in a box," where items related to the story are placed in a box for students to touch and explore.
9. Retrieve specific	• Multisensory Learning:	1. Hard of Hearing and Low Vision
information (names,	Utilize a combination of tactile, auditory,	<b>Approach:</b> Incorporate large print, tactile books, and audio to help students locate specific information like names, numbers, and details.
number, etc) from reading texts.	and visual cues tailored to the sensory needs of	• Activities:
	<ul><li>each type of deafblindness.</li><li>Interactive Strategies:</li></ul>	311. <b>Tactile Information Search:</b> Provide large print or raised-text cards with names and numbers. Ask students to find the cards in a tactile book or on a reading sheet.
	Engage students in hands-on activities that	312. Audio-Enhanced Matching: Read a short passage aloud and have students match specific names or numbers with the correct visual or tactile
	require them to locate and identify specific information.	representation.  313. <b>Highlighting Key Information:</b> Use textured markers or tactile stickers on the reading material to highlight key information (e.g., names, numbers).
	• Simplified and Relevant Texts: Use texts that are age-	314. Interactive Q&A: After reading a passage, ask questions like "Where is the name mentioned?" and guide the students to the relevant section using tactile cues or a pointer.
	appropriate and contextually	Materials:
	relevant to make understanding easier. • Repetition and Practice:	<ul> <li>315. Large print and raised-text cards</li> <li>316. Tactile markers and stickers</li> <li>317. Audio reading devices or assistants</li> <li>318. Raised-text and tactile books</li> </ul>
	Reinforce learning through	2. Deaf and Low Vision
	repeated exposure and practice with various types of	<b>Approach:</b> Use tactile and audio resources to help students understand and find specific information in texts.
	texts.	• Activities:
		319. <b>Tactile and Audio Comprehension:</b> Read a story aloud while guiding students' hands over tactile

- illustrations or raised-text words. Ask questions such as "What number did the character say?" or "Can you find the name of the main character?"
- 320. **Sound-Word Association:** Play an audio clip or read aloud and let students touch Braille or raised cards to identify specific information.
- 321. **Matching Game with Names and Numbers:** Provide tactile cards of names and numbers, and have students match these to the corresponding parts of the story read aloud.
- 322. **Story Summarization with Tactile Cues:** Encourage students to retell the story or find specific details in the text using Braille or tactile text.

- 323. Braille and tactile storybooks
- 324. Audio recordings for story reading
- 325. Raised-text and Braille cards for matching

## 3. Blind and Hard of Hearing

**Approach:** Focus on tactile and auditory methods to support students in finding and identifying specific information from reading texts.

#### Activities:

- 326. **Tactile Reading Exploration:** Provide tactile books or materials where specific details like names or numbers are embossed. Students can explore these while listening to an audio version of the text.
- 327. Verbal and Tactile Retrieval: After listening to a story, ask questions that require the student to find and touch the relevant parts of a tactile page or object to provide the correct information.
- 328. **Object-Based Comprehension:** Use real-world items or textured objects to represent parts of the story, helping students find specific details through touch.
- 329. **Guided Story Analysis:** Guide students through a story using hand-over-hand techniques and verbal questions to locate key information.

## • Materials:

330. Tactile books and embossed materials.

- 331. Audio story recordings with descriptions.
- 332. Real-world items related to the story

#### 4. Deaf and Blind

**Approach:** Emphasize tactile and auditory input, with careful handling of students' hands to guide them through the process of finding and understanding specific information.

## • Activities:

- 333. **Tactile Story Navigation:** Read aloud while guiding students' hands over a tactile book, helping them locate names or numbers embedded in the text.
- 334. **Sound Identification Tasks:** Use sound cues and spoken language to ask students to identify information, such as "Can you find the number three?" or "Where is the character's name?"
- 335. **Braille and Tactile Matching:** Use Braille and raised-text cards with names and numbers, encouraging students to match them with corresponding parts of a story or passage.
- 336. **Hand-Over-Hand Practice:** Support students in touching specific raised or textured sections of the story while discussing what they feel and hear.

## • Materials:

- 337. Braille books with tactile elements
- 338. Audio devices or human readers for story narration
- 339. Raised-text or Braille cards for practice

## General Strategies for All Groups

- 340. **Interactive Q&A:** Engage students with questions that prompt them to find and retrieve specific details, such as names, numbers, or objects from a story.
- 341. **Guided Reading with Support:** Read passages aloud while guiding students to touch or interact with corresponding elements in a tactile version of the text.
- 342. **Multisensory Cues:** Combine touch with sound cues, such as a specific tone or vibration, to indicate when key information is mentioned.

		<b>343. Visual and Tactile Cues for Emphasis:</b> Use textures or shapes to mark where important information appears in the reading material.
10. Decode words correctly which have consonant digraphs in initial positions (th, sh, ch, wh), vowel digraphs (oo, ee, ea, oa, aw, ai, ay), initial consonant blends (sw, sn, sk, bl, br, ch, cl, cr, dr,	• Sensory Modality Focus: Utilize tactile and auditory methods that cater to different types of deafblindness. • Simplified Visual and Tactile Cues: Use raised or embossed letters and tactile cards to help students feel the digraphs and blends. • Multisensory	<ol> <li>Hard of Hearing and Low Vision</li> <li>Approach: Emphasize tactile and auditory cues to support decoding words with digraphs and blends.         <ul> <li>Activities:</li> </ul> </li> <li>Tactile and Auditory Decoding: Provide tactile cards or textured flashcards featuring consonant digraphs and blends. Say the sound aloud, and have students trace the letters while repeating the sound.</li> <li>Sound Matching Game: Present cards with a mix of digraphs and words. Students match the correct word to the sound they hear.</li> <li>Word Segmentation: Say a word with a digraph or blend and have students feel each part of the word separately (e.g., /sh/ + /op/ for "shop").</li> <li>Word Building with Magnetic Letters: Allow students to build words with magnetic letters while hearing the sounds pronounced.</li> </ol>
fl, gl, ph, pl, pr, sh, sl, sm, sp, st, th, tr, tw, wh, qu), and final consonant blends (nd, nk, nt, mp).	Approach: Combine touch, sound, and movement to reinforce decoding skills.  Individualized Support: Tailor activities to match the sensory needs and learning levels of each student.	<ul> <li>Materials:         <ul> <li>Materials:</li> </ul> </li> <li>348. Tactile cards with raised letters</li> <li>349. Audio devices for sound practice</li> <li>350. Magnetic letters or letter tiles</li> <li>351. Textured flashcards with digraphs and blends</li> </ul> <li>2. Deaf and Low Vision</li> <li>Approach: Use tactile methods, accompanied by verbal prompts and sound cues.         <ul> <li>Activities:</li> </ul> </li> <li>352. Tactile Word Decoding: Create Braille or raised-text flashcards with digraphs and blends. Students trace them while listening to the corresponding sounds.</li> <li>353. Guided Sound Identification: Teacher pronounces words with digraphs and blends and helps students feel where the digraphs or blends are within the word.</li>

- 354. **Tactile Reading Practice:** Read aloud while guiding students' hands over Braille or embossed text, emphasizing digraphs and blends.
- 355. **Multisensory Sound Games:** Integrate sound and touch, such as using a soft vibration device to signal when a specific digraph appears in the word.

- 356. Braille cards or tactile flashcards
- 357. Audio devices for sound repetition
- 358. Raised-text books or pages
- 359. Vibration devices for additional sensory input

## 3. Blind and Hard of Hearing

**Approach:** Focus on tactile exploration, sound cues, and verbal reinforcement.

## • Activities:

- 360. Tactile Exploration of Letters: Use raised-text cards or objects shaped in the form of digraphs and blends for students to feel while hearing the sounds pronounced.
- 361. **Sound-to-Word Association:** Present spoken words with digraphs or blends and have students touch corresponding tactile cards to reinforce learning.
- 362. **Word Construction with Tactile Letters:** Use tactile letters to build words, ensuring students feel the connections between sounds and letters.
- 363. **Sound Discrimination Practice:** Have students listen to different words and feel for similarities and differences in the digraphs and blends.

## Materials:

- 364. Tactile letter cards and boards
- 365. Audio recorders or story players
- 366. Raised-text books or paper with Braille
- 367. Tactile and textured items for hands-on learning

## 4. Deaf and Blind

**Approach:** Use a combination of tactile cues and sound prompts, with assistance from hand-over-hand

guidance.

## • Activities:

- 368. **Hand-Over-Hand Letter Tracing:** Assist students in tracing raised-text letters or shapes that represent digraphs and blends while producing the corresponding sounds.
- 369. **Verbal and Tactile Decoding Practice:** Say a word with a digraph or blend and guide students to feel where the digraph or blend is located within a tactile representation.
- 370. **Matching Games with Tactile Items:** Use items such as tactile cards with digraphs or blends and corresponding objects to match with their sounds.
- 371. **Repetition and Feedback:** Repeat the decoding activity multiple times and provide immediate feedback to reinforce learning.

## • Materials:

- 372. Braille or raised-text cards for digraphs and blends
- 373. Audio equipment for sound reinforcement
- 374. Raised letter charts or Braille sheets
- 375. Tactile objects representing words or letters

## General Strategies for All Groups

- 376. **Hand-Over-Hand Guidance:** Ensure students are guided in the correct direction when tracing or exploring new letters and sounds.
- 377. **Repetition and Reinforcement:** Repeated practice helps solidify decoding skills.
- 378. **Verbal Prompts and Cues:** Use clear verbal cues to indicate the sounds and words being studied.
- 379. **Incorporate Movement:** Use finger movements or hand gestures to help students remember the sounds (e.g., moving a hand for the "th" sound).
- 380. **Use High-Contrast and Raised Features:** Ensure that any visual material has high contrast and raised textures for students with limited vision.

1. Write words in correct order to form simple sentences.  • Multi-Sensory Approach: Integrate touch, sound, and movement to reinforce learning. • Individualized Supports: Customize activities to meet the sensory and cognitive needs of each student.  • Multi-Sensory Approach: Integrate touch, sound, and movement to reinforce learning. • Individualized Supports: Customize activities to meet the sensory and cognitive needs of each student.  • Multi-Sensory Approach: Integrate touch, sound, and movement to reinforce learning. • Individualized Supports: Customize activities to meet the sensory and cognitive needs of each student.  • Multi-Sensory Approach: Integrate touch, sound, and movement to reinforce learning. • Individualized Supports: Customize activities to meet the sensory and cognitive needs of each student.  • Morthies:  381. Tactile Sentence Construction: Use raised or embossed cards with individual words. Students place them in the correct order based on auditory cues.  382. Word Order Games: Provide word cards and read the sentence out loud. Students arrange the cards in the correct order based on auditory gues.  383. Guided Sentence Building: The teacher reads a simple sentence, and students match the words with a tactile word bank and place them in order.  384. Matching and Rearranging: Create a set of tactile word cards that students can rearrange to form different sentence repetition and high contrast  385. Raised or embossed word cards  386. Audio devices for sentence repetition and high contrast  388. Braille or tactile sentence templates  2. Deaf and Low Vision
Approach: Use tactile and auditory methods, and involve students in guided sentence building.  • Activities:  389. Tactile Word Sorting: Students touch and feel individual words on raised cards or

- 390. Sentence Reading with Tactile
  Support: Read the sentence aloud and have students trace each word while following along with tactile cues.
- 391. **Word-to-Sentence Practice:** Use Braille or tactile cards to help students arrange words in the correct order to create sentences.
- 392. Interactive Sentence Building: Teacher says a sentence, and the student uses tactile cards to build it with assistance if needed.

- 393. Braille cards or tactile word cards
- 394. Audio reading equipment for reinforcement
- 395. Raised word boards or sentence strips
- 396. Tactile and textured sentence cards

## 3. Blind and Hard of Hearing

**Approach:** Focus on auditory guidance and hand-on-hand support with tactile cues.

## • Activities:

## 397. **Guided Sentence Arrangement:**

Provide students with tactile word cards. Teacher pronounces the sentence, and students feel the cards to arrange them in order.

- 398. Audio and Tactile Sentence Practice:
  Students listen to the sentence and then
  use Braille or tactile cards to replicate the
  order of words.
- 399. **Matching Sound and Touch:** Teacher says a sentence, and students match spoken words with corresponding tactile word cards.
- 400. **Word Lineup Activity:** Arrange words in a line on a tactile board to form a sentence, guided by the teacher.

- 401. Braille or textured cards with words
- 402. Audio devices for listening practice
- 403. Tactile sentence boards
- 404. Raised-text boards for hand placement

#### 4. Deaf and Blind

**Approach:** Use a combination of tactile, auditory, and hand-over-hand methods to help students build sentences.

## • Activities:

- 405. Hand-Over-Hand Guided Sentence Formation: The teacher places the student's hands on tactile word cards and guides them to arrange the words in the correct order.
- 406. **Sound and Touch Reinforcement:** Teacher reads the sentence aloud, and students feel each word in the correct order on raised cards.
- 407. **Tactile Sentence Matching:** Provide students with tactile words, and the teacher reads the sentence, prompting the student to touch the corresponding words in sequence.
- 408. **Interactive Sentence Practice:** Have students create sentences using a tactile word bank, while the teacher pronounces each word and guides placement.

## • Materials:

- 409. Braille or raised-text cards with words
- 410. Audio and voice recorders for verbal sentence practice
- 411. Raised word boards or tactile sentence strips
- 412. Teacher and student hand guidance for tactile learning

## General Strategies for All Groups

1. **Repetition and Practice:** Consistent practice helps reinforce the correct order and sentence formation.

2. Immediate Feedback: Provide positive reinforcement and guidance when students place words correctly or need help. 3. Multi-Sensory Support: Utilize tactile, auditory, and kinesthetic methods to accommodate different sensory needs. 4. Adapt for Individual Needs: Customize the level of support, such as handover-hand guidance or visual cues, to match each student's ability. 2. Write • Multi-Sensory 1. Hard of Hearing and Low Vision **Approach:** Utilize a dictated combination of tactile, **Approach:** Use auditory cues along with words, auditory, and kinesthetic tactile feedback to help students understand phrases and learning techniques. dictated content and write it down. sentences. • Guided Practice: Ensure step-by-step **Activities:** support during the writing process. 413. Tactile Word Tracing: Dictate a word • Individualized or phrase and have students trace it on **Accommodations:** raised or embossed paper with their Modify activities to cater fingers. to specific sensory needs 414. **Sentence Construction:** Read a simple and communication sentence aloud, and students write it on preferences. high-contrast or tactile-lined paper. 415. Word Dictation Practice: Teacher • Consistency and dictates a word or phrase, and students **Repetition:** Provide write it using large print or braille writing regular opportunities to tools. practice dictation with 416. Interactive Dictation: Use audio varied levels of support. playback of the dictation followed by immediate writing practice. **Materials:** 417. Raised or embossed paper and Braille writing tools 418. Audio devices for playback of dictation 419. High-contrast lined paper or tactile writing boards 420. Pencils with thick grips or adaptive writing tools 2. Deaf and Low Vision

**Approach:** Combine auditory input with tactile support and written practice to help students complete dictation tasks.

## • Activities:

421. **Guided Dictation with Tactile Cues:** Teacher speaks a word or phrase, and students feel the corresponding tactile

students feel the corresponding tactile cards while writing.

- 422. **Repetition and Tracing:** Dictate a word, and students trace it on tactile paper or use a textured writing board to reinforce learning.
- 423. **Audio Dictation Practice:** Students listen to the spoken word or sentence, then write it on a tactile-lined surface.
- 424. **Interactive Writing Practice:** Use tactile letter cards to spell out dictated words or sentences.

## • Materials:

- 425. Tactile writing boards or sandpaper letters
- 426. Braille or raised-line notebooks
- 427. Audio devices for listening practice
- 428. Pencils or writing tools adapted for students' needs

## 3. Blind and Hard of Hearing

**Approach:** Use touch-based and auditory support, with teacher-led guidance to facilitate dictation.

## • Activities:

429. Hand-Over-Hand Writing Assistance:

Teacher places hands on the student's hands to guide them in writing dictated words or phrases.

- 430. **Tactile Dictation Cards:** Words and sentences on tactile cards are dictated aloud, and students trace or write them.
- 431. **Sound-to-Touch Practice:** Dictate a

- word or phrase, and students write it on a textured surface that provides tactile feedback.
- 432. **Interactive Handwriting:** Using tactile guides, students write down dictated words while listening to the pronunciation.

- 433. Raised-line writing paper or Braille notebooks
- 434. Audio devices for clear dictation playback.
- 435. Tactile guides or hand-over-hand writing support tools
- 436. Pencils or adapted writing tools

## 4. Deaf and Blind

**Approach:** Use a combination of guided touch, sound, and hand-over-hand assistance for dictation writing practice.

## • Activities:

## 437. **Hand-Over-Hand Dictation Practice:**

The teacher guides the student's hands to write dictated words or sentences on a raised or textured board.

- 438. **Tactile Dictation Sessions:** Use word or phrase cards with tactile markers. The teacher says the word, and the student feels the card while writing.
- 439. **Guided Tracing:** The student traces words on raised-line paper while listening to the teacher's dictation.
- 440. **Sensory Feedback Dictation:** Teacher pronounces words while the student uses their hand to trace raised or textured letter cards.

- 441. Tactile and Braille writing tools and boards
- 442. Raised-line writing paper
- 443. Audio playback equipment for

	T	T
		dictation 444. Teachers' hands-on guidance for support
		General Strategies for All Groups
		<ol> <li>Immediate Feedback: Provide realtime corrections or assistance to reinforce learning.</li> <li>Consistent Practice: Regular dictation sessions help build writing skills and confidence.</li> <li>Multisensory Reinforcement: Combine auditory, tactile, and kinesthetic learning for better retention.</li> <li>Personalized Support: Adjust level of assistance based on student needs (e.g., more tactile support, hand-overhand guidance).</li> </ol>
3. Use capital letters, full stops and question marks correctly.	<ul> <li>Tactile and Sensory Learning: Incorporate touch-based activities and multi-sensory methods to teach punctuation and capitalization.</li> <li>Guided Practice: Direct and consistent support during writing activities to reinforce the correct use of punctuation.</li> <li>Simplified and Clear Instructions: Use short, clear prompts and consistent models for teaching.</li> <li>Repetition and Practice: Provide frequent opportunities to apply these concepts in different contexts.</li> </ul>	<ol> <li>1. Hard of Hearing and Low Vision</li> <li>Approach: Integrate visual and tactile cues for recognizing and using punctuation marks.</li> <li>Activities:</li> <li>445. Tactile Punctuation Cards: Use cards with raised punctuation marks to teach recognition and placement.</li> <li>446. Tracing and Writing Practice: Have students trace sentences with capital letters, full stops, and question marks on raised-line paper or textured writing boards.</li> <li>447. Guided Sentence Creation: Dictate sentences and have students write them using the correct punctuation.</li> <li>448. Matching Punctuation with Sentences: Students match sentences with corresponding punctuation cards.</li> </ol>
		• Materials:
		449. Raised-line paper or braille writing paper

- 450. Tactile punctuation cards
- 451. Audio equipment for guided practice
- 452. High-contrast writing tools for better visibility

## 2. Deaf and Low Vision

**Approach:** Combine auditory input with tactile and visual cues for teaching punctuation use.

## • Activities:

## 453. Auditory and Tactile Punctuation

**Practice:** Teacher reads sentences aloud while the student feels the raised punctuation at the end.

- 454. **Hand-Over-Hand Writing Assistance:** Guide students' hands to place capital letters and punctuation in sentences.
- 455. **Sentence Tracing with Punctuation:**Provide sentences to trace on tactile paper, focusing on correct punctuation placement.
- 456. **Interactive Sentence Matching:** Use sentence cards with raised punctuation for students to match with spoken sentences.

## Materials:

- 457. Raised-line or braille paper
- 458. Audio playback for sentence modeling
- 459. Tactile punctuation cards
- 460. Tactile guides for placement support

## 3. Blind and Hard of Hearing

**Approach:** Utilize touch and sound for teaching punctuation and capitalization, with a focus on hands-on practice.

## • Activities:

## 461. Hand-Over-Hand Writing for

**Punctuation:** Teacher guides student's hand to place capital letters, full stops, and question marks on paper.

- 462. **Tactile Sentence Creation:** Students use textured writing surfaces to write sentences with guidance, incorporating punctuation.
- 463. **Sensory Sentences Practice:** Dictate sentences with a pause at punctuation marks, so students can feel where the capital letters and punctuation should go.
- 464. **Matching Sentences with Punctuation:** Use raised-line cards to match completed sentences with correct punctuation cards.

- 465. Raised-line writing boards
- 466. Braille or tactile sentence cards
- 467. Audio equipment for clear dictation
- 468. Raised punctuation cards

## 4. Deaf and Blind

**Approach:** Combine auditory and tactile learning for comprehending and writing sentences with correct punctuation.

#### • Activities:

469. Hand-Over-Hand Guided Writing:

Teacher assists in forming sentences with correct capitalization and punctuation.

- 470. **Tactile Sentence Reproduction:**Students feel and replicate tactile sentence models with proper punctuation.
- 471. **Sensory Sentence Dictation:**Pronounce sentences slowly and clearly with a pause at each punctuation mark for students to feel.
- 472. **Interactive Sentence Practice:** Use raised-line writing boards and tactile punctuation markers for practice.

- 473. Raised-line writing surfaces
- 474. Tactile and Braille writing guides
- 475. Audio playback devices

		476. Punctuation stamps or tactile markers
		General Strategies for All Groups
		<ul> <li>477. Model Sentences with Punctuation: Regularly show examples of sentences using capital letters and punctuation.</li> <li>478. Break Down the Process: Teach the use of capitals, full stops, and question marks separately before combining them.</li> <li>479. Consistent Reinforcement: Repeat practice activities and provide feedback.</li> <li>480. Positive Reinforcement: Celebrate progress and correct use of punctuation.</li> </ul>
4. Give basic	1. Multi-sensory	1. Hard of Hearing and Low Vision
personal information in writing (e.g. name, address, age,	Approach: Use tactile, auditory, and visual cues for teaching writing and comprehension of	<ul><li>Approach: Integrate visual and tactile support for writing and understanding personal information.</li><li>Activities:</li></ul>
nationality, family information, etc.).	personal information.  2. Simplified Prompts and Guidance: Provide clear, step-by-step instructions and direct support.  3. Consistency and Repetition: Frequent practice	<ul> <li>481. Guided Writing Practice: Use tactile paper to guide students in writing their name, age, address, and other personal details.</li> <li>482. Matching Personal Details: Provide tactile cards with personal information and ask students to match them to their corresponding categories (e.g., name, age).</li> <li>483. Fill-in-the-Blanks: Have students fill in missing details in simple, pre-written templates for personal information.</li> </ul>
	opportunities to reinforce learning. 4. Accessible Materials: Tools	484. <b>Role-Playing:</b> Practice giving personal information in a conversation with the teacher or peers.
	that accommodate students' sensory	• Materials:
	needs.	<ul> <li>485. Tactile writing paper or braille paper</li> <li>486. Raised-line boards for writing</li> <li>487. Large-print or high-contrast word cards</li> <li>488. Textured flashcards for matching</li> </ul>

activities

## 2. Deaf and Low Vision

**Approach:** Use a combination of auditory and tactile methods to support comprehension and writing.

## • Activities:

- 489. **Auditory Practice:** Teacher provides spoken prompts, and the student responds by writing personal information with guidance.
- 490. **Tactile Templates:** Use pre-printed templates with raised outlines for students to trace and write their details.
- 491. Interactive Personal Information Chart: Create a tactile chart where students can fill in personal details using markers or adhesive labels.
- 492. **Scribed Responses:** For students who struggle with writing, the teacher can scribe their responses on paper while they dictate.

## Materials:

- 493. Audio equipment for clear speech models
- 494. Tactile or braille writing boards
- 495. Pre-made templates for writing practice
- 496. High-contrast markers or tools

## 3. Blind and Hard of Hearing

**Approach:** Focus on tactile and auditory cues to teach writing and understanding of personal information.

## • Activities:

497. **Hand-Over-Hand Writing:** The teacher guides the student's hand to write personal information using a braille or raised-line board.

- 498. **Verbal Dictation Practice:** Teacher dictates personal information prompts, and the student responds by writing or using braille.
- 499. **Matching Activity:** Use tactile cards with the student's details and ask them to match with a list of categories.
- 500. **Oral Practice with Handwriting Support:** Practice saying personal information while writing with guidance.

- 501. Braille paper or raised-line writing boards
- 502. Tactile labels for use in matching activities
- 503. Audio playback devices for dictation practice
- 504. Tactile writing tools

## 4. Deaf and Blind

**Approach:** Utilize a fully tactile and verbal approach with consistent teacher assistance for understanding and writing.

- 505. **Tactile Sentence Construction:** Use raised-line boards or braille paper with premade tactile templates for students to fill in personal details.
- 506. **Sensory Dictation:** The teacher speaks the prompts slowly and clearly, allowing students to feel where to place words or phrases.
- 507. **Personal Information Matching:**Create a set of tactile cards with personal information details that the student can match with their own details.
- 508. Hand-Over-Hand Writing and Verbal Repetition: The teacher guides the student's hand to write and reinforces the spoken version of each detail.

		Materials:
		<ul> <li>509. Braille or raised-line writing surfaces</li> <li>510. Tactile sentence cards or templates</li> <li>511. Audio resources for dictation</li> <li>512. Tactile symbols for categories (e.g., name, age, address)</li> <li>General Strategies for All Groups</li> <li>1. Use Multi-sensory Cues: Incorporate touch, sound, and visual (if applicable) to help students learn and practice writing their personal information.</li> <li>2. Simplify Tasks: Break down the process into manageable steps and use guided practice to reinforce learning.</li> <li>3. Provide Immediate Feedback: Offer feedback during activities to help correct mistakes and reinforce learning.</li> <li>4. Reinforce with Repetition: Repeat activities regularly to build confidence and skill in writing personal information.</li> </ul>
5. Express ideas in simple sentences.	1. Multi-sensory Learning: Combine tactile, auditory, and visual methods to support understanding and expression of simple sentences. 2. Repetition and Guided Practice: Frequent opportunities to practice forming and expressing simple sentences. 3. Simplified and Clear Instructions: Use	<ol> <li>Hard of Hearing and Low Vision</li> <li>Approach: Use tactile and visual aids along with verbal instruction to support sentence formation and expression.</li> <li>Activities:</li> <li>Sentence Building with Word Cards:         <ul> <li>Provide word cards with braille or large print and allow students to arrange them to create simple sentences.</li> </ul> </li> <li>Fill-in-the-Blanks: Provide templates with missing words and prompts for students to fill in with their own ideas.</li> <li>Guided Sentence Practice: Teacher gives a topic, and students use prompts to create a simple sentence.</li> <li>Interactive Storytelling: Use tactile</li> </ol>

simple language and provide stepby-step guidance.

4. Supportive Materials: Tools that cater to students' sensory preferences and needs.

picture books or braille books and guide students in creating sentences about the story.

## • Materials:

- 517. Large-print or braille word cards
- 518. Raised-line or braille writing paper
- 519. Tactile picture books
- 520. High-contrast writing tools

#### 2. Deaf and Low Vision

**Approach:** Incorporate auditory and tactile cues to support the development of sentence formation and expression.

## • Activities:

- 521. **Oral Sentence Practice:** Teacher provides prompts, and students verbally express simple sentences.
- 522. **Guided Sentence Creation with Tactile Aids:** Use tactile boards or writing guides for students to practice forming sentences.
- 523. **Matching Activities:** Match sentence parts with corresponding visual or tactile prompts.
- 524. **Story Recitation and Sentence Formation:** Have students listen to a simple story and create sentences to describe it.

## • Materials:

- 525. Audio playback for listening practice
- 526. Tactile and braille sentence templates
- 527. Raised-line writing boards
- 528. Word cards with tactile or braille labels

## 3. Blind and Hard of Hearing

**Approach:** Use auditory and tactile approaches to teach and reinforce sentence formation and idea expression.

## • Activities:

- 529. **Tactile Sentence Building:** Students use braille or raised-line boards to write and practice simple sentences.
- 530. **Verbal Prompts and Repetition:** Teacher asks questions or gives cues for students to respond with sentences.
- 531. **Hand-Over-Hand Guidance:** The teacher guides the student's hand to write sentences while providing verbal cues.
- 532. **Tactile and Verbal Storytelling:** Use tactile picture prompts or braille storybooks for students to create sentences based on a story.

## • Materials:

- 533. Braille paper or raised-line writing boards
- 534. Audio tools for verbal prompts
- 535. Tactile picture cards for story prompts
- 536. Hand-over-hand guides for writing support

## 4. Deaf and Blind

**Approach:** Utilize tactile and verbal techniques with continuous support to help students express ideas in simple sentences.

- 537. **Hand-Over-Hand Sentence Writing:**Teacher guides the student's hand to form simple sentences with tactile writing tools.
- 538. **Oral Practice with Sensory Support:**Use tactile objects to stimulate conversation, prompting students to create sentences.
- 539. **Tactile Sentence Templates:** Provide templates with raised line guides to help students create their sentences.
- 540. **Storytelling with Verbal and Tactile Feedback:** Use verbal prompts along with tactile aids for students to form sentences

		about a story or topic.
		26.4.1
		Materials:
		541. Braille or raised-line writing boards
		542. Tactile story cards or objects for
		sentence prompts
		543. Audio tools for verbal cues
		544. Sensory materials for storytelling (e.g.,
		textured items related to story themes)
		General Strategies for All Groups
		1. Use Multi-sensory Cues: Combine
		touch, sound, and, where applicable,
		vision to reinforce learning.
		<ol><li>Provide Clear and Direct Instruction:</li><li>Simplify language and provide</li></ol>
		consistent, easy-to-understand
		directions.
		3. Practice Repeatedly: Incorporate
		sentence-making activities regularly.
		4. Give Immediate Feedback: Offer
		positive reinforcement and correct
		guidance during practice.
6. Use correct	• Tactile Learning Methods: Utilize tactile	1. Hard of Hearing and Low Vision
spelling of	tools and materials to	A
words.	reinforce spelling.	<b>Approach:</b> Use tactile and auditory
	Multi-sensory	activities to reinforce correct spelling.
	Approach: Integrate	Activities:
	auditory, tactile, and,	Activities.
	where possible, visual	545. <b>Tactile Spelling Boards:</b> Students use
	stimuli for learning.	raised-line boards or textured mats to trace
	Repetition and	letters while saying the sounds aloud.
	Practice: Consistent	546. <b>Spelling Word Matching:</b> Match
	practice with immediate	spoken words with their correct spelling
	feedback.	using braille or large print cards.
	• Simplified	547. Auditory and Tactile Dictation:
	<b>Instructions and Clear</b>	Teacher says a word, and the student spells
	Cues: Ensure instructions	it out using tactile writing tools.  548. Word Building with Letter Cards: Use
	are straightforward, with	letter cards with braille or tactile marks to
	clear modeling.	letter eards with braine or tactile marks to

build words.

## • Materials:

- 549. Raised-line writing boards or tactile mats
- 550. Braille or large print letter cards
- 551. Audio playback for dictation practice
- 552. Tactile writing tools (e.g., stylus for braille paper)

## 2. Deaf and Low Vision

**Approach:** Emphasize auditory input and tactile feedback for spelling practice.

## • Activities:

- 553. **Sound-Word Association:** Say a word aloud and use tactile aids like braille to help students identify and write it.
- 554. **Spelling Practice with Textured Paper:**Use textured paper for students to trace letters and spell out words.
- 555. Audio Dictation and Writing: Dictate words and have students write them on raised-line paper.
- 556. **Interactive Spelling Games:** Play games where students form words from a mix of tactile letter cards.

## Materials:

- 557. Braille or raised-line paper for writing
- 558. Audio tools for dictation
- 559. Textured sheets for letter tracing
- 560. Tactile letter cards

## 3. Blind and Hard of Hearing

**Approach:** Focus on tactile and verbal methods to reinforce spelling.

## • Activities:

561. **Tactile Spelling Practice:** Students spell out words using braille or raised-line paper

and receive verbal cues.

- 562. **Dictation with Braille or Tactile Paper:** Teacher dictates words for students to spell by touch.
- 563. Word Tracing and Repetition:
  Students trace letters while saying them aloud to reinforce spelling.
- 564. Interactive Spelling with Word Cards:
  Use braille cards to create words and practice spelling.

## • Materials:

- 565. Braille or raised-line writing tools
- 566. Audio dictation devices
- 567. Tactile letter cards
- 568. Tactile word tracing templates

## 4. Deaf and Blind

**Approach:** Emphasize tactile and verbal interaction for spelling practice.

## • Activities:

- 569. **Hand-Over-Hand Writing Practice:** The teacher guides the student's hand to trace letters while pronouncing the word.
- 570. **Tactile Word Dictation:** Dictate a word, and students spell it out using braille or raised-line writing.
- 571. **Spelling with Sensory Feedback:** Use textured materials like sandpaper or textured sheets for students to trace letters.
- 572. Word Construction with Tactile Letter Tiles: Use tactile tiles to create and spell words.

- 573. Raised-line writing paper or braille paper
- 574. Tactile letter tiles or cards
- 575. Textured writing boards
- 576. Audio tools for word dictation

		General Strategies for All Groups
		<ol> <li>Repeat and Reinforce: Provide ample opportunities for students to practice spelling words in different contexts.</li> <li>Immediate Feedback: Offer immediate correction and positive reinforcement to guide learning.</li> <li>Multi-sensory Integration: Use a mix of touch, sound, and where applicable, any residual vision to enhance learning.</li> <li>Chunking Words: Break words into syllables to make spelling more manageable.</li> </ol>
7. Use suffix - s/es to form plural nouns.	<ul> <li>Tactile and Auditory Integration: Use a combination of tactile and auditory cues to teach the addition of suffixes to words.</li> <li>Repetition and Practice: Provide plenty of opportunities for practice with immediate feedback.</li> <li>Simplified Instruction: Break down the rule into smaller steps and model the process clearly.</li> <li>Multi-sensory Support: Ensure activities involve multiple senses, such as touch and hearing, to reinforce learning.</li> </ul>	<ul> <li>1. Hard of Hearing and Low Vision</li> <li>Approach: Incorporate tactile aids and auditory support for learning how to use the -s/es suffix.</li> <li>Activities:</li> <li>577. Tactile Word Cards with Suffix Practice: Use cards with words and ask students to add -s or -es to create plurals. Cards can have braille or large print for easy reading.</li> <li>578. Sound and Suffix Matching: Provide a list of words and ask students to listen to the teacher and add the correct suffix.</li> <li>579. Sentence Completion with Plural Words: Create sentences with missing plural nouns for students to complete with the correct word.</li> <li>580. Word Sorting Activity: Sort words that take -s or -es into categories using tactile or braille labels.</li> <li>Materials:</li> <li>581. Tactile or braille word cards</li> <li>582. Audio prompts for pronunciation</li> <li>583. Raised-line paper for writing practice</li> </ul>

584. Large print and braille worksheets for sorting

## 2. Deaf and Low Vision

**Approach:** Utilize tactile and auditory methods with a focus on clear verbal instructions.

## • Activities:

## 585. Oral Practice with Tactile Feedback:

Pronounce a singular word and have students say the plural form while touching a raised-line word card.

- 586. **Tactile Word Tracing:** Students trace words and add the -s or -es suffix while saying the word aloud.
- 587. **Matching Game:** Match singular words with their plural counterparts using braille or tactile cards.
- 588. **Interactive Word Lists:** Use word lists with a variety of examples where students identify and add the plural suffix.

#### Materials:

- 589. Braille or raised-line word cards
- 590. Audio recording for pronunciation practice
- 591. Tactile writing guides
- 592. Word lists in braille or large print

## 3. Blind and Hard of Hearing

**Approach:** Focus on tactile and verbal instruction to teach the use of the -s/es suffix.

- 593. **Hand-Over-Hand Writing:** Guide the student's hand to write words on braille or raised-line paper, adding -s or -es.
- 594. **Oral Repetition and Writing Practice:** Teacher pronounces a word, and students respond by forming the plural and writing

it.

- 595. **Word Formation with Tactile Tiles:**Use tiles with letters for students to build singular and plural forms.
- 596. **Audio-Spelling Dictation:** Dictate a word and have the student write its plural form.

## Materials:

- 597. Braille or raised-line writing materials
- 598. Tactile letter tiles
- 599. Audio tools for pronunciation
- 600. Word practice sheets with blank spaces for writing

## 4. Deaf and Blind

**Approach:** Integrate tactile methods with guided verbal instructions for consistent practice.

## • Activities:

- 601. **Tactile Writing Practice with Hand- Over-Hand:** Guide the student's hand to add the -s or -es suffix on braille or raised-line paper while pronouncing the word.
- 602. Interactive Spelling with Tactile Feedback: Use textured sheets where students can feel the added suffix.
- 603. **Word Construction and Comparison:**Provide singular words, and students use tactile tiles to create plural forms, comparing the two.
- 604. **Storytelling with Plural Words:** Use verbal prompts and tactile objects for students to form plural nouns in context.

- 605. Raised-line or braille paper
- 606. Tactile letter tiles or cards
- 607. Audio prompts for teaching and practice
- 608. Textured materials for hands-on

		T
		learning
		<ol> <li>General Strategies for All Groups</li> <li>Practice Repeatedly: Ensure students frequently engage in activities involving plurals to build automaticity.</li> <li>Immediate and Positive Feedback:         <ul> <li>Correct mistakes promptly and praise efforts to build confidence.</li> </ul> </li> <li>Utilize Clear and Simple Language:         <ul> <li>Keep instructions simple and models easy to follow.</li> </ul> </li> <li>Incorporate Real-Life Contexts: Use examples from students' daily experiences to make learning relevant.</li> </ol>
8. Use present (with/without -s/es) and regular past (-ed) forms of verbs.	<ul> <li>Multi-sensory Learning: Incorporate tactile, auditory, and visual supports to engage multiple senses and reinforce learning.</li> <li>Modeling and Repetition: Provide clear models and repeated practice to support understanding and mastery.</li> <li>Simplified Instructions: Break down the learning into smaller steps and use straightforward language.</li> <li>Contextual Learning: Use real-life examples and activities to make verb forms relevant and memorable.</li> </ul>	<ol> <li>1. Hard of Hearing and Low Vision</li> <li>Approach: Combine tactile, auditory, and visual learning techniques to practice present and past verb forms.         <ul> <li>Activities:</li> </ul> </li> <li>609. Tactile Verb Flashcards: Use cards with the base form of a verb on one side and its present or past form on the other. Students can feel and read the cards to match verb forms.</li> <li>610. Verbal and Tactile Sentence         <ul> <li>Completion: Provide a sentence with a missing verb and ask students to fill in the correct present or past form using raised-line writing.</li> </ul> </li> <li>611. Role-play Activities: Act out daily activities while pronouncing the present and past tense of verbs (e.g., "I play" and "I played").</li> <li>612. Interactive Storytelling: Create stories using present and past tense verbs and have students add the appropriate forms during the storytelling.</li> </ol>

- 613. Raised-line or braille flashcards
- 614. Tactile writing guides
- 615. Audio recordings for pronunciation
- 616. Large print or braille worksheets for practice

## 2. Deaf and Low Vision

**Approach:** Use clear auditory instruction and tactile support to teach verb forms.

## • Activities:

- 617. **Oral Practice with Hand-Over-Hand Writing:** Guide the student's hand to write the correct verb form on tactile paper while pronouncing it.
- 618. **Tactile Verb Sorting:** Create cards with verbs and have students sort them into present and past forms.
- 619. **Audio-Spelling Practice:** Pronounce verbs, and students repeat them while writing their present and past forms.
- 620. **Story Reconstruction:** Provide a simple story where students fill in the correct verb forms.

## • Materials:

- 621. Tactile or braille cards for verbs
- 622. Audio prompts for pronunciation practice
- 623. Raised-line paper for writing exercises
- 624. Tactile objects representing verbs (e.g., toy animals for "run," "jump")

## 3. Blind and Hard of Hearing

**Approach:** Focus on tactile methods and verbal guidance to support understanding of verb forms.

## Activities:

1. **Tactile Writing with Verbal Cues:** Students write verbs with guidance and then change

- the form to present or past while repeating the words.
- 2. **Hands-on Verb Matching:** Match tactile verb tiles with their past tense forms on a raised-line board.
- 3. Interactive Practice with Movement:
  Perform actions (e.g., clapping, jumping)
  and associate the present and past forms
  of verbs (e.g., "I jump" and "I jumped").
- 4. **Oral Practice with Question and Answer:** The teacher asks questions in present tense, and the student responds with the past tense.

- 1. Tactile or braille tiles for verbs
- 2. Raised-line writing sheets
- 3. Audio tools for listening and repeating exercises
- 4. Tactile objects and actions for practice

#### 4. Deaf and Blind

**Approach:** Integrate tactile, verbal, and guided movement activities to teach verb forms.

## • Activities:

- Hand-Over-Hand Verb Practice: Guide students' hands to form words in present and past tense on raised-line paper.
- 2. **Tactile Verb Sorting Game:** Sort verbs using **tactile** cards or tiles with the correct present and past forms.
- 3. **Verb-Based Action Practice:** Perform physical actions to demonstrate verbs and have students respond in present and past tense (e.g., "I sit," "I sat").
- 4. Interactive Storytelling with Gestures: Use gestures and tactile feedback to tell stories, changing the verb forms as needed.

- 1. Tactile or braille word cards for verbs
- 2. Raised-line or braille writing materials
- Tactile objects that correspond to actions (e.g., soft ball for "throw," jumping toy for "jump")

		4. Audio guides for teacher pronunciation
		General Strategies for All Groups
		<ol> <li>Use Repetition and Practice: Reinforce learning with repeated practice activities and immediate feedback.</li> <li>Break Down the Process: Teach in small, manageable chunks to build understanding step by step.</li> <li>Use Real-Life Contexts: Make verb practice relatable by using examples from students' daily activities.</li> <li>Provide Immediate Corrections: Offer guidance when mistakes are made to reinforce correct usage.</li> </ol>
9. Connect	Tactile and Verbal	1. Hard of Hearing and Low Vision
sentences using simple coordinators, (e.g. 'and' and 'but'.)	Techniques: Ensure activities involve both tactile interactions and verbal instructions.  • Contextual Learning: Use real-life examples and familiar situations to help students understand the use of coordinators.  • Multi-sensory Engagement: Engage multiple senses to reinforce the connection between sentences using simple coordinators.  • Simplified Examples: Provide clear, easy-to-understand examples that suit the individual sensory needs of the students.	<ul> <li>Approach: Use auditory cues combined with tactile materials and large print for sentence construction practice.</li> <li>Activities:</li> <li>Sentence Matching: Provide pairs of simple sentences on tactile cards (e.g., "I like apples" and "I like oranges"). Have students match them and connect using "and" or "but."</li> <li>Fill-in-the-Blank: Use tactile sentence strips with blanks where coordinators should go. Students fill in the correct connector by feeling the raised letters or using braille.</li> <li>Interactive Dialogues: Role-play simple dialogues using "and" and "but" to connect sentences (e.g., "I want to go to the park, but it is raining").</li> <li>Story Building: Create a simple story together with the teacher, adding sentences using "and" and "but" to connect ideas (e.g., "The cat is small, but the dog is big").</li> <li>Materials:</li> </ul>
		5. Raised-line or braille sentence strips

- 6. Large print or braille word cards
- 7. Audio prompts for sentence examples
- 8. Tactile objects representing the content of sentences (e.g., toys, textured cards)

#### 2. Deaf and Low Vision

**Approach:** Emphasize the use of tactile and visual cues along with auditory practice for sentence connection.

## • Activities:

- Sentence Building Blocks: Use tactile blocks with words that students can arrange to form simple sentences and connect them using "and" or "but."
- Hands-On Sentence Construction: Use tactile word cards for students to create sentences and connect them with a coordinator (e.g., using finger-spelled words).
- 11. **Guided Practice:** The teacher models a sentence with a coordinator (e.g., "I eat pizza, and I drink juice") and has students repeat and construct similar sentences.
- 12. **Matching Game:** Create a game where students match sentence halves and join them using "and" or "but" to make complete sentences.

## Materials:

- 13. Tactile word cards
- 14. Audio examples of sentences spoken clearly
- 15. Raised-line writing guides or braille paper
- 16. Objects or pictures to represent sentence content

## 3. Blind and Hard of Hearing

**Approach:** Use tactile methods and verbal guidance to build sentence connections with simple coordinators.

#### • Activities:

- 17. **Tactile Sentence Cards:** Provide sentence cards in braille or with raised lines for students to connect using "and" or "but."
- 18. Hands-On Sentence Assembly: Guide students to put together sentences using tactile cards, connecting them with "and" or "but" (e.g., "The sky is blue and the grass is green").
- 19. **Role-Play Conversations:** Practice sentences through role-playing activities where students create and connect sentences using coordinators.
- 20. Simple Storytelling: Encourage students to create short stories or dialogues that use "and" and "but" to connect sentences naturally.

## • Materials:

- 21. Tactile sentence cards with braille
- 22. Audio prompts for sentence examples
- 23. Raised-line writing materials
- 24. Tactile objects representing story elements

#### 4. Deaf and Blind

**Approach:** Integrate tactile, verbal, and physical activities to teach sentence connection with simple coordinators.

- 25. Hands-On Sentence Construction: Use hand-over-hand guidance to help students create sentences with tactile cards, connecting them using "and" or "but."
- 26. **Interactive Action Sentences:** Use actions or physical activities to demonstrate sentence connections (e.g., "I am clapping and I am stomping").
- 27. **Tactile and Verbal Practice:** Provide raised-line sentence strips with coordinating words (e.g., "and" or "but") and have students connect them while repeating sentences.

		<ul> <li>28. Gesture-Based Storytelling: Create stories with the student using tactile cues and verbal prompts, connecting sentences with "and" and "but."</li> <li>• Materials:</li> <li>29. Tactile sentence strips or cards</li> <li>30. Raised-line or braille writing paper</li> <li>31. Audio prompts for word examples</li> <li>32. Tactile props for visual and physical connection</li> </ul>
10. Demonstrate good handwriting skills.	1. Multi-Sensory Approach: Incorporate tactile, auditory, and visual cues that fit each type of sensory ability.  2. Individualized Instruction: Tailor activities based on the specific needs of each child, using adaptive equipment and strategies.  3. Repetition and Practice: Reinforce skills through consistent practice with positive reinforcement.  4. Tactile Feedback: Provide physical feedback for correct or incorrect hand positioning and letter formation.	<ol> <li>Approach: Focus on tactile guidance with large print, audio cues, and structured practice.         <ul> <li>Activities:</li> </ul> </li> <li>Guided Tracing: Students trace letters and words using raised-line paper or tactile writing guides while listening to the teacher's instructions.</li> <li>Finger-Tracking Practice: Place a raised line or textured material over each letter, allowing students to trace it with their fingers while saying the letter name aloud.</li> <li>Letter Formation Songs: Use songs or chants that describe how to form letters step by step, reinforcing both auditory and tactile learning.</li> <li>Guided Writing Practice: Write simple words or sentences with the teacher providing hand-over-hand guidance.         <ul> <li>Materials:</li> </ul> </li> <li>Raised-line or braille paper</li> <li>Tactile writing guides</li> <li>Large print worksheets</li> <li>Audio prompts for correct letter formation</li> <li>Blind and Hard of Hearing</li> </ol>

**Approach:** Use tactile and auditory cues to support learning handwriting and letter formation.

## • Activities:

- 41. **Braille Writing Practice:** Use a braille slate and stylus or braille writing tools for students to practice writing letters and simple words.
- 42. **Physical Hand Guidance:** The teacher provides hand-over-hand assistance to guide students through forming each letter.
- 43. **Tactile Tracing Boards:** Create boards with raised letters that students can trace with their fingers to practice letter formation.
- 44. **Auditory Instructions:** Read out clear, simple instructions on how to form letters, paired with physical assistance.

## • Materials:

- 45. Braille slates and stylus
- 46. Raised-letter tracing boards
- 47. Audio instructions for writing
- 48. Textured or tactile writing paper

#### 4. Deaf and Blind

**Approach:** Use hands-on activities and physical guidance to reinforce handwriting, focusing on both tactile and auditory methods.

- 49. **Hand-Over-Hand Writing Practice:** The teacher places their hands on the student's to guide them through the motion of writing letters.
- 50. **Tactile Letter Construction:** Create 3D letters with materials such as pipe cleaners or clay for students to feel and trace.
- 51. Writing with Sensory Feedback: Allow students to write on different textured

	surfaces, like sand or raised board, to provide sensory input.  52. Auditory Feedback: Provide verbal cues and feedback on how letters should be formed and reinforced through repetition.
	• Materials:
	<ul><li>53. Raised boards or 3D letter models</li><li>54. Sensory writing surfaces (e.g., sandpaper, textured fabric)</li><li>55. Clay or pipe cleaners for letter building</li><li>56. Verbal cues and feedback</li></ul>
	General Strategies for All Groups
	<ul> <li>57. Use Clear and Simple Instructions: Ensure that instructions are easy to follow, and repeat as needed.</li> <li>58. Provide Immediate Feedback: Offer positive reinforcement and corrective feedback as necessary.</li> <li>59. Encourage Frequent Practice: Schedule regular practice sessions to reinforce skills.</li> <li>60. Adapt Writing Tools: Use adaptive tools that cater to the student's sensory preferences, such as different grips or textured paper.</li> </ul>

# B. Competencies for Grades 1 - 3

By the end of grade three, students will have developed the competencies to:

Competence	Basis of Adaptation	Required materials
1. Demonstrate an	Ensure the communication needs	For Reading: Braille,
understanding of	are addressed to demonstrate	tactile materials, large
simple spoken	understanding by providing	print, or digitally
language.	appropriate modes of	accessible books.
	communication such as:	For Writing: Braille
	• Tactile Sign Language: For children	writing tools and digital
	who rely on touch to	writing tools.

	<ul> <li>communicate, use tactile sign language to facilitate interaction and understanding.</li> <li>Sign Language: Where applicable, utilize visual sign language for those with partial vision.</li> <li>Palm Writing: Use palm writing for spelling or conveying concepts, especially for individuals comfortable with this method.</li> <li>Braille: Provide braille materials for reading and writing, enabling access to textual information.</li> <li>Large Print: Offer large print materials for children with residual vision who benefit from magnified text.</li> </ul>	For Vocabulary Building: Tactile vocabulary flashcards, real objects, etc. Embossed materials
2. respond in simple English with intelligible pronunciation (sign language or written in braille)		
3. use English for communication inside and outside the classroom.		
4. read simple texts for understanding and pleasure		
5. express opinions, ideas and feelings using simple English		
6. work with peers to learn language		

together.		
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## c. Grade-wise Learning Outcomes for Grades 1-3

## Table 10: Grade-wise learning outcomes in English

### **Grade 1**

## Skill: Listening

Learning Outcomes	Adaptation	Activities and Materials
1. Imitate, identify and	<b>Adaptation:</b> Use tactile	
discriminate sounds.	cues and vibrations to	
	represent different	
	sounds. For example,	
	vibrating surfaces or	
	tools can be used to	
	demonstrate varying	
	frequencies, and hand-	
	over-hand guidance can	
	help children feel the	
	movements associated	
	with different sounds.	
2. Identify words that	Adaptation: Use objects	
have the same initial,	or textures to represent	
medial or final sound.	words with similar tactile	
	cues (e.g., items with	
	similar textures for initial	
	sounds). Tactile sign	
	language could be	
	introduced, and children	
	can identify similar signs	
	through touch.	
3. Blend individual	Adaptation: Use tactile	
sounds in simple one	symbols for different	
syllable words. (e.g. /s/i/	phonemes or braille	
/t/ →sit)	letters, guiding children	
	to form simple words by	
	blending these tactile	

	armhala tagathar	
4 D	symbols together.	
4. Recognize, identify	Adaptation: Present	
and produce rhyming	objects or textured	
words. (e.g. cat $\rightarrow$ bat,	symbols representing	
sat)	rhyming words. Use	
	tactile rhyming cards	
	(with raised textures)	
	where children can feel	
	similarities in patterns to	
	recognize rhymes.	
5. Link an initial sound to	Adaptation: Use 3D	
a picture of an object that	objects or raised tactile	
begins with that sound	images instead of visual	
(e.g. Show a picture of a	pictures and teach	
book and identify the	children to associate an	
initial sound /b/).	initial sound with the	
	corresponding tactile	
	object (e.g., a 3D model	
	of a book for /b/).	
6. Name a printed letter	<b>Adaptation:</b> Use tactile	
that matches with the	letters or braille symbols	
sound (e.g. the teacher	for letter recognition. The	
says /t/ and the student	child can feel the braille	
points to the /t/ letter).	or raised letters and	
points to the /t/ letter).	match the sound provided	
	1	
	by the teacher with the	
	correct tactile symbol.	
7. Match spoken words	Adaptation: Replace	
to printed words (e.g. the	printed word cards with	
teacher pronounces /pin/,	braille or raised print.	
and the student selects	The student selects the	
	correct braille word that	
pin from a set of three-		
word cards).	corresponds to the	
	spoken word.	
Q Decognize and	Adoptation: Use testile	
8. Recognize and	Adaptation: Use tactile	
comprehend words and	sign language, object-	
simple expressions.	based communication, or	

	braille to help children comprehend simple expressions. Multisensory reinforcement can include touch and smell for understanding the meaning.	
9. Respond to the audio or the teacher nonverbally and verbally.	Adaptation: Encourage the use of tactile sign language, object symbols, or gestures. Responses can be made through physical actions, gestures, or using a communication device with tactile feedback.	
10. Respond to simple commands and questions.	Adaptation: Use tactile sign language, object-based communication, or braille to help children comprehend simple expressions. Multisensory reinforcement can include touch and smell for understanding the meaning.	
11. Perform different kinds of listening tasks (e.g. drawing, matching, etc.).		
Speaking		
1. Imitate and produce sounds and words.	Adaptation: Instead of focusing on producing verbal sounds, encourage the child to imitate physical vibrations or tactile movements associated with sounds. Use hand-over-hand	Activity: Place the child's hand on a vibrating object, such as a handheld buzzer or a vibrating pillow, while making a sound like "buzz" or "beep." The child can feel the vibration and try to mimic the sensation through

	guidance to help the child imitate simple movements or vibrations that correspond to sounds.	hand movements or other physical actions.
2. Blend the initial sounds with other sounds, i.e. onset with rime. (e.g. c+at).		
3. Pronounce grade appropriate words correctly.		
4. Give basic personal information about themselves (e.g. name, address, family, nationality) using short words and phrases.	Provide sign language, braille written words and phrases, tactile or braille flash cards regarding there personal information.	
5. Ask and answer short, simple questions.	Provide accessible modes of communication and accessible materials	
6. Sing or recite a song/chant by listening to the teacher or an audio.	Sign or write in braille a song provided by the teacher through tactile or braille.	
7. Name people, objects and places and describe them with adjectives.	Using tactile signs and braille.	
Reading  1 Pand small and aspital	Drovido braillo largo	
1. Read small and capital letters.	Provide braille, large print or tactile content to read small and capital letters. Read braille or do sign provided words.	
2. Put sounds together to read words and sentences.	The focus should be on multi-sensory approaches, using tactile, auditory, and visual cues	

	where possible.	
3. Recognize and read	use multi-sensory	
familiar words	approaches that	
accompanied by visuals	incorporate tactile,	
accompanion of visuals	auditory, and visual cues	
	which possible.	
4. Perform rhymes and	tactile, multi-sensory,	
chants with appropriate	and functional methods	
rhyme and rhythm.	that help the child convey	
	this information through	
	touch, movement, or	
	simple gestures.	
5. Understand the	1 5	
meaning of grade		
appropriate words.		
6. Read words, simple	Using sign language or	
sentences and short	braille reader/script	
paragraphs correctly		
7. Retrieve specific		
information from simple		
sentences.		
8. Do different kinds of		
comprehension tasks		
(answering verbally,		
matching, action, etc.)		
Writing		
1. Hold pencil correctly		
to gain control to draw		
lines, curves, circles, etc.		
2. Develop hand-eye		
coordination through		
drawing lines and		
patterns.		
3. Trace the letters and		
write them.		
4. Form lower and upper		
case letters of regular		
size and shape.		
5. Write letters and		

words in a straight line	
from left to right with	
regular spacing between	
words. 6. Copy letters	
and highly frequent	
familiar words and	
phrases correctly and	
reproduce them.	
7. Combine and	
recombine different	
letters to form words, and	
put the words in correct	
order to form simple	
sentences.	
8. Use correct spelling of	
words.	
9. Write simple phrases	
and sentences	
independently.	
10. Give basic personal	
information in writing	
(e.g. name, address, age,	
nationality).	
11. Demonstrate good	
handwriting skills.	

Skill	Grade One	Adapted curriculum
Speaking	1. Imitate and	1. Imitate and produce sounds and words.
	produce sounds and	a. Tactile Imitation of Sounds and
	words.	Movements:
	2. Blend the initial	<b>Adaptation</b> : Instead of focusing on producing
	sounds with other	verbal sounds, encourage the child to imitate
	sounds, i.e. onset	physical vibrations or tactile movements
	with rime. (e.g.	associated with sounds. For example, you can
	c+at).	create tactile representations of sounds using
	3. Pronounce grade	vibrating objects or surfaces that the child can
	appropriate words	feel. When the teacher produces a sound or
	correctly.	vibration (e.g., a soft "buzz" sound with a
	4. Give basic	vibrating toy), the child can place their hands
	personal	on the vibrating surface to feel and imitate the
	information about	sensation.
	themselves (e.g.	• Example: Place the child's hand on a
	name, address,	vibrating object, such as a handheld
	family, nationality)	buzzer or a vibrating pillow, while
	using short words	making a sound like "buzz" or "beep."
	and phrases.	The child can feel the vibration and try
	5. Ask and answer	to mimic the sensation through hand
	short, simple	movements or other physical actions.
	questions.	b. Producing Vibrations or Movements:
	6. Sing or recite a	• Adaptation: For children who have
	song/chant by	difficulty with speech, help them create
	listening to the	vibrations or movement responses. For
	teacher or an audio.	example, using a tactile device like a
	7. Name people,	vibrating toy or a tactile musical
	objects and places	instrument (such as a drum or a piano
	and describe them	with raised keys), the child can create
	with adjectives.	"sound" by tapping, pressing, or feeling
		the vibration of an object, mimicking the
		<ul><li>sensory input.</li><li>Example: When the teacher creates a</li></ul>
		• <b>Example</b> : When the teacher creates a low vibration sound (like tapping a
		drum), the child can place their hand on
		the drum to feel the vibration, and with
		practice, they may try to produce similar
		practice, they may try to produce sililiar

taps or vibrations on their own.

## c. Use of Hand-over-Hand to Guide Production:

- Adaptation: Use hand-over-hand guidance to help the child imitate simple movements or vibrations that correspond to sounds. By physically guiding the child's hand to make an action, you help them connect the physical sensation with the idea of imitating a sound.
- Example: If the teacher wants the child to imitate the sound of "clap," they could guide the child's hands together in a clapping motion, helping them understand how to produce a response that corresponds to the sound.

### d. Tactile Sign Language or Symbols:

- Adaptation: Focus on using tactile sign language or raised symbols to represent words and sounds. The child can imitate or create their own tactile sign language gestures or use object symbols (such as a small toy for "ball") to represent words instead of vocalizing them.
- Example: If the teacher says "ball" and demonstrates the tactile sign for "ball," the child can then feel the sign and try to replicate it using their own hands. This way, the focus is on tactile communication instead of vocal imitation.

### e. Sensory Play with Objects:

Adaptation: Use sensory play to create an environment where children can explore and feel the physical attributes of objects that correspond to sounds. For example, a bouncy ball could be used to teach the child about the sound "bounce." The child can feel the ball bounce and connect that physical movement to the word.

• **Example**: If the teacher says "bounce," the child can feel a small ball bounce on their hand, and gradually they can try bouncing it themselves, associating the tactile movement with the sound "bounce."

# 3. Pronounce grade appropriate words correctly.

To adapt the activity of pronouncing gradeappropriate words correctly for children with deafblindness, the focus should be on tactile, kinesthetic, and multi-sensory methods. Since these children may have limited access to auditory feedback, it's essential to incorporate tactile feedback, physical movements, and visual cues to help them develop accurate pronunciation. Here are some adaptations for this activity:

### a. Tactile Feedback for Speech Sounds:

Adaptation: Use tactile feedback to help children feel how different parts of their mouth move to pronounce certain sounds. For example, the child can feel the vibrations in their throat or mouth, or they can be guided to feel the air moving during speech.

Example: Guide the child's hand to their throat or jaw when pronouncing certain sounds, like the "p" sound (which involves puffing air) or the "b" sound (which involves vibrating the vocal cords). The child can feel the vibrations of the sound and try to mimic the physical movement involved in producing that sound.

b. Kinesthetic Learning (Body Movement)
Adaptation: Encourage the child to move their body to help reinforce speech sounds. By associating body movement with speech, the child can better understand how sounds are produced. For example, a movement such as tapping or clapping can be paired with certain

syllables or sounds to help them understand the rhythm and pronunciation.

**Example:** If teaching the word "cat," the child could tap their foot to the syllable "cat," mimicking the rhythm of the word. Alternatively, the child can be guided to feel how their mouth moves for specific sounds (e.g., "sh," "ch," "p").

# c. Use of Tactile Sign Language or Braille for Word Identification:

**Adaptation:** Teach the child to recognize words through tactile sign language or Braille and then associate the correct pronunciation with the word. Tactile sign language allows the child to feel signs for words, which can help them connect the spoken or signed word with its meaning.

Example: Use tactile sign language for "book" and guide the child to feel the signs, helping them link the tactile sign with the correct pronunciation when spoken aloud by the teacher. They can practice saying the word "book" while feeling the sign on their hands.

# d. Hand-over-Hand Guidance for Mouth Movements:

Adaptation: Use hand-over-hand guidance to help children feel the mouth positions and movements necessary for pronouncing sounds. The teacher can gently guide the child's hand to their mouth while producing the sound, so the child can feel the positioning of the lips, tongue, and teeth.

Example: For the sound "m," the teacher can guide the child's hand to feel the vibration of their lips together, and for the sound "t," the teacher can guide the child's hand to feel how the tongue touches the roof of the mouth. This helps the child understand the physical positioning required for correct pronunciation.

e. Speech and Sound Simulation Using

#### **Vibrations:**

Adaptation: Use devices that produce vibrations to simulate speech sounds, which can help the child understand how sounds feel as they are produced. Vibrating toys, devices, or surfaces can be used to give feedback while pronouncing specific words.

Example: If teaching the child to say "buzz," use a vibrating toy or device that the child can feel while the teacher pronounces the word. The vibration reinforces the connection between the sound and its physical sensation.

4. Give basic personal information about themselves (e.g. name, address, family, nationality) using short words and phrases.

To adapt the activity of giving basic personal information (e.g., name, address, family, nationality) for children with deafblindness, it's essential to focus on **tactile**, **multi-sensory**, **and functional methods** that help the child convey this information through touch, movement, or simple gestures. Here's how you can modify this activity:

- 1. Introduce Tactile Sign Language or Simple Signs:
  - Adaptation: Teach the child to use tactile sign language or tactile symbols for expressing basic personal information. For instance, tactile signs for "name," "family," or "address" can help children identify and share their details.
  - Example: The teacher can use tactile sign language to represent "name" (e.g., feeling the shape of the sign for "name" on the child's hand), then guide the child to sign or point to their name on a tactile chart or board.
- 2. Tactile Symbols for Key Information:

- Adaptation: Provide tactile symbols or raised letters (e.g., Braille) for the child to touch and relate to specific personal details like their name, family members, and nationality.
- Example: Place tactile cards or Braille labels with words like "Mom," "Dad," "Nepal," and guide the child to touch them to identify family members and nationality. The child can then be encouraged to touch the symbol that corresponds to their information, such as their name or family.

# 3. Hand-over-Hand Assistance for Communication:

- Adaptation: Use hand-over-hand guidance to help the child form the words or gestures that represent their personal information. By guiding the child's hands, they can learn to indicate key details like their name, family, or nationality.
- Example: If the child wants to say their name, the teacher can place the child's hand on a tactile name card or their own chest to represent the name. With guidance, the child can learn to touch the card or sign their name.

# **4.** Use of **3D** Objects for Family or Nationality:

- Adaptation: Introduce 3D objects or symbols that represent family members or nationality. For instance, a small object (like a toy or a figurine) can represent the family, while a flag or national symbol can represent nationality.
- **Example**: The child could hold a small figurine to represent "family" and then touch a flag symbol to represent "Nepal"

for nationality. This provides a concrete, tactile way of linking personal information.

### **5. Simple Gestures or Physical Actions:**

- Adaptation: For children with more advanced motor skills, use simple gestures or actions to express their personal information. This could involve pointing to themselves, using hand gestures, or physically guiding them to an object that represents their name or family.
- Example: The child can be taught to point to their chest or a tactile name tag when asked for their name. Similarly, they can point to a family member's tactile picture or symbol when talking about family.

# **6. Storytelling or Role-Playing Using Tactile Materials:**

- Adaptation: Use tactile storytelling or role-playing to allow the child to express their personal information within a context. For example, create a tactile family tree with raised objects to help the child understand and introduce their family members.
- Example: Create a tactile family tree with small objects or raised pictures. The child can touch each object to represent different family members (like "Mom," "Dad," or "Brother") and use simple gestures or tactile signs to introduce them.

# 7. Interactive Worksheets with Raised or Braille Print:

• Adaptation: Create worksheets with raised print or Braille that allow the child to fill in their personal information. They can feel the Braille or raised letters and

- match them with the correct word or symbol.
- Example: The worksheet could include prompts like "My name is \_\_\_," "I live in \_\_\_," and "My nationality is \_\_\_." The child can feel the options, such as tactile Braille for their name or the Braille letters for their nationality, and touch the correct response.

### 8. Use of a Communication Book:

- Adaptation: Use a communication book with tactile symbols, pictures, or Braille to help the child communicate their personal information. This book can be used interactively to identify key details.
- Example: A communication book with tactile pictures (such as a family, a home, or a flag) and Braille can help the child express their name, family, address, and nationality. The teacher can guide the child to touch the appropriate symbols as they share the information.

### **Summary of Key Adaptations:**

- Tactile Sign Language: Teach tactile signs for key personal information.
- Tactile Symbols or Braille: Use raised symbols or Braille to represent words like "name," "family," or "nationality."
- **Hand-over-Hand Guidance**: Support the child in expressing their information through touch and movement.
- **3D Objects**: Use objects or figures to represent family and nationality.
- Gestures or Physical Actions: Encourage simple gestures or pointing to express information.
- **Interactive Tools**: Use tactile worksheets or communication books for the child to fill in their information.

5. Ask and answer short, simple questions. To adapt the activity of asking and answering short, simple questions for children with deafblindness, it's important to rely on tactile communication, multi-sensory cues, and simplified responses. Children with deafblindness may use touch, gestures, tactile sign language, or Braille as their primary means of communication, so the focus should be on these modalities. Here are some strategies for adapting this activity:

### 1. Tactile Sign Language:

- Adaptation: Use tactile sign language to ask and answer simple questions. The child can feel the sign for "What?" or "Who?" on their hand and then respond with their own tactile signs for "name," "age," or other basic information.
- Example: If asking "What is your name?", the teacher can use a tactile sign for "What" and then guide the child to respond using their tactile sign for their name. The child can place their hand on their chest or a tactile name card to provide an answer.

### 2. Simple Gestures and Actions:

- Adaptation: Use simple gestures or hand movements as responses to questions. The teacher can ask a question, and the child can use gestures to indicate yes or no, or point to something relevant.
- Example: For a yes/no question like "Do you want to play?", the child can respond by shaking or nodding their head, or the teacher can guide the child's hand to a symbol representing "yes" or "no" (such as a raised texture for yes and smooth texture for no).

### 3. Tactile Symbols or Braille for Question

#### and Answer:

- Adaptation: Use tactile symbols, Braille cards, or tactile communication boards to help the child ask and answer questions. The child can touch the appropriate card or symbol that represents the question or answer.
- **Example**: To ask "What is your favorite color?", the teacher can show a tactile symbol of a color (like a textured red square). The child can respond by touching the symbol of their favorite color, such as a blue textured square.

### 4. Object-based Communication:

- Adaptation: Use objects to represent simple questions and answers. Objects can serve as concrete representations of abstract concepts, making it easier for children with deafblindness to understand and communicate.
- Example: If asking "Do you want to eat?" the teacher can place a tactile object (such as a small spoon or plate) in front of the child. If the child wants to eat, they can reach out and touch the object, signaling their response.

## 5. Using a Communication Book:

- Adaptation: Use a communication book with tactile symbols, pictures, or Braille. This book can be organized by categories (e.g., emotions, preferences, names), allowing the child to point to or feel the correct symbol in response to a question.
- Example: If asking "Do you like the toy?" the child can use their communication book to find and feel the tactile symbol for "yes" or "no," and touch the correct symbol as an answer.

#### 6. Hand-over-Hand Guidance:

- Adaptation: Use hand-over-hand assistance to guide the child in asking or answering questions. This method allows the child to feel the motions or symbols that correspond to the question.
- Example: When asking, "What is your favorite animal?", the teacher can guide the child's hand to a tactile symbol or object representing their favorite animal, such as a raised image of a dog or a textured cat figure.

### 7. Responding Through Physical Cues:

- Adaptation: Teach the child to respond to questions by performing simple physical actions, such as clapping, tapping, or tapping an object, to indicate a response.
- **Example**: If asking "Do you want to go outside?" the child can tap their feet or clap their hands to indicate yes, or tap the floor to indicate no.

### **8.** Using Vibration Devices or Tools:

- Adaptation: Use vibrating devices or tools that give the child tactile feedback while answering questions. This can provide the child with extra sensory input to reinforce the action of answering.
- **Example**: For a question like "Do you want to play with the ball?" the teacher can give the child a vibrating toy or ball to hold when they answer. The child can respond by squeezing the ball or using a vibrating device that signifies yes or no.

### 9. Touch and Exploration:

• Adaptation: Ask questions and allow the child to answer through touch and exploration. The child can respond by exploring objects that correspond to the question. • Example: When asking "Which toy do you want?" the teacher can place several tactile toys in front of the child. The child can feel the toys and select the one they want, answering the question through their tactile response.

## **Example of Simple Questions and Responses** for Children with Deafblindness:

- **Question**: "What is your name?"
  - Adaptation: Teacher signs
    "What" on the child's hand. The
    child touches their name card or
    responds with a tactile sign for
    their name.
- Question: "Do you want to play?"
  - Adaptation: Teacher places a tactile toy in front of the child and asks the question. The child can either respond by touching the toy (yes) or turning away from it (no).
- Question: "Is this your favorite color?"
  - Adaptation: Teacher places a textured color square in front of the child. The child can respond by touching the square or moving away if it's not their favorite.
- **Question**: "Do you like the toy?"
  - Adaptation: Teacher can show a toy and ask the question. The child responds by tapping the toy if they like it or by tapping something else to indicate no.

### **Summary of Key Adaptations:**

- Tactile Sign Language: Use tactile signs to ask and answer simple questions.
- Gestures and Physical Cues: Incorporate hand gestures or actions to indicate responses.
- Tactile Symbols or Braille: Use tactile

- cards or Braille for question and answer communication.
- **Object-based Communication**: Use real objects to ask and answer questions.
- **Communication Book**: Allow the child to use a tactile communication book for responses.
- **Vibrating Tools**: Use vibration to reinforce questions and answers.
- Exploration and Selection: Allow the child to answer by exploring tactile objects.

# 6. Sing or recite a song/chant by listening to the teacher or an audio.

To adapt the activity of singing or reciting a song/chant by listening to the teacher or an audio for children with deafblindness, we need to focus on **multi-sensory experiences** that involve **touch**, **vibration**, and **tactile cues**. Since children with deafblindness might not be able to access auditory input in the traditional way, the activity can be adapted to engage other senses, such as touch, sight (for children with partial vision), and proprioception. Here are some strategies for adaptation:

### 1. Tactile Singing and Chanting:

- Adaptation: Instead of listening to the song, children can feel the vibrations and rhythms of the song or chant by touching a vibrating object or the teacher's body (such as the chest, throat, or hands). The teacher can gently hold the child's hand to feel the vibrations or rhythm of the chant being vocalized.
- **Example**: The teacher can recite or sing the song while holding the child's hand on their chest or throat. This allows the child to feel the rhythm and vibrations of the song and understand the rhythm of

the chant or song.

### 2. Use of Vibrating Devices:

- Adaptation: Utilize vibrating devices, like a vibrating speaker or a tactile music pad, that can transmit the sound vibrations through touch. These devices provide feedback to the child by allowing them to feel the vibrations corresponding to different sounds and rhythms.
- Example: A vibrating music mat or pad can be placed under the child's hands or feet, so they can feel the beats and rhythm of the song as it is played or chanted. The child can then be encouraged to move their hands or feet in rhythm to the vibrations they feel.

### 3. Hand-over-Hand Movement for Rhythm:

- Adaptation: Guide the child's hand or body to participate in rhythm-based movements while chanting or singing. This helps the child engage with the rhythm of the song through tactile movement.
- Example: While singing a song, the teacher can place the child's hand on a tambourine, shaker, or other musical instrument, guiding their hand to move along with the beat. The child can feel the instrument's movement, vibrations, or texture while also feeling the rhythm through the teacher's guidance.

### 4. Vibration-based Sound Source:

• Adaptation: Use musical instruments that produce vibrations, such as a drum, bell, or tambourine, so the child can feel the vibrations produced by the sound. The child can participate by feeling the vibrations from the instrument or touching the instrument while it is

played.

• Example: The teacher can play a drum or tambourine and guide the child's hand to touch the instrument while it is vibrating. This way, the child can feel the rhythm of the song/chant through the vibrations of the instrument.

### 5. Movement and Body Awareness:

- Adaptation: Encourage the child to engage in simple body movements or swaying, which can help them feel the rhythm of the song/chant through their own body. This can include clapping, swaying, or tapping feet in time with the rhythm.
- Example: The teacher can hold the child's hands and help them sway or tap their feet to the rhythm of the song. For children who may have some vision, they can also be guided to move along with any visual cues that might help them participate.

### **6. Using Tactile Chants or Songs:**

- Adaptation: Create tactile versions of songs or chants, where the child can feel the melody through raised patterns or shapes. These patterns can be felt with the hands or fingers to indicate the rhythm and tone of the song.
- Example: A tactile chart with raised or textured lines can represent the melody of a simple chant. The child can run their fingers along the raised lines to feel the progression of the song, while simultaneously engaging with the teacher's voice or vibrations.

### 7. Multi-sensory Reinforcement:

• **Adaptation**: Use a combination of tactile symbols, objects, and vibrations to reinforce the words and rhythms of

- the chant or song. This can help the child connect the sound with physical sensations.
- Example: The teacher can present an object or tactile picture that corresponds to the theme of the song (e.g., a raised tactile image of a sun for a song about the weather). The child can feel the object while participating in the chant or song.

### 8. Echoing through Tactile Feedback:

- Adaptation: After the teacher sings or chants a short line, the child can be guided to repeat the same line through tactile feedback. The teacher can model the action, and the child can follow through touch and movement.
- Example: The teacher sings a short phrase like "La la la," while guiding the child's hand to form the motions or feel vibrations associated with the phrase. The child is then encouraged to replicate the gesture or movement by feeling the vibrations or tactile signs.

# Example of Adapted Activities for "Singing or Reciting a Song":

- Activity: "Twinkle, Twinkle, Little Star"
  - o **Adaptation**: The teacher sings the song while holding the child's hand on their chest to feel the vibrations. The child can then be guided to tap their fingers on a tambourine or vibrating mat in time with the song's rhythm.
- Activity: Clapping and Chanting
  - Adaptation: The teacher claps their hands to a simple chant or rhythm and guides the child to clap along by placing their hands

on top of the teacher's hands, feeling the movements and rhythm of the claps.

### Activity: Feeling the Beat

 Adaptation: The teacher plays a drum or another vibrating instrument. The child is encouraged to tap their hands or feet on the instrument or feel the vibrations from it, following the rhythm of the song.

### **Summary of Key Adaptations:**

- **Vibrations**: Use vibrating devices or instruments to transmit rhythm and sound.
- **Hand-over-Hand**: Guide the child's movements to feel and follow the rhythm.
- **Body Awareness**: Encourage swaying or tapping to the rhythm of the song.
- Tactile Charts or Raised Patterns:
  Provide tactile representation of the song or chant.
- **Echoing Through Touch**: Model the chant or song, guiding the child to repeat through touch.

# 7. Name people, objects and places and describe them with adjectives.

To adapt the activity "Name people, objects, and places and describe them with adjectives" for children with deafblindness, here are some ways to engage their senses and encourage participation:

# 1. Object Exploration with Tactile Descriptions:

 Provide a variety of objects for the child to touch and explore. For example, give them a soft teddy bear, a rough stone, and a smooth ball. As they feel each object, guide them to use tactile adjectives to describe them, such as "soft," "hard," "smooth," or "rough." You can also use tactile symbols to represent these adjectives.

### 2. Tactile Images for People and Places:

Use raised tactile pictures or 3D models of people and places. For example, a raised image of a tree could represent a park, and a tactile image of a person with features like raised lines for hair, face, and clothes could represent a person. Guide the child's hand over these tactile representations while describing them with adjectives such as "tall," "short," "big," "small," or "beautiful."

### 3. Tactile Sign Language:

o Teach the child to use tactile sign language to describe people, objects, or places. For example, the sign for "house" could be modified with a tactile gesture to show that it's big or small. Tactile signs for colors (like "red" or "blue") could also be incorporated to describe objects or people.

# 4. Use of Familiar Objects to Describe People and Places:

Use familiar objects associated with specific people or places. For example, if you are describing a family member, you could give the child a tactile object that represents that person, like a small comb for a parent who wears their hair a certain way. For places, you could provide a textured object (like a smooth stone) to represent a park, or a small piece of cloth for a beach, and use tactile adjectives like "cold," "warm," or "wet" to describe them.

# 5. Guided Verbal or Gestural Descriptions:

o If the child can verbalize or use gestures, encourage them to describe what they are feeling or touching. For example, after

		touching a soft object, they could gesture or say "soft" (with help from a teacher or caregiver), or use a tactile sign to communicate the description.  6. Hand-over-Hand Assistance:  Use hand-over-hand assistance to help the child touch and feel objects, places, or people and guide their hands to appropriate adjectives. For instance, when describing a soft teddy bear, guide the child's hand over the fur and help them understand the adjective "soft" by touching the material.  7. Multi-Sensory Descriptions:  Engage multiple senses for richer descriptions. For example, when describing a place, allow the child to touch objects (like sand, leaves, or water) while also guiding them to smell the objects (like flowers or fruits), enhancing the tactile experience. This will help them form a more complete understanding of the word or description.
Reading	1. Read small and capital letters.	1. Read small and capital letters.  To adapt the content "Read small and capital
	2. Put sounds	letters" for children with deafblindness, you
	together to read words and	can utilize tactile, auditory, and multi-sensory approaches to help them engage with letter
	sentences.	recognition. Here are some strategies:
	3. Recognize and	1. Tactile Letters (Braille or Raised Letters)
	read familiar words	Braille: For children who are blind or
	accompanied by	have limited vision, use Braille letters
	visuals	for both small and capital letters. Provide
	4. Perform rhymes and chants with	tactile cards with the Braille
	and chants with appropriate rhyme	representation of each letter. Guide the child's hand to feel the Braille pattern
	and rhythm.	for both small and capital letters. You
	5. Understand the	can also use tactile labels with both print
	meaning of	and Braille side by side, so the child can
	gradeappropriate	explore both simultaneously.

words. 6. Read words, simple sentences and short paragraphs correctly 7. Retrieve specific information from simple sentences. 8. Do different kinds of comprehensiontasks (answering verbally, matching, action, etc.)

• Raised Letters: For children who have some residual vision or are learning through touch, use raised print or foam letters that they can feel. These letters should be distinguishable enough in texture and shape for the child to recognize both small and capital letters by touch.

### 2. Letter Models and 3D Shapes

• Use 3D models or tactile representations of letters, especially for children who benefit from a more physical, hands-on experience. For example, you could use a 3D model of the letter "A" made from clay or plastic for small letters, and a larger model for capital letters. Allow the child to touch and feel the shapes of the letters to reinforce their tactile recognition.

### 3. Interactive Letter Tracing

- Have the child trace letters using their fingers on a textured surface. For example, use sandpaper, fabric, or a rough surface to form the letters so that the child can feel the shape of the letters as they trace them.
- You could also have them trace both small and capital letters with their hands or fingers over raised lines, helping them recognize the difference between the sizes of the letters.

### 4. Tactile Alphabet Cards

- Create a set of tactile alphabet cards that feature both small and capital letters. Each card could have a raised print letter (small or capital) and a corresponding texture or symbol that represents the letter (e.g., a rough texture for "R" to indicate "rough").
- Alternatively, you could use materials

like textured fabric, wood, or plastic to make each letter more distinguishable.

#### 5. Letter Sound Association

- Associate letters with specific sounds and objects. For example, for the letter "B," you can provide a tactile object (such as a soft ball) for the child to feel while the teacher says "B" and "ball." This helps the child associate the letter's shape and sound.
- For both small and capital letters, you can use corresponding objects that make it easier for the child to understand the difference between uppercase and lowercase by feeling different objects.

### 6. Multi-Sensory Learning

- Touch and Sound: Reinforce the learning of small and capital letters by incorporating sound. For example, say the name of the letter aloud ("A," "a") while the child feels the corresponding tactile model or raised letter. This way, the child associates the tactile sensation with the auditory cue, reinforcing letter recognition.
- **Smell and Texture**: For more advanced reinforcement, you can also incorporate smells (e.g., different scents for each letter, like mint for "M" or cinnamon for "C") or textures (e.g., using different fabrics for different letters) as part of a multi-sensory experience.

### 7. Hand-over-Hand Instruction

• Use hand-over-hand assistance to guide the child in forming letters with their hands, especially when practicing writing or tracing. For example, guide their hand to trace the shape of the letter "A" in a sand tray or on a textured surface. This helps them get a sense of

the letter's structure through tactile feedback.

#### 8. Visual and Tactile Contrast

• For children with limited vision, ensure there is good contrast between small and capital letters. This could mean using different textures for small and capital letters (e.g., smoother textures for small letters, rougher textures for capital letters) to help them differentiate between the two sizes.

### 9. Braille Alphabet Chart

• If the child is using Braille, provide a Braille alphabet chart that includes both small and capital letters. This allows the child to compare the shapes of both types of letters side by side.

## 2. Put sounds together to read words and sentences.

To help children with deafblindness **put** sounds together to read words and sentences, the focus should be on multisensory approaches, using tactile, auditory, and visual cues where possible. Below are ways to adapt this process:

# 1. Use Tactile Phonics with Braille or Raised Print

- **Braille**: If the child is learning Braille, break down the words into Braille letters (phonemes). Guide the child to feel each Braille character and blend them together to form words. For example, if teaching the word "cat," guide the child's hands to feel the Braille for "c," "a," and "t," and then assist in putting them together to form the word.
- **Raised Print**: For children with some vision, use raised print letters. Present individual letters or groups of letters and

let the child feel them to identify the sounds. For example, tactile cards with raised letters can be used to help the child feel and sound out each letter, gradually blending them together to read the word.

#### 2. Tactile Sound Boxes or Letter Blocks

• Use small blocks or cards that have different letters on them (small and capital) and encourage the child to physically manipulate them. Have the child feel and match the blocks together in sequence to build words. For example, the child can arrange blocks with the letters "c," "a," and "t" to form "cat." This hands-on approach supports the process of blending sounds into words.

### 3. Tactile and Auditory Blending

• Auditory Feedback: For children who have some residual hearing, pair tactile activities with auditory reinforcement. For example, the teacher says the individual sounds slowly, and the child feels the corresponding Braille letters or raised print. Then, encourage the child to blend the sounds together with help. For example, the teacher says /c/ (as in "cat"), /a/ (as in "cat"), /t/ (as in "cat"), and then the child puts them together to form the word "cat."

# **4. Finger Spelling and Tactile Sign Language**

- Use **fingerspelling** to teach words in sign language. Guide the child's hand through the manual alphabet to form the letters of a word. As the child feels the fingerspelling of each letter (like "c," "a," and "t"), they can learn to blend the letters together to form words.
  - If the child is learning tactile sign

language, you can use **tactile signs** to help them connect individual signs (which represent sounds) and form words and simple sentences.

#### 5. Tactile Word and Sentence Cards

- Create **tactile word cards** where each card represents a word in Braille or raised print. Once the child learns to read individual words, introduce them to simple sentences. Provide tactile cards for both the words and punctuation marks (like a raised dot for a period or question mark). Help the child feel the sequence of words and guide them to read simple sentences.
- For example, a card with the word "cat" could have raised Braille letters or raised print, and a sentence like "The cat runs" could be created with separate tactile cards for "The," "cat," and "runs." Encourage the child to feel and read each card and then blend the words together to read the sentence.

### 6. Word Mapping with Tactile Objects

- Object-based Word Mapping: Use familiar objects or textures to represent words. For example, for the word "dog," give the child a small textured toy dog. For "cat," a plush object or another texture can represent the word. The child can then connect the object to the word, allowing them to associate sounds with the objects.
- Once they can identify objects associated with words, begin to combine the tactile objects and words in short, simple sentences, like "The dog runs" or "The cat sleeps." Encourage the child to feel the words and the objects as they blend them together.

### 7. Blending Sounds Using Sensory Materials

• Use materials like **sandpaper**, **textured fabric**, or **clay** to form letters and words. Allow the child to feel the letter shapes or word shapes and encourage them to say or sign the sound as they touch the materials. For example, the letter "b" could be made from textured clay, and the child could feel the letter while learning to say its sound.

# 8. Guided Tactile Reading of Simple Sentences

- Begin by reading simple sentences aloud and guiding the child's hand over the Braille or raised print words. For example, guide the child's hand over the phrase "The dog runs," while simultaneously saying the words aloud, allowing the child to feel the flow of the sentence.
- You can also break down sentences by providing tactile symbols or objects for the nouns (dog, cat, etc.) and verbs (run, jump, etc.), reinforcing the meaning of each word while blending them together into a sentence.

#### 9. Use of Tactile Stories

• Create **tactile stories** that involve words and sentences in Braille or raised print. For instance, a tactile book where each page has a simple sentence in Braille and corresponding tactile pictures or textures that represent the words. As the child feels the letters and words, they can also engage with the pictures, which will help them connect the sounds and words to meanings.

### 10. Repetition and Practice

 Provide ample opportunities for the child to practice blending sounds and reading words and sentences. Use games or interactive activities that encourage repetition, such as matching tactile word cards, sorting sounds, and forming words. This practice will help reinforce their ability to read through tactile means.

# 3. Recognize and read familiar words accompanied by visuals

To help children with deafblindness **recognize** and read familiar words accompanied by visuals, you can adapt the content using multisensory approaches that incorporate tactile, auditory, and visual cues where possible. Here are strategies for adapting this activity:

## 1. Tactile Word Cards with Raised Print or Braille

- Braille or Raised Print Cards: Use tactile cards that feature familiar words in Braille or raised print. These cards can include both the word and a corresponding tactile image or texture that represents the word. For example, a card with the word "dog" could have raised Braille for "dog" and a small plush toy dog or a textured image of a dog. The child can feel the word and the associated object to reinforce recognition.
- Interactive Word Cards: Provide cards where the child can touch the raised letters and feel the corresponding objects or images, helping them associate the word with the object. For instance, the word "cat" can have a textured image of a cat and a corresponding object like a soft toy.

### 2. Object-Based Word Recognition

• Use **real objects or 3D representations** to help children recognize familiar

- words. For example, for the word "apple," give the child an actual tactile object (like a smooth ball) or a textured object that represents an apple. When they feel the object, they can associate it with the word "apple" in either Braille or raised print.
- Object Matching: Provide a set of familiar objects, and then introduce corresponding cards with the words written in Braille or raised print. Ask the child to match the object with the word. For example, the child could match a tactile object like a spoon to the word "spoon."

### 3. Tactile Pictorial Symbols

- Use tactile symbols or raised pictorial images along with words to help the child make connections. For instance, for the word "tree," you could provide a raised image of a tree made of textured materials or a 3D model of a tree. The child can then feel the image of the tree while reading the word "tree" in Braille or raised print.
- Picture and Word Pairing: Pair familiar words with textured images or objects to help the child understand the connection between the word and its meaning. For example, when reading "sun," you can give the child a card with the word "sun" in raised print and a tactile sun image that they can feel.

### 4. Tactile Storybooks

• Use **tactile storybooks** that feature both familiar words and corresponding tactile visuals. These books can include Braille or raised print for words and textured or 3D images for illustrations. For example, a page could have the word "ball" in

- Braille or raised print, and the child could feel a 3D ball image or toy ball as they read.
- Interactive Reading: While reading a tactile storybook, guide the child's hand over the words and illustrations, helping them recognize familiar words through touch. Encourage the child to trace the letters while feeling the texture of the picture that accompanies the word.

# 5. Multi-Sensory Word Recognition Activities

- Sensory Bins or Boxes: Create sensory bins filled with objects that represent familiar words. For example, a sensory bin could include objects like a toy dog, a toy car, a spoon, and a ball. Each object can be labeled with the corresponding word in Braille or raised print. The child can feel the objects and the words, helping them recognize familiar words.
- Tactile Word Puzzles: Provide puzzles with familiar words in raised print or Braille, along with corresponding objects or pictures. The child can match the pieces of the puzzle to form a word and recognize its meaning through touch.

### 6. Finger Spelling and Tactile Signing

- For children who use tactile sign language or fingerspelling, guide them to connect the hand shapes for the letters (such as the fingerspelling for "apple") with the word. When they feel the manual alphabet signs for familiar words, they can associate the hand movements with the written word.
- Tactile Sign Language Stories: Incorporate familiar words into simple stories told through tactile sign language,

and encourage the child to recognize and understand the words by touching the signs.

### 7. Repetition and Reinforcement

- **Repetition** is key for word recognition. Use repeated exposure to familiar words in various contexts, such as tactile books, word cards, and object associations, to reinforce learning. Consistently pair the word with an object or image that the child can feel.
- Interactive Practice: Create daily activities where the child can interact with familiar words, such as labeling objects in their environment with Braille or raised print words. Encourage them to practice by feeling the word labels throughout the day.

### 8. Incorporate Sensory Feedback

• Provide multi-sensory feedback to reinforce the connection between the word and its meaning. For example, when reading the word "rain," you could use a water spray bottle to create a gentle mist or provide a soft fabric representing rain, while the child feels the word in Braille or raised print. This multi-sensory approach reinforces both the word and its sensory associations.

# 4. Perform rhymes and chants with appropriate rhyme and rhythm.

To help children with **deafblindness** perform rhymes and chants with appropriate rhyme and rhythm, it's essential to use **multi-sensory** and **tactile** approaches. Below are some adaptations to support children in this activity:

### 1. Tactile Rhyming Cards with Textures

• Tactile Rhyming Cards: Create tactile cards with raised print or Braille for each

word in a rhyme or chant. You can add textured patterns or 3D objects to represent rhyming words, helping the child feel the similarity in the sound through touch.

- Example: For the rhyme "cat,"
   "hat," and "bat," create cards with
   the raised words "cat," "hat," and
   "bat," and attach corresponding
   textures like soft fabric (for "cat"),
   a rough texture (for "hat"), and a
   smooth texture (for "bat").
- The child can feel the cards and group them based on the similarity of textures, helping them understand the rhyming connection.

### 2. Tactile Symbols and Objects for Rhyming

- **Object Matching**: Use familiar objects that correspond to the rhyming words in the chant. For example, for the rhyme "cat" and "hat," provide a toy cat and a small hat. As the child feels these objects, they can recognize that these objects share a similar sound.
- 3D Objects: For more advanced learners, use 3D objects to represent rhyming words, such as a ball for "fall," a cup for "up," or a spoon for "moon." The child can touch the objects and understand the connection between the tactile sensation and the rhyme.

# **3. Finger or Hand Movement to Accompany Rhymes**

• Hand-over-Hand Support: Use handover-hand techniques to guide the child's hands through the rhythmic movement associated with the chant. For example, you can guide the child to clap their hands or tap on a surface to match the rhythm of the rhyme.

- Example: While chanting, encourage the child to tap their hands to the beat. If the rhyme is "Clap, clap, tap, tap," guide their hands to move in rhythm to these actions.
- This helps the child feel the rhythm and connect it with the words, even if they cannot hear it.

## 4. Tactile Rhythmic Instruments

- Use **tactile instruments** like a drum, tambourine, or maracas to help the child feel the rhythm while performing the rhyme. Guide the child's hand to tap the drum or shake the tambourine in time with the words of the chant.
  - Example: For a chant like "The wheels on the bus go round and round," the child can feel the beat on a drum or other instrument to accompany the chant's rhythm.

# 5. Hand Sign Language or Tactile Sign Language

- Tactile Sign Language: If the child uses tactile sign language, you can use signs to represent the words in the rhyme or chant. Perform the signs slowly and allow the child to feel the hand shapes and movements associated with each word.
  - Example: For the chant "Twinkle, twinkle, little star," the child can feel the signs for "twinkle" and "star," reinforcing the rhythm and rhyme through tactile sign language.

# 6. Using a Rhythmic Tactile Feedback System

• **Vibrations or Pulses**: If available, use a vibration device or a rhythm-producing

object (like a vibrating pillow or mat) to give the child rhythmic feedback. The child can feel the vibration pulses in time with the rhyme, reinforcing the rhythm of the chant.

 Example: Use a vibration mat while reciting a rhythmic chant like "This is the way we wash our face," where the child feels vibrations matching the rhythm.

#### 7. Tactile Stories with Rhyme

- Tactile Rhyme Books: Use tactile storybooks with rhymes, where the words are written in Braille or raised print, and each page has tactile images that represent the rhyme. The child can feel the text and pictures while the adult reads aloud the rhyme, reinforcing the rhythm and rhyme.
- Example: For the rhyme "Hickory Dickory Dock," a tactile book could have a textured clock face and a mouse toy for the child to touch as they hear and feel the rhyme.

# 8. Interactive Chants with Visual and Tactile Cues

- If the child has some residual vision, combine tactile feedback with **visual cues** like large contrasting pictures, finger puppets, or colorful objects to help illustrate the rhyme. This combination reinforces both the rhythm and the meaning of the rhyme.
- Example: For the rhyme "Baa, baa, black sheep," show the child a black sheep object or a textured image of a sheep while performing the chant with rhythmic movements or clapping.

# **9. Repeat and Reinforce Rhymes with Sensory Play**

- **Repetition**: Repeating rhymes and chants with tactile support over time helps the child internalize the rhythm and rhyme patterns. Encourage the child to participate by feeling the tactile cards, objects, and movements repeatedly.
- Sensory Play: Incorporate sensory play that reflects the rhymes. For instance, use water play for the rhyme "Rain, rain, go away," where the child can feel the flow of water while hearing or reading the rhyme with tactile cues.

## 10. Guided Rhyming Games

- Engage the child in **rhyming games** that allow them to feel objects or words that rhyme. For example, provide a set of objects that rhyme (e.g., a ball, a doll, and a wall) and encourage the child to identify which ones rhyme based on their tactile properties.
  - Example: For the rhyme "pat,"
     "hat," and "bat," the child can
     touch the words written in raised
     print or Braille, feel the
     corresponding objects, and then
     try to match the rhyming words to
     the correct object.

# 5. Understand the meaning of grade appropriate words.

To help children with **deafblindness** understand the meaning of grade-appropriate words, it's essential to employ **multi-sensory approaches** that engage their tactile, auditory, and visual senses (if possible). Below are some adaptations and strategies for making word meanings accessible:

# 1. Tactile Word Cards with Raised Print/Braille

• Braille or Raised Print Cards: Create

word cards with **Braille** or **raised print** so the child can feel the letters and words. For each word, provide a **tactile object** or **symbol** that corresponds to its meaning. For example, for the word "apple," provide a tactile apple image or an actual apple for the child to feel while reading the word in Braille or raised print.

• Word-Object Matching: For each word introduced, present a real object (or a 3D representation) that the child can feel, which directly links the word with its meaning. For instance, a "ball" word card could be paired with a ball object, allowing the child to associate the tactile sensation of the ball with the word.

#### 2. Tactile Dictionary

- Personalized Tactile Dictionary:
  Create a tactile dictionary where each word includes the word in Braille, a tactile image or 3D model, and a brief description of the meaning. The child can use this to explore and understand the meanings of words as they are introduced.
  - Example: For the word "tree," you could include a 3D textured model of a tree alongside the Braille word "tree," and a small raisedtextured leaf image to reinforce the word's meaning.

## 3. Sensory Immersion Activities

• Hands-on Learning: Engage children in activities that allow them to physically interact with objects related to the words they are learning. For example, when teaching the word "wet," provide a damp cloth or wet sponge for the child to feel. The physical experience reinforces the

- word's meaning through direct sensory input.
- Exploration of Everyday Objects: Incorporate real-world objects into daily routines to help children understand common vocabulary. Use familiar items like toys, clothing, utensils, or food to demonstrate the meaning of words.
  - Example: For the word "soft," you can give the child a soft fabric or plush toy to feel and then associate that feeling with the word.

#### 4. Tactile Sign Language

- Tactile Signing: If the child uses sign language, teach them the tactile signs that represent words. Tactile sign language allows children to understand the meaning of words through physical touch.
  - Example: Teach the child the sign for "book" using tactile sign language and allow them to feel the hand shapes and movements while saying or hearing the word.
- **Finger Spelling**: Finger-spelling words in sign language can also help children understand the meaning of specific grade-appropriate vocabulary by letting them feel the individual letters.

# 5. Use of Multi-Sensory Stories and Books

- Tactile Storybooks: Use books that are specifically designed for children with disabilities, featuring Braille, raised print, and tactile images. As you read the story aloud, guide the child's hands to the tactile images and words, helping them connect the meaning of words with physical experiences.
- Interactive Storytelling: Encourage the

child to engage in interactive storytelling, where they can feel the pictures, objects, and words as the story unfolds. For example, in a story about "rain," you could include a soft cloth to represent raindrops or use a vibration mat to simulate the feeling of rain.

#### 6. Tactile Activities with Words

- Word Construction with Tactile Materials: Use materials like sandpaper letters, 3D printed words, or Braille letters to allow the child to trace the word with their fingers. This provides a hands-on way for children to explore the word's form and meaning simultaneously.
- Tactile Word Puzzles: Create puzzles with Braille or raised print that children can piece together. When constructing a word puzzle, children can feel the pieces and see how words are formed, reinforcing the word's meaning and structure.

## 7. Incorporate Movement and Rhythm

- Movement and Gesture: Connect the meaning of words to physical movement. For example, to teach the word "jump," guide the child to perform the action of jumping or bouncing. If possible, use vibrating tools to provide additional sensory feedback during activities.
- Rhythmic Repetition: Use chants or songs to reinforce the meaning of grade-appropriate words. For example, you can teach the word "fast" by chanting "fast, fast" while moving the child's hand or body in a quick motion.

# 8. Descriptive Language and Sensory Play

• **Sensory Play**: Use sensory play to provide context for grade-appropriate

- words. For example, if teaching the word "cold," allow the child to feel an ice cube or cold water. Similarly, for the word "smooth," provide a smooth object, like a polished stone, and allow the child to explore its texture.
- **Descriptive Language**: Use descriptive language to explain the meanings of words. While guiding the child's hands over objects, say words aloud to reinforce their meaning. For example, when teaching "rough," you could say, "This is rough; it feels bumpy and scratchy," while the child feels the texture.

#### 9. Repetition and Routine

- Daily Routines: Incorporate the target words into daily activities. For example, during mealtime, use words like "plate," "fork," or "eat." Let the child feel and interact with these objects while reinforcing their meanings through consistent use.
- Interactive Play: Engage the child in interactive games or play sessions using words in context. For example, in a pretend play scenario with toys, incorporate words like "happy," "sad," or "big" and describe the toys using these words.

#### 10. Peer Interaction and Social Context

- Peer Learning: If possible, allow children to interact with peers, as social context can also help reinforce the meaning of words. Peers can help by modeling the use of words and demonstrating their meanings in social contexts.
- **Group Activities**: Organize group activities where children with

deafblindness can participate with others, feeling the objects and interacting with the group while learning new vocabulary.

# 6. Read words, simple sentences and short paragraphs correctly

To help children with **deafblindness** read words, simple sentences, and short paragraphs correctly, a combination of **multi-sensory** strategies, **tactile** tools, and **individualized support** is essential. Here are several ways to adapt this activity:

#### 1. Tactile Word Cards and Raised Text

- Braille or Raised Print Cards: Provide Braille cards or cards with raised print for each word and sentence. Children can feel the letters or words to recognize and practice them. If Braille is used, guide the child to follow the words or letters with their fingers.
- Tactile Sentence Strips: Write short sentences in Braille or raised print and cut them into strips. Children can assemble the strips to form sentences, which helps with word and sentence recognition.
- Raised Line Text: If you're using raised text instead of Braille, ensure the words are tactile enough to be easily felt by the child's fingers, allowing them to follow the text line by line.

#### 2. Tactile Books with Raised Illustrations

• Tactile Storybooks: Use storybooks that feature tactile images (raised pictures) alongside Braille or raised print text. These books can have raised illustrations that correspond with the content of the story, helping the child build understanding of words and sentences by

- connecting the text to the images they can feel.
- Interactive Storybooks: In addition to tactile images, use books with textured elements (such as fabrics, beads, or other materials) that correspond to objects or themes in the story. This helps reinforce word meanings while encouraging reading comprehension.

#### 3. 3D Word or Sentence Models

- Tactile Word or Sentence Models: For more complex learning, create 3D tactile representations of words or sentences using materials such as clay, foam, or fabric to form the words and phrases. Children can feel the shapes and structures of the letters and words as they read.
- Example: To represent a simple sentence like "The cat sleeps," you could form a 3D model of a cat and the word "sleeps" in raised letters. The child can feel the model of the cat while reading the sentence.

# 4. Word-Object Matching

- Object Pairing with Words: For children to better understand words in context, provide real objects that represent the words. For example, when reading a sentence like "The ball rolls," the child can feel an actual ball as they read the word "ball."
- Example: For a sentence like "The dog runs," provide a toy dog that the child can feel while reading the word "dog." This object association will help reinforce word meanings.

## 5. Hand-over-Hand Reading Support

 Guided Reading: Use the hand-overhand technique to guide the child's

- hand along the text as they read. You can lead their fingers to the words and sentences in Braille or raised print, helping them track the text and understand how words flow together.
- Example: While reading a short paragraph, guide the child's fingers over the words in Braille while reading aloud the text to them. This supports both tactile and auditory learning.

### 6. Tactile Feedback for Word Recognition

- Vibration Devices or Tactile Mats: Use a vibration device or tactile mats to give feedback during reading. For example, place a tactile mat under the child's hand or fingers to help them feel subtle vibrations corresponding to different words or sentences as they read.
- This can be particularly helpful in reinforcing word recognition by allowing the child to "feel" the flow of the text as they read along.

# 7. Use of Simple Sentence Structures

- Simple Sentence Construction: Start with very simple sentences, using words that are relevant to the child's world and experiences. For example, sentences like "The dog runs" or "I see a tree" are easy to understand and tactilely reinforceable.
- Consistency and Repetition: Provide opportunities for repeated reading of the same sentences. This helps the child become familiar with the structure of simple sentences, improving fluency over time.

# 8. Interactive Reading with Sign Language

• Tactile Sign Language: If the child uses tactile sign language, you can incorporate it alongside the reading

- activity. As you read the words, use tactile sign language to demonstrate the meanings of the words and sentences, helping the child to link the tactile experience with the sign.
- Example: As you read a sentence like "The cat sleeps," you can use tactile sign language for "cat" and "sleep," allowing the child to feel the hand shapes and movements associated with the words.

### 9. Repetition with Sensory Cues

- Sensory Reinforcement: Encourage the child to read the same sentences multiple times, each time introducing a different sensory cue. For instance, after reading "The sun is hot," you might give the child a warm object or let them feel the sun's warmth through a window to reinforce the meaning of the sentence.
- **Gestures and Movement**: Pair reading with simple gestures. For example, while reading "The ball bounces," encourage the child to feel the bounce of a ball in their hands, reinforcing the action in the sentence through touch.

## 10. Use of Technology

- Assistive Technology: Use technology like screen readers, Braille eBooks, or Braille displays to provide the child with different formats of reading material. These tools can read aloud the text while displaying the Braille or raised print of the words, providing auditory and tactile feedback simultaneously.
- Vibration and Audio Feedback: Some devices can provide vibrations or audio cues when the child is reading. For example, a Braille device might provide a vibrating response when the child reads a word or sentence correctly.

## 11. Peer Support and Social Reading

- Peer Reading Activities: If possible, encourage the child to participate in reading activities with their peers, either in a group or one-on-one. Peer support can make reading more engaging and help children learn through social interactions.
- Group Reading with Sensory Cues: In a group setting, provide tactile or sensory cues related to the story. For example, if reading a story about a farm, give the child a small toy animal to hold while reading the corresponding word aloud.

#### 12. Use of Multi-sensory Phonics Games

- Phonics and Word Games: Use tactile or auditory phonics games to help the child build word recognition skills. For instance, you can create a game where the child feels the Braille or raised letters and arranges them to form simple words or sentences.
- Example: Use objects or flashcards to help children connect sounds with letters and words. You could provide a tactile version of a phonics puzzle where the child can match letters to their sounds and form words.

# 7. Retrieve specific information from simple sentences.

To help children with **deafblindness** retrieve specific information from simple sentences, it's crucial to use **multi-sensory techniques** that enable them to interact with the sentence and its components. Here are several adaptations and strategies to facilitate this process:

# 1. Tactile Sentence Cards

**Braille or Raised Print Sentences**: Provide

sentences in **Braille** or **raised print** so that children can read the words by touch. Each sentence should be simple and clear. For example, the sentence "The dog runs" can be written in Braille, and the child can feel the words to retrieve information.

Tactile Sentence Strips: Break down simple sentences into individual tactile word cards or strips. After the child feels and reads the entire sentence, you can ask them specific questions about it. For example, ask, "What animal runs?" and they can point to or feel the word "dog."

2. Object Matching for Comprehension Object-Sentence Pairing: Use real objects that correspond to the sentence's content. For example, if the sentence is "The ball is red," provide an actual **red ball** for the child to feel. After reading the sentence, ask questions like, "What is the color of the ball?" or "What object is described?" The child can respond by feeling the object.

**Tactile Props**: For each sentence, have a corresponding **tactile object** (e.g., a toy car for "The car is fast"). After reading, prompt the child to identify information from the sentence using the objects.

# **3. Simple Question Prompts**

**Targeted Questions**: After reading a sentence, ask simple questions to retrieve specific information. For example, from the sentence "The cat is black," ask:

"What color is the cat?" (The child can feel the word "black" or a tactile image of the cat's color.)

"What animal is this?" (The child can feel the word "cat" or the corresponding tactile object.) **Choice Questions**: Provide two or three choices related to the sentence. For example, after reading "The dog runs," ask, "Is it a dog

or a cat?" with the child selecting the correct object or word card.

#### 4. Sensory Reinforcement

**Use of Movement**: For action-based sentences like "The ball bounces," allow the child to physically interact with the ball. Ask them to feel the ball bounce and then answer questions about the action.

For example, "What is the ball doing?" (The child can feel the movement of the ball or its vibration to identify "bouncing.")

**Vibration Feedback**: Use a vibration device to emphasize the action or concept described in the sentence. For instance, a vibrating toy can reinforce the sentence "The truck is moving," and the child can feel the vibrations to understand the action.

#### **5. Tactile Visual Aids**

Raised Illustrations or Pictures: Alongside the text, provide raised illustrations or textures that represent key elements of the sentence. For example, if the sentence is "The sun is hot," provide a raised image of the sun and a warm object for the child to feel. Ask them questions like, "What is hot?" and guide their hands to the corresponding object or picture.

Tactile Sign Language: If the child uses tactile sign language, incorporate it to reinforce the meaning of the sentence. For example, when reading "The bird flies," you can sign "bird" and "flies" through touch, prompting the child to identify the action and subject.

# 6. Simple Sorting Activities

**Sorting Words or Objects**: After reading simple sentences, you can have the child sort corresponding objects or words. For instance, after reading "The dog runs," you can provide a set of pictures or tactile words like "dog," "cat," and "bird," and the child can sort them by the

animal that matches the sentence.

Matching Sentences to Actions: Use objects, toys, or materials that the child can manipulate to match actions described in simple sentences. For example, after reading "The dog barks," you can present a toy dog and a toy cat. The child can match the dog to the action "barks."

#### 7. Interactive Technology

Assistive Devices with Tactile Feedback: Use technology such as Braille displays or speech-output devices that allow the child to interact with simple sentences. These devices can provide vibration feedback or speak out the sentence as the child reads it in Braille, making it easier for them to retrieve specific information.

Example: After reading a sentence like "The car is blue," the child can use the device to hear the question, "What color is the car?" and select the correct answer from tactile choices.

#### 8. Sequencing Activities

Story Sequencing with Tactile Cards: After reading simple sentences or short paragraphs, use sequencing cards to help the child understand the order of events. For example, after reading "The dog chases the ball," provide tactile cards showing the dog, the ball, and the chase. Ask the child to arrange the cards in the correct sequence, reinforcing their comprehension of the sentence.

**Picture-Word Matching**: For each sentence, give the child a set of tactile images or objects to match with the words in the sentence. After reading the sentence, the child can match the words to the tactile items.

### 9. Repetition and Consistency

**Repetition for Reinforcement**: To help the child retrieve specific information, encourage repetition of the sentence. The more often the child interacts with the sentence, the easier it

will be to retrieve the relevant details. Example: After reading "The apple is green," ask repeated questions like "What color is the apple?" until the child can consistently retrieve the correct information.

10. Peer Interaction and Social Context
Peer Reading Sessions: Encourage peer
interaction where the child can work with
classmates to retrieve information from simple
sentences. Peers can help by reading aloud or
pointing to objects that correspond with the
sentences.

Collaborative Storytelling: Create a simple story where each child takes turns reading or identifying parts of the story. This promotes social interaction and helps children with deafblindness retrieve specific information through hands-on engagement.

8. Do different kinds of comprehension tasks (answering verbally, matching, action, etc.) To help children with deafblindness engage in different kinds of comprehension tasks (e.g., answering verbally, matching, or performing actions), it's important to provide tasks that are multi-sensory and accessible. The goal is to use tactile and auditory supports, alongside visual cues when appropriate, to enhance their ability to process and understand information. Here are some ways to adapt various comprehension tasks for children with deafblindness:

# **1.** Verbal Comprehension (Answering Verbally)

• Tactile Feedback for Verbal Responses: Encourage the child to answer verbally or with tactile sign language. If verbal communication is difficult, they can use sign language, gesture-based communication, or a

- **communication device** with tactile feedback.
- Example: After reading or hearing a simple sentence like "The dog is running," ask, "What is the dog doing?" The child can answer verbally or sign "running" using tactile sign language.
- Modeling Responses: If needed, model the verbal response first to give the child a reference. For example, you can say, "The dog is running," and then prompt the child to say or sign the same.

## 2. Matching Comprehension Tasks

- Matching Objects to Words or Sentences: After reading a sentence or hearing a story, provide objects or pictures that match the words or sentences. Ask the child to match the tactile objects to the corresponding sentences.
  - Example: For the sentence "The apple is red," give the child a red object (apple), and ask them to match the object to the sentence or tactile word card.
- Tactile Word Matching: Provide tactile word cards (e.g., Braille or raised print) and ask the child to match the correct word to the object or a description. For example, after reading "The dog barks," give the child word cards for "dog," "cat," and "bird," and they can feel the correct card and match it to the right object.
- Matching Pictures to Descriptions:
   Use raised images or tactile illustrations paired with textured or Braille descriptions. Ask the child to match the tactile picture to the correct description after reading or hearing a sentence.

## 3. Action-Based Comprehension Tasks

- Performing Actions Based on Sentences: After reading or hearing a sentence, ask the child to perform an action that corresponds with the sentence.
  - Example: For the sentence "The cat jumps," provide the child with a soft tactile model of a cat and guide them to move the model in a jumping motion, helping them physically engage with the action described.
- Role-Playing: After reading a sentence like "The boy is running," ask the child to perform the action of running (e.g., in place) or act out another part of the sentence. This helps the child engage with the text through kinesthetic learning.
- **Object Interaction**: After reading "The ball bounces," ask the child to bounce a ball, reinforcing their understanding of the sentence by physically acting out the action.

## 4. Sensory Feedback in Action Tasks

- Vibration Cues: Use vibration or movement to reinforce the action described in the sentence. For instance, if the sentence is "The truck is moving," you could provide a vibrating toy truck and encourage the child to feel the vibrations and move the truck accordingly.
- Touch and Movement Activities: In the case of sentences involving movement or action (e.g., "The bird flies"), guide the child's hands to perform corresponding movements (e.g., moving their hands in a flapping motion) to demonstrate their

comprehension.

### **5. Multiple Choice Comprehension Tasks**

- Tactile Choice Boards: After reading a sentence or story, ask the child to choose the correct answer from a set of tactile choices (e.g., Braille or raised cards). The child can touch and select the correct option based on their comprehension of the sentence.
  - Example: After reading the sentence "The apple is red," offer three tactile choices: a red apple, a green apple, and a banana. Ask, "Which one is red?" and have the child select the corresponding object.
- Use of Real Objects for Choices:

  Present real objects alongside Braille or raised print options. The child can choose the correct object to answer a comprehension question. For example, after reading "The dog is running," give the child the choice of a toy dog, a toy car, or a toy bird, and ask them to select the dog.

# 6. Visual or Tactile Story Sequencing

- Tactile Sequencing: After reading a story, provide tactile story elements (e.g., raised pictures or objects) and ask the child to arrange them in the correct sequence. This helps the child understand the flow of events and improves their comprehension of the narrative.
  - Example: After reading "The boy eats an apple," "The boy washes his hands," and "The boy goes to school," ask the child to arrange the tactile cards in the correct order.

• Interactive Sequencing with Action:
Ask the child to perform actions based on the sequence. For instance, after reading about a sequence like "The dog runs, the dog stops, the dog rests," ask the child to move a tactile model of a dog according to each part of the sentence.

### 7. Using Tactile Communication Systems

- Tactile Sign Language: If the child uses tactile sign language, incorporate signs as part of the comprehension process.

  After reading a sentence, encourage the child to respond by signing the key concept or action described.
- Object Symbol Communication: Use object-based communication symbols (e.g., a small ball to represent "ball") to help children link comprehension to tangible objects. After reading a sentence like "The dog runs," the child can select the corresponding object symbol for "dog" and "run" and demonstrate their understanding.

## 8. Interactive Questioning

- Simple Question and Answer: After reading a sentence, ask simple questions that require the child to answer through touch, sign language, or a communication device.
  - Example: For the sentence "The tree is tall," ask questions like:
    - "What is tall?" (Child can answer with a tactile response or point to the raised print or object that corresponds to "tree.")
    - "What is the tree like?"
       (Child may feel the raised image or texture of a tree.)

Yes/No Questions: Use yes/no questions to check the child's understanding. For example, after reading "The dog is brown," ask, "Is the dog brown?" and the child can answer by shaking or nodding their head or using tactile signs. 9. Matching Sound and Action **Sound Recognition**: For comprehension tasks related to auditory information, use vibration devices or sound cues (when accessible) to enhance the child's experience. After reading a sentence like "The car honks," use a sound-emitting device or a vibrating toy car to reinforce the sound and action. **Action-Based Sound Matching:** For sentences involving action and sound (e.g., "The bird sings"), use a toy or a vibrating object to simulate the sound, allowing the child to match the action with the correct sound. 10. Multi-step Tasks • Complex Comprehension Tasks: For more advanced comprehension, create tasks that involve several steps. For example, read the sentence "The girl picks the apple, washes it, and eats it" and then guide the child through each step, allowing them to pick up a tactile apple, feel it being washed (e.g., with a damp cloth), and simulate eating it. Task Chaining: Break down a complex task into smaller parts. After reading a multi-step sentence, guide the child through each action (e.g., "First, the boy walks to the park. Then, he plays with the ball."). Writing 1. Hold pencil 1. Hold pencil correctly to gain control to

draw lines, curves, circles, etc.

correctly to gain

- control to draw lines, curves, circles, etc.
- 2. Develop handeye coordination throughdrawing lines and patterns.
- 3. Trace the letters and write them.
- 4. Form lower and upper case letters of regular size and shape.
- 5. Write letters and words in a straight line from left to right with regulars pacing between words.
- 6. Copy letters and highly frequent familiar words and phrases correctly and reproduce them.
- 7. Combine and recombine different letters to form words, and put the words in correct order to form simple sentences.
  8. Use correct
- spelling of words.

  9. Write simple
- phrases and sentences independently. 10. Give basic personal

To adapt the writing activity of holding a pencil correctly and gaining control to draw lines, curves, circles, etc., for children with **deafblindness**, it is important to focus on **tactile** and **kinesthetic** strategies that can provide sensory feedback and physical guidance. Here are several adaptations that can help children with deafblindness develop their fine motor skills for drawing and writing:

## 1. Tactile Pencil Grips

- Adapted Pencil Grips: Use specialized pencil grips or tactile markers to help the child hold the pencil correctly. These grips can provide sensory feedback, making it easier for the child to feel where to place their fingers. Foam grips or textured grips can help the child maintain a correct grip and develop the necessary muscle control.
- Weighted Pencils: For children who need additional sensory feedback, using a weighted pencil can help them feel the pencil more clearly and increase control over movements.

#### 2. Hand-Over-Hand Guidance

- Physical Support: Offer hand-overhand guidance, where the teacher or caregiver gently places their hand on top of the child's hand to guide them through the movement of drawing lines, curves, or circles. This approach helps the child feel the motion and gain muscle memory for controlling the pencil.
- Assisted Movement: Guide the child's hand in a slow, deliberate motion to form basic shapes like straight lines or curves. This can help them understand the required hand movements and gradually develop independent control.

### 3. Tactile Drawing Surfaces

information inwriting (e.g. name, address, age, nationality). 11. Demonstrate good handwriting skills.

- Raised or Textured Surfaces: Provide the child with a raised or textured surface where they can feel the outline of the lines, shapes, or letters. This will help them understand the space they are working within and offer sensory feedback as they draw. For example, use Braille paper, sandpaper, or textured foam sheets that allow the child to feel the shapes or lines as they draw.
- Adapted Drawing Boards: Use a tactile drawing board or lightbox that has raised surfaces for the child to follow. The child can feel the raised lines and practice drawing on top of these textures.

#### 4. Tactile Drawing Tools

- Marker with Tactile Tips: Use a tactile marker or crayon that has a distinctive texture (e.g., raised or bumpy tip) to help guide the child's hand. These tools can help the child feel where the tip of the tool is in contact with the paper, aiding in forming lines, curves, and circles.
- Use of Textured Pencils: Consider pencils with textured surfaces or vibrating tips that provide sensory feedback, helping the child understand the pressure and movement needed for drawing or writing.

# 5. Tactile Line and Shape Templates

- Shape and Line Templates: Use tactile templates with raised lines or shapes (e.g., circles, squares, and straight lines) that the child can follow with their pencil or finger. These templates can help the child practice drawing specific shapes and lines by feeling the texture of the outline.
- Tactile Pathways: Create simple tactile

pathways with raised tape or shapes that guide the child to follow specific lines or curves. This can be done on a piece of paper, allowing the child to trace over the raised lines with their pencil.

#### 6. Assistive Technology

- Touchscreen or Digital Devices: For children who are more comfortable with technology, consider using tablet devices or assistive technology that supports tactile drawing. For example, BrailleNote or refreshable Braille displays can be used for drawing with tactile feedback. There are also specific apps designed to provide tactile feedback for drawing and tracing shapes on touchscreens.
- Speech or Vibration Feedback: Some digital tools or apps can provide speech or vibration feedback when the child traces over certain shapes, providing a sensory reinforcement that helps them understand the motion and placement of their drawing.

## 7. Physical Positioning

- **Proper Positioning of Paper**: Position the paper at an appropriate angle or surface that allows the child to feel comfortable. For example, place the paper flat on the table or use an easel for better access.
- Hand and Arm Support: Provide the child with enough support for their hand and arm to prevent unnecessary strain. For example, support the elbow on the table or provide a stabilizing cushion to help guide the child's movements without causing discomfort.

# 8. Pre-Drawing Activities

• Pre-writing Exercises: Before

attempting to draw shapes or lines, encourage the child to engage in **pre-writing exercises** that build hand control, such as tracing over textured lines or drawing in sand, clay, or finger paints. These activities help build the foundation for more structured drawing tasks.

• **Finger Tracing**: Allow the child to use their **fingers** to trace shapes or lines first, as this can help them get used to the motions before transitioning to a pencil or other drawing tools.

#### 9. Repetition and Gradual Progression

- Gradual Progression: Start with large, simple shapes (such as straight lines or large circles) and gradually move to more complex shapes as the child gains control. Consistent practice in a low-stress environment will help the child improve their fine motor skills.
- Encourage Repetition: Allow the child to practice these skills repeatedly in a way that's motivating for them. For example, they might enjoy drawing simple shapes on textured paper and gradually building up to more intricate shapes and designs.

#### 10. Positive Reinforcement and Patience

- **Reinforcement**: Offer praise and encouragement after each attempt, whether successful or not. Positive reinforcement can help the child stay motivated and build confidence.
- Patience and Persistence: Understand that the process of mastering pencil control may take time. Be patient and provide plenty of opportunities for the child to explore writing and drawing at their own pace.

# 2. Develop hand-eye coordination through drawing lines and patterns.

To help children with **deafblindness** develop **hand-eye coordination** through drawing lines and patterns, it's important to focus on **tactile** and **kinesthetic** strategies that provide sensory feedback and guide their movements. Since these children may have limited or no vision, adapting the activity to engage their sense of touch and movement is essential. Below are some adaptations that can help children with deafblindness develop hand-eye coordination through drawing:

#### 1. Tactile Templates and Guides

- Raised Line Templates: Provide the child with raised line templates (made from rubber, plastic, or textured material) that they can trace over with their fingers or a pencil. These templates should include various patterns (e.g., straight lines, curves, zigzags, spirals) to practice hand-eye coordination as they move their hand along the raised path.
- Textured Pattern Boards: Use textured boards or mats with pre-drawn tactile patterns (e.g., waves, zigzags, or spirals) for the child to trace. This will help the child learn how to follow patterns with their hand while gaining control over their drawing instrument.

#### 2. Hand-Over-Hand Guidance

• Guiding Hand Movements: Offer hand-over-hand guidance to help the child learn the motion of drawing lines and patterns. Gently guide the child's hand along the desired path, whether it's a straight line or a curve, allowing them to feel the motion and gain coordination. As they practice, gradually reduce the

amount of guidance.

• Encouraging Independent Movement:
Once the child starts to understand the pattern or shape, encourage them to try drawing independently. Provide verbal or tactile cues to reinforce the direction of the movement (e.g., "Move up," "Turn left," "Draw a circle").

#### 3. Tactile Markers and Writing Tools

- Textured Markers and Pencils: Use textured pencils or crayons to help the child feel the drawing tool better. The texture will provide sensory feedback and help the child feel where the pencil is on the paper. Vibrating markers or markers with raised tips could also be used to provide additional sensory input as they draw.
- Adaptive Pencils: Use special pencil grips or triangular pencils to support proper pencil positioning. These tools will help the child develop the proper grip and hand control necessary for drawing lines and shapes.

# 4. Tactile Drawing Surfaces

- Raised Writing Paper: Provide raisedline paper (e.g., Braille paper with raised lines) to give the child tactile feedback as they draw. This helps them understand where to draw and provides a physical sense of the path they need to follow.
- Sandpaper or Felt Boards: For initial practice, children can use sandpaper or felt boards with tactile lines or patterns to trace over with their fingers. The textured surface gives feedback as they trace, helping to develop their hand-eye coordination.

### 5. Tracing and Drawing in Sensory

#### **Materials**

- Sand or Rice Tracing: Have the child trace lines or patterns in sand, rice, or flour with their fingers or a pencil. The tactile feedback from these materials can help them learn the coordination of their hands while focusing on following a specific path.
- **Finger Painting**: Finger painting on textured surfaces or sensory mats can also be used to encourage the child to create patterns. The physical engagement with the medium supports both the tactile sense and hand-eye coordination.

#### 6. Shape and Line Tracing

- Tracing with Fingers First: Encourage the child to trace shapes and lines with their fingers before using a pencil or other drawing tools. Tracing shapes in clay or playdough can also provide a tactile experience that helps the child understand the hand movements required for drawing.
- Pattern Tracing with Tactile Cues:
  Use tactile cues (e.g., different textures or objects) to guide the child in tracing patterns. For example, you could place objects along the line or pattern that they need to trace. This provides a more interactive, sensory-rich experience while practicing hand-eye coordination.

# 7. Drawing with Different Media

- Chalk and Chalkboard: Drawing on a chalkboard with tactile feedback, like sidewalk chalk or chalk with textured tips, can offer a change in texture and sensation, which helps the child develop coordination in a different sensory context.
- Puffy Paint or Fabric Paint: Have the

child trace over **puffy paint** or **fabric paint** that forms raised lines. The raised texture provides clear sensory feedback as they draw or trace, helping to reinforce hand-eye coordination.

### 8. Progressive Difficulty and Repetition

- Start with Simple Lines: Begin with basic shapes such as straight lines, circles, or zigzags and gradually increase the complexity of the patterns as the child gains more control. This allows them to practice hand-eye coordination in manageable steps.
- **Repetition**: Encourage the child to practice drawing the same patterns multiple times. Repetition will help reinforce the motion and improve coordination over time.

# 9. Interactive Tools for Hand-Eye Coordination

- Interactive Drawing Apps: If the child is comfortable with technology, use tablet-based apps with tactile feedback or vibration feedback that help guide the child's hand movements. Many apps are designed to help children learn drawing skills by providing both visual and tactile prompts.
- **Digital Pens with Feedback**: Some assistive technology tools, such as **digital pens** or **stylus pens** that provide tactile feedback, can support the development of hand-eye coordination while drawing patterns on a screen.

## 10. Verbal Cues and Repetition

• Provide Verbal Guidance: Use clear, simple verbal instructions to guide the child as they draw. For example, say "Draw a line across the page," and guide their hand while they do it. This helps

- reinforce coordination by connecting the tactile feedback with verbal cues.
- **Modeling**: Model the drawing task first by demonstrating how to draw a pattern or line and then guide the child to do it themselves. This provides a visual and tactile reference to support their learning.

#### 3. Trace the letters and write them.

To help children with **deafblindness** trace and write letters, the activity should be adapted to provide tactile feedback, promote muscle memory, and assist with both fine motor and cognitive skills. Below are strategies for adapting the activity of tracing and writing letters:

#### 1. Tactile Letter Tracing

- Raised-Line Paper: Use raised-line paper or Braille paper to provide tactile feedback when tracing letters. These papers have raised lines that children can feel as they trace over the letters. This allows them to experience the shape of the letters with their fingers before transitioning to writing them independently.
- Textured Tracing Cards: Create or purchase textured tracing cards with raised letters. The child can trace these cards with their fingers or a pencil, allowing them to feel the formation of each letter. You can also use a Braille slate or Braille paper if the child is familiar with Braille.
- Sandpaper Letters: Provide sandpaper letters for the child to trace with their fingers. The texture of the sandpaper gives a tactile experience that helps the child understand the shape and form of each letter.

# 2. Hand-Over-Hand Support

- Hand-Over-Hand Guidance: Offer hand-over-hand support to guide the child's hand as they trace the letter. Gently place your hand on top of the child's hand, helping them move their fingers or pencil along the lines. This method will provide them with kinesthetic feedback about the movements needed to form each letter.
- **Gradual Release**: Start by providing full support and gradually reduce the amount of help as the child becomes more comfortable tracing and writing the letters independently.

### 3. Tactile Writing Tools

- Textured Pencils: Use textured pencils or special pencil grips to make it easier for the child to feel the pencil in their hand, providing them with tactile feedback. These tools can help them maintain control while tracing or writing.
- Crayons or Markers with Tactile Feedback: Use markers or crayons with distinct textures or vibrating pens that help the child feel where the pencil is touching the paper. This feedback can guide their hand movements as they trace the letters.

# 4. Writing with Sensory Materials

- Sand or Salt Tray: Fill a shallow tray with sand, salt, or flour and encourage the child to trace the letters in the tray with their fingers. This tactile surface will allow the child to feel the shape of each letter as they trace it, and it can be easily erased to repeat the activity.
- **Finger Painting**: Have the child use **finger paints** on a textured surface to trace letters. This approach engages their

- tactile and kinesthetic senses, allowing them to explore writing in a fun and engaging way.
- Clay or Playdough: Allow the child to form letters using clay or playdough.

  This method helps develop hand strength and coordination while reinforcing letter shapes through touch and manipulation.

### **5. Textured Letter Tracing Sheets**

- Raised Alphabet Sheets: Use textured alphabet sheets that have a raised version of each letter. These sheets can be made from fabric, rubber, or plastic, and children can trace each letter with their fingers. Over time, they will get used to forming the shapes of the letters through tactile input.
- Foam Letter Sheets: Create or purchase foam letter sheets with raised letters.

  The child can trace the foam letters with their fingers, helping them recognize the shapes while practicing hand movements for writing.

# **6. Progressive Tracing Exercises**

- Begin with Large Letters: Start by having the child trace large letters with their fingers or a writing tool. Large letters are easier to trace and provide more space for the child to develop control over their movements. Gradually decrease the size of the letters as they improve their skills.
- Tracings with Directional Cues:
   Provide cues, such as verbal instructions (e.g., "Start at the top and move down," "Go from left to right") and kinesthetic feedback (such as guiding the child's hand), to help them learn the correct movements for forming each letter.

### 7. Multi-Sensory Reinforcement

- Combine Touch and Sound: Pair the tracing activity with verbal cues about the letter's name and sound. For example, as the child traces the letter "A," say, "This is A, and it sounds like 'ah." Combining touch, sound, and movement will reinforce learning and help the child understand the connection between letters and sounds.
- Rhythm and Movement: Use rhythm or chanting when tracing letters to help the child associate the movement with the sound and name of the letter. For example, you could say, "A, up and down, like a triangle!"

#### 8. Reinforcement through Repetition

- Repeated Practice: Encourage repeated tracing of the letters. The more the child traces each letter, the more comfortable they will become with the movements necessary for writing. Make sure to celebrate progress, even small steps, to keep them motivated.
- Track Progress: Keep a progress chart where the child can mark how many letters they've traced or how well they are doing. This helps the child visually track their improvement and gain a sense of accomplishment.

## 9. Writing in Braille (If Applicable)

- If the child is familiar with **Braille**, teach them how to trace letters using a **Braille** slate or **Braille paper**. This can provide an additional way to engage with the letters through touch and is crucial for reading and writing for blind individuals.
- Introduce Braille letter cards with tactile bumps that represent the Braille characters and allow the child to trace them with their fingers.

## 10. Encourage Independent Writing

- Once the child has gained some confidence with tracing, encourage them to move from tracing to writing independently on blank paper. Start with a few letters, guiding them to form each letter properly.
- Provide positive feedback for any attempt at independent writing, even if the letters aren't perfect. Gradually, the child will build confidence and accuracy.

# 4. Form lower- and upper-case letters of regular size and shape.

To help children with **deafblindness** form **lower- and upper-case letters** of regular size and shape, the approach should focus on tactile feedback, structured guidance, and appropriate adaptations to assist them in developing writing skills. Below are strategies to support children in forming consistent and appropriately sized letters:

#### 1. Tactile Letter Formation

- Raised-Line Tracing Sheets: Use raised-line sheets (or Braille paper) that have both upper and lower case letters. Children can trace these letters with their fingers or a pencil, providing tactile feedback that helps them feel the size and shape of each letter. The raised lines guide their finger or writing tool, enabling them to trace in a way that promotes motor memory.
- Textured Letter Cards: Provide textured cards or foam letters that have both upper and lower case letters in relief. The child can trace the letter shapes with their fingers to familiarize themselves with the size and formation of the letters.

## 2. Hand-Over-Hand Support

- Guiding the Hand: Offer hand-overhand assistance to help the child form each letter. This helps them understand the directionality and stroke order for forming both upper and lower case letters. For instance, guiding them in forming a capital "A" with straight lines and then a lower case "a" with a round shape.
- Gradual Independence: Start by providing full hand-over-hand support, then gradually reduce the amount of guidance as the child gains confidence in forming letters independently.

### 3. Writing Tools with Sensory Feedback

- Textured Pencils: Use textured pencils or adaptive grips that give the child better tactile control of the writing instrument. These tools make it easier for children to feel the pencil in their hand and guide their movements while writing both uppercase and lowercase letters.
- Vibrating Pens: Consider using vibrating pens or markers, which provide additional sensory feedback that guides the child in forming letters accurately by vibrating when they follow the correct path.

# **4. Sandpaper or Sensory Materials for Tracing**

- Sandpaper Letters: Use sandpaper letters for tactile tracing. These letters are typically made with a rough surface that the child can feel as they trace with their fingers. This will help them learn to form both uppercase and lowercase letters with the correct size and shape.
- Salt or Sand Tracing: Fill a shallow

tray with **sand** or **salt**, and encourage the child to trace letters in the tray using their fingers. This is a good way to practice letter formation in a fun, sensory-rich environment. You can draw letters with your fingers in the sand and guide the child to trace them.

#### 5. Structured Letter Formation

- Letter Guides and Templates: Use letter guides with clear instructions for forming both uppercase and lowercase letters. For example, use arrows on paper to indicate the stroke order or directional movement needed to write the letter. This will help the child focus on how to write each letter properly and consistently.
- Large to Small Practice: Start with large uppercase letters (which are easier to form with bigger strokes) and gradually move on to lowercase letters, which are typically smaller and require more control. This progression helps children focus on proper size and proportion.
- Simple Stroke Letters First: Begin with letters that are easier to form, such as "L," "T," or "I" (for uppercase) and "l," "t," or "i" (for lowercase). These letters have simple straight lines, helping children master basic strokes before progressing to more complex letters.

# 6. Tracking Progress with Sensory Feedback

• Tactile Feedback During Writing:
While writing, the child should receive feedback from the surface or material being written on. Using materials like raised-line paper, foam boards, or textured pencils can provide the child with sensory feedback on the size and

- shape of their writing.
- Verbal or Tactile Feedback: As the child writes, offer verbal feedback or provide tactile cues to reinforce the correct formation of each letter. For example, say "Good job with the tall lines in the capital letters!" or give a gentle touch to their hand to show when the letter is written well.

#### 7. Repetition and Practice

- Repetition for Mastery: Encourage the child to practice forming letters repeatedly to build muscle memory and ensure consistency in the size and shape of both uppercase and lowercase letters. Provide a set amount of letters to trace or write each day and gradually increase the complexity as they improve.
- Start with Simple Letters: Begin with letters that share similarities in shape and strokes. For instance, after practicing the capital letter "A," have the child try the lowercase "a." Then, once the child is comfortable, introduce other simple letters like "C" and "c" or "T" and "t."

#### 8. Interactive Sensory Tools

- Tactile Writing Apps: If the child is familiar with technology, use interactive apps that provide tactile feedback or vibration cues while practicing letter formation. These apps can guide the child as they trace or write, helping them develop letter recognition and formation skills in a digital environment.
- Interactive Whiteboards: Use interactive whiteboards with tactile pens or brushes to let the child trace both uppercase and lowercase letters. The tactile nature of the interaction can provide both feedback and engagement

while practicing letter writing.

#### 9. Visual and Tactile Pairing

- Pair Letters with Objects: Pair each letter (upper and lower case) with a corresponding object that the child can touch. For example, "B" could be paired with a **Braille book** or a **ball**, so the child connects the shape of the letter with something tactile and familiar.
- Tactile Sign Language for Letters: If the child is familiar with tactile sign language, combine letter formation with the appropriate tactile sign. This pairing helps the child connect the visual, tactile, and kinesthetic aspects of the letter.

# 10. Encourage Creativity and Exploration

• Drawing Letters: Once the child can form letters consistently, encourage them to experiment with writing letters in different media, like drawing letters in a tray of sand, molding them with clay, or painting them with their fingers on a textured surface. These hands-on activities will help strengthen both handeye coordination and letter formation skills.

# 5. Write letters and words in a straight line from left to right with regular spacing between words.

To help children with **deafblindness** write letters and words in a straight line from left to right with regular spacing between words, the following adaptations can be implemented. These strategies focus on providing tactile feedback, structured support, and techniques to enhance their fine motor skills, spatial awareness, and consistency in writing:

#### 1. Use of Raised-Line Paper or Braille Paper

• Raised-Line Paper: Provide raised-line

- **paper** or **Braille paper** with clearly defined horizontal lines that the child can feel. These lines will guide the child's pencil or finger to keep the letters straight and evenly spaced.
- Guided Paper: Use paper with preprinted guide lines (like grids or dashed lines) to help the child maintain consistent letter size and spacing. This ensures that each letter fits properly within the lines, and words are written with regular spacing.

# 2. Hand-Over-Hand Support

- Guiding the Hand: Offer hand-overhand support to help the child maintain the correct direction and spacing while writing. Place your hand over theirs to gently guide them along the lines, helping them feel how to space the letters and words appropriately.
- Tactile Cues: Use gentle tactile cues to encourage the child to move from left to right. For example, tap their hand lightly to signal when to start a new word or when to leave a space between words.

#### 3. Letter Spacing Aids

- Space Markers: Use tactile markers, like small rubber dots or raised stickers, to indicate where to leave a space between words. When writing, the child can feel these markers as a signal to stop and leave a gap before continuing to the next word.
- Pre-printed Spacing Lines: Use preprinted sheets with pre-determined spaces for each word to help the child understand the need for consistent spacing between letters and words.
   These sheets could include lightly dotted lines to indicate where to place the

spaces.

#### 4. Writing Guides and Templates

- Word Templates: Provide templates with traced words or dashed words that the child can follow. This helps them learn to write the words in a straight line and maintain regular spacing between letters and words.
- Alphabet Guides: Place an alphabet guide at the top or side of the paper for reference, showing the child how letters should be spaced and aligned in a straight line. This can be a tactile or raised guide.

#### 5. Adaptive Writing Tools

- Textured Pencils or Pens: Use textured pencils or writing pens with adaptive grips to help the child maintain control of the writing instrument. The added texture can provide tactile feedback, improving the child's control over writing the letters and maintaining a straight line.
- Tactile Rulers or Guides: Use a tactile ruler or guide strip to physically direct the child's hand from left to right. The tactile strip will ensure that the child writes in a straight line, helping with consistent letter formation and word spacing.

# **6.** Use of Sand or Salt Trays for Practice

• Sand or Salt Trays: Have the child practice writing in sand or salt trays. When practicing in the tray, they can draw letters with their fingers or a pencil, using the guide lines or tactile markers in the tray. The tactile surface will help the child maintain control of letter formation while reinforcing proper spacing between letters and words.

• Writing in a Tray with Dividers: For better spatial orientation, divide the sand or salt tray into sections using raised dividers that the child can feel. Each section can correspond to one word, helping the child maintain regular spacing between words.

#### 7. Teaching Left-to-Right Progression

- **Directional Cues**: Emphasize the left-toright direction when writing by **tapping** or **guiding the child's hand** from left to right. You can also verbally prompt them, saying, "Start here and move to the right."
- Consistent Practice: Encourage daily practice by writing single letters or simple words first. Then gradually increase complexity to longer words and sentences. Reinforce the left-to-right movement with consistent verbal and tactile cues.

#### 8. Visual and Tactile Reinforcement

- Tactile Feedback for Alignment: Use tactile feedback to reinforce the alignment of the words. As the child writes, gently guide their hand or provide verbal cues to ensure that each word begins at the same point, creating a straight line of writing.
- Reinforce Spacing Consistency:
  Celebrate small successes. When the child places letters or words with proper spacing, offer positive reinforcement.
  This will encourage them to continue making efforts for proper alignment.

# 9. Practice with Large-Scale Writing

 Large Writing Surfaces: Start by having the child practice writing on larger surfaces to develop better control over spacing. Use large tactile boards or

- whiteboards with raised lines to help them practice writing larger letters with space between them.
- Writing with Sensory Feedback: On large surfaces, encourage the child to write using their full hand to feel the shape of each letter and maintain even spacing.

#### **10.** Using Technology for Practice (Optional)

- **Digital Writing Tools**: If the child is comfortable with digital tools, there are apps that can simulate writing with tactile feedback (using haptic technology) or visual guides for letter formation and spacing.
- Interactive Whiteboards: Use interactive whiteboards with tactile pens or brushes that give immediate feedback as the child writes. These devices can help reinforce correct left-to-right writing and spacing while offering real-time guidance.

# 11. Progressive Difficulty

- Simple Words First: Start with simple, short words that consist of familiar letters. Encourage the child to write basic words (e.g., cat, dog) while maintaining consistent spacing.
- Gradual Increase in Complexity: As the child becomes comfortable with writing basic words in a straight line, gradually increase the complexity to sentences and paragraphs, maintaining the focus on consistent letter size and spacing.

# 12. Consistent Monitoring and Encouragement

 Monitor Progress: Observe the child's progress regularly to ensure they are writing in a straight line and leaving

- consistent space between words. Provide gentle corrections and positive reinforcement to help build confidence and accuracy.
- Celebrate Achievements: When the child successfully writes in a straight line with appropriate word spacing, celebrate their progress, no matter how small. Positive reinforcement will help them stay motivated and build their skills.

# 6. Copy letters and highly frequent familiar words and phrases correctly and reproduce them.

To help children with **deafblindness** copy letters, highly frequent familiar words, and phrases correctly, and reproduce them, the following adaptations can be implemented. These strategies aim to support tactile learning, spatial orientation, motor control, and consistent practice in reproducing written language:

#### 1. Tactile Copying and Reproduction

- Raised-Line Paper: Provide raised-line paper or Braille paper to guide the child's hand while copying letters, words, and phrases. The child can trace the raised lines to reproduce letters or words, helping them maintain accurate spacing and shape.
- Tactile Word Cards: Use tactile word cards with familiar and frequently used words, like their name, family names, or common objects. These cards can have raised letters or braille, which the child can feel and then copy onto their own paper.

#### 2. Hand-Over-Hand Assistance

• Guiding the Hand: Use hand-overhand assistance to guide the child's

- hand as they copy letters or words. This support helps them feel the correct movement and letter formation, and allows them to learn how to space letters and words appropriately. Gradually reduce the amount of support as they gain independence.
- **Directional Guidance**: Provide tactile feedback to ensure the child is moving from **left to right** as they copy words or phrases. Use subtle touches on their wrist or hand to signal the correct movement direction.

#### 3. Tracing with Tactile Feedback

- Tactile Tracing Materials: Provide materials such as raised tracing templates, where children can trace letters and familiar words. These materials can be made from raised paper, foam boards, or sandpaper letters, allowing children to feel and trace the shapes of letters, improving their muscle memory and consistency in reproduction.
- Salt or Sand Trays: Use salt or sand trays for tactile tracing of letters and words. The child can practice writing in the tray using their fingers or a stylus, reinforcing the form of letters and words in a sensory-rich environment.

# 4. Repetition with Simple, Familiar Words

- Start with Simple, Frequent Words:
  Begin with high-frequency, familiar
  words like "cat," "dog," or their own
  name. These are words that the child is
  likely to encounter regularly and will
  benefit from frequent practice in
  copying.
- Word Banks: Create a word bank of frequently used words and phrases that

are significant to the child, such as family member names, favorite activities, or familiar objects. Provide these words in **braille** or **raised print**, and have the child practice copying them regularly.

# **5. Interactive Tools for Copying**

- Tactile Whiteboards: Use tactile whiteboards where the child can practice copying words and phrases.

  These whiteboards often allow the child to feel where they are writing and provide an easy way to make corrections or adjustments.
- Electronic Writing Devices: If the child is comfortable with technology, use electronic devices with tactile feedback, like Braille tablets, that can assist in copying and reproducing words and phrases by providing real-time feedback.

### 6. Structured Writing and Spacing

- Spacing Guides: Provide tactile spacing guides to help the child know where to start and end each word, keeping consistent spacing. Use raised dots or foam strips to indicate where to leave a space between words.
- Guided Writing Sheets: Provide
  writing sheets with pre-printed dashed
  or dotted lines to help guide the child's
  hand in writing each letter and word in a
  straight line, reinforcing the structure of
  their copying work.

#### 7. Modeling and Demonstration

 Model Writing: Model the writing process by writing a word or phrase clearly in front of the child, either using tactile letters, braille, or raised print.
 Have the child feel the formation of each letter and the spacing between words.

• Demonstrate Slow and Clear Writing:
Demonstrate the process of writing each letter slowly and clearly, so the child can mimic the movements and structure. If possible, use different textures (e.g., soft for vowels, rough for consonants) to help distinguish between different letters or sounds.

#### 8. Sensory Reinforcement

- Tactile Feedback: Provide sensory feedback as the child copies letters or words. For example, after the child writes a letter or word correctly, offer positive reinforcement by placing a tactile object (like a soft touch or sticker) on their hand, acknowledging the accuracy.
- Texture for Each Word: Assign a unique texture or material to each frequently used word or phrase, such as a small textured object representing the word. This will help the child associate tactile feedback with specific words and aid them in copying those words accurately.

#### 9. Verbal or Tactile Cues

- Verbal Cues: Provide verbal cues to prompt the child when copying. For example, "Start with an 'S'," or "Leave a space between 'cat' and 'dog'." The cues can be given with rhythmic or tactile cues to help the child follow the writing process.
- Tactile Direction: Use tactile direction to encourage proper spacing between words and letters. For instance, gently guide their hand with a tactile cue (such as a soft touch on the wrist) whenever the child needs to start a new word or

sentence.

#### 10. Frequent, Short Practice Sessions

- Practice in Short Bursts: Focus on short, focused practice sessions where the child practices copying a few words or a sentence at a time. Keep practice sessions short to maintain the child's attention and reduce frustration. Provide a reward system or positive reinforcement after completing tasks to keep them motivated.
- Gradual Increase in Complexity: Once the child becomes proficient at copying simple words, gradually introduce longer phrases or short sentences, increasing complexity as their copying skills improve.

#### 11. Celebrate Successes

• **Positive Reinforcement**: Celebrate even small successes in copying words or letters. Positive feedback can be given by recognizing the child's efforts, either verbally or through tactile rewards like a gentle pat or giving them a **sensory item** they enjoy (like a soft texture or a small toy).

# 7. Combine and recombine different letters to form words and put the words in correct order to form simple sentences.

To help children with **deafblindness** combine and recombine different letters to form words and put those words in the correct order to form simple sentences, the following adaptations can be used. These strategies focus on providing tactile feedback, guiding spatial awareness, and encouraging motor skills to build literacy and sentence formation.

#### 1. Use of Tactile Alphabet and Braille

• Tactile Alphabet Cards: Provide tactile

- **alphabet cards** or **Braille cards** where each letter is raised, allowing children to feel the shapes of the letters. Children can physically handle the cards to practice combining them into words.
- Tactile Word Construction: For older children who are ready for more complex tasks, use Braille word construction kits where they can build and recombine words from tactile letter pieces or Braille tiles. These kits can include both individual letters and common word endings, helping children combine them to form simple words.

#### 2. Object-Based Word Formation

- Objects Representing Letters and Words: Use physical objects that correspond to letters (e.g., a toy for "T," a ball for "B") so that the child can physically manipulate the objects to form words. For example, they can put together a toy car and a toy dog to form the word "car" and "dog" respectively.
- Textured Word Cues: Provide objects or textures to represent specific words, so the child can feel and connect them to form simple sentences. For instance, "I eat apple" could be represented by a toy for "I," a textured apple for "apple," and a simple word card with "eat."

#### 3. Letter and Word Construction Kits

- Tactile Letter Kits: Provide tactile letter kits that allow children to physically build words. These kits often use small, raised tiles with Braille or print letters that children can arrange into simple words.
- Magnets or Velcro Letters: Use magnetic letters or Velcro letters that children can stick onto a board or wall.

These letters can be rearranged to form different words and practice word order in simple sentences.

#### 4. Tactile Word Scrambles

- Word Scramble Activities: Present scrambled word cards with tactile feedback, where the child can feel the raised letters and reorder them to form simple words. Start with 2-3 letter words, gradually increasing the difficulty as the child progresses.
- Sentence Scramble: Once the child is comfortable with word formation, introduce tactile sentence scrambles. Provide cards with familiar words and ask the child to arrange them into simple sentences, such as "I eat food" or "The cat runs."

#### **5. Guided Sentence Formation**

- Word and Sentence Templates:
  Provide templates or worksheets with raised lines that help the child understand where words and sentences should go. You could use pre-printed sentence starters (like "I see..." or "The dog...") and then have the child feel the spaces where they can insert words to complete the sentence.
- Color-Coded or Tactile Word Cues:
  Color-code or use raised patterns to
  differentiate between types of words
  (e.g., subject, verb, object) to help
  children understand the basic structure of
  sentences. For example, yellow could be
  used for nouns, blue for verbs, and red
  for objects. This helps children
  understand word order and form simple
  sentences.

# **6. Spelling and Word Building with Tactile Support**

- Tactile Word Building: Use tactile writing materials (such as sandpaper letters or raised-line pens) for children to physically trace or build words. As they trace, they can blend sounds or letter combinations together to form words.
- Finger Tracing for Spelling: Encourage children to finger-trace the letters or words they are combining. By tracing and feeling each letter, they become familiar with letter sounds and sequences, helping them combine letters into recognizable words and then arrange those words into sentences.

# 7. Sensory Integration with Word and Sentence Creation

- Multi-Sensory Approach: Combine sound, touch, and movement for word and sentence formation. For example, while the child is forming words with tactile letters, have them sound out the word aloud or in sign language. This strengthens their understanding of how letters combine to form words and sentences.
- Tactile Reinforcement: Provide a tactile cue or feedback whenever the child successfully forms a word or completes a sentence. Positive tactile feedback such as a gentle touch or sound can reinforce their learning.

### 8. Reading and Writing Short Phrases

- Reinforce Simple Sentences: Focus on short, familiar phrases such as "I am happy," "I see a dog," or "She eats food." Provide the child with tactile sentence strips that they can feel and practice arranging the words in the correct order.
- Interactive Sentence Construction:

Once the child can combine letters into words, provide **tactile word banks** with common, familiar words that they can use to construct their own sentences. For example, they can feel the word "cat," "eat," and "food" to form "I eat food."

#### 9. Pacing and Short Tasks

- Progressive Tasks: Start with basic tasks where the child forms simple words with 2-3 letters, and then move towards longer, more complex words and eventually full sentences. Use frequent breaks to keep the tasks manageable and engaging.
- Tactile Prompting: When the child starts to form a word or sentence, provide tactile prompts to help them with the next word or letter. For example, you can gently tap the first letter of the next word to remind them to continue forming the sentence.

### 10. Consistent Practice and Repetition

- **Daily Practice**: Engage the child in daily short sessions of combining and recombining letters to form words and simple sentences. Keep the sessions varied to maintain interest and provide opportunities for repeated practice.
- Review with Feedback: After each practice, review the words or sentences together, providing tactile feedback for correct letter combinations or word order, reinforcing the child's progress.

#### 11. Adaptive Writing Tools

• Tactile Writing Materials: Use tactile writing materials such as raised-line paper, Braille writers, or tactile pens that can help children feel where to place the letters and words. These materials will help guide the child in the correct

- direction for writing and spacing.
- Electronic Tools (if applicable) Use assistive technology such as Braille displays or writing apps with tactile feedback to help the child practice forming letters, words, and sentences.

#### 12. Sentence Building with Physical Cues

• Physical Movement to Represent
Sentence Construction: You can use a
physical object, such as blocks or toys,
to represent each word in a sentence.
Place the objects in a line as the child
says or thinks of the words, and then
slowly move to combine the objects into
the full sentence. This will help them
understand the structure of a sentence
and its word order.

#### **Example of Activity:**

- 1. **Recombining Letters**: Start with simple words like "cat" or "dog." Give the child tactile letter cards for "C," "A," and "T." Have them combine the letters to form the word "cat." Then, move to another simple word like "dog."
- 2. **Forming Simple Sentences**: Once comfortable with individual words, provide the child with tactile word cards for "I," "see," and "dog." Encourage them to combine these into the sentence, "I see dog."
- 3. **Sentence Construction**: Gradually add more complexity by introducing short phrases like "The cat runs fast" or "I like food," where the child needs to arrange words in the correct order.

# 8. Use correct spelling of words.

To help children with **deafblindness** use the correct spelling of words, the following adaptations can be applied. These strategies

focus on tactile learning, multisensory integration, and providing opportunities for repetition and reinforcement to ensure correct spelling is learned and retained.

# 1. Tactile Spelling with Raised Letters and Braille

- Raised Letter Cards: Provide raised letter cards or Braille cards for the child to feel and trace. Each card can have a single letter or word, and the child can trace the letters to understand their shapes and order. This tactile feedback helps the child remember how to form and spell words correctly.
- Braille and Raised Line Paper: For Braille readers, provide Braille paper or raised line paper that allows the child to write or trace letters and words. By feeling the raised dots or lines, they can reinforce the correct spelling through touch.

# 2. Tactile Spelling Practice with Word Walls

- Tactile Word Wall: Set up a tactile word wall with common, frequently used words made out of raised materials or Braille. The child can feel the words and practice spelling them. Periodically ask the child to point to or feel the correct word when given a spelling prompt.
- Word Building with Blocks: Use tactile letter blocks (such as magnetic or Velcro letters) for children to arrange into words. The child can practice spelling words by feeling the correct sequence of letters as they form the word, reinforcing the correct spelling pattern.

#### 3. Multisensory Spelling Activities

Finger Spelling on Textured Surfaces:

Have the child **finger-spell** the words on textured surfaces such as sand, salt, or felt. The different textures provide a sensory experience that reinforces letter formation and spelling. By feeling the textures while spelling, the child associates the shape of each letter with its correct spelling.

• Sound-Spelling Connection: For children who can hear, use sound-spelling connections. Say the word aloud while the child traces it with their fingers, reinforcing the auditory and tactile connection. If the child cannot hear, use sign language or tactile sign systems to teach them the phonetic structure of words.

#### 4. Spelling with Objects and Textures

- Object Representation for Spelling:
  Use objects that represent the word
  (e.g., a toy cat for "cat" or a toy car for
  "car") to connect the child with the word
  they are learning to spell. The child can
  feel the object and then practice spelling
  the word using tactile letter cards or
  Braille.
- Textured Spelling Cards: Use textured spelling cards with different textures for each letter. The child can feel each texture and use them to spell out words. This tactile experience can strengthen their memory for how words are spelled.

# 5. Repetition and Spelling Practice

 Spelling Drills: Conduct short spelling drills with frequently used words. Use flashcards with raised letters or Braille, and have the child spell the word aloud or by tracing it with their fingers. Review the words regularly, reinforcing correct spelling. • Practice Writing Words in Different Textures: Have the child practice spelling the same word using different textures. For instance, they could write the word "dog" in sandpaper, salt trays, or raised-line paper to reinforce the spelling through multisensory input.

#### 6. Use of Writing Aids

- Tactile Writing Tools: Provide tactile writing tools such as a raised-line pen or Braille slate that offer the child physical feedback while writing. This allows them to feel the formation of each letter as they write, supporting correct spelling.
- Corrective Feedback: Use corrective feedback when the child spells a word incorrectly. Gently guide their hand or provide tactile cues, such as touching the correct letter in the word to help them understand the right spelling.

### 7. Matching Sounds to Letters

- Letter-Sound Association: For children who are able to hear sounds, work on letter-sound correspondence by saying the word and having the child spell it with tactile letters. For example, say the word "bat" and have the child feel the raised letters "B," "A," and "T" in the correct order.
- Phonemic Awareness Activities:
  Engage the child in phonemic
  awareness activities using tactile
  materials. Help them understand how
  sounds correspond to letters and words
  by tracing the shapes of letters while
  saying the sounds they make. This can
  also be done with Braille for children
  who are deafblind and use tactile reading
  systems.

# **8. Correct Spelling Through Writing Practice**

- Writing Short Sentences: Start with simple sentences and have the child practice writing them. Offer a word bank with correct spellings that the child can refer to as they write. For example, provide the words "cat," "dog," and "hat" for a sentence like "The cat sat on the hat."
- Structured Writing Sheets: Provide structured writing sheets that guide the child's writing, with pre-printed dashed lines or raised lines that show them where to write each letter. This helps the child stay within the lines and practice proper spelling.

#### 9. Spelling with Reusable Materials

- Reversible Tactile Boards: Use reusable tactile boards for spelling practice. Children can form words using raised stickers, Velcro letters, or other tactile materials, and can correct mistakes by removing and rearranging the materials. This method supports repeated practice with immediate corrections.
- Sand or Salt Trays: Encourage the child to write in a sand or salt tray to practice spelling. They can feel the texture of the letters as they form them, providing a tactile experience that reinforces correct spelling.

#### 10. Using Technology for Spelling Practice

• Braille Displays or Tablets: Use
Braille tablets or electronic devices with
tactile feedback to practice spelling.
These tools can help children trace
letters and words in Braille, reinforcing
spelling through touch and visual

support.

• Spelling Apps with Tactile Feedback: Some apps are designed to teach spelling with tactile feedback on tablets or touch screens. These apps can provide an interactive, multisensory approach to reinforcing correct spelling.

#### 11. Celebrating Success and Motivation

- Reinforce Correct Spelling: When the child spells a word correctly, celebrate their success by offering positive tactile feedback, like a small object of their choice or a gentle pat on the back.
- Incorporate Games: Make spelling practice fun with tactile games like spelling bingo, word hunts, or tactile crossword puzzles. This keeps the child engaged and motivated to continue learning.

#### **Example of Adapted Activity:**

- 1. Activity: "Spelling with Raised Letters"
  - Use raised-letter cards with common words like "cat," "dog," and "sun."
  - Have the child feel each letter, saying the sound associated with it.
  - Once they understand the word, ask them to copy the word on raised-line paper or Braille paper.
  - Provide corrective feedback as needed, guiding their hand to make the correct letter formations.

#### 2. Activity: "Letter-Sound Connection"

- Provide **Braille letters** and guide the child in connecting each letter to its sound.
- Say the word aloud (e.g., "cat"),

- and have the child trace each letter in Braille while feeling the letter's shape and the corresponding sound.
- Have the child spell the word independently after practice.

# 9. Write simple phrases and sentences independently.

To help children with **deafblindness** write simple phrases and sentences independently, the following adaptations can be applied. These strategies focus on tactile feedback, multisensory integration, and providing structure to the writing process.

# 1. Tactile Writing Tools and Materials

- Raised Line Paper or Braille Paper:
  Provide raised-line paper or Braille
  paper that helps the child feel where to
  write. This allows them to form letters
  and words with tactile guidance. They
  can use their fingers or a stylus to write.
- Tactile Pens: Use tactile pens or raised-line markers that create raised dots or lines as the child writes. This helps them feel the letter shapes and keeps track of where they are on the page.
- Letter Tracing Cards: Provide letter tracing cards with raised edges. The child can trace these letters to learn their shape and form, then use this skill to write independently.

#### 2. Provide Sentence Frames

• Sentence Frames: Offer sentence frames with prompts that the child can complete independently. For example, you can give them a partial sentence such as "I see a \_\_" or "The dog is \_\_" and let them fill in the blanks with their

- own words. This helps them understand sentence structure.
- Word Banks: Create a word bank of commonly used words (e.g., "cat," "dog," "book," "is") with Braille or raised letters that the child can refer to when writing. This supports independent writing by providing familiar vocabulary.

### 3. Use of Tactile Symbols and Objects

- Object-Based Writing Prompts: Use objects or textures as writing prompts. For instance, place a toy car or a textured object in front of the child and encourage them to write a sentence about it, like "The car is fast" or "I have a car."
- Textured Word Cards: Provide textured word cards with raised letters or Braille. These cards can be arranged to help form simple phrases or sentences, allowing the child to feel and understand the connections between the words they are writing.

#### 4. Writing with Technology

- Braille Tablets or Digital Writing
   Devices: For children using Braille,
   encourage writing on Braille tablets or
   digital devices with tactile feedback.
   These devices offer a tactile interface
   that helps the child feel each letter and
   word as they write.
- Speech-to-Text Technology: If the child has access to speech, speech-to-text technology could be used, where the child speaks the sentence and the device transcribes it into text, which they can then feel in Braille.

# 5. Modeling and Guided Writing

• **Model Writing**: Demonstrate how to write a simple sentence by writing it on

- raised-line paper or in Braille for the child to feel. For example, write "I see a cat" and trace each letter with the child's hand as they feel the letter formations.
- Hand-over-Hand Support: Provide hand-over-hand support while the child writes. Guide their hand to form letters and words correctly, and allow them to write independently once they are familiar with the process.
- Tactile Flashcards: Use tactile flashcards with images and corresponding words in Braille. Show the child an image (like a sun) and ask them to write a sentence using that word (e.g., "The sun is hot").

#### 6. Interactive Writing Activities

- Interactive Writing with Objects: Set up an activity where children can choose objects and write sentences about them. For example, a toy dog might inspire the sentence "The dog runs fast." Provide Braille or raised letters for these words and allow the child to feel and write the sentences.
- Sentence Construction with Raised Blocks: Use raised-letter blocks (similar to magnetic letters but raised) to form sentences. Children can feel each letter and rearrange them to form a sentence. This helps them practice structuring sentences independently.

# 7. Repetition and Practice

- Daily Writing Practice: Incorporate regular writing exercises, where the child writes about their day or a favorite activity using simple sentences. Provide prompts if necessary and allow them to write independently as they progress.
- Guided Sentence Writing: Start by

writing a sentence together, then gradually encourage the child to write similar sentences independently. For instance, after writing "The cat is big," the child can try writing "The dog is small."

#### 8. Reinforcement and Feedback

- Corrective Feedback: When the child makes a mistake in writing, gently guide their hand to correct it, or offer verbal encouragement. Praise their efforts, especially when they manage to write independently.
- **Positive Reinforcement**: Provide positive reinforcement for correct spelling, grammar, and sentence structure. Use tactile rewards (such as a small object the child likes) to reinforce their efforts.

# **9.** Use Simple Vocabulary and Familiar Topics

- Familiar Topics: Encourage the child to write about familiar topics such as their favorite foods, pets, or family members. For example, after they feel the word "apple" in Braille, ask them to write the sentence "I like apples."
- **Simple Vocabulary Lists**: Provide a list of common words (e.g., "cat," "dog," "book," "food") for the child to write independently. These words should be easy to form and recognize, supporting the child's confidence in writing.

#### 10. Creating Simple Stories

• Story Building with Tactile Elements:
Use tactile story-building materials
like raised pictures or objects to create
simple stories. For instance, place a toy
animal (like a lion) and a tree object and
ask the child to write a sentence such as

"The lion is by the tree."

• Story Sequencing: Create a story sequencing activity where the child arranges tactile pictures in order and writes simple sentences based on them.

#### **Example of an Adapted Activity:**

- 1. Activity: "Sentence Building with Tactile Word Cards"
  - Provide Braille or raised-letter word cards with words like "cat," "dog," "hat," "sun," etc.
  - Ask the child to choose three cards and arrange them in a sentence, for example: "The cat runs."
  - Guide them as needed to ensure they can independently write the sentence on raised-line paper.

#### 2. Activity: "Write About Your Day"

- Ask the child to describe one thing they did that day, like "I ate lunch."
- Provide a sentence frame: "I
  \_\_\_\_\_," and encourage the child to
  complete it with a familiar action,
  then write the sentence
  independently.

# 10. Give basic personal information inwriting (e.g. name, address, age, nationality).

To help children with **deafblindness** provide basic personal information in writing (e.g., name, address, age, nationality), the following adaptations and strategies can be applied to support their learning. These methods focus on tactile and multisensory approaches to ensure they can independently write and understand how to express their personal information.

# 1. Tactile Writing Tools

- Raised-Line Paper or Braille Paper:
  Provide raised-line paper or Braille
  paper where the child can feel the lines
  and shapes of the letters as they write.
  This helps them feel where to write and
  maintain proper spacing between letters
  and words.
- Tactile Pens and Markers: Use tactile pens or markers that leave a raised mark on paper. This allows children to trace over the letters and feel their shapes while writing.
- Finger Tracing on Raised Cards: Use raised letter or Braille cards where the child can trace their name, age, address, and nationality with their fingers. This sensory experience reinforces the formation of letters and words.

#### 2. Sentence Frames and Prompts

 Provide Sentence Frames: Give sentence frames that guide children to write basic personal information. For example:

0	"My name is	·''
0	"I am	years old.'
0	"I live in	'''
0	"I am from	''

 This structure helps children understand how to organize personal information into sentences.

# 3. Repetition and Practice

- **Practice Writing Name**: Start with practicing their **name** by having the child write it repeatedly using raised-line paper or Braille paper. Once they can independently write their name, move on to other personal information.
- Write Simple Sentences: Have children practice writing simple sentences that include their name, age, address, and

nationality. This could include:

- o "My name is [Child's Name]."
- o "I am [age] years old."
- o "I live in [place]."
- "I am from [country]."

#### 4. Tactile Flashcards and Word Cards

- Personal Information Flashcards:
   Provide Braille or raised letter
   flashcards that represent key personal information such as their name, age, address, and nationality. The child can feel and match the appropriate card to help them form sentences.
- Word Bank: Create a word bank with words like "name," "age," "address," "I," and "am." Children can refer to the word bank when they write their personal information.

#### 5. Visual and Tactile Association

- Object Representation: Use objects that represent different pieces of personal information. For example, a toy representing their country or address-related items. Have the child feel the objects and associate them with the correct personal information.
- Braille Labels: Use Braille labels for different objects or locations that represent the child's personal information. For example, label an envelope with their address and ask the child to practice writing their address in Braille.

#### **6. Interactive Writing Activities**

• Interactive Name Writing: Let the child feel their name on a raised name tag and encourage them to write it on raised-line paper or Braille paper. For example, if their name is "Sam," give them a name tag with raised letters "S-A-

- M" and guide them to trace it.
- Practice with Age and Nationality: For age, you can give them an object (e.g., a toy or age-appropriate object) and let them associate it with their age. For nationality, provide a flag object or Braille flag card to represent their country, helping them understand how to write their nationality.

#### 7. Technology-Assisted Writing

- Braille Tablets or Digital Writing
   Devices: If the child uses Braille tablets
   or digital devices, provide templates for
   writing basic personal information.
   These devices provide tactile feedback
   for each letter and word, allowing the
   child to write information like their
   name, age, and address.
- **Speech-to-Text Technology**: If the child has some hearing, **speech-to-text technology** could assist in converting their spoken words (about their name, age, nationality, etc.) into text. They can then feel the text in Braille or on a digital screen.

# 8. Modeling and Hand-Over-Hand Support

- Model Writing: Write the basic personal information on raised-line paper and have the child feel it. Guide their hand over the writing to help them learn the correct formation of letters.
- Hand-over-Hand Assistance: Offer hand-over-hand guidance to help the child physically form their name, age, and other personal details. For instance, you can guide their hand to trace the letters of their name on raised-line paper.
- 9. Using Familiar Topics

• Discuss Family and Home: Have discussions about their family, home, and country to make the writing activity more meaningful. For example, talk about their family and where they live, then guide them to write simple sentences about those topics.

#### 10. Reinforce Learning with Feedback

- Positive Reinforcement: Offer positive reinforcement when the child successfully writes personal information. This could be through tactile rewards (e.g., a favorite object) or verbal praise.
- Review and Practice: Encourage the child to review their personal information regularly. This can be done by asking them to write their name, age, address, and nationality as a daily routine or as part of an activity.

#### **Example of an Adapted Activity:**

- 1. Activity: "Writing Name and Age"
  - Provide raised-line paper or Braille paper with the sentence frame "My name is \_\_\_\_\_" and "I am \_\_\_\_\_ years old."
  - Ask the child to feel the letters of their name using a raised name card or a Braille name card.
  - Have the child write their name and age independently on the paper.
- 2. Activity: "Writing Address and Nationality"
  - Provide Braille or raised-line cards with familiar words: "address," "I live in," and the name of the child's country.
  - Ask the child to write the sentence: "I live in [city]. I am from [country]."

 Provide objects that represent their city or country (e.g., a map or national flag) to reinforce their understanding of personal information.

#### 11. Demonstrate good handwriting skills.

To help children with **deafblindness** demonstrate good handwriting skills, adaptations should focus on tactile and sensory learning methods that provide clear guidance, repetition, and structure. Here are strategies and tools to support handwriting development:

#### 1. Tactile Writing Tools

- Raised-Line Paper or Braille Paper:
   Provide raised-line paper or Braille paper, which allows children to feel the lines as they write. This helps them maintain proper letter formation and spacing.
- Tactile Pencils or Markers: Use tactile pencils or raised-line markers that leave a raised line on paper, enabling the child to feel where they are writing.

  These tools make it easier for children to guide their hands and stay within the lines.
- Finger Tracing on Raised Letters: For letter formation practice, children can trace raised letters or Braille letters with their fingers to build muscle memory and develop an understanding of letter shapes.

#### 2. Letter Formation Techniques

• Letter Tracing: Provide letter tracing sheets with tactile guides, where the child can feel the path of each letter. Start with simple letters like straight lines (e.g., "L," "I," "T") and progress to more complex shapes (e.g., "S," "P,"

"B").

- Hand-over-Hand Guidance: Offer hand-over-hand assistance to help guide the child's hand as they form each letter. Gradually reduce the level of support as they gain confidence and skill in forming letters independently.
- Alphabet Cards with Raised Letters:
  Use Braille or raised-letter alphabet
  cards to show the child how to form
  each letter. Let them trace these cards
  before writing the letters independently
  on paper.

### 3. Proper Posture and Grip

- Hand Grip: Teach the child to hold the writing instrument with the correct pencil grip. If the child has difficulty holding the pencil, you can use a pencil grip to encourage proper finger placement and improve control.
- **Posture**: Ensure the child is seated comfortably with their **arms and hands properly aligned**. Position the paper at an appropriate angle for ease of writing.

#### 4. Repetition and Practice

- Frequent Practice: Provide regular opportunities for the child to practice writing letters and words. Frequent practice leads to muscle memory and better letter formation. Start with short practice sessions and gradually increase the duration.
- Structured Practice: Create writing exercises that focus on specific skills, such as practicing one letter at a time, moving on to writing short words, and then progressing to full sentences.

### 5. Use of Multi-Sensory Feedback

• **Texture for Letter Formation**: Use different textures for letter formation.

For example, the child can **trace letters in sand**, **on textured boards**, or with **felt** to build tactile recognition of letter shapes.

• Scented Materials: For additional sensory reinforcement, you can incorporate scented markers or materials that help the child focus on the task and make writing more engaging.

#### 6. Focus on Spacing and Alignment

- Guided Spacing: Use raised-line paper with clearly defined spaces for each letter and word. You can also use Braille paper with tactile dots or lines to indicate where each letter or word should go.
- Visual and Tactile Guides: Provide tactile spacing guides that help the child understand where to place spaces between letters and words. For instance, raised lines or Braille dots can be placed between words as a visual cue for spacing.

# 7. Letter and Word Recognition

- Letter Recognition Practice:
  Encourage the child to recognize and feel letters before writing them. For example, they can feel a Braille letter and then try to write it on raised-line paper.
- Word Formation: Once the child becomes proficient in letter formation, introduce simple word formation exercises. Begin with high-frequency words that the child can recognize by touch (e.g., "cat," "dog") and encourage them to write them independently.

#### 8. Using Technology

• Braille Tablets and Devices: For

- children who use Braille, consider using **Braille tablets or digital writing devices** that provide tactile feedback as they write. These devices offer a supportive environment for handwriting practice.
- Speech-to-Text Tools: If the child is able to use their voice, speech-to-text technology can be useful for dictating sentences and seeing the words transcribed into text. The child can then practice writing the words they hear.

#### 9. Positive Reinforcement

- Praise and Feedback: Offer positive reinforcement when the child shows progress in their handwriting.
   Compliment their effort in forming letters correctly or improving their spacing. You can use tactile rewards like stickers or small objects as an encouragement.
- Consistent Feedback: Provide constructive feedback when necessary, guiding the child's hand to adjust the letter shapes or spacing without overwhelming them.

# 10. Adapted Writing Activities

- Writing Simple Sentences: Encourage the child to write simple sentences like "I see a dog" or "The cat is big." Provide tactile cues or sentence frames to help them get started.
- Word and Sentence Matching: Match tactile word cards with raised letters or Braille with their corresponding words on paper. The child can feel the word cards and then write the corresponding words independently.

# **Example Activities:**

1. Activity: "Write Your Name"

Start with practicing the child's name on raised-line paper or Braille paper. Provide a tactile name card as a model for them to trace over and practice.

#### 2. Activity: "Write Simple Sentences"

o Give the child a sentence frame such as "I am \_\_\_\_\_\_" and have them fill in the blank with their name or a simple word they are familiar with. Guide them through writing the sentence on raised-line paper or Braille paper.

### 3. Activity: "Letter Tracing Practice"

 Provide a sheet with letters to trace. Each letter should have a tactile outline that the child can follow with their fingers. After tracing, ask them to write the same letter on their own.

# 4. Activity: "Use of Word Cards for Sentence Writing"

Provide Braille or raised-letter word cards with common words (e.g., "cat," "dog," "run," "fast").
 Let the child select words to form a simple sentence, then encourage them to write the sentence on paper.

# ११.४ सेरोफेरो

#### तहगत सक्षमता

कक्षा १-३ सम्मको हाम्रो सेरोफेरो विषयको अध्ययनपश्चात् विद्यार्थीहरूले निम्नलिखित सक्षमता हासिल गर्ने छन् :

- आफू, आफ्नो परिवारको परिचय तथा परिवार र छिमेकीको काममा सहयोग
- खानेकुरा र सामानको जतन र उपयोग
- मेलमिलाप, सहयोग, समन्वय, सहभागिता जस्ता सामाजिक सिपको विकास
- विद्यालयमा हुने क्रियाकलापमा सहभागिता र दुर्घटना एवम् प्रकोपप्रति सचेतता र सावधानी
- हाम्रा सामाजिक, सांस्कृतिक गतिविधिहरूको पहिचान, सम्मान र सहभागिता
- सूचना तथा सञ्चार र यातायातका साधनको सामान्य चिनारी र उपयोग
- पृथ्वी र आफ्नो वरपरको भौगोलिक स्वरूपको जानकारी र नक्साङ्कन
- आफ्नो समुदायमा भएका सार्वजनिक सम्पत्ति र प्राकृतिक सम्पदाको संरक्षण र प्रयोग
- आफ्नो अधिकार र कर्तव्यप्रति सचेतना र सामाजिक शिष्टाचार तथा नियमहरूको पालना
- कामको सम्मान तथा मितव्ययिता कायम र सामान्य आर्थिक क्रिया कलापको महत्त्वबोध
- शारीरिक एवम् मानसिक सिप विकाससँग सम्बन्धित स्थानीय तथा अन्य खेलहरूको अभ्यास र खेल सामग्रीको उचित प्रयोग
- आधारभूत शारीरिक क्रियाकलाप र योगमा सहभागिता र अभ्यास तथा स्वस्थकर र सुरक्षित बानी विकास
- दैनिक जीवनमा शक्तिका स्रोत, हावा, पानी आदिको विशेषता पहिचान र उपयोग
- वरपरका वस्तु, घटना तथा मौसमप्रति सचेतता
- वातावरणीय सरसफाइ, रोग र स्वास्थ्यप्रति सचेतता
- सङ्गीत तथा दृश्यकलामार्फत सिर्जनात्मक प्रस्तुति र सम्मान
- बिरुवा र जनावरहरूको लक्षण पहिचान, वर्गीकरण, संरक्षण र यिनीहरूको वातावरणसँग अन्तरसम्बन्धको बोध
- वैज्ञानिक सिकाइ र विज्ञानका प्रक्रियागत सिप तथा व्यवहारकुशल सिप विकास
- कागज र माटाको प्रयोगबाट वस्तुको नमुना निर्माण तथा स्थानीय वस्तुबाट छपाइ

## कक्षा १ मेरो सेराफेरो

सिकाइ उपलब्धि	अनुकूलनका आधार	सामग्री तथा क्रियाकलाप
१. आफू र आफ्नो	बहुइन्द्रिय उपयोग: श्रवण दृष्टिविहीन	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
परिवारको परिचय दिन	बालबालिकालाई ट्याक्टाइल, श्रव्य,	Vision)
	र अन्य उपलब्ध दृष्टि सामग्रीको	विधि
	प्रयोगद्वारा सिकाइ गराउने	<ul> <li>पिरवारका सदस्यहरूको पिरचय दिन ठुला चित्र र ठुला अक्षरमा शब्दहरू</li> </ul>
	व्यक्तिगत आवश्यकताअनुसार	प्रिन्ट गरी प्रयोग गर्ने
	सहयोग: चार प्रकारका श्रवण	<ul> <li>ट्याक्टाइल तस्बिर (जस्तै, रेखाङ्कित चित्रहरू) प्रयोग गरी व्यक्तिको</li> </ul>
	दृष्टिविहीनताको आधारमा अनुकूलन	पहिचान गराउने
	गर्ने	सामग्री
	ठोस सामग्री र Hand-Over-	o चित्र र शब्दहरूको फ्ल्यास कार्ड
	Hand विधिबाट सहयोग:	<ul> <li>ठुला अक्षरमा लेखिएको परिचयात्मक सामग्री</li> </ul>
	परिवारसँग सम्बन्धित वस्तु र चिह्न	o छुन मिल्ने चित्र र चिह्नहरू
	प्रयोग गरेर सिकाइ गर्ने	२. बहिरा र न्यूनदृष्टियुक्त (Deaf and Low Vision)
	सुँघेर	विधि
		<ul> <li>परिवारका सदस्यहरूको ट्याक्टाइल प्रतीक (जस्तै, आमाको लागि</li> </ul>
		साडीको कपडा, बाबुको लागि टोपी) प्रयोग गर्ने
		o साङ्केति भाषा (Sign Language) मार्फत परिचय दिन सहयोग गर्ने
		<ul> <li>पिरचयको ट्याक्टाइल कार्ड र दृश्य सामग्री प्रयोग गर्ने</li> </ul>
		सामग्री
		<ul><li>ट्याक्टाइल कार्डहरू</li></ul>
		<ul> <li>साङ्केतिक भाषासिहतको फ्ल्यास कार्ड</li> </ul>
		<ul> <li>परिवारसँग सम्बन्धित वस्तुहरू</li> </ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		o ब्रेल सामग्री प्रयोग गरी परिवारको परिचय दिन सहयोग गर्ने
		<ul> <li>हातमाथि हात विधि प्रयोग गरी सङ्केत सिकाउने</li> </ul>
		<ul> <li>परिवारका सदस्यहरूको आवाज वा विशेष वस्तुको स्पर्श परिचय दिने</li> </ul>
		ार्यारका संवर्भकरूपा जावाच वर्गावसान वरसुका रचस नारवच विका
		सामग्री
		o ब्रेल लेखन सामग्री
		o ट्याक्टाइल वस्तुहरू
		<ul> <li>परिवारका सदस्यहरूको पहिचानका लागि आवाजको नमुना</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>ट्याक्टाइल सङ्केत र वस्तुहरू प्रयोग गरी परिचय दिने</li> <li>हातमाथि हात विधि प्रयोग गरी ट्याक्टाइल अक्षर बनाउने अभ्यास गराउने</li> </ul>

		<ul> <li>परिवारका सदस्यहरूको विशेष स्पर्श चिह्न (जस्तै, आमाको हातको</li> </ul>
		गहना, बाबुको कपडा) परिचय दिने
		सामग्री
		० ब्रेल सामग्री
		<ul> <li>ट्याक्टाइल कार्ड र वस्तु</li> </ul>
		o UDL मा आधारित सिकाइ सामग्री
२. समूहगत रूपमा	स्पर्श र गति अनुभवमा आधारित	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
बालगीतमा लय मिलाइ	अभ्यास: श्रवण दृष्टिविहीन	Vision)
खुट्टा र शरीर	बालबालिकालाई गीत, लय, र	
चलाउन तथा रेखाहरू कोर्न	शारीरिक हाउभाउ अनुभूत गर्न	विधि
	स्पर्श र सामूहिक अभ्यासको	
	माध्यमबाट सहयोग गर्ने	<ul> <li>गीतको लय महसुस गराउन ठुलो ढोल/मादल, ताली वा ताल दिने</li> </ul>
	दृश्य सामग्रीको विकल्पः श्रव्य वा	उपकरण प्रयोग गर्ने
	दृश्य सामग्रीलाई ट्याक्टाइल र	<ul> <li>दृश्य सामग्रीको ठुलो र स्पष्ट चित्र प्रयोग गर्ने</li> </ul>
	प्रविधिको प्रयोगबाट प्रतिस्थापन गर्ने	<ul> <li>सरल शारीरिक अभ्यासको लागि ठुला र प्रस्ट अक्षरमा लेखी निर्देशन दिने</li> </ul>
	गतिविधिमा सहभागिता सुनिश्चित	3
	<b>गर्ने तरिका</b> : बालबालिकाको संवेदी	सामग्री
	आवश्यकतालाई ध्यानमा राखेर	
	सामूहिकता विकास गर्ने	o रङ्गीन चित्र/कार्डहरू
		o तालबाजा (मादल, घण्टा आदि)
		<ul> <li>गतिविधिको निर्देशनसहितका फ्ल्यासकार्ड</li> </ul>
		२. बहिरा र न्यूनदृष्टियुक्त (Deaf and Low Vision)
		विधि
		<ul> <li>गीतको भाव वा लयलाई शारीरिक हाउभाउ र स्पर्श चिह्नमार्फत बुझाउने</li> </ul>
		<ul> <li>शारीरिक अभ्यासलाई चरणबद्ध रूपमा देखाई सिकाउने</li> </ul>
		<ul> <li>समूहगत ताल अभ्यासमा हातको स्पर्श वा शरीरको हलचलअनुसार</li> </ul>
		समन्वय गराउने
		सामग्री
		NICIZI
		<ul> <li>ट्याक्टाइल सामग्री र ठुला रेखाचित्र</li> </ul>
		,
		<ul> <li>गात समन्वयका लागि हल्का रङ्गान वश्व</li> <li>अभ्यासका लागि स्पष्ट चिह्न</li> </ul>
		् जान्यात्त्रम्य स्थापं स्वट । अल्
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>ताल बुझाउन कम्पनयुक्त उपकरण प्रयोग गर्ने (जस्तै, स्पिकर नजिक राखी</li> </ul>
		ताल महसुस गराउनु)
		<ul> <li>शारीरिक हाउभाउ र हातमाथि हात विधिको प्रयोग गर्ने</li> </ul>
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		<ul> <li>रेखा कोर्ने अभ्यासका लागि ट्याक्टाइल बोर्ड प्रदान गर्ने</li> </ul>
		सामग्री
		<ul> <li>कम्पन महसुस हुने उपकरण</li> </ul>
		० ट्याक्टाइल बोर्ड
		o हात समातेर ताल र गति सिकाउने साथी
		0 000
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>गीतको ताल र लय महसुस गराउन साथीको हात समातेर स्पर्श सञ्चारका</li> </ul>
		विधिले सञ्चार गराउने
		<ul> <li>शारीरिक अभ्यासमा सामूहिक स्पर्श र सङ्केतको प्रयोग गर्ने</li> </ul>
		<ul> <li>रेखा कोर्ने अभ्यासका लागि ट्याक्टाइल उपकरण (जस्तै, रेत, गीलो माटो)</li> </ul>
		प्रयोग गर्ने
		सामग्री
		<ul> <li>स्पर्श अनुभवका सामग्री (जस्तैः स्यान्ड पेपर, माटो, कपडा, डोरी आदि)</li> </ul>
		<ul> <li>ताल र गति समन्वयका लागि साथीको समर्थन</li> </ul>
		<ul><li>ट्याक्टाइल रेखाचित्र</li></ul>
	*	
३. सफा र ताजा खानेकुरा खाने बानी बसाल्न	व्यावहारिक अनुभव प्रदान गर्ने:	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)
खान बाना बसाल्न	खाना पकाउने, पस्किने, र खाने प्रक्रियालाई बालबालिकाले प्रत्यक्ष	V (SIOII)
	अनुभव गर्ने मौका प्रदान गर्ने	विधि
	संवेदी विधिहरूको उपयोग: स्वाद,	
	गन्ध, स्पर्श, र कम्पनद्वारा	<ul> <li>ठुलो र स्पष्ट रूपमा चित्र वा वास्तविक खानेकुरा देखाएर सफा र फोहोर</li> </ul>
	खानासम्बन्धी जानकारी दिने	खानेकुराको अन्तर बुझाउने
	सामूहिक अभ्यास र उदाहरणबाट	<ul> <li>खाना खाँदाको महत्त्व र प्रक्रियालाई प्रस्ट शब्दमा बुझाउने जस्तैः हातधुने</li> </ul>
	सिकाउने: सहकर्मी वा शिक्षकको	तरिका
	सहयोगमा खानासम्बन्धी स्वस्थ व्यवहार प्रदर्शन गर्ने	<ul> <li>ठुला अक्षर र ब्रेल निर्देशिकाको प्रयोग गर्ने</li> </ul>
	व्यवहार प्रदरान गन	सामग्री
		<ul> <li>सफा र ताजा खानेकुराका चित्र</li> </ul>
		<ul> <li>रङ्गीन फ्ल्यासकार्ड र ट्याक्टाइल सामग्री</li> </ul>
		<ul><li>ब्रेल अक्षरयुक्त खानेकुरा सूची</li></ul>
		२. बहिरा र न्यूनदृष्टियुक्त (Deaf and Low Vision)
		विधि

	T	T
		<ul> <li>सफा र फोहोर खानेकुरालाई चिह्न वा ट्याक्टाइल सङ्केतमार्फत सिकाउने</li> <li>खानाको ताजा अवस्था जाँच्न गन्ध र स्पर्श प्रयोग गराउने</li> <li>शारीरिक गतिविधिहरू (हात धुने, टेबल सफा गर्ने) अभ्यास गराउने</li> <li>सामग्री</li> </ul>
		<ul> <li>ट्याक्टाइल सामग्री (फलफूल, सागपात)</li> <li>गन्ध पहिचान गर्न प्रयोग हुने सामग्री</li> <li>हातले छुने र अनुभव गर्ने सुरक्षित उपकरण</li> </ul> ३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>खानासम्बन्धी जानकारी स्पर्श र गन्धमार्फत प्रदान गर्ने</li> <li>खानेकुरा र सफाई प्रक्रियालाई क्रमबद्ध रूपमा अनुभव गराउने</li> <li>टेबल सेट गर्ने र खाना खाँदा सरसफाइ राख्ने अभ्यास गराउने</li> <li>ह्यप्टिक सङ्केतको अभ्यास गराउने</li> </ul>
		सामग्री
		<ul> <li>स्पर्श अनुभव दिने खानेकुराहरू</li> <li>खाना राख्ने ट्याक्टाइल प्लेट र कचौराहरू</li> <li>कम्पनयुक्त उपकरण (सफाई सङ्केतका लागि)</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		<u> विधि</u>
		<ul> <li>खाना पकाउने, सफा गर्ने, र खाने प्रक्रियामा प्रत्यक्ष सहभागी गराउने</li> <li>स्पर्श र गन्धका माध्यमबाट ताजा र बासी खानेकुराको अन्तर बुझाउने</li> <li>शिक्षक वा सहपाठीको सहयोगमा खानासम्बन्धी व्यवहार विकास गर्ने</li> </ul>
		सामग्री
		<ul> <li>विभिन्न प्रकारका खानेकुराका स्पर्श अनुभव सामग्री</li> <li>ट्याक्टाइल दिशा निर्देशिका</li> <li>गन्ध अनुभव गराउने सुरक्षित सामग्री</li> <li>ह्यप्टिक सिगनलको प्रयोग गरी जानकारी गराउने</li> </ul>
४. खेलौनाको प्रयोग गरिने खेल, स्थानीय खेल तथा कथामा आधारित खेलहरू खेल्न	संवेदी शिक्षण: खेल गतिविधिहरूमा बालबालिकाको बाँकी इन्द्रियको उपयोग गराउने सहभागितामूलक सिकाइ:	१. सुस्त श्रवण र न्यूनदृष्टियुक्त (Hard of Hearing and Low Vision) विधि

बालबालिकालाई खेलमा प्रत्यक्ष सहभागी गराई प्रायोगिक अनुभव प्रदान गर्ने अनुकूलित सामग्री स्थानीय खेलहरूलाई बालबालिकाको पहुँचअनुसार रूपान्तरण गर्ने सामूहिक अभ्यास: अन्य बालबालिकासँग मिलेर खेल खेल्ने वातावरण सिर्जना गर्ने पहुँचयुक्तता सुनिश्चित गर्ने: प्रकाश तथा आवाजमा पहुँचयुक्तता भए नभएको ख्याल गर्ने

- स्थानीय खेलहरूमा ठुलो आकारका रङ्गीन खेलौना र ध्विन सङ्केत
   प्रयोग गराउने
- कथामा आधारित खेलहरूमा ठुला अक्षरयुक्त वा ट्याक्टाइल किताब प्रयोग गर्ने
- खेलका निर्देशिका सरल र ठुला लेखाइमा दिने

#### सामग्री

- ठुलो आकार र रङ्गीन खेलौना
- ट्याक्टाइल कथाका किताब
- ध्विन दिने सङ्केत उपकरण

## २. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)

### विधि

- खेलका नियमहरू चित्र वा सङ्केत भाषा मार्फत बुझाउने
- कथामा आधारित खेलहरूमा ट्याक्टाइल सामग्री प्रयोग गराउने
- स्पर्श र दृश्य सङ्केतहरूबाट खेल निर्देशना प्रदान गर्ने

### सामग्री

- सङ्केत भाषा सिहतको फ्ल्यास कार्ड
- स्पर्श योग्य खेल सामग्री
- कथाका ट्याक्टाइल बोर्ड

## ३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)

#### विधि

- 🔾 🔻 खेलहरूमा कम्पन सङ्केत वा ध्वनि प्रयोग गराई नियम र प्रक्रिया बुझाउने
- ० कथामा आधारित खेलमा पात्र र वस्तुहरूलाई स्पर्शद्वारा परिचय गराउने
- सहपाठी वा शिक्षकको सहयोगमा सामूहिक खेल खेल्ने

### सामग्री

- 🔾 🌣 कम्पन सङ्केत उपकरण
- ० स्पर्श अनुभव गराउने खेल सामग्री
- कथाका ट्याक्टाइल पात्रहरू

# ४. बहिरा र दृष्टिविहीन (Deaf and Blind)

### विधि

खेलका नियमहरू ट्याक्टाइल सङ्केतद्वारा बुझाउने

५. घरायसी सामानको	<ol> <li>प्रायोगिक सिकाइः</li> </ol>	<ul> <li>स्पर्श र कम्पनबाट खेल सामग्री अनुभव गराई प्रयोग गर्ने तिरका सिकाउने</li> <li>खेलको प्रत्येक चरणमा सहकर्मी वा शिक्षकको सहारा दिने</li> <li>स्पर्शबाट खेल्न सिकने खेलको छनौट गर्ने</li> <li>सामग्री</li> <li>ट्याक्टाइल बोर्ड र खेल सामग्री</li> <li>कम्पन सङ्केत उपकरण</li> <li>कथामा आधारित पात्र र वस्तुहरूको स्पर्श सामग्री</li> <li>१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low</li> </ul>
जतनकासाथ उपयोग गर्न	बालबालिकालाई घरायसी सामानको सही प्रयोग र संरक्षणबारे प्रत्यक्ष अनुभव दिनु  2. सुगमता र पहुँच: बालबालिकाको सेन्सरी आवश्यकताअनुसार सामग्री र विधि रूपान्तरण गर्नु  3. सहयोगी उपकरण: घरायसी सामानको जतन र प्रयोगमा सहायक उपकरणको प्रयोग  4. सामूहिक सहभागिता: अन्य बालबालिकासँग मिलेर सामान प्रयोग गर्ने गतिविधि गराउने	विधि     उला र रङ्गीन लेबल भएका घरायसी सामान चिनाउने     जतनका उपायहरू ठुला अक्षर र ध्विन सङ्केतमार्फत बुझाउने     अभ्यासका लागि घरायसी सामानका ठुला र सुरक्षित संस्करणहरू उपलब्ध गराउने     सामग्री     उला अक्षर र रङ्गीन लेबल     ध्विन दिने सङ्केत उपकरण     सुरक्षित र हलुका घरायसी सामग्री (जस्तै, प्लास्टिकका कप वा थाल)     २. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)     विधि     जतन गर्ने उपायहरू सङ्केत भाषा र स्पर्श सामग्रीमार्फत बुझाउने     प्रायोगिक गतिविधि गराई सामानको सही उपयोग र संरक्षण सिकाउने     सामग्री     ट्याक्टाइल लेबल     प्राथित र प्रयोग गर्न सहज सामग्री

		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>स्पर्श अनुभवद्वारा घरायसी सामान चिनाउने</li> <li>ध्विन र कम्पन सङ्केतमार्फत जतनका उपाय सिकाउने</li> <li>प्रत्येक चरणमा शिक्षक वा सहपाठीको सहयोगमा गतिविधि गराउने</li> </ul>
		सामग्री
		<ul> <li>कम्पन उपकरण</li> <li>स्पर्श योग्य सामग्री</li> <li>सहयोगी शिक्षक वा सहपाठी</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>सामानको आकार, बनावट र प्रयोगबारे ट्याक्टाइल विधिबाट परिचय गराउने</li> </ul>
		<ul> <li>प्रायोगिक अभ्यास गराई सामानको सही उपयोग र संरक्षण गर्ने तरिका सिकाउने</li> </ul>
		<ul> <li>प्रत्येक चरणमा शिक्षकको प्रत्यक्ष निर्देशन र सहारा प्रदान गर्ने</li> </ul>
		सामग्री
		<ul> <li>स्पर्श अनुभव गराउन मिल्ने सामग्री</li> <li>ट्याक्टाइल लेबल र सङ्केत</li> <li>सहायक उपकरण (जस्तै, सुरक्षित प्लास्टिक सामग्री)</li> </ul>
६. आधारभूत शारीरिक क्रियाकलाप र योगको	प्राकृतिक गतिविधि     बालबालिकाको शारीरिक	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)
अभ्यास गर्न	क्षमता र पहुँचको आधारमा अभ्यास सुनिश्चित गर्ने	विधि
	<ul> <li>स्पर्श र निर्देशन: योग र शारीरिक अभ्यासहरू स्पर्श, मौखिक निर्देशन र सहायक उपकरणमार्फत बुझाउने</li> </ul>	<ul> <li>योग र शारीरिक अभ्यासका लागि ठुला र स्पष्ट चित्रहरू प्रयोग गर्ने</li> <li>अभ्यासका क्रममा मौखिक निर्देशन र छेउमै बसेर समर्थन गर्ने</li> <li>सङ्गीत वा ध्वनिको प्रयोग अभ्यासको लयमा सहयोग पुऱ्याउने</li> </ul>
	<ul> <li>सहज पहुँच:</li> <li>आवश्यकताअनुसार उपकरणको</li> <li>प्रयोग र गतिविधिलाई साधारण</li> </ul>	सामग्री
	त्र त १ र तस्त्रवाचरत्तर् सामार्थ	o दुला चित्र वा चार्ट

बनाउने	० हलुका सङ्गीत प्लेयर
• सुरक्षाः अभ्यासका क्रममा	<ul> <li>प्रायोगिक सामग्री, जस्तै योगा म्याट</li> </ul>
बालबालिकाको शारीरिक	
सुरक्षामा विशेष ध्यान दिने	
	२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
	1. 418(1 ( 'A' Sied ( Deal and Dow Alston)
	विधि
	<ul> <li>अभ्यासका लागि सङ्केत भाषा र ट्याक्टाइल कार्डको प्रयोग गर्ने</li> </ul>
	<ul> <li>शारीरिक मुद्राहरू सिकाउन शिक्षकले प्रदर्शन गर्ने</li> </ul>
	<ul> <li>अभ्यासको क्रममा नियमित रूपमा सहायक स्पर्श निर्देशन दिने</li> </ul>
	सामग्री
	<ul><li>सङ्केत भाषा चार्ट</li></ul>
	<ul><li>ट्याक्टाइल निर्देशन सामग्री</li></ul>
	<ul><li>हलुका र नरम योगा सामग्री</li></ul>
	३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
	विधि
	<ul> <li>अभ्यास गर्ने शिक्षक वा सहायक व्यक्तिको प्रत्यक्ष सहारा प्रदान गर्ने</li> </ul>
	<ul> <li>शारीरिक मुद्राहरू निर्देशनका लागि स्पर्श विधिको प्रयोग गर्ने</li> </ul>
	<ul> <li>ध्विनको माध्यमबाट लय सम्हाल्ने अभ्यास गराउने</li> </ul>
	सामग्री
	<ul> <li>सहायक निर्देशन सामग्री</li> </ul>
	० स्पर्श गर्न मिल्ने योगा उपकरण
	<ul><li>कम्पनयुक्त उपकरणहरू</li></ul>
	४. बहिरा र दृष्टिविहीन (Deaf and Blind)
	विधि
	<ul> <li>शिक्षकले ट्याक्टाइल विधिबाट मुद्राहरू सिकाउने</li> </ul>
	<ul> <li>अभ्यासको क्रममा स्पर्श मार्गदर्शन दिने</li> </ul>
	<ul> <li>गतिविधिमा सहायक उपकरणको प्रयोग गर्ने, जस्तै कम्पनयुक्त उपकरण</li> </ul>
	सामग्री

		<ul> <li>स्पर्शयोग्य मुद्राहरूको पुस्तक</li> <li>योगा अभ्यासका लागि नरम र सुरक्षित सामग्री</li> <li>सहायक निर्देशन सामग्री</li> </ul>
७. स्वस्थकर र सुरक्षित बानी बसाल्न	स्पष्टता र व्यावहारिकताः बालबालिकाले बुझ्न र व्यवहारमा लागू गर्न सजिलो बनाउने     स्पर्श र प्रयोगात्मक शिक्षणः स्वस्थ र सुरक्षित बानीहरू बुझाउन स्पर्शयोग्य सामग्रीको प्रयोग     दिनचर्या आधारितः दैनिक जीवनका गतिविधिहरूमा स्वस्थ र सुरक्षित अभ्यास समावेश गर्ने     प्रेरणा र सहभागिताः अभ्यासलाई रमाइलो र प्रेरणादायक बनाउने	<ul> <li>१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)</li> <li>विधि</li> <li>उुला, स्पष्ट चित्र र तस्बिरहरूको प्रयोग गर्ने</li> <li>दैनिक क्रियाकलापको क्रममा मौखिक निर्देशन दिने</li> <li>रमाइला दृश्य सामग्री वा खेलका माध्यमबाट स्वस्थ अभ्यास सिकाउने</li> <li>सामग्री</li> <li>उुला चित्र वा चार्ट</li> <li>दैनिक स्वस्थ अभ्यासका चित्रात्मक पोस्टर</li> <li>नमुना वस्तुहरू, जस्तै ब्रस, साबुन</li> </ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		<ul> <li>सङ्केत भाषा र ट्याक्टाइल कार्डको प्रयोग गर्ने</li> <li>शिक्षकको प्रत्यक्ष प्रदर्शन र निर्देशन दिने</li> <li>स्पर्शयोग्य नमुना वस्तुहरूको माध्यमबाट अभ्यास गर्ने</li> </ul>
		सामग्री
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing) विधि
		<ul><li>शिक्षक वा सहयोगी व्यक्तिको सहारामा अभ्यास गराउने</li><li>सामग्री र प्रक्रियालाई स्पर्शमार्फत बुझाउने</li></ul>

	I	o ध्वनि र स्पर्शको संयोजनले निर्देशन दिने
		o ध्वान र स्पशका संयाजनल निदशन दिन
		सामग्री
		<ul> <li>स्पर्शयोग्य स्वस्थ अभ्यासका सामग्री</li> </ul>
		<ul> <li>कम्पनयुक्त उपकरण (जस्तै, टुथब्रसको कम्पन सङ्केत)</li> </ul>
		<ul> <li>दिशानिर्देशनका लागि बोल्ने घडी</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		The same and the s
		<ul> <li>स्पर्श र ट्याक्टाइल विधि मार्फत दैनिक स्वस्थ बानीहरूको अभ्यास</li> <li>गराउने</li> </ul>
		ाराञ्च
		<ul> <li>स्वस्थ अभ्यासलाई अनुभव गर्न मिल्ने बनाउने</li> </ul>
		3
		सामग्री
		<ul> <li>ट्याक्टाइल र नमुना वस्तुहरू</li> </ul>
		<ul> <li>सुरक्षित अभ्यासका लागि सहयोगी उपकरण</li> </ul>
		<ul> <li>अनुभवमा आधारित शिक्षणका लागि वास्तविक वस्तुहरू</li> </ul>
	, ,	A TO THE PART OF T
८. ताल मिलाएर हिड्न र औँला वा छेस्काले	• स्पर्श र गति: ताल मिलाएर	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)
आला वा छस्काल कागजमा स्वतन्त्र	हिँड्ने अभ्यासलाई स्पर्श र	Vision)
रूपले चित्र बनाउन	संवेदी अनुभवमार्फत समावेश गर्ने	विधि
रनरा विश्व विभावन	• सिर्जनात्मकता प्रवर्द्धनः	
	बालबालिकाको सिर्जनात्मक	o हल्का सङगीतको तालसँग हिँडने अभ्यास गराउने
	अभिव्यक्तिलाई प्रोत्साहन गर्दै	<ul> <li>रङ्गीन र चिम्कलो ठुला चित्र बनाउने सामग्री प्रयोग गर्ने</li> </ul>
	स्वतन्त्र चित्र बनाउने	, ,
	<ul> <li>सहयोग र सहजता: सहायक</li> </ul>	सामग्री
	उपकरण र सहयोगी व्यक्ति प्रयोग	
	गरेर अभ्यासलाई सरल बनाउने	<ul><li>फ्लोर टेप वा गाइडलाइन</li></ul>
		o ठुला, चिम्कला मार्कर वा रङ्गीन कागज
		<ul> <li>तालको लागि हल्का सङ्गीत बजाउने उपकरण</li> </ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		1. 116/1 / Al Sican (Dear and Don Alzion)
		विधि
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T		
		<ul> <li>ताल मिलाउन स्पर्श सङ्केत प्रयोग गर्ने</li> <li>ठुला आकृतिहरू बनाउन सहयोग गर्ने</li> </ul>
		सामग्री
		<ul><li>ट्याक्टाइल मार्गदर्शन (जस्तै, म्याट वा रस्सी)</li><li>ठुला स्पर्शयोग्य ब्रस र छेस्काका सामग्री</li></ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>सहायक व्यक्तिको हात समातेर ताल मिलाएर हिँड्ने</li> <li>स्पर्श आधारित चित्र बनाउने विधि प्रयोग गर्ने</li> </ul>
		सामग्री
		<ul> <li>ट्याक्टाइल गाइड, जस्तै डोरी वा रस्सी</li> <li>आइलिटर बोर्ड वा उठेको सतह भएको कागज</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul><li>हात समातेर ताल मिलाएर हिँड्ने अभ्यास गर्ने</li><li>ट्याक्टाइल सामग्रीको माध्यमबाट चित्र बनाउने</li></ul>
		सामग्री
		<ul> <li>स्पर्शयोग्य रेखाचित्र बोर्ड</li> <li>पेस्ट, क्ले, वा ठुला ब्रसका सामग्री</li> <li>सहायक उपकरण, जस्तै ट्याक्टाइल गाइड</li> </ul>
९. दैनिक जीवनमा प्रयोग हुने शक्तिका स्रोत पहिचान	सम्प्रेषणको विधि श्रवण दृष्टिविहीनता भएका	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)
गर्न	बालबालिकाले स्पर्श, सुगन्ध, स्वाद, ध्वनि, र दृश्यका माध्यमबाट स्रोतहरू पहिचान गर्न	विधि
	सकून्। वास्तविक अनुभवः	<ul> <li>ऊर्जा स्रोत (जस्तै, बिजुली, पानी, घाम) देखाउन ठुला, रङ्गीन चित्र प्रयोग गर्ने</li> </ul>
	बालबालिकालाई वास्तविक वस्तु	

र उपकरणहरू उपलब्ध गराई	<ul> <li>ऊर्जा स्रोतका वस्तुहरूको वास्तविक नमुना देखाएर प्रयोग गराउने</li> </ul>
अनुभव गर्न दिने	
• सहायक सामग्रीको प्रयोग:	सामग्री
स्रोत पहिचान गर्न सहायक	
उपकरण र सङ्केत प्रयोग गर्ने	o सोलार प्यानलको सानो मोडेल, टर्चलाइट, पानी बग्ने सानो संरचना
	<ul> <li>ठुला र चिन्निला चित्र वा भिडियो</li> </ul>
	२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
	विधि
	विध
	<ul> <li>ऊर्जा स्रोतका स्पर्शयोग्य मोडेल (जस्तै, सोलार प्यानल, ब्याट्टी) प्रयोग गर्ने</li> </ul>
	<ul> <li>ऊजा म्रातका स्पशयाग्य माडल (जस्त, सालार प्यानल, ब्याट्रा) प्रयाग गन</li> <li>वस्तुका कार्यक्षमता प्रदर्शन गरेर बुझाउने</li> </ul>
	O पस्तुपम प्रापदानता प्रदरान गरर पुझाठन
	सामग्री
	० स्पर्शयोग्य सोलार प्यानल, सानो पानी पम्प
	o ठुला अक्षर र चिम्कलो दृश्य भएका फ्ल्यास कार्ड
	3
	३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
	विधि
	<ul> <li>ऊर्जा स्रोतका वस्तुहरू स्पर्श गर्न दिने</li> </ul>
	<ul> <li>उपकरणहरूको प्रयोग गरी ध्विन र कम्पनका माध्यमबाट स्रोत बुझाउने</li> </ul>
	सामग्री
	्र मार्काणेस स्मारी मोन्सा मारान
	<ul> <li>स्पर्शयोग्य ब्याट्री, सोलार प्यानल</li> <li>कम्पन दिने उपकरण, जस्तै, मोबाइल फोन</li> </ul>
	o पाना बग्दा आउन ध्वानका रकड
	४. बहिरा र दृष्टिविहीन (Deaf and Blind)
	विधि
	<ul> <li>स्रोतसँग प्रत्यक्ष सम्पर्क गराई स्पर्श र कम्पनको माध्यमबाट बुझाउने</li> <li>ट्याक्टाइल सङ्केत वा सहायक व्यक्तिको सहयोगमा स्रोत परिचय दिने</li> </ul>
	<ul> <li>ट्याक्टाइल सङ्कत वा सहायक व्यक्तिका सहयागमा स्नात पारचय दिन</li> </ul>
	सामग्री
	<ul> <li>सोलार प्यानल, ब्याट्री जस्ता स्पर्शयोग्य वस्तु</li> </ul>
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		<ul> <li>पानीको स्पर्श महसुस गराउने साधन</li> </ul>
		<ul> <li>ट्याक्टाइल चार्ट र ब्रेल सामग्री</li> </ul>
१०. सहयोगात्मक	अनुकूलनको आधार	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
१०. सहयागात्मक भावनाको विकास गर्न	जनुष्रुलनका जावार	Vision)
मावनाका विकास गन	, ,,,	VISIOII)
	• सहयोगात्मक गतिविधि	विधि
	समावेश: श्रवण दृष्टिविहीनता	IMIA
	भएका बालबालिकालाई	<ul> <li>समृहगत चित्र बनाउने वा खेल खेल्ने गतिविधि समावेश गर्ने</li> </ul>
	सहभागिता गराई समूहगत	, , , , , , , , , , , , , , , , , , , ,
	कार्यमार्फत सहयोगको भावना	<ul> <li>सहयाग गनुपन स्थित स्पष्ट रूपमा चित्रण गन</li> </ul>
	उत्पन्न गर्ने	सामग्री
	• सेन्सोरी आधारित अनुकूलन:	(III)
	बालबालिकाको सेन्सोरी	<ul> <li>ठुला अक्षर वा रङ्गीन चित्र भएका सहकार्यका खेल</li> </ul>
	क्षमताअनुसार सामग्री र विधि	<ul> <li>मिलेर बनाउनुपर्ने ठुला पजल वा चित्र</li> </ul>
	अनुकूल गर्ने	0 11(1(4)119(1)1411411
	<ul> <li>समूहमा काम गर्ने अभ्यास:</li> </ul>	२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
	समूहमा अन्य बालबालिकासँग	~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~
	काम गर्न प्रेरित गर्ने	विधि
		<ul> <li>स्पर्श र दृश्य माध्यमबाट समूहगत कामको निर्देशन दिने</li> </ul>
		<ul> <li>कार्य पूरा गर्न सहकर्मीहरूको भूमिका स्पष्ट गर्ने</li> </ul>
		सामग्री
		० स्पर्शयोग्य पजल
		<ul><li>ठुला, रङ्गीन र स्पष्ट भिजुअल सामग्री</li></ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		। विवि
		<ul> <li>ट्याक्टाइल वा ध्विन सङ्केत प्रयोग गरेर सम्हमा सहकार्य गर्ने अवसर</li> </ul>
		<ul> <li>ट्याक्टाइल वा ध्वान सङ्कत प्रयाग गरर समूहमा सहकाय गन अवसर प्रदान गर्ने</li> </ul>
		) अदान गन समूहगत गतिविधिमा प्रत्येक सदस्यको योगदान आवश्यक बनाउने
		े सन्हारा गारावायमा प्रत्यम संयस्ययम याग्याम आवस्ययम यगाउम
		सामग्री
		<ul> <li>ट्याक्टाइल सामग्री जस्तै ब्रेल पजल वा वस्तुहरू</li> </ul>
		o कम्पन वा ध्वनि सङ्केत दिने उपकरण
		,
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>ट्याक्टाइल सङ्केत, स्पर्शयोग्य सामग्री, र सहायक व्यक्तिको निर्देशनद्वारा</li> </ul>

		समूहमा सहकार्य गराउने
		<ul> <li>सहकार्य र समर्थनको भावना बुझाउन भूमिका खेल्ने अभ्यास गराउने</li> </ul>
		सामग्री
		<del></del>
		o ट्याक्टाइल खेल र उपकरण
		<ul> <li>सहायक व्यक्ति र ट्याक्टाइल सङ्केत प्रणाली</li> </ul>
११. आफ्नो स्वास्थ्यप्रति	<ul> <li>सेन्सोरी आधारित शिक्षा:</li> </ul>	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
सचेत हुन	स्वास्थ्यका अभ्यास र	Vision)
	चेतनालाई बालबालिकाका	
	सेन्सोरी क्षमताअनुसार अनुकूल	विधि
	बनाउने	
	• सहयोगात्मक र सहभागिता	<ul> <li>स्वास्थ्यसँग सम्बन्धित जानकारी र अभ्यासहरूको लागि ठुला अक्षर र</li> </ul>
	आधारित विधि समूहमा अन्य	चित्रहरूको प्रयोग गर्ने
	साथीहरूसँग मिलेर स्वास्थ्य	<ul> <li>स्वास्थ्य अभ्यास र स्वच्छताका कुरा स्पष्ट रूपमा वर्णन गर्ने</li> </ul>
	सम्बन्धी क्रियाकलापमा संलग्न	सामग्री
	गराउने	
	• व्यक्तिगत हेरचाहको महत्त्व:	<ul> <li>उुलो अक्षर र चित्रयुक्त पोस्टरहरू</li> </ul>
	आफूलाई र आफ्नो स्वास्थ्यलाई	<ul> <li>सादा भाषामा लेखिएका स्वास्थ्य निर्देशिकाहरू</li> </ul>
	ध्यान दिने तरिका सिकाउने	
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		विधि
		<ul> <li>स्वास्थ्य र स्वच्छताका अभ्यासहरूलाई ट्याक्टाइल र स्पर्शयोग्य सामग्री</li> </ul>
		प्रयोग गरेर बुझाउने
		<ul> <li>स्वास्थ्य अभ्यासको महत्त्व चित्र, मूर्त वस्तु, र स्पर्श सङ्केतको</li> </ul>
		माध्यमबाट प्रकट गर्ने
		सामग्री
		<ul> <li>ट्याक्टाइल कार्डहरू, ब्रेल पत्रहरू</li> </ul>
		<ul> <li>ट्याक्टाइल काडिक्ल, ब्रल प्रतिक्ल</li> <li>स्वास्थ्य र स्वच्छता सम्बन्धी वस्तुहरू (जस्तै साबुन, ब्रस)</li> </ul>
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		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>स्वास्थ्यको महत्त्व र स्वच्छताको अभ्यासमा ध्विन र कम्पन सङ्केत</li> </ul>
		प्रयोग गर्ने
		<ul> <li>सबैभन्दा आवश्यक स्वास्थ्य अभ्यासहरूमा सहभागिता गराउने</li> </ul>
		सामग्री
		וגדות

		T ''
		<ul> <li>ध्विन सङ्केत दिने उपकरण (जस्तै, कम्पन घडी)</li> <li>स्पर्शयोग्य स्वास्थ्य कार्डहरू</li> <li>अ. बहिरा र दृष्टिविहीन (Deaf and Blind)</li> </ul>
		<ul> <li>स्वास्थ्य र स्वच्छता अभ्यासलाई ट्याक्टाइल र कम्पन सङ्केतको माध्यमबाट बुझाउने</li> <li>स्वच्छता र स्वास्थ्यका अभ्यासहरूको लागि नियमित स्पर्श र कम्पन गतिविधि गर्ने</li> <li>सामग्री</li> <li>ट्याक्टाइल बुकहरू, स्पर्श सङ्केत गर्ने वस्तुहरू</li> </ul>
१२. आफ्ना वरपरका	• सेन्सोरी आधारित शिक्षाः	<ul> <li>स्वास्थ्य अभ्यासको लागि विशेष सामग्रीहरू (जस्तै, ट्याक्टाइल ब्रस, साबुन)</li> <li>१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low</li> </ul>
जनावरहरूको खाना, बच्चा पहिचान गर्न र तिनीहरूको हेरचाहमा सहयोग गर्न	<ul> <li>सन्सारा आधारत शिक्षाः</li> <li>जनावरहरूको हेरचाह र चिनारीको</li> <li>अभ्यासमा बालबालिकाका</li> <li>सेन्सोरी क्षमताअनुसार अनुकूल</li> <li>बनाउने</li> </ul>	Vision)
	<ul> <li>स्पर्श र दृष्टि आधारित गतिविधि जनावरहरूको पहिचान र हेरचाहका लागि ट्याक्टाइल र दृष्टिगत सामग्रीहरूको प्रयोग गर्ने</li> </ul>	<ul> <li>जनावरहरूको आवाज र गतिविधि चिनाउनको लागि ठुलो चित्र र स्पर्शयोग्य सामग्रीको प्रयोग गर्ने</li> <li>जनावरहरूको हेरचाहको बारेमा जानकारी दिने समयमा स्पष्ट र ठुलो अक्षरमा विवरण दिने</li> </ul>
	<ul> <li>सहयोगात्मक क्रियाकलाप</li> <li>समूहमा काम गरेर जनावरहरूको</li> <li>हेरचाहमा योगदान पुर्याउने।</li> </ul>	सामग्री   जनावरहरूको ठुलो चित्र र नाम लेखिएको कार्ड   स्पर्शयोग्य जनावर कार्डहरू
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision) विधि
		<ul> <li>जनावरहरूको हेरचाहको अभ्यासलाई ट्याक्टाइल सङ्केतको माध्यमबाट बुझाउने</li> <li>जनावरहरूको खाना र बच्चा चिनाउने क्रियाकलापमा स्पर्श र बनावटका वस्तुहरूको प्रयोग गर्ने</li> </ul>
		सामग्री

		<del>-</del>
		जनावरहरूको स्पर्शयोग्य कार्डहरू     जनावरहरूको विभिन्न प्रकारको खानेकुराको बनावट विवरण गर्ने वस्तुहरू
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>जनावरहरूको आवाज र बनावटको माध्यमबाट उनीहरूलाई चिनाउने</li> <li>जनावरहरूको हेरचाह र खानासम्बन्धी जानकारीका लागि स्पर्श र कम्पन सङ्केत प्रयोग गर्ने</li> </ul>
		सामग्री
		जनावरहरूको आवाज र बनावटका लागि कम्पन उपकरणहरू     ट्याक्टाइल जनावर कार्डहरू
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>जनावरहरूको पिहचान र हेरचाहका लागि पूर्ण रूपमा स्पर्श र संवेदनशील सामग्रीहरूको प्रयोग गर्ने</li> <li>जनावरहरूको हेरचाहमा सहभागी हुने गितविधिहरूमा निरन्तर स्पर्श र</li> </ul>
		गतिविधि प्रदर्शन गर्ने
		सामग्री
		<ul> <li>जनावरहरूको ट्याक्टाइल कार्ड र वस्तुहरू (जस्तै, जनावरको खाना,</li> <li>बच्चा)</li> </ul>
		<ul> <li>जनावरहरूको आवाज र बनावटका लागि विशेष स्पर्श सङ्केतका</li> <li>उपकरणहरू</li> </ul>
१३. आफ्नो विद्यालयको परिचय दिन र विद्यालयमा	सेन्सोरी आधारित शिक्षाः विद्यालयको वातावरण र	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)
गरिने क्रिया कलापहरूमा	गतिविधिहरूको अनुकूलन बालबालिकाका सेन्सोरी	विधि
सहभागी हुन	क्षमताअनुसार गर्ने  • स्पर्श र गन्धको प्रयोग:	<ul> <li>विद्यालयको परिचय र गतिविधिहरूको बारेमा स्पष्ट र ठुलो अक्षरमा</li> </ul>
	विद्यालयको परिचय र	जानकारी दिने  ा विद्यालयको हुलिया र प्रमुख स्थानहरू ट्याक्टाइल कार्डमार्फत चिनाउने
	क्रियाकलापहरूमा ट्याक्टाइल र गन्ध आधारित सामग्रीहरूको समावेश गर्ने	सामग्री
	<ul> <li>सहयोगात्मक अनुभवः</li> </ul>	
	विद्यालयका गतिविधिहरूमा	<ul> <li>विद्यालयको प्रमुख स्थान र गतिविधिहरूको चित्र र विवरण भएका</li> </ul>

सहभागिता र टोली कार्यको अनुभव गराउने	कार्डहरू     विद्यालयको अवलोकन र पहिचानका लागि ट्याक्टाइल निर्देशिकाहरू
	२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
	विधि
	<ul> <li>विद्यालयको अनुभवको लागि ट्याक्टाइल र बनावटको प्रयोग गर्ने</li> <li>विद्यालयका क्रियाकलापहरूमा सहभागिता जनाउन संवेदनशील सामग्रीहरूको प्रयोग गर्ने</li> </ul>
	सामग्री
	<ul> <li>विद्यालयको ठोस बनावटको विवरण गर्ने वस्तुहरू</li> <li>विद्यालयको नाम र प्रमुख स्थलहरूको स्पर्शयोग्य सङ्केत</li> </ul>
	३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
	विधि
	<ul> <li>विद्यालयको परिचय र गतिविधिहरूको अनुभवका लागि आवाज र स्पर्शका माध्यमबाट जानकारी दिने</li> <li>विद्यालयको माहोल र क्रियाकलापमा सहभागी हुने अभ्यास गराउने</li> </ul>
	सामग्री
	<ul> <li>विद्यालयको आवाज र गन्धको सङ्केत दिने वस्तुहरू</li> <li>ट्याक्टाइल निर्देशन र बनावट सामग्रीहरू</li> </ul>
	४. बहिरा र दृष्टिविहीन (Deaf and Blind)
	विधि
	<ul> <li>विद्यालयको पिरचय र गितविधिहरूको लागि पूर्ण रूपमा स्पर्श र गन्धको</li> <li>प्रयोग गर्ने</li> </ul>
	<ul> <li>विद्यालयका स्थान र गतिविधिहरूको समर्पण र सहभागिता अनुभव गराउने</li> </ul>
	सामग्री
	<ul> <li>विद्यालयका विभिन्न स्थान र वस्तुहरूको बनावट र गन्धको सङ्केत दिने वस्तुहरू</li> <li>विद्यालयको वातावरणको स्पर्श र गन्धका माध्यमबाट जानकारी दिने</li> </ul>
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		सामग्रीहरू
१४. शारीरिक	<ul> <li>सञ्चार र सहभागिता: शारीरिक</li> </ul>	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
क्रियाकलापहरूमा सहभागी	क्रियाकलापहरूमा सहभागी गर्न	Vision)
हुन	स्पर्श र आवाजको माध्यम प्रयोग	
3.1	गर्ने	विधि
		1414
	• सेन्सोरी समावेशीता: विभिन्न	
	सेन्सोरी गतिविधिहरूको प्रयोग	<ul> <li>शारीरिक क्रियाकलापहरूको लागि ठुलो अक्षर र स्पर्शीय सङ्केतहरूको</li> </ul>
	गरेर सहभागिता प्रोत्साहित गर्ने	प्रयोग गर्ने
	• सुरक्षा र सहयोग:	<ul> <li>क्रियाकलापहरूको ताल र लयलाई स्पष्ट रूपमा सङ्केत गर्ने</li> </ul>
	बालबालिकाको सुरक्षालाई	
	प्राथमिकता दिने र साथीहरूको	सामग्री
	सहयोगमा सहभागी हुने अभ्यास	
		<ul> <li>वाइड-प्रिन्ट र टैक्टाइल सङ्केतहरूको साथ खेलका सामग्रीहरू</li> </ul>
	गराउने	<ul> <li>सङ्गीत र तालका लागि स्पर्शयोग्य सामग्री (जस्तै, कम्पन गर्ने उपकरण)</li> </ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		( Area / 2 gio 3 in (Dear and Low Vision)
		विधि
		ાવાય
		o ताल र लयलाई स्पर्शको माध्यमबाट परिचित गराउने
		<ul> <li>गतिविधिहरूको निर्देशन शारीरिक इशाराबाट गर्ने</li> </ul>
		सामग्री
		<ul> <li>खेलका उपकरणहरू जसमा कम्पन हुने क्षमता भएका</li> </ul>
		<ul> <li>क्रियाकलापको स्थान र संरचनाको विवरण गर्ने ट्याक्टाइल सामग्रीहरू</li> </ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		4. gieragia ( gen saur (binit and fraid of frearing)
		विधि
		ସେଷ
		<ul> <li>स्पर्श र गन्धका माध्यमबाट क्रियाकलापहरूका बारेमा जानकारी दिने</li> </ul>
		<ul> <li>सहभागीको सहयोग र सहमितको लागि शारीरिक सङ्केतहरूको प्रयोग</li> </ul>
		गर्ने
		सामग्री
		<ul> <li>क्रियाकलापको बनावट र गन्ध सङ्केत गर्ने सामग्रीहरू</li> </ul>
		<ul> <li>क्रियाकलापका लागि अनुकूल ट्याक्टाइल गाइडहरू</li> </ul>
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		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		2. 416/1 / Signatin (Dear and Dillin)

		विधि
		<ul> <li>शारीरिक गतिविधिहरूमा पूर्ण रूपमा स्पर्शको प्रयोग गर्ने</li> <li>सहभागीको दिशानिर्देशन र सहयोगका लागि अन्य व्यक्तिहरूसँगको सम्पर्क बढाउने</li> <li>सामग्री</li> <li>क्रियाकलापको लागि बनावट र सामग्रीका सङ्केतहरूको प्रयोग</li> <li>उन्मुक्त खेल सामग्रीहरू जसमा स्पर्श र गति अनुभव गर्न सिकन्छ।</li> </ul>
१५. घर, विद्यालय र समुदायमा घट्ने दुर्घटना र	• सञ्चार र सहभागिता: दुर्घटना र प्रकोपको चेतनाका लागि	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)
प्रकोपप्रति	र प्रकापका चतनाका लागि बालबालिकालाई उपयुक्त सूचना	
सचेत रहन	र निर्देशन स्पर्श, इशारा, र गन्धको माध्यमबाट दिने	विधि
	• संवेदनशीलता र सुरक्षाः	<ul> <li>सुरक्षा सम्बन्धी जानकारी र चेतनाका लागि स्पर्शीय र दृश्य सङ्केतहरूको</li> <li>प्रयोग गर्ने</li> </ul>
	बालबालिकामा सुरक्षित व्यवहार र दुर्घटनामा के गर्नुपर्ने	) प्रयाग गर्न । हाइड्रोफोन्स र ठुला अक्षरका सूचना पत्रहरूको प्रयोग गर्ने
	बारे ज्ञानको विकास गर्ने  समाजिक र सहकारी शिक्षाः	सामग्री
	सामूहिक सुरक्षा अभ्यास र साथीहरूको सहयोगमा सचेतना फैलाउने।	<ul> <li>फ्लॅशलाइट र चमकदार रङका सङ्केतहरूको लागि ट्याक्टाइल पोस्टर</li> <li>अलार्म र चेतावनीका लागि कम्पन गर्ने यन्त्रहरू</li> </ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		विधि
		<ul> <li>शारीरिक इशाराबाट चेतावनी र निर्देशन दिने</li> <li>स्पर्श र गन्धबाट खतरा र सुरक्षाको चेतना सन्देश प्रेषण गर्ने</li> </ul>
		सामग्री
		<ul> <li>गन्ध सङ्केतको लागि सुरक्षित र खतरनाक अवस्थाको पहिचान गराउने सामग्री</li> <li>स्पर्शयोग्य सुरक्षासम्बन्धी गाइडहरू</li> </ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>स्पर्श र गन्धको प्रयोग गरेर प्रकोप र दुर्घटनाको सचेतना दिने</li> </ul>

		<ul> <li>ब्रेल र ट्याक्टाइल ग्राफिक्सको प्रयोग गरेर जानकारि दिने</li> </ul>
		सामग्री
		<ul> <li>ब्रेलमा लेखिएको सुरक्षा निर्देशन र दुर्घटना सन्देश</li> </ul>
		<ul> <li>गन्ध र तापक्रमको प्रयोग गर्ने उपकरणहरू</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>सम्पूर्ण रूपले स्पर्श र हावाको प्रवाहबाट चेतना दिने</li> <li>दुर्घटना र प्रकोपको अवस्थामा के गर्नुपर्ने कुरा सिकाउने लागि शारीरिक प्रशिक्षण</li> </ul>
		सामग्री
		<ul> <li>स्पर्शयोग्य सङ्केतहरू र सामूहिक अभ्यासका लागि ह्यान्ड्स ओन सामग्री</li> <li>शारीरिक इशाराबाट सुरक्षा प्रक्रियाहरू सिकाउने उपकरण</li> </ul>
१६. सजीव र निर्जीव	सञ्चार र सहभागिता: सजीव र	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
वस्तुका लक्षणहरू पहिचान	निर्जीव वस्तुको पहिचान र	Vision)
गरी वर्गीकरण गर्न	वर्गीकरणको लागि बालबालिकालाई स्पर्श, गन्ध, र आवाजको माध्यमबाट	विधि
् । गन	स्परा, गन्ध, र आवाजका माध्यमबाट जानकारी दिने	विवि
	जानवार प्राप्त संवेदनशीलता र अभ्यस्तता:	<ul> <li>वस्तुको लक्षणको बारेमा विवरण दिने क्रममा स्पर्श र आवाजको प्रयोग</li> </ul>
	बालबालिकालाई वस्तुको गुण र	गर्ने
	लक्षण सिकाउने अभ्यासहरू र	<ul> <li>सामग्रीहरूको दृश्य र स्पर्शीय विशेषताहरूको बारेमा व्याख्या गर्ने</li> </ul>
	खेलहरू मार्फत सजीव र निर्जीव	
	वस्तुको अन्तर स्पष्ट गर्ने	सामग्री
	□ समाजिक र सहकारी शिक्षा:	
	बालबालिकालाई समूहमा कार्य गर्दै	० स्पर्श गर्न मिल्ने सजीव र निर्जीव वस्तुहरूको सेट
	वस्तुहरूको पहिचान र वर्गीकरण गर्ने सहयोग र सहभागिता अभ्यास गर्ने	<ul> <li>ठुला अक्षर र चित्रका कार्डहरू जसमा वस्तुको लक्षण लेखिएका हुन्छन् ।</li> </ul>
	अल्बाम र बल्बामसा जन्याच गर्न	२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		विधि
		<ul> <li>वस्तुहरूको पहिचानको लागि इशारामा वा स्पर्शको माध्यमबाट जानकारी</li> </ul>
		दिने
		<ul> <li>आवाज र स्पर्शको मिश्रण प्रयोग गरेर वस्तुको गतिविधि र गुणहरू व्याख्या गर्ने</li> </ul>
		सामग्री

		<ul> <li>स्पर्शयोग्य र घर्षणयुक्त सामग्रीहरू (जस्तै, बाल, रेशम, काठ, आदि)</li> <li>वस्तुहरूको स्पर्श गर्दै वर्गीकरण गर्न प्रयोग हुने ब्रेल र ट्याक्टाइल कार्डहरू</li> </ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>वस्तुको विशेषताहरूको बारेमा बलियो आवाज र स्पर्शको माध्यमबाट जानकारी दिने</li> <li>वस्तुको आकार, texture र वजनलाई पहिचान गर्न स्पर्श र गन्धको प्रयोग गर्ने</li> </ul>
		सामग्री
		<ul> <li>ब्रेलमा लेखिएका लक्षण वर्णन गर्ने कार्डहरू</li> <li>गन्ध र टेक्सचर परीक्षणको लागि सामग्रीहरूको सेट (जस्तै, गन्ध दिने फूल, फूलको पात आदि)</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>वस्तुको विशेषताहरू र वर्गीकरणको लागि सम्पूर्ण रूपमा स्पर्श र गन्धको प्रयोग गर्ने</li> <li>वस्तुको आकार, रूप, र गुणहरूलाई परिचित गराउन शारीरिक इशारा र संवेदनात्मक गतिविधिहरू गर्ने</li> </ul>
		सामग्री
		<ul> <li>स्पर्शयोग्य वस्तुहरूको सङ्ग्रह, जसमा सजीव र निर्जीव वस्तुहरू समावेश</li> <li>छन्।</li> <li>वस्तुको गन्ध, ध्विन र तापमानसँग सम्बन्धित सङ्केतहरू</li> </ul>
१७. वरपरका बिरुवाहरू	सञ्चार र सहभागिता:	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
पहिचान गरी वर्गीकरण गर्न	बिरुवाको पहिचान र वर्गीकरणका लागि बालबालिकालाई स्पर्श, गन्ध, र आवाजको माध्यमबाट जानकारी दिने	Vision)
	<ul> <li>□ संवेदनशीलता र अभ्यस्तता:</li> <li>बालबालिकालाई बिरुवा र उनका</li> <li>विशेषताहरूको बारेमा जानकारी दिने</li> <li>अभ्यास र खेलहरूमार्फत सिकाउने</li> <li>□ समाजिक र सहकारी शिक्षा:</li> </ul>	<ul> <li>बिरुवाका नाम र विशेषताहरूको बारेमा विवरण दिने क्रममा स्पर्श र आवाजको प्रयोग गर्ने</li> <li>दृश्य र स्पर्शीय विशेषताहरूको बारेमा व्याख्या गर्ने</li> </ul>

समूहमा कार्य गर्दे बिरुवाको पहिचान र वर्गीकरण गर्न मद्दत गर्ने अभ्यास  o ब्रेल वा ठुलो अक्षरमा लेखिएका बिरुवा कार्डहरू o घर्षणयोग्य पात र फूलका नमुनाहरू  7. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)  विधि  o बिरुवाको विशेषताहरूको बारेमा इशारामा वा स्पर्शको माध्यमबाट जानकारी दिने  o प्रत्येक बिरुवाको गन्ध, आकार र टेक्सचरको बारेमा निर्देशन दिने
<ul> <li>ब्रेल वा ठुलो अक्षरमा लेखिएका बिरुवा कार्डहरू</li> <li>घर्षणयोग्य पात र फूलका नमुनाहरू</li> <li>त्र बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)</li> <li>विधि</li> <li>बिरुवाको विशेषताहरूको बारेमा इशारामा वा स्पर्शको माध्यमबाट जानकारी दिने</li> </ul>
<ul> <li>घर्षणयोग्य पात र फूलका नमुनाहरू</li> <li>२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)</li> <li>विधि</li> <li>बिरुवाको विशेषताहरूको बारेमा इशारामा वा स्पर्शको माध्यमबाट जानकारी दिने</li> </ul>
<ul> <li>२. बिहरा र न्यून दृष्टियुक्त (Deaf and Low Vision)</li> <li>विधि</li> <li>बिरुवाको विशेषताहरूको बारेमा इशारामा वा स्पर्शको माध्यमबाट जानकारी दिने</li> </ul>
विधि
विधि
विधि
<ul> <li>बिरुवाको विशेषताहरूको बारेमा इशारामा वा स्पर्शको माध्यमबाट</li> <li>जानकारी दिने</li> </ul>
<ul> <li>बिरुवाको विशेषताहरूको बारेमा इशारामा वा स्पर्शको माध्यमबाट</li> <li>जानकारी दिने</li> </ul>
जानकारी दिने
जानकारी दिने
<ul> <li>प्रत्येक बिरुवाको गन्ध, आकार र टेक्सचरको बारेमा निर्देशन दिने</li> </ul>
सामग्री
<ul> <li>गन्ध परीक्षणका लागि फूल र पातका नमुनाहरू</li> </ul>
० स्पर्श गर्न मिल्ने बिरुवाका नमुनाहरू
३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
विधि
<ul> <li>बिरुवाको विशेषताहरूको बारेमा बिलयो आवाज र स्पर्शको माध्यमबात</li> </ul>
जानकारी दिने
<ul> <li>बिरुवाको गन्ध, आकार, र तातोपनको बारेमा बताउने</li> </ul>
सामग्री
<ul> <li>गन्धको परीक्षणका लागि फूल र पातका नमुनाहरू</li> </ul>
<ul> <li>बिरुवाको आकार र टेक्सचर पहिचान गर्न स्पर्शयोग्य वस्तुहरू</li> </ul>
४. बहिरा र दृष्टिविहीन (Deaf and Blind)
विधि
IMIM
<ul> <li>बिरुवाको विशेषताहरूको बारेमा सम्पूर्ण रूपमा स्पर्श र गन्धको प्रयोग ग</li> </ul>
<ul> <li>बिरुवाको आकार, रूप र गन्धको आधारमा भिन्नता पहिचान गर्ने</li> </ul>
सामग्री
<ul> <li>बिरुवा नमुनाहरू जसलाई स्पर्श गर्न मिल्ने र गन्ध गर्न सिकने होस्।</li> </ul>
<ul> <li>पात र फूलका विभिन्न भागहरूको टेक्सचर प्रयोग गरेर वर्गीकरण गर्ने</li> </ul>
ं नात र मूरावर्ग विभावता चाराव्यवर प्रयोग गर विभावरण गर्न
१८. वरपरको वातावरण पसम्बन्ध र सहभागिता: १. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
सरसफाइ गर्न र व्यवहारमा वालबालिकालाई वातावरण

प्रदर्शन	सरसफाइको महत्त्व र यसको	Vision)
प्रदशन गर्न	अधारभृत प्रक्रियामा संलग्न गर्न	Vision)
711	प्रायासमूरा प्राप्नायामा सरामा गर्ग स्पर्श र गन्धको प्रयोग:	विधि
	वातावरण सफा गर्नको लागि स्पर्श र	
	गन्धसँग सम्बन्धित गतिविधिहरू	   ○ सरसफाइका उपकरणहरूको उपयोग र प्रक्रियामा बालबालिकालाई स्पर्श
	<ul><li>समाजिक र सहयोगी अभ्यास:</li></ul>	<ul> <li>सरसफाइका उपकरणहरूको उपयोग र प्रक्रियामा बालबालिकालाई स्पर्श र गन्धको माध्यमबाट प्रशिक्षण दिने</li> </ul>
	समूहमा मिलेर सरसफाइ गर्ने अभ्यास	
	गर्ने र सहकार्यमा काम गर्ने भावना	<ul> <li>निर्देशनहरूको लागि इशाराहरू र शब्दहरूको संक्षिप्त वर्णन गर्ने</li> </ul>
	प्रवर्धन गर्ने	सामग्री
	, प्रयंपन गन	KITAI
		<ul> <li>स्पर्शयोग्य सफा गर्ने उपकरण (जस्तै, झाडू, मप, हत्यारा)</li> </ul>
		<ul> <li>गन्ध परीक्षणका लागि सफा सामग्रीहरूको प्याकेट</li> </ul>
		ि गण्य नराषाण्यम सामित्र सामित्राहरूचम ज्यावाट
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		(2 000 1000 1000 1000 1000 1000 1000 100
		विधि
		<ul> <li>स्पर्श र गन्धको आधारमा सफाईका क्रियाकलापहरू सिकाउने र अभ्यास</li> </ul>
		गराउने
		<ul> <li>कार्यको क्रम र तिरका स्पष्ट रूपमा व्याख्या गर्ने</li> </ul>
		सामग्री
		<ul> <li>स्पर्शयोग्य सफा गर्ने सामग्री र सरसफाइका वस्तुहरूको जानकारी</li> </ul>
		<ul> <li>गन्धका माध्यमबाट सफा र फोहोरको फरक बुझ्नका लागि नमुनाहरू</li> </ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>गन्ध र स्पर्शको माध्यमबाट वातावरण सफा गर्ने तिरकाहरूको अभ्यास</li> </ul>
		गराउने
		<ul> <li>बालबालिकालाई सफा गर्ने उपकरणहरूको प्रयोग र प्रक्रिया सिकाउने</li> </ul>
		सामग्री
		<ul> <li>सफा गर्ने सामग्री र उपकरणहरूको स्पर्शयोग्य नमुना</li> <li>वातावरण सफा गर्नको लागि गन्ध परीक्षण सामग्रीहरू</li> </ul>
		<ul> <li>वातावरण सफा गर्नेको लागि गन्ध परीक्षण सामग्रीहरू</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>बालबालिकालाई हात र शरीरको माध्यमबाट सरसफाइको प्रक्रियामा</li> </ul>
		संलम गराउने
		<ul> <li>सरसफाइका प्राक्रयामा प्रयाग गारन वस्तुहरूका टक्सचर र आकारका</li> </ul>

		व्याख्या गर्ने
		सामग्री
		<ul> <li>स्पर्श योग्य सफा गर्ने सामग्रीहरू (झाडू, मप, हत्यारा, कपडा आदि)</li> <li>विभिन्न प्रकारका गन्ध (सफा र गन्दी) बुझ्नका लागि उदाहरणहरू</li> </ul>
१९. वरपरका वस्तु तथा घटनाको पहिचान गर्न	□ स्पर्श र गन्धको प्रयोगः  वरपरका वस्तुहरूको पहिचानमा स्पर्श र गन्धका माध्यमहरू प्रयोग गर्ने □ समानता र भिन्नता अभ्यासः वस्तु र घटनाका विशेषताहरूलाई तुलना र फरक गर्न सिकाउने □ समाजिक सहभागिताः समूह कार्य र सहकार्यमा आधारित गतिविधिहरू मार्फत वस्तु र घटनाको पहिचान गराउने	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)         विधि
		<ul> <li>स्पर्शयोग्य वस्तुहरूको सेट र फरक गन्धको सामग्रीहरू</li> </ul>

		<ul> <li>विभिन्न घटनाहरूको वर्णन गर्नको लागि आवाज र सङ्गीतको प्रयोग गर्ने</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>वस्तु र घटनाहरूको स्पर्शका आधारमा पहिचान गराउने</li> <li>वस्तुहरूको बनावट, आकार, र टेक्सचरको अभ्यास गराउने</li> </ul>
		सामग्री
		<ul> <li>स्पर्शयोग्य वस्तुहरूको सङ्ग्रह (काठ, ढुङ्गा, कपडा आदि)</li> <li>विभिन्न गन्ध र आवाजहरू (शान्त वातावरण, पानी पर्ने आवाज आदि)</li> </ul>
२०. गायनद्वारा	्रशारीरिक र संवेदी ं	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
सिर्जनशीलता प्रस्तुत गर्न	प्रवृत्तिहरूको प्रयोग: गायनलाई बालबालिकाको विभिन्न संवेदी	Vision)
	क्षमतामा आधारित अनुकूलन गर्ने  ा सामूहिक कार्य र सहभागिता:	विधि
	समूहमा मिलेर गायनको अभ्यास गर्न र	<ul> <li>ताल र लयको माध्यमबाट गायन गर्ने अभ्यास गराउने</li> </ul>
	सिर्जनात्मकता प्रोत्साहित गर्ने     सङ्गीत र स्वरको विविधताः	<ul> <li>दृष्टिबाधित बालबालिकालाई सङ्गीतको अनुभव गर्न स्पर्श र ध्विन स्रोतहरूको प्रयोग गर्ने</li> </ul>
	विभिन्न ध्वनि र तालको प्रयोग गरेर	·
	गायन गतिविधिहरूको मजा लिनु	सामग्री
		<ul> <li>सङ्गीत यन्त्र (ताल, ड्रम, सङ्गीत बाकस)</li> <li>स्पर्शयोग्य गायन पुस्तक वा गीतका शब्दहरू</li> </ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		विधि
		<ul> <li>गायनको लय र तालमा आधारित गतिविधिहरू गराउने</li> <li>गायनको साथमा हावाको कम्पन र तालको अनुभव गराउने</li> </ul>
		सामग्री
		<ul> <li>स्पर्शयोग्य र सङ्गीतीय सामग्री (ड्रम, ताल, स्पर्शयोग्य म्याट)</li> <li>ताल र लयको अभ्यासका लागि विशेष उपकरणहरू</li> </ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>गायनको ताल र लयलाई स्पर्श र हावाको माध्यमबाट अनुभव गराउने</li> </ul>

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		<ul> <li>विविध सङ्गीत यन्त्रहरूको माध्यमबाट सङ्गीत र गीतको ताल सिकाउने</li> </ul>
		सामग्री
		WITAI
		<ul> <li>हावाको कम्पन महसुस गर्नका लागि म्याट र अन्य स्पर्शयोग्य सामग्रीहरू</li> </ul>
		<ul><li>ड्रम र ताल यन्त्रहरूको प्रयोग</li></ul>
		•
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>गायनको ताल र लयलाई स्पर्श र सङ्गीतको कम्पनमार्फत अनुभव गराउने</li> </ul>
		<ul> <li>बालबालिकालाई गायनमा सहभागी गराउन शारीरिक गतिविधि र</li> </ul>
		इशाराको प्रयोग गर्ने
		सामग्री
		<ul> <li>स्पर्शयोग्य सङ्गीत यन्त्र (ड्रम, रबर ब्यान्ड, वाइब्रेटिङ्ग म्याट)</li> </ul>
		कम्पनको माध्यमबाट सङ्गीत अनुभव गराउने उपकरणहरू
२१. वादन र नृत्यद्वारा	🗌 शारीरिक र संवेदी	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
सिर्जनशीलता प्रस्तुत गर्न	प्रवृत्तिहरूको प्रयोग: वादन र	Vision)
	नृत्यलाई बालबालिकाको संवेदी	विधि
	क्षमतामा आधारित अनुकूलन गर्ने      सामूहिक कार्य र सहभागिताः	ાવાવ
	समूहमा मिलेर वादन र नृत्यको	o ताल र लयको अभ्यासको लागि विशेष उपकरणहरू प्रयोग गर्ने
	अभ्यास गर्न र सिर्जनात्मकता	<ul> <li>वादन र नृत्यमा हावाको कम्पन र तालको अनुभव गराउने</li> </ul>
	प्रोत्साहित गर्ने	_
	□ ताल र लयको विविधता:	सामग्री
	वादन र नृत्यको विविधतालाई प्रयोग	
	गरेर सिर्जनशीलता प्रस्तुत गर्न सहयोग गर्ने	<ul><li>स्पर्शयोग्य वादन यन्त्र (ड्रम, ताल, रिडम म्याट)</li><li>नृत्यका लागि स्पर्शयोग्य म्याट र उपकरणहरू</li></ul>
	1.1	o नृत्यका लागि स्पशयाग्य म्याट र उपकरणहरू
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		   विधि
		<ul> <li>वादनको ताल र नृत्यको ताललाई स्पर्श र दृश्य सङ्केतको माध्यमबाट</li> </ul>
		अनुभव गराउने
		<ul> <li>नृत्यको लय र ताललाई हावाको कम्पन र शरीरको हिलाउने अनुभवबाट</li> </ul>
		बुझाउने
		सामग्री
		<ul> <li>नृत्यको अभ्यासका लागि स्पर्शयोग्य म्याट र ताल यन्त्रहरू</li> </ul>
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		<ul> <li>कम्पनको अनुभव गराउने उपकरणहरू</li> </ul>
		<ul> <li>कम्पनको अनुभव गराउने उपकरणहरू</li> <li>३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)</li> <li>विधि</li> <li>वादनको ताल र नृत्यको लयलाई हावाको कम्पन र शरीरको स्थान परिवर्तनबाट अनुभव गराउने</li> <li>बालबालिकालाई वादन र नृत्यमा सहभागिता गराउन शारीरिक सङ्केत र मार्गदर्शन गर्ने</li> <li>सामग्री</li> </ul>
		<ul> <li>कम्पनको माध्यमबाट सङ्गीत अनुभव गराउने उपकरण (जस्तै, स्पर्शयोग्य वादन यन्त्र)</li> <li>नृत्यका लागि निर्देशित शारीरिक गतिविधिहरू</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>वादन र नृत्यको ताललाई कम्पन र शारीरिक मार्गदर्शनको माध्यमबाट अनुभव गराउने</li> <li>वादन र नृत्यको अभ्यास गर्दा बालबालिकालाई शरीरको हिलाउने र घुमाउने माध्यमबाट ताल र लय सिकाउने</li> </ul>
		सामग्री
		<ul> <li>कम्पन गर्ने म्याट, स्पर्शयोग्य वादन यन्त्र</li> <li>विशेष नृत्य मार्गदर्शकहरू र शारीरिक सङ्गठनका लागि सहायक उपकरणहरू</li> </ul>
२२. चित्र कोरी रङ भर्न, छपाइ गर्न र माटो तथा	<ul><li>स्पर्श र संवेदी अनुभव:</li><li>बालबालिकालाई विभिन्न</li></ul>	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)
पिठोबाट नमुना निर्माण गर्न	सामग्रीहरूको प्रयोग गरेर चित्र कोर्न र रङ भर्नको लागि स्पर्शयोग्य र विविध	विधि
	सामग्रीहरूको परिचय गराउने  शारीरिक गतिविधि र सहकार्य: बालबालिकाले सामूहिक रूपमा कार्य गर्दै सिर्जनात्मकता र सहकार्यको अभ्यास गर्ने  संवेदी प्रवृत्तिहरूको विविधता: माटो र पिठोको बनावट र	<ul> <li>बालबालिकालाई चित्र कोर्ने र रङ भर्ने क्रममा शारीरिक मार्गदर्शन र निर्देश प्रदान गर्ने</li> <li>छपाइ र माटो तथा पिठोबाट नमुना निर्माणका लागि शारीरिक टच र रचनात्मक सङ्केतहरूको प्रयोग गर्ने</li> <li>सामग्री</li> </ul>

अनुभवलाई ध्यानमा राखेर निर्माण कार्य गराउने	<ul> <li>स्पर्शयोग्य चित्र निर्माण सामग्री (उदाहरण: ठुलो कागज, विशेष ब्रसहरू, रङका नलीहरू)</li> <li>माटो र पिठोका लागि विविध आकारका साँचोहरू</li> <li>बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)</li> </ul>
	विधि
	<ul> <li>चित्र कोर्न र रङ भर्नको लागि निर्देशनहरू लेखिएको वा स्पर्शयोग्य मार्गदर्शनको माध्यमबाट दिइने</li> <li>माटो र पिठोको बनावट र अनुभवलाई बालबालिकाको हातमा राखेर बुझाउने</li> </ul>
	सामग्री
	<ul> <li>स्पर्शयोग्य रङ र कागजको सामग्री (उदाहरण: थिक रङको कोट र कागज, स्पर्शयोग्य चित्र)</li> <li>माटो र पिठोका लागि बनावट अनुभव गर्ने सामग्री</li> </ul>
	३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
	विधि
	<ul> <li>चित्रको बनावट र रङको अनुभव गर्न हात र औँलाको उपयोग गराउने</li> <li>माटो र पिठोको नमुना निर्माणका लागि हातको सम्पर्क गरेर निर्देशन दिने</li> </ul>
	सामग्री
	<ul> <li>विविध बनावटको रङ, माटो र पिठो</li> <li>विशेष छपाइका लागि स्पर्शयोग्य साँचोहरू</li> </ul>
	४. बहिरा र दृष्टिविहीन (Deaf and Blind)
	विधि
	<ul> <li>छपाइको लागि टच र हावाको कम्पनको अनुभव गराउने</li> <li>माटो र पिठोबाट नमुना बनाउँदा त्यस्ता अनुभवहरू जसले बालबालिकालाई यसको बनावट र रूपको पहिचान गराउने</li> </ul>
	सामग्री
	<ul> <li>विभिन्न बनावटको माटो र पिठो</li> <li>हातले अनुभव गर्न सिकने चित्र बनाउने साँचेहरू र माटोको मोडेल</li> </ul>

२३. आफ्ना सांस्कृतिक	🔲 संवेदी अनुभव र सहभागिता:	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
क्रियाकलापहरूसँग	सांस्कृतिक गतिविधिहरूको अनुभव	Vision)
परिचित हुन	बालबालिकाले विभिन्न संवेदी	
11/1-11/21	तरिकामा गर्न सकून् भन्ने सुनिश्चित गर्ने	विधि
	□ शारीरिक सहभागिता:	
	सांस्कृतिक गतिविधिहरूमा हातको	<ul> <li>सांस्कृतिक क्रियाकलापहरूको बारेमा स्पर्श र इशाराको माध्यमबाट</li> </ul>
	प्रयोग र शारीरिक गतिविधिहरूलाई	जानकारी दिने
	जोड़ने	<ul> <li>हातले अनुभव गर्न सिकने सामग्रीहरू जस्तै, सङ्गीत उपकरणहरू,</li> </ul>
	☐ सामूहिक भागीदारी: समूहमा	परिधान, गहना आदि प्रस्तुत गर्ने
	संलग्न भएर सांस्कृतिक	, and the second
	गतिविधिहरूको अभ्यास र	सामग्री
	सहभागिता गर्ने	
		<ul> <li>हातले महसुस गर्न सिकने वस्त्र, गहना र परम्परागत सांस्कृतिक सामग्री</li> </ul>
		<ul> <li>विशेष सङ्गीत उपकरणहरू जसको आवाज सुन्न सिकन्छ।</li> </ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		66
		विधि
		<ul> <li>सांस्कृतिक क्रियाकलापको बारेमा लेखिएका वा स्पर्शयोग्य मार्गदर्शनको</li> <li>माध्यमबाट जानकारी दिने</li> </ul>
		<ul> <li>सांस्कृतिक नृत्य र गातहरूका क्रियाकलापमा सहभागा गराउन</li> </ul>
		सामग्री
		<ul> <li>स्पर्शयोग्य चित्र र विषयसँग सम्बन्धित वस्त्र तथा गहना</li> <li>नृत्य र गीतको अभ्यासका लागि इशारा र सङ्केतहरूको प्रयोग</li> </ul>
		<ul> <li>नृत्य र गीतको अभ्यासका लागि इशारा र सङ्कतहरूको प्रयोग</li> </ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		विवि
		<ul> <li>सांस्कृतिक क्रियाकलापहरूको अनुभव हात र हावाको कम्पनको</li> </ul>
		माध्यमबाट गराउने
		o सङ्गीत र नृत्यको लागि हावाको कम्पन र शरीरको गतिको उपयोग गर्ने
		सामग्री
		्राम र महार्थितका लागि हाताको कागा आकृत गाउँ विक्रोक गाउँ गा
		<ul> <li>राग र सङ्गीतका लागि हावाको कम्पन अनुभव गराउन विशेष उपकरण</li> <li>माटो, कपडा, र अन्य स्पर्शयोग्य सामग्रीहरूको प्रयोग</li> </ul>
		o माटा, कपडा, र अन्य स्पशयाग्य सामग्राहरूका प्रयाग
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>सांस्कृतिक क्रियाकलापको अनुभव गर्न विशेष रूपमा डिजाइन गरिएको</li> </ul>

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		<mark>छुअन</mark> र स्पर्शको माध्यमबाट कार्य गराउने
		<ul> <li>सांस्कृतिक घटनाहरूको प्रक्रिया र परम्परागत वस्रहरूलाई शरीरमा लागू</li> </ul>
		गरेर परिचय गराउने
		सामग्री
		\(\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\tin}\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\ti}\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\tin\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\ticl{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\texi}\tex{\text{\texi}\tinz{\text{\text{\text{\text{\text{\text{\texi}\tex{\text{\text{\texi}\text{\texitilex{\text{\texi}\text{\texit{\ticl{\titil\titil\titil\titt{\texitilex{\texit{\texi}\titt{\texitint{\texit{\texi{\texi{\texi{\texi}\texitilex{\tiint{\tint{
		<ul> <li>स्पर्शयोग्य सङ्गीत उपकरणहरू, परिधान र गहना</li> </ul>
		<ul> <li>विभिन्न बनावट र सामग्रीहरू (उदाहरण: काठ, रेशम, माटो)</li> </ul>
२४. दैनिक जीवनमा	🗌 संवेदी दृष्टिकोण:	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
सञ्चारका साधनहरूको	बालबालिकालाई सञ्चारका	Vision)
पहिचान र	साधनहरूको अनुभव विभिन्न संवेदी	
होसीयारीपूर्वक प्रयोग गर्न	तरिकामा गराउने	विधि
हासायारापूर्यक प्रयाग गर्न	्रारकामा गराउन <b>एस्पष्टता र अभ्यास</b> : सञ्चारका	IGIG
	साधनहरूको उपयोगको लागि	<ul> <li>सञ्चारका साधनहरूको बारेमा विभिन्न सामग्रीहरूको स्पर्श र हावाको</li> </ul>
	प्रायोगिक अभ्यास र मोडेल प्रस्तुत	कम्पनका माध्यमबाट जानकारी दिने
	गर्ने	<ul> <li>बोल्नका लागि सङ्केत र इशाराको प्रयोग गर्ने</li> </ul>
	🗌 सहयोगात्मक सिकाइ:	
	बालबालिकालाई एकअर्कासँग मिलेर	सामग्री
	सञ्चार साधनहरूको प्रयोगमा	
	अभ्यास गराउने	<ul> <li>फोन, पत्रिका, रेडियो र अन्य सञ्चार सामग्रीको स्पर्शयोग्य नमुनाहरू</li> </ul>
	जारवारा गराउन	
		<ul> <li>बोल्नका लागि उपयोग हुने विशेष सङ्केत बोर्डहरू</li> </ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		विधि
		o सञ्चारका साधनहरूको प्रयोगका लागि इशारा र लिखित सामग्रीको
		प्रयोग गर्ने
		o बालबालिकालाई सञ्चारका साधनहरूको बारेमा अभ्यास गराउन चित्र,
		फ्ल्यास कार्ड र स्पर्श सामग्री प्रयोग गर्ने
		सामग्री
		<ul> <li>सञ्चारका साधनहरूको दृश्य चित्रहरू</li> </ul>
		्र इशारा र सङ्केतका लागि सामग्री र बोर्डहरू
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>सञ्चार साधनहरूको बारेमा हावाको कम्पन र स्पर्शका माध्यमबाट</li> </ul>
		जानकारी दिने
		<ul> <li>छुन सिकने रचना, माइक र टेलिफोनको प्रयोग गराउने</li> </ul>
L	1	

		सामग्री
		<ul> <li>राग र कम्पन उत्पन्न गर्ने उपकरणहरू</li> <li>हाते रूपमा लेखिएको जानकारी र स्पर्शयोग्य सङ्केतहरूको प्रयोग</li> <li>अ. बहिरा र दृष्टिविहीन (Deaf and Blind)</li> </ul>
		<ul> <li>सञ्चार साधनहरूको परिचय हावाको कम्पन र स्पर्शको माध्यमबाट गराउने</li> <li>बालबालिकालाई विशेष स्पर्श र हावाको प्रयोग गरेर उपकरणहरूको कार्यप्रणाली सिकाउने</li> </ul>
		सामग्री
२५. यातायातका साधन र बजारसँग परिचित हुन	☐ संवेदी दृष्टिकोण: बालबालिकालाई यातायातका साधन र बजारको अनुभव विभिन्न संवेदी तरिकामा गराउने ☐ प्रायोगिक अनुभव: बालबालिकालाई प्रत्यक्ष या काल्पनिक भ्रमण र खेलमार्फत यातायात र बजारको अनुभव गराउने ☐ सहयोगात्मक सिकाइ: समूहगत गतिविधिहरूमा सहभागिता गराउँदै नयाँ सिकाइको प्रक्रियालाई रमाइलो गराउने	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)         विधि         ० यातायातका साधन र बजारको बारेमा अनुभव गर्न स्पर्शयोग्य सामग्री र हावाको कम्पन प्रयोग गर्ने         ० वस्तुहरूको स्थान र प्रयोगको बारेमा सङ्केत र इशाराको माध्यमबाट जानकारी दिने         सामग्री         ० यातायातका साधनको स्पर्शयोग्य मोडेल (जस्तै, बस, कार, साइकल)         ० बजारको दृश्य र स्पर्श सामग्री (जस्तै, तरकारी, फलफूल)         २. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)         विधि         ० यातायातका साधन र बजारको बारेमा चित्र र स्पर्श आधारित सामग्री प्रयोग गर्ने         ० समूहमा इशारा र दृश्य सङ्केतको माध्यमबाट जानकारी प्रस्तुत गर्ने         सामग्री         ० यातायातका साधनहरूको चित्र र स्पर्शयोग्य मोडेलहरू

		<ul> <li>बजारको दुश्य चित्रहरू र अन्य स्पर्शीय वस्तुहरू (उदाहरण: बजारको</li> </ul>
		<ul> <li>बजारका दृश्य चित्रहरू र अन्य स्पशाय वस्तुहरू (उदाहरण: बजारका वातावरणसँग सम्बन्धित वस्तुहरू)</li> </ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>यातायातका साधन र बजारको परिचय स्पर्श र हावाको कम्पनमार्फत गराउने</li> <li>वस्तुहरूको स्थान र ध्विन प्रदूषणको अनुभव गराउने</li> </ul>
		सामग्री
		<ul> <li>यातायातका साधनहरूको वर्णन गर्ने सामग्री र उपकरणहरू</li> <li>बजारको वातावरणको ध्विन र हावाको सञ्चार (उदाहरण: मानिसहरूको आवाज, गाडीको ध्विन)</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		विधि
		<ul> <li>यातायातका साधन र बजारको बारेमा परिचय हावाको कम्पन र स्पर्शको माध्यमबाट गराउने</li> <li>बालबालिकालाई विशेष स्पर्श अनुभवको माध्यमबाट यातायात र बजारको कार्यप्रणाली सिकाउने</li> </ul>
		सामग्री
		<ul> <li>ब्रेल र स्पर्शीय शैक्षिक सामग्री, यातायातका साधनको स्पर्शयोग्य मोडेलहरू</li> <li>बजारको वातावरणको अनुभूति गराउने विशेष उपकरणहरू</li> </ul>
२६. मौसमको अवस्था	☐ <b>संवेदी दृष्टिकोण</b> : मौसम र	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
तथा वरपरको भौगोलिक	भौगोलिक स्वरूपको अनुभव	Vision)
स्वरूपसँग	बालबालिकालाई विभिन्न संवेदी	
परिचित हुन र पानीको	विधिहरू प्रयोग गरी गराउने, जस्तै	विधि
उपयोगिता बनाउन	स्पर्श, सुन्ने र गन्धको माध्यमबाट।	2
	□ प्रायोगिक अनुभव: बालबालिकालाई प्रत्यक्ष रूपमा	<ul> <li>मौसमका अवस्थाको अनुभव गर्न हावाको गित, तापमान र वर्षा जस्ता संवेदी तत्त्वहरूलाई प्रयोग गर्ने</li> </ul>
	मौसम र वातावरणको अनुभव गराउन	<ul> <li>भौगोलिक स्वरूपको बारेमा स्पर्श र ध्विन सङ्केतको माध्यमबाट</li> </ul>
	अभ्यास र गतिविधिहरू सिर्जना गर्ने	जानकारी दिने
	□ सहयोगात्मक सिकाइ: समूहमा	
	कार्य गर्ने र परस्पर सहयोग गरेर नयाँ	सामग्री
	सिकाइको प्रक्रियालाई रमाइलो गराउने	्राग्रेमात्म विभिन्न अवगुणानुहत्त्वे निव माणींग नाजनः (प्रजनाणः नर्णः)
	יינוטדי ווי פווארי	<ul> <li>मौसमका विभिन्न अवस्थाहरूको चित्र, स्पर्शीय वस्तुहरू (उदाहरण: वर्षा,</li> </ul>

हावा)

भौगोलिक स्वरूपहरूको मोडेल (जस्तै, पहाड, नदी, समुद्र)

# २. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)

### विधि

- मौसम र भौगोलिक स्वरूपको बारेमा वर्णनात्मक चित्र र स्पर्श सामग्री प्रयोग गर्ने
- हावाको चलन र वर्षाको आवाजहरूको माध्यमबाट मौसमको अनुभव गराउने

## सामग्री

- मौसमको विभिन्न अवस्था र भौगोलिक स्थानहरूको चित्रहरू र स्पर्शीय मोडेलहरू
- ० गन्धको अनुभव गराउने सामग्री (उदाहरण: वर्षाको गन्ध, फूलको गन्ध)

# ३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)

## विधि

- मौसम र भौगोलिक स्वरूपको अनुभव हावाको कम्पन, पानीको ध्विन र तापमानको अनुभूतिमार्फत गराउने
- पानीको उपयोगिता र यसको महत्त्वलाई स्पर्श र गन्धको माध्यमबाट प्रस्तुत गर्ने

### सामग्री

- मौसमको अनुभव गराउने विशेष उपकरणहरू, जस्तै पानीको ध्वनि उत्पादन गर्ने यन्त्र
- भौगोलिक स्वरूपको स्पर्शीय मोडेलहरू र गन्धको अनुभव गराउने सामग्री (उदाहरण: माटो, फूल)

## ४. बहिरा र दृष्टिविहीन (Deaf and Blind)

## विधि

- मौसम र भौगोलिक स्वरूपको अनुभव हावाको कम्पन, पानीको स्पर्श र वातावरणका विभिन्न तत्त्वहरूको माध्यमबाट गराउने
- पानीको उपयोगिता र यसको महत्त्वलाई विशेष स्पर्शीय सामग्री र गन्धको माध्यमबाट प्रस्तुत गर्ने

### सामग्री

मौसमको अनुभूति गराउने विशेष यन्त्र र उपकरणहरू (उदाहरण: हावा

	1	चलाउने यन्त्र)
		, ·
		<ul> <li>भौगोलिक स्थलका स्पर्शीय मोडेलहरू, पानीको प्रवाहको अनुभव गराउने</li> </ul>
		सामग्री
२७. कागजबाट नमुना	☐ संवेदी दृष्टिकोण: कागजको	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
बनाउन र रङसम्बन्धी	विभिन्न प्रकार र गुणस्तरलाई स्पर्श र	Vision)
साधारण प्रयोग	गन्धको माध्यमबाट अनुभव गराउने	
गर्न	🗌 प्रायोगिक गतिविधि	विधि
	बालबालिकालाई विभिन्न संवेदी	
	उपकरणहरूको मद्दतले कागजबाट	<ul> <li>कागजको बनावट र रङको अनुभवलाई स्पर्श र गन्धको माध्यमबाट</li> </ul>
	नमुना बनाउन र रङ प्रयोग गर्न	गराउने
	सिकाउने	<ul> <li>बालबालिकालाई कागजबाट नमुना बनाउनका लागि सरल उपकरणहरू</li> </ul>
	सहयोगात्मक सिकाइ: समूहमा	प्रयोग गराउने (जस्तै, कागज काट्नको लागि स्काइजर, रङ भरिने ब्रस्)
	कार्य गरेर रङको विभिन्न प्रयोग र	प्रयाग गराउम (जस्स, यमगज यम्हायम सामि स्यम्बर्गर, रङ मारम प्रस्त)
		<del></del>
	कागजका नमुनाको बनावट सिकाउने	सामग्री
		<ul> <li>विभिन्न प्रकारका कागजहरू (सादा, रङ्गीन, टेक्स्चर भएको)</li> </ul>
		० रङ (पानी रङ, रङ्गीन पेन्सिल, क्रेयोन)
		<ul> <li>कागज काट्नका लागि सुरक्षा कटर र साँचो</li> </ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		विधि
		<ul> <li>कागजको नमुना बनाउँदा रङ प्रयोगको बारेमा स्पर्शीय निर्देशनहरू र</li> </ul>
		इशाराको माध्यमबाट जानकारी दिने
		<ul> <li>रङको अनुभूति गराउने प्रयोग (उदाहरण: रङ लगाउँदा यसको गन्ध र</li> </ul>
		स्पर्शको अनुभव)
		सामग्री
		<ul> <li>कागजका विभिन्न टेक्स्चरहरू (सादा, रङ्गीन, कागजको टुक्रा)</li> </ul>
		<ul><li>गन्धसहितको रङ (उदाहरण: गन्धयुक्त क्रेयोन)</li></ul>
		जनवरावितानम् र <b>७ (उपावरनाः न पनुसम् अन्तरा</b> न)
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		विधि
		<ul> <li>कागजको बनावट र रङको बारेमा स्पर्श र गन्धको माध्यमबाट अनुभव</li> </ul>
		गराउने
		<ul> <li>कागजको नमुना बनाउनका लागि हातको सहयोग गर्ने विधिहरू प्रयोग गर्ने</li> </ul>
		सामग्री
		<ul> <li>रङहरूको गन्ध गराउने सामग्री (जस्तै, खुसबु भएको रङ)</li> </ul>
	1	` ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '

कागजका मोडेल र नमुना बनाउने सामग्री     रङ र अन्य सिर्जनात्मक सामग्रीका लागि टेक्टाइल ब्रस र स्पन्ज     अ. बहिरा र दृष्टिविहीन (Deaf and Blind)
विधि         ० कागजको बनावट र रङको बारेमा हातको अनुभव र गन्धको माध्यमबाट सिकाउने         ० कागजबाट नमुना बनाउँदा रङ प्रयोग गर्न विशेष संवेदी सामग्रीको प्रयोग गराउने
सामग्री
<ul> <li>रङको अनुभव गराउने विशेष सामग्री (जस्तै, खुसबुयुक्त रङ)</li> <li>कागजका स्पर्शीय नमुना (उदाहरण: दाग लगाइएको कागज)</li> <li>शारीरिक अनुभवका लागि हातको सहारा दिने उपकरण</li> </ul>

कक्षा २ मेरो सेराफेरो सिकाइ उपलब्धि		
१. आफ्नो परिवारका सदस्य र साथीको परिचय दिन	<ul> <li>□ संवेदी शिक्षण (Sensory Learning) बालबालिकाले बाँकी कार्यात्मक इन्द्रियको उपयोग गरेर परिवार र साथीको परिचय दिन सक्ने।</li> <li>□ समूह र सहभागिता (Collaborative and Participatory Learning)</li> </ul>	<ul> <li>१. सुस्त श्रवण तथा न्यूनदृष्टि (Hard of Hearing and Low Vision)</li> <li>विधि</li> <li>परिवारका सदस्य र साथीको परिचयका लागि ठुला अक्षरयुक्त रङ्गीन चित्र वा कार्ड प्रयोग गर्ने</li> </ul>
	परिवार वा साथीहरूको परिचयलाई व्यक्तिगत र समूहगत गतिविधिहरूमा समावेश गर्ने अनुकूलित सञ्चार विधि	<ul> <li>उच्चारण स्पष्ट बनाउन शिक्षकले बिलयो आवाजमा बोल्ने</li> <li>ट्याक्टाइल चित्र (रङ्गीन र उभिएको आकार भएको) उपलब्ध गराउने</li> <li>सहपाठीलाई बोल्न र आफ्नो परिचय दिन प्रोत्साहन गर्ने</li> </ul>
	स्पर्श, इशारा, ट्याक्टाइल सामग्री वा संवेदी उपकरणमार्फत परिचय दिने व्यक्तिगत अभिरुचि र क्षमता (Individual Preferences and Abilities) प्रत्येक बालबालिकाको क्षमता र आवश्यकताअनुसार विधि अनुकूलन गर्ने	<ul> <li>सामग्री</li> <li>ठुला अक्षरले नाम लेखिएका कार्ड</li> <li>परिवार सदस्यको ठुला चित्र सहितको पुस्तक</li> <li>स्पर्शयोग्य (ट्याक्टाइल) सामग्री (जस्तै, परिवार सदस्यको अनुहारको नक्कल)</li> <li>आवाज बढाउने उपकरण (जस्तै, FM सिस्टम)</li> </ul>

# २. बहिरा र न्यूनदृष्टि (Deaf and Low Vision)

## विधि

- सङ्केत भाषा (Sign Language) प्रयोग गरेर परिचय दिन सहयोग गर्ने
- ट्याक्टाइल (स्पर्शयुक्त) अक्षर वा ब्रेल लिपिमार्फत नाम लेख्ने र चिन्न महत गर्ने
- सहपाठीलाई सङ्केत भाषा सिकाएर परिचय आदानप्रदान गर्ने प्रोत्साहन गर्ने
- परिवार र साथीहरूको परिचय ठुला र उभिएको चित्र/वस्तु मोडेलद्वारा प्रस्तुत गर्ने

### सामग्री

- सङ्केत भाषाको चित्र पुस्तिका
- स्पर्श गर्न सिकने ब्रेल कार्ड
- परिवार सदस्य र साथीहरूको ट्याक्टाइल र ठुला चित्र
- सङ्केत दिने सामग्री (जस्तै, फ्ल्यास कार्डहरू)

# ३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)

### विधि

- परिचयका लागि कम्पन सङ्केत वा स्पर्श सङ्केतको उपयोग गर्ने
- परिवारका सदस्य वा साथीहरूको वस्तु प्रयोग गरेर व्यक्तिगत चिनारी दिने (जस्तै, टोपी, चस्मा)
- शब्दहरूको उच्चारण गर्दै नाम बोल्न सिकाउने
- सामूहिक रूपमा परिचय दिने गतिविधि समावेश गर्ने

### सामग्री

- कम्पनयुक्त सङ्केत उपकरण
- स्पर्शद्वारा परिचयका लागि वस्तुहरूको नक्कल
- अडियो-बृद्ध उपकरण (ध्विन उच्चारण गर्नका लागि)
- ट्याक्टाइल नम्ना वा सामग्री

# ४. बहिरा र दृष्टिविहीन (Deaf and Blind)

## विधि

• परिवारको परिचयका लागि स्पर्श भाषा (Tactile Sign

		Language) र ट्याक्टाइल बुक्स प्रयोग गर्ने  • सपाट वस्तुहरू (जस्तै, परिवारको नक्कल अनुहार) परिचयका लागि स्पर्श गर्न दिने  • परिचय दिने गतिविधिमा अन्य सहपाठी वा शिक्षकलाई सक्रिय साझेदारी गराउने  • ब्रेल लिपि प्रयोग गरेर नाम चिन्न सिकाउने  सामग्री  • ट्याक्टाइल सङ्केत भाषा कार्ड  • परिवारको विवरण लेखिएको ब्रेल कागज  • परिचयका लागि व्यक्तिहरूको स्पर्शयोग्य मोडेल  • सहायक शिक्षण सामग्री जस्तै, स्पर्श सङ्केत प्रणाली
२. आफ्नो परिवार र छिमेकप्रति सकारात्मक व्यवहार प्रदर्शन गर्न	☐ संवेदनशीलता: बालबालिकाको श्रवण र दृष्टि क्षमताको विश्लेषण गरेर शिक्षण प्रक्रिया ☐ सहजीकरण: सिप अभिवृद्धिका लागि स्पर्श, ध्विन र सङ्केतको प्रयोग ☐ अनुभवजन्य शिक्षण: दैनिक जीवनका गितविधिमा भाग लिँदै व्यवहार सिकाउने	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)         • अनुकूलन विधि         ० छिमेक र परिवारमा सकारात्मक व्यवहारका गतिविधि तस्वीर र भिडियो सामग्रीमार्फत सिकाउने         ० रङ्गीन र ठुलो अक्षरयुक्त कागज वा पोस्टरमार्फत व्यवहारको महत्त्व बुझाउने         ० दैनिक जीवनका सकारात्मक क्रियाकलापमा सहभागी गराउने, जस्तै परिवारका लागि सानोतिनो काम गर्ने         • सामग्री         ० एउगीन फ्ल्यासकार्ड         ० पारदर्शी खेल सामग्री         ० श्रवण उपकरणहरू         २. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)         • अनुकूलन विधि         ० छिमेकमा सकारात्मक व्यवहार प्रदर्शन गर्न सङ्केत भाषाको प्रयोग गर्ने         ० ट्याक्टाइल खेल सामग्री (परिवारको प्रतीकात्मक वस्तुहरू) उपलब्ध गराएर व्यवहार सिकाउने         ० परिवारको अनुहार वा वस्रको स्पर्शमार्फत सहयोगी व्यवहारको महत्त्व सिकाउने         • सामग्री         ० एर्श्वेत भाषा फ्ल्यासकार्ड         ० एर्श्वोत भाषा फ्ल्यासकार्ड

			<ul><li>थ्रिडी वस्तुहरू</li></ul>
अनुकूलन विधि			· ·
<ul> <li>ध्विन सङ्केत सामग्री         <ul> <li>स्वहरा र दृष्टिविहीन (Deaf and Blind)</li> </ul> </li> <li>अनुकूलन विधि         <ul> <li>हात समातेर सहयोजना र सहयोगी व्यवहार प्रवर्शन गर्न सिकाउने</li> <li>छिमेकी र परिवारको महत्त्व स्पर्शका माध्यमबाट बुझाउने, जस्ते वस्तु वा सङ्केतहरू स्पर्श गराउने</li> <li>अन्य व्यक्तिहरूसँग सकारात्मक संवाद गर्न स्पर्श सङ्केतको प्रयोग गर्ने</li> </ul> </li> <li>सामग्री         <ul> <li>ग्रेडडी परिवार र छिमेक सामग्री</li> <li>ट्याक्टाइल स्तेट</li> <li>हातअन्तर्गत हात (Hand-under-Hand) शिक्षण उपकरण</li> </ul> </li> <li>३. सफा र ताजा         <ul> <li>बालबालिकालाई ताजा र सफा</li> <li>बालबालिकालाई ताजा र सफा</li> <li>अनुभृति आधारित शिक्षाः</li> <li>अनुभृति आधारित शिक्षाः</li> <li>जाजा र सफा खाना छनोट गर्न विभिन्न रङ्गीन पोस्टर र आकारयुक्त चित्र देखाउँवै सिकाउने</li> </ul> </li> </ul>			अनुकूलन विधि     ि छिमेकी र परिवारलाई चिनाउन ट्याक्टाइल विधिको     प्रयोग गर्ने (जस्तै: परिवारका सदस्यहरूको वस्तु वा     बनावट)     सकारात्मक व्यवहार प्रदर्शनका अभ्यास गराउन अडियो     क्लिप र ध्विन सङ्केत गर्ने     बालबालिकालाई सहउपस्थितिमा काम गराउँदै व्यवहार     प्रदर्शन गर्ने प्रेरित गर्ने     सामग्री
अनुकूलन विधि			० ध्वनि सङ्केत सामग्री
<ul> <li>हात समातेर सहयोजना र सहयोगी व्यवहार प्रदर्शन गर्न सिकाउने</li> <li>ि छिमेकी र परिवारको महत्त्व स्पर्शका माध्यमबाट बुझाउने, जस्तै वस्तु वा सङ्केतहरू स्पर्श गराउने</li> <li>अन्य व्यक्तिहरूसँग सकारात्मक संवाद गर्न स्पर्श सङ्केतको प्रयोग गर्ने</li> <li>सामग्री</li> <li>श्रिडी परिवार र छिमेक सामग्री</li> <li>ट्याक्टाइल स्लेट</li> <li>हातअन्तर्गत हात (Hand-under-Hand) शिक्षण उपकरण</li> <li>इ. सफा र ताजा खानेकुरा खाने बानी बालबालिकालाई ताजा र सफा खानेकुरा को महत्त्व बुझाउने</li> <li>जनुभृति आधारित शिक्षा: खाद्य वस्तुको रङ, गन्ध, स्पर्श, र स्वादद्वारा सिकाइ</li> <li>श्रिक्त अवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)</li> <li>अनुकूलन विधि</li> <li>जाजा र सफा खाना छनोट गर्न विभिन्न रङ्गीन पोस्टर र आकारयुक्त चित्र देखाउँदै सिकाउने</li> </ul>			४. बहिरा र दृष्टिविहीन (Deaf and Blind)
श्रिडी परिवार र छिमेक सामग्री     ट्याक्टाइल स्लेट     हातअन्तर्गत हात (Hand-under-Hand) शिक्षण उपकरण      ३. सफा र ताजा खानेकुरा खाने बानी बालबालिकालाई ताजा र सफा खानेकुराको महत्त्व बुझाउने     जनुभूति आधारित शिक्षाः     खाद्य वस्तुको रङ, गन्ध, स्पर्श, र स्वादद्वारा सिकाइ			<ul> <li>हात समातेर सहयोजना र सहयोगी व्यवहार प्रदर्शन गर्न सिकाउने</li> <li>छिमेकी र परिवारको महत्त्व स्पर्शका माध्यमबाट बुझाउने, जस्तै वस्तु वा सङ्केतहरू स्पर्श गराउने</li> <li>अन्य व्यक्तिहरूसँग सकारात्मक संवाद गर्न स्पर्श</li> </ul>
खानेकुरा खाने बानी बालबालिकालाई ताजा र सफा खानेकुराको महत्त्व बुझाउने  जिस्तु अधारित शिक्षाः  खाद्य वस्तुको रङ, गन्ध, स्पर्श, र स्वादद्वारा सिकाइ  • अनुकूलन विधि  ा अनुभूति आधारित शिक्षाः  जिस्तुको रङ, गन्ध, स्पर्श, र स्वादद्वारा सिकाइ			<ul><li>श्रिडी परिवार र छिमेक सामग्री</li><li>ट्याक्टाइल स्लेट</li></ul>
<ul> <li>□ सहज पहुँचको सुनिश्चितता:</li> <li>□ विभिन्न माध्यमबाट विषयलाई</li> <li>□ खाना खाने सही प्रक्रिया (हात धोइराख्ने, प्लेट सफा</li> </ul>	खानेकुरा खाने बानी	बालबालिकालाई ताजा र सफा खानेकुराको महत्त्व बुझाउने अनुभूति आधारित शिक्षा: खाद्य वस्तुको रङ, गन्ध, स्पर्श, र स्वादद्वारा सिकाइ सहज पहुँचको सुनिश्चितता:	Vision)  • अनुकूलन विधि  ○ ताजा र सफा खाना छनोट गर्न विभिन्न रङ्गीन पोस्टर र आकारयुक्त चित्र देखाउँदै सिकाउने  ○ खाना खाने सही प्रक्रिया (हात धोइराखने, प्लेट सफा

व्यावहारिक बनाउने	0	व्यावसायिक अभ्यासहरूमा सहभागी गराउने, जस्तै
!		ताजा फलफूल छानेर राख्न लगाउने
	• सामग्री	
	0	रङ्गीन फ्ल्यासकार्ड
!	0	साधारण सफा थाल र गिलास
	0	डिजिटल भिजुअल सामग्री (भिडियो र तस्बिरहरू)
	२. बहिरा र न्यून दृ	ष्टियुक्त (Deaf and Low Vision)
	• अनुकूल	न विधि
	0	सङ्केत भाषाद्वारा सफा र ताजा खानेकुराको महत्त्व सिकाउने
	0	खाद्य सामग्रीलाई स्पर्श गर्न दिने (फलफूलको बनावट,
		ताजा र नकम्मा छुट्याउने)
	0	स्पर्शयोग्य सफा खाने सामग्रीको नमुना प्रयोग गर्ने
	• सामग्री	
	0	स्पर्शयोग्य फलफूल र सब्जीको प्रतिरूप
	0	सङ्केत भाषा फ्ल्यासकार्ड
	0	हल्का बनावट भएका वस्तुहरू (सफाइ र खराबी
		छुट्याउन)
		स्त श्रवण (Blind and Hard of Hearing)
	• अनुकूल	
	0	ताजा र सफा खानेकुराको महत्त्व सुनाउन अडियो क्लिप प्रयोग गर्ने
	0	सफा र फोहोर खानेकुराको बनावट छुट्याउने अभ्यास गराउने
	0	नियमित सफा खाने प्रक्रिया प्रदर्शन गराउने, जस्तै हात
		धुने, खानेकुरा प्लेटमा राख्ने
	• सामग्री	
	0	श्रवण सहायक उपकरण
	0	अडियो क्लिप (सफा खाने बानीसम्बन्धी)
	0	फलफूल र खाद्य वस्तुका वास्तविक नमुना
	४. बहिरा र दृष्टिवि	हीन (Deaf and Blind)
	• अनुकूल	न विधि
	0	हातअन्तर्गत हात विधि प्रयोग गरेर सफा खाना छनोट गर्न सिकाउने
	0	ताजा र सफा खानेकुरा छुट्याउन स्पर्श र गन्धको महत्त्व
		प्रयोग गर्ने

<ul> <li>सफा खाने प्रक्रिया (हात धुने, सरसफाइ गर्न) को सिधा अभ्यास गराउने</li> <li>सामग्री</li> <li>खाद्य सामग्रीको प्रत्यक्ष वस्तु</li> <li>स्पर्श योग्य फलफूल र सब्जीको खेल सामग्री</li> <li>खाना सफा राख्न प्रयोग हुने सामग्री (सफाइका टिश्यु, प्लेट)</li> <li>अ. खेलौनाको</li> </ul> ४. खेलौनाको <ul> <li>मौलिकता र सरलता:</li> <li>१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low</li> </ul>
सामग्री     खाद्य सामग्रीको प्रत्यक्ष वस्तु     स्पर्श योग्य फलफूल र सब्जीको खेल सामग्री     खाना सफा राख्न प्रयोग हुने सामग्री (सफाइका टिश्यु, प्लेट)
<ul> <li>खाद्य सामग्रीको प्रत्यक्ष वस्तु</li> <li>स्पर्श योग्य फलफूल र सब्जीको खेल सामग्री</li> <li>खाना सफा राख्न प्रयोग हुने सामग्री (सफाइका टिश्यु, प्लेट)</li> </ul>
<ul> <li>स्पर्श योग्य फलफूल र सब्जीको खेल सामग्री</li> <li>खाना सफा राख्न प्रयोग हुने सामग्री (सफाइका टिश्यु,</li> <li>प्लेट)</li> </ul>
<ul> <li>खाना सफा राख्न प्रयोग हुने सामग्री (सफाइका टिश्यु, प्लेट)</li> </ul>
प्लेट)
y क्रेलीमको 🔲 मोलिकता र मालताः १ मान श्रवणा तथा ज्ञान क्षिमक (Hard of Haaring and Law
∨ लेलीयाको विकित्स्त र सम्बन्धः १ सस्य श्रवणा तथा ज्ञान त्रिकार्स (Hord of Hooring and Low
🗸 प्रतिनीमको 👚 📗 मोलिकता र मालता. 💎 🤚 मस्त श्रताा तथा ज्ञान त्रियोक्ट (Hord of Hooring and Low
प्रयोग गरी वा नगरी बालबालिकाका लागि खेल सरल र <b>Vision</b> )
खेल खेल्ने अभ्यास । रोचक हुनु जरूरी हुने
र्गन 📗 संवेदी प्रयोग: • अनुकूलन विधि
बालबालिकाको दृष्टि र श्रवण ० रङ्गीन खेल सामग्री वा ब्लक खेल प्रयोग गराउँदै
अवस्थाअनुसार स्पर्श, ध्विन, र दृश्य 🕒 🌼 गुनगुनाउने/साङ्केतिक निर्देशनद्वारा खेलका चरणहरू
सामग्री प्रयोग गर्ने सिकाउने
<ul> <li>सहभागितात्मक शिक्षण:</li> <li>स्थानीय सामग्री (जस्तै ढुङ्गा, काठ, आदि) प्रयोग गरेर</li> </ul>
बालबालिकालाई सामूहिक र खेल खेलाउने
व्यक्तिगत दुवै रूपमा संलग्न गराउने • सामग्री
० रङ्गीन खेलौनाहरू (ब्लक, बल, हुप्स)
<ul> <li>सङ्केत भाषामा निर्देशन लेखिएका कागज वा पानाहरू</li> </ul>
० स्थानीय खेलका वस्तुहरू
२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
• अनुकूलन विधि
० हातका इशारामा आधारित खेल (जस्तै सङ्केत भाषामा
सङ्ख्या बताउँदै खेल्ने)
० दृश्य वा स्पर्श सामग्री (जस्तै नरम बल वा ठुलो ब्लक)
को प्रयोग गरी खेल खेलाउने
० व्यक्तिगत वा सानो समूहमा अभ्यासहरू गराउने
• सामग्री
० ठुलो र हल्का बनावटका वस्तुहरू
० खेलमा प्रयोग हुने चित्रात्मक दिशा निर्देश
० स्पर्श खेल सामग्री (बाल, साना डिब्बा)
३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)

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		• अनुकूलन विधि
		<ul> <li>ध्विन उत्पन्न गर्ने खेल सामग्री (जस्तै घन्टी, ध्विन</li> </ul>
		निकाल्ने बल) प्रयोग गराएर खेल खेलाउने
		<ul> <li>सामान्य सामूहिक खेल (जस्तै दौड, ढुङ्गा, काठको</li> </ul>
		खेल) भौतिक स्पर्श निर्देशनद्वारा सिकाउने
		• सामग्री
		० ध्वनि उत्पादन गर्ने खेल सामग्री
		<ul> <li>हस्तिनिर्मित स्पर्श सामग्री (जस्तै कपडाका पङ्क्ति जोड्ने)</li> </ul>
		<ul> <li>ठाउँ निर्धारण गर्न शारीरिक दिशाको मार्गदर्शन</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		• अनुकूलन विधि
		<ul> <li>हातअन्तर्गत हात निर्देशनद्वारा स्पर्श खेल खेलाउने</li> </ul>
		<ul> <li>तातोचिसो, नरमकडा बनावट छुट्याउने गतिविधिहरू</li> </ul>
		खेलमार्फत सिकाउने
		<ul> <li>ठेल्न/तान्नका खेल (जस्तै रस्साकस्सी) समावेश गराउने</li> </ul>
		• सामग्री
		० रस्साकस्सी वा तान्ने सामग्री
		<ul><li>नरम/कडा स्पर्श सामग्री</li></ul>
		० घेरा बनाउन प्रयोग हुने वस्तुहरू (हुप्स)
५. सिकाइ र	🔲 सार्वजनिक र व्यक्तिगत	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
सरसफाइका लागि	प्रयोगमा सजिलो: सरसफाइ	Vision)
सरसामानहरू प्रयोग	सामग्री प्रयोग गर्न बालबालिकालाई	
गर्न	सहज बनाउने	• अनुकूलन विधि
	🗌 संवेदी अनुभवहरू:	० रङ्गीन वा ठुलो वस्तु (ब्रस, बाल्टी) प्रयोग गरी सफा गर्न
	सरसफाइका गतिविधिहरूमा दृष्टि र	सिकाउने
	श्रवण समस्याका आधारमा स्पर्श,	<ul> <li>गन्धबाट छुट्याउन सफा र फोहोर सामग्री प्रयोग</li> </ul>
	गन्ध र ध्वनि आधारित सङ्केतको	<ul> <li>सरल सङ्केतको प्रयोग (जस्तै कोठाको कुनाको</li> </ul>
	प्रयोग गर्ने	सरसफाइका लागि हातले इशारा गर्ने)
	<ul> <li>निर्देशनको बहुविधि माध्यम:</li> </ul>	• सामग्री
	सङ्केत, चित्र, र स्पर्शको आधारमा	<ul> <li>ठुला र आकर्षक सरसफाइ सामग्री (जस्तै रङ्गीन झाडु,</li> </ul>
	निर्देशन प्रदान गर्ने	सानो बाल्टी)
	113/11/2411 11	<ul><li>गन्धयुक्त र सुरक्षित सरसफाइका तरलहरू</li></ul>
		<ul><li>सरसफाइ प्रक्रिया बुझाउन सङ्केत चित्र</li></ul>
		् यात्रा सर्व शहर । विशाव । सर्व नेता । नेत
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२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
• अनुकूलन विधि
<ul> <li>हातको सङ्केतमार्फत सरसफाइको क्षेत्र र क्रम निर्धारण</li> <li>सफा सामग्री (जस्तै कपडा, झाडु) छुट्याउन स्पर्शको</li> <li>माध्यमबाट पिरचय दिनु</li> <li>कामको समीक्षा गर्न दृश्य वा स्पर्शका माध्यमबाट</li> </ul>
सङ्केत दिने
• सामग्री
<ul> <li>ठुला र हातले सहजै चलाउन मिल्ने सरसफाइ</li> <li>उपकरणहरू</li> </ul>
o धातु वा कपडाका बक्सहरू
<ul> <li>वस्तु छान्न र कामको समीक्षा गर्न चित्रात्मक वा स्पर्शात्मक चिह्न</li> </ul>
<ul> <li>अनुकूलन विधि         <ul> <li>वस्तु चिनाउन ट्याक्टाइल (स्पर्श) र गन्धीय सामग्री             प्रयोग</li> <li>सरसफाइको क्रममा आवाज दिने सामग्री (जस्तै आवाज             निकाल्ने झाडु वा डस्टबिन)</li> <li>स्पर्शीय तख्ता/चिह्न मार्फत निर्देशित सफाइ कार्य</li> </ul> </li> </ul>
• सामग्री
<ul> <li>नरम र कडा फरक महसुस हुने झाडु र पुछ्ने वस्तु।</li> </ul>
<ul><li>विशिष्ट गन्धयुक्त सरसफाइ</li><li>सरसफाइ गरिने क्षेत्रमा स्पर्श निर्देशिका</li></ul>
४. बहिरा र दृष्टिविहीन (Deaf and Blind)
• अनुकूलन विधि
o "हातमुनि हात" सहयोग विधिबाट कार्य सिकाउन
<ul> <li>फोहोर र सफा वस्तु छुट्याउन स्पर्श र बनावटमार्फत</li> <li>परिचय दिने</li> </ul>
<ul> <li>सरसफाइ प्रक्रियाका निर्देशको लागि रिल वा रस्सीको</li> </ul>
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सामग्री

प्रयोग गर्ने

		<ul> <li>गहौँ र हल्का सामग्री (जस्तै प्लास्टिक र कपडा) सफाइ</li> </ul>
		बुझाउन
		<ul><li>विशेष बनावटयुक्त झाडु र स्क्रबर</li></ul>
		o कार्य ठाउँ पहिचान गर्न र सहयोग गर्न रस्सी वा चेन
६. हाउभाउसहित	🗌 शारीरिक क्रियाकलापको	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
नृत्य गर्न र	सहजता: नृत्य र आकृति बनाउने	Vision)
<u>ज्यामितीय</u>	क्रियाकलापलाई सबै प्रकारका श्रवण	,
आकृतिहरू	दृष्टिविहीनताका लागि शारीरिक र	• अनुकूलन विधि
बनाउन	संवेदनशील तरिकाले सहजीकरण	<ul><li>नृत्यको गित र हाउभाउ बुझाउन ठुला मुद्राहरू वा वस्नको</li></ul>
	गर्ने	रङ प्रयोग गर्ने
	☐ संवेदी समर्थन: नृत्य र आकृति	<ul> <li>आकृति बनाउन उभिन वा बस्न प्रयोग हुने रङ्गीन टेप वा</li> </ul>
	बनाउन स्पर्श, गन्ध, र दृश्यात्मक	सामग्री प्रयोग गर्ने
	सामग्रीको उपयोग गर्ने	o समूहमा नृत्य गर्दा साथीहरूको इशारा/अडियो सहायता
	निर्देशनका विविध माध्यम:	दिने
	— सङ्केत, छुवाइ र सहजीकरणमार्फत	• सामग्री
	प्रक्रिया बुझाउने	<ul> <li>रङ्गीन भुइँ टेप (ज्यामितीय आकृतिका लागि)</li> </ul>
	प्राप्नाना पुरुगाण	<ul><li>हल्का सङ्गीतका उच्च तरङ्ग</li></ul>
		० ्ठला दृश्यात्मक इशाराको पोस्टर∕वस्त्र
		• अनुकूलन विधि
		36

		<ul> <li>नृत्य सिकाउन 'हातमुनि हात' विधि प्रयोग गर्ने</li> <li>आकृति बनाउन ट्याक्टाइल निर्देशिका प्रयोग गर्ने</li> <li>हाउभाउको अभिव्यक्ति सिकाउन सरल र आधारभूत गितविधिहरू प्रयोग गर्ने</li> <li>सामग्री</li> <li>आकर्षक बनावटयुक्त सामग्री (जस्तै नृत्यको चरणहरू छुट्याउन म्याट)</li> <li>ट्याक्टाइल आकृति निर्देशिका</li> <li>नृत्य सङ्गीत महसुस गर्न हल्का कम्पनयुक्त फ्लोरिङ</li> <li>४. बहिरा र दृष्टिविहीन (Deaf and Blind)</li> <li>अनुकूलन विधि</li> <li>पूर्ण हात सहयोग विधिबाट नृत्यको मुद्रा सिकाउने</li> <li>आकृतिहरू बनाउँदा थ्रेड, माटो वा लिचलो सामग्री प्रयोग गर्ने</li> <li>साथीहरूका सहयोगमा क्रियाकलाप सम्पन्न गर्ने</li> <li>सामग्री</li> <li>विशेष बनावटको सामग्री (जस्तै लिचलो तार ज्यामितीय आकृतिहरूका लागि)</li> <li>साधारण उपकरण (डोरी, रबर)</li> <li>टच-टोन सङ्केत उपकरण</li> </ul>
७. आधारभूत शारीरिक क्रियाकलाप र योगको अभ्यास गर्न	☐ सुरक्षा सुनिश्चितताः शारीरिक क्रियाकलाप र योग अभ्यासका लागि बालबालिकालाई सुरक्षित वातावरण प्रदान गर्ने ☐ प्रक्रियागत सहायताः स्पर्श, निर्देशन र संवेदनाको माध्यमबाट योगको सही अभ्यास गर्न सघाउने ☐ समान अवसरः प्रत्येक बालबालिकाको क्षमताअनुसार योग र क्रियाकलाप परिमार्जन	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)         • अनुकूलन विधि         ० योग मुद्रा देखाउन ठुला मुद्राको रङ्गीन चित्र वा भिडियो प्रयोग गर्ने         ० पोजिसन सम्हाल्न सहायक सङ्केत/स्पर्श निर्देश प्रयोग गर्ने         ० इशारा भाषा वा हावाद्वारा साङ्केतिक निर्देशन दिने         • सामग्री         ० रङ्गीन म्याटहरू         ० अभ्यास सहज बनाउने स्पर्श सहायता उपकरण         ० सामान्य उच्च ध्वनिका अडियो

# २. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision) अनुकूलन विधि ० स्पर्शीय मार्फत योग मुद्रा सिकाउने (जस्तै, प्रशिक्षकले बालबालिकाको शरीर समायोजन गर्ने) सरल मुद्राहरू अभ्यास गर्न सिधा सहजीकरण गर्ने दृष्टि सहायक सामग्रीहरू प्रयोग गर्ने सामग्री ० रबर ग्रिप युक्त म्याट ट्याक्टाइल ब्लकहरू र योग बेल्ट मुद्राका टच निर्देशिका ३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing) अनुकूलन विधि ० पूर्ण स्पर्शमा आधारित निर्देशन, जस्तै प्रशिक्षकले योग मुद्रा प्रदर्शन गर्दा बालबालिकाको हात समाउने कम क्षेत्राधारित योग, ताकि सुरक्षाका लागि ठाउँ निश्चित योग मुद्राको स्वाभाविकता अनुभूत गराउन धैर्यपूर्वक निर्देशन दिने सामग्री बनावटयुक्त भुइँ सतह शरीर सन्तुलन सुधार गर्न सहायक उपकरण परिचायक टच स्टिक ४. बहिरा र दृष्टिविहीन (Deaf and Blind) अनुकूलन विधि 'टच एन्ड गाइड' अभ्यास विधि गर्ने चरणबद्ध रूपमा साना आकारका गतिविधिहरू गराउने प्रशिक्षकले हातबाट वा उपकरणले शरीर मुद्रा सुमधुर बनाउने सामग्री

फरक टेक्स्चर भएका योग उपकरण पूर्ण सहायता प्रदान गर्ने टच गाइड

	o नर्म कुसनयुक्त अभ्यास म्याट
	० भग युक्तमयुक्त अन्यात न्याट
८. स्वस्थकर र	1. दृष्टि र श्रवण १. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
सुरक्षित बानी	संवेदनशीलता: Vision)
बसाल्न	बालबालिकाको इन्द्रिय
	क्षमताअनुसार सामग्री र • अ <b>नुकूलन विधि</b>
	विधिको चयन ० स्वास्थ्यसम्बन्धी बानीहरूको रङ्गीन रेखाचित्र वा ठुला
	2. व्यक्तिगत अनुगमन:       प्रतीकहरू प्रयोग गर्ने
	स्वस्थ बानीहरू अभ्यास ० दृश्य वा साङ्केतिक निर्देशन दिने
	गर्दा प्रशिक्षक वा ० सामूहिक अभ्यास गतिविधिमा सहभागी गराउने
	अभिभावकको निर्देशन • सामग्री
	3. <b>व्यावहारिक अनुभव:</b> ० तस्बिरयुक्त मार्गदर्शन पोस्टर
	व्यावहारिक
	गतिविधिहरूबाट स्वस्थ र ० हल्का आवाजका अलार्म
	सुरक्षित बानीहरू अभ्यास
	गराउने
	२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
	6.6
	• अनुकूलन विधि
	<ul> <li>सामर्थ्य भएका सामग्रीहरू (जस्तै, ट्याक्टाइल चार्ट र</li> </ul>
	ठुलो फन्टमा अक्षर लेखिएका सूचना) प्रयोग गर्ने
	<ul> <li>दृश्य सहायता, जस्तै रङ्गीन क्यु कार्ड प्रयोग गर्ने</li> </ul>
	o टच र सञ्ज्ञा सङ्केतको माध्यमबाट दैनिक
	गतिविधिहरूको अभ्यास गर्ने
	• सामग्री
	<ul> <li>टेक्स्चर भएको वस्त्र वा सामग्री (जस्तै, ब्रस वा तौलिया)</li> </ul>
	० रङ्गीन कार्डहरू
	<ul><li>पिउने पानी, सफा थालको स्पर्श सामग्री</li></ul>
	३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
	• भारता विधि
	• अनुकूलन विधि
	<ul> <li>स्वस्थ बानीहरू अभ्यास गर्दा प्रशिक्षकले सहायक रूपमा</li> <li>टच निर्देशन गर्ने</li> </ul>
	<ul> <li>प्रत्यक कायका क्रमसग सम्बान्धत साउन्ड र टच</li> <li>सङ्केतहरू दिने</li> </ul>
	् अनिवार्य दैनिक अभ्यास र समय निर्धारण गर्ने
	<ul> <li>आनवाय दानक अम्यास र समय ानवारण गन</li> <li>सामग्री</li> </ul>
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		<ul> <li>ब्रेल अक्षरयुक्त स्वास्थ्य मार्गदर्शन पर्चा</li> </ul>
		० बनावटयुक्त खाने/पिउने भाँडा
		o व्यक्तिगत सरसफाइ सामग्री (जस्तै, चिल्लो बनावट
		भएको ब्रस)
		. ,
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		• अनुकूलन विधि
		<ul> <li>दुई चरणीय स्पर्शीय सहायक प्रविधि प्रयोग गर्ने</li> </ul>
		<ul> <li>दिनचर्याका हरेक गतिविधिका लागि कार्य स्वतन्त्रता</li> </ul>
		विकास गराउने
		<ul> <li>व्यक्तिगत अनुभूतिद्वारा अभ्यास गर्ने र सघाउने</li> </ul>
		• सामग्री
		० रबर र सिलिकन टेक्स्चर सामग्री
		<ul> <li>सुरक्षित र हल्का तौलको प्रयोग गर्न मिल्ने सरसफाइका</li> </ul>
		वस्तु
		o खाना पस्कन मिल्ने संरचनात्मक प्लेट
९. दैनिक जीवनमा	🗌 दृष्टि र श्रवण संवेदनशीलता:	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
विद्युत् र चुम्बक	बालबालिकाको इन्द्रिय	Vision)
शक्तिको परिचय	क्षमताअनुसार विभिन्न सामग्री र	Visiony
दिन	विधिको चयन	• अनुकूलन विधि
	<ul> <li>स्पर्श-संवेदन (ट्याक्टाइल</li> </ul>	c c c c c
	अनुभव) बालबालिकालाई	<ul> <li>ावद्युत् शाक्तः फ्लस गारएका स्विच, बल्ब जस्ता दानक उपकरणहरूको प्रयोग गर्दा तिनीहरूको तापमान र प्रत्येक</li> </ul>
	क्रियाकलापहरूमा प्रत्यक्ष सहभागी	
	_	उपकरणको प्रकारको थाहा प्राप्त गर्न सजिलो होस्। चुम्बक शक्तिः लोको मोडेल प्रयोग गरेर चुम्बकको
	गराउने	•
	□ व्यावहारिक अनुभव:	प्रभाव र कार्यक्षमता देखाउने
	शारीरिक र अनुभूतिरहित वस्तुहरूको	• सामग्री
	प्रयोग गरी सिकाइ प्रक्रिया बढाउने	<ul> <li>उच्च प्रतिबिम्ब र रङ्गीन सङ्केत बोर्ड, जसले विद्युत् र</li> </ul>
		चुम्बकसँग सम्बन्धित आकृतिहरू र सूचना दिने
		<ul> <li>छानेर विभिन्न आकार र रङका सञ्जालको प्रयोग</li> </ul>
		Defending
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		्र अनुस्त्वन विधि
		• अनुकूलन विधि
		<ul> <li>विद्युत् शक्तिः सूर्यबाट वा बल्बको स्रोतको तापक्रम</li> </ul>
		महसुस गराउने विभिन्न प्रयोगात्मक गतिविधिहरू गर्ने

चुम्बक शक्ति: चिन्हित ट्याक्टाइल सामग्री प्रयोग गर्न सिकन्छ जस्तै लुकेको पर्छाल र अरू चुम्बकीय वस्तुहरूले पनि चुम्बकको शक्ति देखाउन सकिन्छ। सामग्री स्पर्शीय क्यु कार्डहरू, यथासम्भव उपयोग गर्न सिकने स्पष्ट र समग्र चित्र/प्रतिबिम्ब भएको चित्र, विद्युत् र चुम्बकसम्बन्धी संज्ञान प्राप्तिका लागि सरसफाइलाई ध्यानमा राख्दै खेलौना वा वस्तुहरू ३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing) अनुकूलन विधि विद्युत् शक्ति: विशेष उपकरणहरू जसले विद्युत् चुम्बकको ऊर्जा कार्यक्षमता स्पर्शमा उपलब्ध गराउने चुम्बक शक्ति: ट्याक्टाइल सामग्री र धातु वस्तुको प्रयोगले चुम्बकको स्थान र प्रभाव स्पष्ट सन्देश दिन्छ। सामग्री चुम्बक र मेटल सामग्री अक्षरजन्य रूपमा चुम्बकको अनुकरण होस् (ब्रेल प्रणाली र ट्याक्टाइल अनुभूति) रबरयुक्त, काठका विभिन्न औजार प्रयोग गर्नुपर्छ ताकि बालबालिकालाई "स्पर्श" मा वातावरणीय प्रभावको अनुभव प्राप्त होस्। ४. बहिरा र दृष्टिविहीन (Deaf and Blind) अनुकूलन विधि विद्युत् शक्ति: दृश्य वा श्रव्य कारक जस्तो प्रभाव थाहा दिन बिना केवल अनुभव गराइने। उदाहरणको लागि क्लिक गरेर सटर खोल्न वा बन्द गर्नका प्रक्रियाबाट बालबालिकालाई सहभागी गराउने चुम्बक शक्ति: प्रयोगात्मक अध्ययनलाई बलियो बनाउने, उदाहरणको रूपमा बलियो चुम्बकसहितको उब्जविलेत प्रणाली प्रयोग गर्ने सामग्री विशेष रूपले डिजाइन गरिएको ट्याक्टाइल संरचनाका साथ चुम्बक प्रणाली, जहाँ बच्चाले चुम्बकको स्थानको बारेमा जानकारी प्राप्त गर्न सक्छ। चुम्बक बटन र धातुका पहिचानहरू प्रयोग गरी निर्देशबाट

		प्रतिक्रिया लिन काम गर्ने प्रक्रिया प्रदान गरिने
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१०. दैनिक	□ स्पर्शीय अभ्यास (Tactile	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
जीवनमा ध्वनि,	Engagement)	Vision)
ताप र प्रकाश शक्तिका	बालबालिकालाई अनुभवहरू र	्राच्या विधि
स्रोतहरूको परिचय	प्रभावहरूको थाहा भई दृश्य, स्पर्श र	अनुकूलन विधि
दिन	तापसम्बन्धी गतिविधिहरूमार्फत	आवाजको माप र गतिको अनुभव गराउने (जस्तै-
	अनुभूति दिलाउने      सुरक्षामा प्राथमिकताः	छानोको जोरों छिङचिङ आवाज, पङ्खा चलाउँदा हुने
	बालबालिका अङ्गीय अभाव वा	आवाज)
	घाइते हुन नदिन सुरक्षित वातावरण	<ul><li>प्रकाश स्रोत (Light Source) हेर्न असहज भए पनि</li></ul>
	बनाउने	लामो समयसम्म बस्दा प्रकाशको प्रभाव पर्ने
	<ul> <li>समयअनुसार गतिविधि</li> </ul>	o ताप स्रोत (Heat Source) तापमापन गर्ने
	अायोजन: थिकत नभएको, तयारी	उपकरणका साथ तापको महसुस गराउने, हल्का पङ्खा
	गर्ने र बारम्बार अभ्यास गर्ने	वा पानी ताप्ने गतिविधि गर्ने
	मापदण्डअनुसार पाठ्यक्रमको	• सामग्री
	डिजाइन गर्ने	<ul> <li>हल्का आवाज गर्ने उपकरण (जस्तै पङ्खा, घन्टा)</li> </ul>
		० स्पर्श ट्योपका साथ सूर्यको तापको अनुभव गराउने
		सामग्री
		<ul> <li>सौम्य सुगन्धयुक्त प्रयोगका उपकरणहरू</li> </ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		• अनुकूलन विधि
		ं ध्वनि स्रोत (Sound Source) अन्वेषण गरिरहेका
		हावाले कार्य गर्ने उपकरणहरूलाई बुझाउन स्पर्श गाइड
		प्रयोग गर्ने
		o प्रकाश स्रोत (Light Source) आँखाको कमजोर
		प्रतिक्रिया क्षेत्रलाई दृष्टिगत गर्दै <mark>धुन्ध</mark> लाई पत्ता लगाउन
		सहायक प्रयोग सामग्री प्रयोग गर्ने
		o ताप स्रोत (Heat Source) शरीरलाई चलायमान गर्ने
		वातावरणीय प्रभावसँग मिलाउने प्रकारका लेख्न
		गाइडहरू उपलब्ध गराउने
		• सामग्री
		<ul> <li>उपयोगी क्रिस्टल र फोर्मिंग सामग्रीहरू (शब्दवृद्धि</li> </ul>
		सजिलो गर्ने)
		<ul> <li>स्पर्श र तापसम्बन्धी वाक्यको अनुकरण गर्ने सामग्रीहरू</li> </ul>
	<u> </u>	

	T	
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		• अनुकूलन विधि
		<ul> <li>ध्विन स्रोत (Sound Source) वातावरणका</li> <li>ध्विनहरूका विशेषतासम्म परिचय गराउन बटनवाला</li> <li>ध्विनहरूको प्रयोग गर्ने</li> </ul>
		० प्रकाश स्रोत (Light Source) प्रकाशको
		परिवर्तनद्वारा क्षेत्रमा फरक सोचको उत्पत्ति गराउने
		उपकरणमा सघाउन उद्देश्यअनुसार प्रकाशको स्थायित्व गर्ने
		o ताप स्रोत (Heat Source) घाम वा बिजुलीले
		उत्पन्न गर्दै अनुभूति गराइने साधनको विकास गर्ने
		<ul> <li>उच्च ध्विन उत्पन्न गर्नका लागि रहेका उपकरण</li> </ul>
		<ul> <li>आउटडोर सेटअप र गतिविधिहरू उत्पन्न गर्नका लागि</li> </ul>
		गोलाकार गतिविधिहरूको माटो
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		• अनुकूलन विधि
		o ध्वनि स्रोत (Sound Source) प्रोजेक्टरजस्ता
		गाइडमार्फत असंवेदनात्मक ध्वनि प्राप्ति गर्ने प्रकाश स्रोत (Light Source) उज्यालोका सन्देश
		<ul> <li>प्रकाश स्नात (Light Source) उज्यालाका सन्दश</li> <li>देखाउन स्पर्श गाइडको प्रवृत्ति अपनाउने</li> </ul>
		o ताप स्रोत (Heat Source) तपाईलाई फैलाउँदै
		आवश्यक उपकरण र प्रवृत्तिका सन्देश प्राप्त गर्ने
		• सामग्री
		<ul> <li>मिल्ने सिलिकनहरू जस्ता अवयवहरूसँग नयाँ सानो वजनका मेटल जस्तो औजार</li> </ul>
		वजनका मटल जस्ता आजार नयाँ तापतालिका प्रणाली ताकि इन्फ्रारेड उत्तरदायीहरू
		् । ता सामाराम्य ४ महाने साम २४४४५ <b>० अ</b> त्रायाम्य
	П — <b>«</b> — <b>«</b> — <b>«</b> — <b>«</b>	
११. सङ्गीतको तालमा शरीर	☐ स्पर्शीय गतिविधि र एकाग्रता	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)
पुमाउन र रङहरू	(Tactile Activities and Focus)	Vision)
मिश्रण	बालबालिका सङ्गीतको ताल र	• सङ्गीतको तालमा शरीर घुमाउनु:
गर्न	तालतालमै शरीर घुमाउने वा चलाउने	<ul><li>प्रयोग गर्ने सङ्गीत च्याच र तालको बारेमा सहज</li></ul>
	जस्तो गतिविधि सम्पूर्ण रूपमा	प्रवेशका लागि सङ्गीतको सङ्गीतलाई कम आवाज
	स्पर्शीय मार्गदर्शन प्रदान गर्ने	गरेपछि तालको हिसाब किताब बुझ्ने

	गतिविधिहरूबाट कार्य गराउनुहोस्।	• रङ मिश्रण:
	तालको गति वा सङ्गीतको ताल र	<ul> <li>बालबालिकालाई स्पर्श गर्न र देख्नका लागि बनाइने</li> </ul>
	तालमा नयाँ गति जोड्ने कार्यलाई	सक्रिय कामहरूलाई सुनामी र आकारहरूको स्वाद
	बुझ्न र स्पष्ट गर्न प्रत्येक चरणका	पुर्याउने माध्यम बनाउने
	लागि फरक समयमा राख्नु आवश्यक	3 " " " " " " " " " " " " " " " " " " "
	্ ভা	२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
	□ भिजुअल/स्लो-मोसन	
	गाइडहरू (Visual or Slow-	• सङ्गीतको तालमा शरीर घुमाउनु:
	motion guides)	o सङ्गीतमा नाच्न र तालमा सम्पर्क निर्माण गर्ने
	रङ मिश्रण गर्दा, स्रोत र प्रक्रिया	अनुभूतिको निर्माण गर्दै, हातको फरक अङ्ग विशेष ऐड
	स्पर्शसँग जोडेर प्रक्षिप्त गर्नुका साथै	लाइन भए अनि शरीरभन्दा बुझाउने काम गाइड
	दृश्यहरू वा धेरै गतिको मार्गदर्शनमा	• रङ मिश्रण:
	मध्यम वर्गीय वा राम्रो प्रतिक्रिया दिन	<ul> <li>रङ खिच्नका लसरे सुर जाँच र सहयोग उपलब्ध गराउने</li> </ul>
	सिकनेबारे ध्यान केन्द्रित गर्दै प्रदान	कार्य गर्नमा सिद्ध क्रिया गर्ने
	गर्न	
	🔲 स्पर्श र आवाजद्वारा सहायता	३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
	प्रदान गर्ने विधिहरू	-
	(Assistance through	• सङ्गीतको तालमा शरीर घुमाउनु:
	Touch and Sound)	<ul> <li>यसलाई उत्तिकै शारीरिक अनुभवहरूका माध्यबाट जान्न</li> </ul>
	·	उत्साहका रूपमा फेरि चेतनामूलक गतिविधिहरू बनाएर
	"धेरै सुखद मिलाएर रङ कसरी	प्रक्रिया मार्गदर्शन गर्ने
	गरिन्छ" भन्ने सङ्गीतमा आवाजबाट	• रङ मिश्रण:
	मद्दत र छविको संवेदना गरेर यसप्रति	<ul> <li>कागज अनि शारीरिक स्मरणात्मक सफा अनि</li> </ul>
	प्रतिक्रिया पठाउनुपर्छ।	अनुकरणहरूको सहयोग पुर्याउने कार्य
		, and the second
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		• सङ्गीतको तालमा शरीर घुमाउनु:
		o गाइड गरिएको <mark>मनमा सुनाली क्रिया गर्दै विवेकमा ताल</mark>
		आउने अङ्गहरूको खिचार पालन गर्ने
		जाउन अङ्गहरूका खिचार पालन गन
		<ul> <li>यथासम्भव आवेदनमा स्पर्शअङ्ग संयोजन जसले खुसी</li> </ul>
		गरेर र फरक अनुभव बनाई समयसँग मिसनभन्दा गति
		सिर्जना गर्नको लागी सहयोग पुर्याउने
१२. सहयोग र	ी. व्यावहारिक	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
सम्मानको व्यवहार	क्रियाकलापहरू:	Vision)
प्रदर्शन गर्न	सहयोग र सम्मानको	v 151011 <i>)</i>
84211 1.1	महत्त्व बुझाउने	• अनुकूलन विधि
	व्यावहारिक सिकाइ	<ul> <li>अनुभूति । वाच</li> <li>सहयोगजन्य क्रियाकलापमा दृश्यात्मक सङ्केत गर्ने</li> </ul>
	गतिविधिहरू	γ. · · · · · · · · · · · · · · · · · · ·
	11(11-119405)	<ul> <li>सम्मान व्यक्त गन अभ्यासका लागि दृश्यात्मक सामग्रा,</li> </ul>

- 2. संवेदनशीलता: बालबालिकाको संवेदी आवश्यकताअनुसार माध्यम अपनाउने
- 3. साझेदारी सिकाइ: सहयोग र सम्मानका लागि सहपाठी तथा शिक्षकसँग अन्तक्रिया बढाउने

जस्तै 'धन्यवाद', 'कृपया' लेखिएका फ्ल्यासकार्ड जोडी वा सानो समूहमा सहकार्य गराएर व्यवहार सिकाउने

#### • सामग्री

- सरल चित्र भएको फ्ल्यासकार्ड
- गतिविधिमा प्रयोग हुने रङ्गीन सामग्री (बटन, पेन, स्केच)
- दृश्यात्मक सङ्केतका पोस्टरहरू

## २. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)

# • अनुकूलन विधि

- सहयोग जनाउन टच आधारित सङ्केत र सङ्केत भाषा प्रयोग गर्ने
- अभ्यासमा दिग्दर्शन गर्न हल्का उपकरण प्रयोग गर्ने (जस्तै, वस्तु बाँडफाँड गर्ने म्याट)
- सम्मानको अभ्यासका लागि साथीलाई छुवाई वा सङ्केतमार्फत धन्यवाद दिन प्रेरणा दिने

#### • सामग्री

- ० स्पर्श आधारित सामग्री (मुलायम वस्न, माटो)
- सङ्केत भाषा तालिका
- ट्याक्टाइल गतिविधि उपकरणहरू

## ३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)

### • अनुकूलन विधि

- सम्मान र सहयोगका व्यवहार स्पर्श, शब्द र श्रवणमार्फत सिकाउने
- सामाजिक परिस्थितिलाई ट्याक्टाइल माध्यममा
   आधारित गरेर भूमिका खेल्ने खेल गराउने
- समूहमा मिलेर काम गर्ने सरल गतिविधि गराउने

#### • सामग्री

- ट्याक्टाइल खेल सामग्री
- समूह कार्यका लागि स्पर्श सङ्केत उपकरण
- मैनका ब्लक वा अन्य स्पर्श खेल उपकरण

		४. बहिरा र दृष्टिविहीन (Deaf and Blind)         • अनुकूलन विधि         ० पूर्ण हात सहयोग प्रक्रियाबाट सम्मान र सहयोगजन्य व्यवहारको प्रदर्शन गराउने         ० सरल सम्पर्क उपकरण, जस्तै ब्लक, डोरी प्रयोग गर्ने         ० साथीहरूबाट कार्य साझा गरेर सहयोग अभ्यास गराउने         • सामग्री         ० उपकरणमा आधारित तालिम सामग्री (मेटल ब्लक, कठोर डोरी)         ० स्पर्श सङ्केत क्यु कार्ड         ० साधारण वस्तु विनिमय प्रक्रिया अभ्यास गराउने सामग्री
१३. साधारण खेलहरू खेल्न	□ सेन्सरी अभावलाई सम्बोधन: खेललाई श्रवण, दृष्टि, वा अन्य संवेदी आवश्यकताहरू अनुरूप रूपान्तरण गर्नु □ सहभागिता सुनिश्चित: सबै बालबालिका खेलमा सहभागी हुन सक्षम हुने गरी क्रियाकलाप डिजाइन गर्नु □ सम्पर्कमा आधारित सिकाइ: स्पर्श, सञ्चार सङ्केत, र समूह सहकार्यमा आधारित क्रियाकलापहरू समावेश गर्नु	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)         अनुकूलन विधि         अनुकूलन विधि         अनुकूलन विधि         हल्का सङ्गीत वा दृश्यात्मक उपकरणको प्रयोग गर्ने         सानो समूहमा खेल खेलाउन शिक्षकले सहजीकरण गर्ने         उदाहरण खेलहरू:         फूल टिप्ने खेल (Color Matching) रङअनुसार मिलाउने         मिलाउने         प्रमो बानी अभ्यास (Good Habits Quiz) दृश्य सङ्केत प्रयोग गरी उत्तर दिने         सामग्री         इलका श्रव्य-दृश्य उपकरण (सिरिन, थाल पिट्ने)         र. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)         अनुकूलन विधि         खेलको नियम र सङ्केत हातको स्पर्श मार्फत बताउने         खेलको नियम र सङ्केत हातको स्पर्श मार्फत बताउने         सङ्केत भाषाको प्रयोग गर्दै निर्देशन दिने         वस्तु खोज्ने वा उस्तै सामग्री मिलाउने खेल समावेश गर्ने         उदाहरण खेलहरू         द्याक्टाइल रेस (Tactile Race) वस्तु पहिचान गरेर

राख्ने
o ढकनी खोल्ने र फोहोर खोप्ने (Clean &
Collect) वस्तु सही ठाउँमा राख्ने
• सामग्री
<ul><li>ट्याक्टाइल वस्तु (जस्तै काठका ब्लक, गाडी)</li></ul>
० ठुलो, मोटा अक्षर लेखिएका क्यु कार्ड
३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
• अनुकूलन विधि
० सम्पूर्ण ट्याक्टाइल सामग्रीमा आधारित खेलहरू
खेलाउने
<ul> <li>क्रियाकलापलाई समूहमा विभाजन गरेर सहकार्य गर्दै</li> </ul>
सञ्चालन गर्ने
<ul> <li>स्पर्श वा श्रव्य सङ्केतद्वारा खेलको प्रगति सूचित गर्ने</li> </ul>
• उदाहरण खेलहरू:
o आकार चिन्ने (Shape Identifier) विभिन्न
आकृतिको वस्तु छुट्याउने
o सहि स्थान खोजने (Find the Spot) वस्तु सही
स्थानमा पुऱ्याउने
• सामग्री
<ul> <li>ट्याक्टाइल खेल सामग्री (मूलायम तथा कठोर वस्तु)</li> </ul>
<ul><li>श्रव्य सङ्केत उपकरण (जस्तै घण्टी, सिट्टी)</li></ul>
४. बहिरा र दृष्टिविहीन (Deaf and Blind)
of Men (growner (Dour and Dillia)
• अनुकूलन विधि
<ul> <li>ट्याक्टाइल र हस्त मार्गदर्शन प्रयोग गरेर खेल खेलाउन</li> </ul>
सिकाउने
<ul> <li>थप सिजलो तथा सुरक्षित खेल सामग्री प्रयोग गर्ने</li> </ul>
<ul> <li>शिक्षकको प्रत्यक्ष सहभागितामा खेल खेलाउने</li> </ul>
• उदाहरण खेलहरू:
o टिकट टिप्ने (Touch & Pick) विभिन्न बनावटका
वस्तु छुट्याउने
o <b>पास र म्याच (Pass &amp; Match)</b> स्पर्श आधारित
वस्तुको जोडी बनाउने
• सामग्री
<ul><li>विभिन्न बनावटका र आकारका सामग्री</li></ul>

		<ul><li>ट्याक्टाइल सङ्केत बोर्ड</li></ul>
_		
१४. स्वस्थ्यप्रति	🗌 🗆 सेन्सरी आवश्यकता: श्रवण र	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
सचेत भई	दृष्टिबाट आउने सीमितता भएका	Vision)
व्यवहारमा	बालबालिकालाई ट्याक्टाइल, दृश्य,	
अवलम्बन गर्न	र सङ्केतमा आधारित सामग्री प्रयोग	• अनुकूलन विधि
	गरी स्वास्थ्यसम्बन्धी जानकारी दिने	<ul><li>स्वास्थ्यसम्बन्धी पोस्टरहरू ठुलो अक्षरमा बनाउने</li></ul>
	🗌 जोस तथा प्रेरणा: व्यवहारमा	<ul> <li>साधारण भिजुअल सामग्री (चित्र र ढाँचाहरू) प्रयोग गर्ने</li> </ul>
	आधारित सिकाइ पद्धतिले	<ul> <li>स्पष्ट उच्चारणसिहत निर्देशन दिने</li> </ul>
	बालबालिकालाई प्रेरित गर्ने	• क्रियाकलाप
	गतिविधि अपनाउने	० साबुन लगाएर हात धुने अभ्यास
	🗌 अनुकूल वातावरण:	<ul><li>स्वस्थकर खाना छनोट गर्ने</li></ul>
	सरसफाइसम्बन्धी अभ्यास गर्दा	<ul> <li>मास्कको सही प्रयोग सिकाउने</li> </ul>
	समावेशी वातावरण सिर्जना गर्ने	• सामग्री
		<ul><li>ठुला अक्षर र रङ प्रयोग भएका पोस्टर</li></ul>
		<ul><li>ताजा फलफूल र खाना देखाउने खेल सामग्री</li></ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		• अनुकूलन विधि
		<b>5</b> 5.
		<ul> <li>ट्याक्टाइल सामग्री (जस्तै साबुनको बनावट, विभिन्न तरकारी वा फलफूल) प्रयोग गर्ने</li> </ul>
		<ul> <li>सङ्कत भाषा र चित्रात्मक सामग्रीको प्रयोग गर्ने</li> <li>क्रियाकलाप</li> </ul>
		<ul> <li>ट्याक्टाइल आधारमा हात सफा गर्ने अभ्यास</li> </ul>
		<ul><li>पानी र खानेकुराको सही छनोट</li></ul>
		• सामग्री
		o साबुन र पानीको बनावट छुन पाउने सामग्री
		<ul> <li>सांबुन र पानाका बनावट छुन पाठन सानुत्रा</li> <li>मास्क र सेनिटाइजर अभ्यासका लागि।</li> </ul>
		ं नास्कार सामदाइगर जन्यासका सामम
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		,
		• अनुकूलन विधि
		<ul> <li>ट्याक्टाइल कार्डहरू वा स्वास्थ्यको सामग्रीलाई स्पर्श</li> </ul>
		गराउँदै जानकारी दिने
		<ul> <li>साउन्ड-बेस्ड निर्देशन दिने (जस्तै घण्टी बजाएर</li> </ul>
		तालिकाहरू सङ्केत गर्नु)

	1	• क्रियाकलाप
		(ट्याक्टाइल कहानी माध्यम)
		<ul> <li>साबुन र पानीसँग हात सफा गर्ने तालिम दिने</li> <li>सामग्री</li> </ul>
		<ul> <li>गन्धीयुक्त (aromatic) साबुन र पानीको गन्ध पहिचान</li> </ul>
		सामग्री
		<ul> <li>हाथ स्पर्श गर्ने संरचना र प्यानल</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		• अनुकूलन विधि
		<ul> <li>हात मार्गदर्शन विधिबाट साबुन लगाएर हात धुने प्रक्रिया</li> </ul>
		सिकाउने
		<ul> <li>वस्तुको बनावट र आकारबाट खानेकुरा छान्ने अभ्यास गराउने</li> </ul>
		<ul> <li>साधारण दैनिक स्वास्थ्य अभ्यासका लागि साथी सहयोग</li> </ul>
		गर्ने
		• क्रियाकलाप
		<ul> <li>साबुन र पानीको सम्पर्क अनुभव गराउने</li> </ul>
		<ul> <li>हाथ सफा र मास्क लगाउने क्रिया सिकाउने</li> </ul>
		• सामग्री
		<ul><li>ट्याक्टाइल सङ्केत सामग्री</li></ul>
		<ul><li>निर्देशन सङ्केत उपकरण</li></ul>
१५. जनावरको	🗌 सेन्सोरी आवश्यकताः	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
वर्गीकरण गर्न र	श्रवणदृष्टिविहीनता भएकाले	Vision)
खानाको लागि	ट्याक्टाइल, सङ्केत, र दृष्टिबाट हुने	
जीवहरूबिचको	सन्देशहरू प्रयोग गर्नुपर्छ।	• अनुकूलन विधि
अन्तरनिर्भरताका	स्पष्टता र एकता: जानकारी	<ul> <li>ठुलो चित्र र चिम्कला रङको सामग्री प्रयोग गर्ने</li> </ul>
उदाहरण दिन	सादा भाषामा, विविध माध्यम प्रयोग	<ul> <li>साधारण भाषा र स्पष्ट निर्देशन दिने</li> </ul>
	गरेर दिने	<ul><li>श्रवणसहायक उपकरणको उपयोग गर्ने</li></ul>
	🗌 अनुभव आधारित सिकाइ:	• क्रियाकलाप
	प्रत्यक्ष अनुभव वा ट्याक्टाइल	० जनावरका नमुनाहरू छान्ने अभ्यास गर्ने
	माध्यमबाट उदाहरणहरू दिने	<ul> <li>सिम्पल चार्टबाट खाद्य चक्र बुझाउने</li> </ul>
		• सामग्री
		० पोस्टर र फ्ल्यासकार्ड (ठुलो अक्षर र चित्रयुक्त)
		<ul><li>दृश्यको आधारमा बनेको चार्ट</li></ul>

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२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
• अनुकूलन विधि
० सङ्केत भाषा प्रयोग गर्दै चित्रहरू देखाउने
<ul> <li>ट्याक्टाइल (स्पर्श) सामग्री प्रयोग गर्ने</li> </ul>
<ul> <li>दृश्यात्मक र श्रव्य माध्यम समावेश गर्ने</li> </ul>
• क्रियाकलाप
<ul> <li>ट्याक्टाइल जनावरको मोडल र त्यसको खानाको स्रोत</li> <li>पहिचान गराउने</li> </ul>
<ul> <li>खाद्य चक्र र अन्तरिनभिरता बारे सरल सङ्केत प्रणाली</li> </ul>
प्रयोग
• सामग्री
<ul><li>ट्याक्टाइल जनावरका ढाँचाहरू</li></ul>
<ul> <li>मोडेल (जस्तै सिँचाइ र खाद्य श्रृङ्खला मोडेल)</li> </ul>
३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
• अनुकूलन विधि
<ul><li>ट्याक्टाइल निर्देश सामग्री प्रयोग गर्ने</li></ul>
<ul> <li>जनावर र खाद्य श्रृङ्खलालाई स्पर्श आधारमा बुझाउने</li> </ul>
विधि प्रयोग गर्ने
<ul><li>स्पर्शसँग सङ्केत प्रणाली प्रयोग गर्ने</li></ul>
• क्रियाकलाप
<ul> <li>जनावरका नमुनाहरू छुन र खानाको स्रोत चिन्ने अभ्यास</li> </ul>
गराउने
<ul> <li>साहयक जनावरहरूबारे कहानी भन्ने</li> </ul>
• सामग्री
० ट्याक्टाइल फ्ल्यास कार्ड
<ul><li>जनावर र बिरुवाका नमुना वस्तुहरू</li></ul>
४. बहिरा र दृष्टिविहीन (Deaf and Blind)
• अनुकूलन विधि
<ul> <li>हात मार्गदर्शन विधिद्वारा जनावर र खाद्य श्रृङ्खला</li> </ul>
चिनाउने
<ul> <li>मोडल स्पर्श गराउँदै सम्बन्ध पहिचान गराउने</li> </ul>
ं नाउरा रचरा गाउप राज्यन्य चार्रुवाम गराउम

		<ul> <li>साथी सहयोगद्वारा शिक्षण गर्ने</li> </ul>
		• क्रियाकलाप
		<ul> <li>जनावरका ढाँचाहरू छुन र उनीहरूको खानाको जानकारी</li> </ul>
		लिने
		<ul> <li>खाद्य चक्र र सम्बन्धको सामूहिक गतिविधि बताउने</li> </ul>
		• सामग्री
		o तीन-आयामिक (3D) मोडल
		<ul> <li>ट्याक्टाइल कार्ड वा जनावरका संरचनाहरू</li> </ul>
		० ्यावटार्श काळ वा गः॥वर्षा रार्षाएरः
05 2776		O THE COURT OF THE CHARLES AND A STATE OF THE CH
१६. आकृति छाप्न	🗌 सेन्सोरी आवश्यकताः	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
र पशुपंक्षीका क्रिया	_	Vision)
कलापको नक्कल	• ट्याक्टाइल (स्पर्श	
गर्न	आधारित) गतिविधिहरू	• अनुकूलन विधि
	प्राथमिकता	<ul> <li>दृष्टिबाट ठुलो आकारको रङ्गीन आकृतिहरू चिन्न</li> </ul>
	<ul> <li>श्रवण, दृष्टि, र गति</li> </ul>	प्रोत्साहन गर्ने
	सीमालाई ध्यानमा राखेर	<ul> <li>हातको परिचालनका लागि सहयोगी उपकरणको प्रयोग</li> </ul>
	मिल्टसेन्सोरी मिल्टसेन्सोरी	गर्ने
	गतिविधिहरू डिजाइन	• क्रियाकलाप
		० ुला माटो वा रबर स्ट्याम्प प्रयोग गरेर आकृति छाप्ने
	🗌 सहयोगी सामग्री	अभ्यास
		<ul> <li>जनावरको आवाजको सङ्केतलाई पछ्याएर गतिविधि</li> </ul>
	<ul> <li>ठुला, चिमोट्न र छुन</li> <li>मिल्ने सामग्री</li> </ul>	अनुकरण ——^
	·	• सामग्री
	• प्रत्यक्ष अनुभव वा तीन	० ठुला स्ट्याम्प।
	आयामिक (3D) सामग्री	<ul><li>जनावरको आवाज दिने उपकरण</li></ul>
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		• अनुकूलन विधि
		<ul> <li>सङ्केत वा ट्याक्टाइल निर्देशन दिने</li> </ul>
		o आकृति निर्माणमा भिजुअल सङ्केत र चिम्कला रङ
		प्रस्तुत गर्ने
		• क्रियाकलाप
		9
		<ul> <li>प्रकाशयुक्त सामग्री प्रयोग गरी जनावरको चालको</li> </ul>
		नक्कल गर्ने
		• सामग्री
		<ul><li>जनावरका छालाका ट्याक्टाइल मोडल</li></ul>

		<ul> <li>ठुला आकारका प्लास्टिक वा माटोका स्ट्याम्प</li> </ul>
		-
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		• अनुकूलन विधि
		<ul><li>स्पर्श र ट्याक्टाइल सामग्रीबाट जनावर चिन्न दिने</li></ul>
		<ul> <li>साथी शिक्षकद्वारा हाउभाउको सहारा गर्ने</li> </ul>
		• क्रियाकलाप
		<ul> <li>आँखा बन्द गरेर जनावरको चाल अनुकरण गर्न समूह</li> </ul>
		गतिविधि
		္ ट्याक्टाइल आकृतिमा पशुपन्छीको विशेषता जोड्न
		• सामग्री
		<ul><li>ट्याक्टाइल जनावर मोडेल</li></ul>
		<ul><li>जनावरको ट्याक्टाइल स्केच किट</li></ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		o. 4000 (giolage) (Dear and Diniu)
		• अनुकूलन विधि
		o हात हात मार्गदर्शन गर्ने
		<ul> <li>3D मोडल स्पर्शद्वारा जनावरको चाल अनुभूत गराउने</li> </ul>
		• क्रियाकलाप
		<ul> <li>साथीको साथमा जनावरको चाल अनुकरण गर्दै खेल</li> </ul>
		္ आकृति र चाल एकसाथ प्रस्तुत गर्न स्पर्श सामग्री
		• सामग्री
		o ठुला मेटलिक/रबर मोडेल
		<ul><li>जनावरको आकारका ठुला क्यानभास</li></ul>
१७. विद्यालयको	□ भौतिक पहुँच सुनिश्चित गर्न	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
सरसफाइ र बगैँचा	🗀 नाताका नहुष सुनिश्चित गर्न	Vision)
निर्माणमा सहयोग	• गतिविधिमा सहभागी हुने	V 151011)
गर्न	बालबालिकाका लागि	• अनुकूलन विधि
	सहायक उपकरणको	<ul><li>प्रस्ट र ठुलो सङ्केत (थप जानकारीका लागि</li></ul>
	प्रयोग	फ्ल्यासकार्ड, चार्ट)
	• सजिलै पहिचान गर्न सक्ने	<ul> <li>अडियो भिज्अल निर्देशनका साथै सामग्री छुन र बुझ्न</li> </ul>
	सामग्री प्रयोग	प्रोत्साहन
		• क्रियाकलाप
	📙 सञ्चार आवश्यकताः	<ul> <li>फूल रोप्न, पानी हाल्न र कोदालो प्रयोग गर्न निर्देशन</li> </ul>

<ul> <li>मिल्टसेन्सोरी निर्देश,</li> <li>उदाहरणका लागि स्पर्श सङ्केत र श्रव्य वा भिजुअल सहायता</li> </ul>	<ul> <li>सरसफाइका लागि रङ्गीन डस्टिबन सङ्केत</li> <li>सामग्री</li> <li>स्पष्ट रङ भएका बाल्टी, बोटिबिरुवाका स्पर्शद्वारा चिनिने मोडेल</li> <li>दृश्य सामग्री जस्तै डस्टिबन पोस्टर</li> </ul>
<ul><li>सहयोगको प्रोत्साहन:</li></ul>	
<ul> <li>अन्य विद्यार्थी र शिक्षकसँग मिलेर टोलीगत रूपमा कार्य गर्न</li> </ul>	२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
प्रेरणा	<ul> <li>ट्याक्टाइल मार्गदर्शन दिने</li> <li>सङ्केत भाषा वा हावामा सञ्चार गर्दै प्रक्रियाको निर्देशन</li> <li>दिने</li> </ul>
	<ul> <li>क्रियाकलाप</li> <li>बगैचाका लागि हिलोपाटमा बीउ छर्दै सहयोग गर्ने</li> <li>बोटको ट्याक्टाइल संरचना बुझ्दै जनावरले खसाएका</li> <li>पात उठाउने</li> </ul>
	<ul> <li>सामग्री         <ul> <li>मुलायम माटो र प्लास्टिक पाउचहरू</li> <li>अँध्यारो र हलुका सामग्री सङ्केत गर्न ट्याक्टाइल बोर्ड</li> </ul> </li> </ul>
	३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
	• अनुकूलन विधि
	<ul> <li>हात-हात मार्गदर्शन प्रयोग गर्ने</li> <li>आवश्यक उपकरण (जस्तै सरसफाइ र बगैचाको माटो खन्ने उपकरण) को स्वरूप छुन दिने</li> </ul>
	<ul> <li>क्रियाकलाप</li> <li>माटो खन्दा उपकरणको प्रयोग गर्ने</li> <li>निर्देशानुसार बगैँचामा पङ्क्ति बनाएर पानी हाल्ने</li> </ul>
	<ul> <li>सामग्री         <ul> <li>बालमैत्री कोदालो</li> <li>ट्याक्टाइल पथ (चाल खोज्न)</li> </ul> </li> </ul>
	४. बहिरा र दृष्टिविहीन (Deaf and Blind)
	• अनुकूलन विधि

		<ul> <li>स्पर्श सङ्केत र सहायक स्पर्शसम्बन्धी निर्देशन प्रयोग</li> </ul>
		<ul> <li>टिममै काम गर्दा साथी सहायक निर्देशन</li> </ul>
		• क्रियाकलाप
		<ul><li>फूल रोप्ने स्थान ट्याक्टाइल सीमा बनाउने</li></ul>
		<ul> <li>स्पर्शको सहायताले बगैँचाका मुख्य कामहरू गर्ने</li> </ul>
		• सामग्री
		<ul><li>मुलायम सामग्रीसँग खेलाउन मिल्ने उपकरण</li></ul>
		<ul><li>संरचना दिने ट्याक्टाइल किट</li></ul>
१८. विद्यालयमा	🛘 सुरक्षा सुनिश्चित गर्न	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
हुने शारीरिक	20 000	Vision)
कसरत, कवाज र	• शारीरिक गतिविधिमा	~~
खेलसम्बन्धी सिप	सहभागी हुन सहयोग गर्ने	• अनुकूलन विधि
विकास गर्न	सुरक्षित स्थान     उपकरणको प्रयोगका	<ul> <li>ठुलो प्राफिकल इन्स्ट्रक्सनसिहत दिशानिर्देश दिने</li> </ul>
	• उपकरणका प्रयागका लागि सहायकको	<ul> <li>सजिलो सङ्केत भाषा र अडियो भिजुअल सामग्री प्रयोग</li> </ul>
	्रागि सहायकका व्यवस्था	गर्ने • क्रियाकलाप
	व्यव <del>स्</del> या	
	☐ भिन्न प्रकारका	<ul> <li>सामान्य कवाजका कदमहरू अभ्यास</li> </ul>
	संवेदनाहरूको प्रयोग:	<ul> <li>फुटबल, ब्याडिमन्टनजस्ता खेलमा टोलीगत रूपमा</li> <li>सामेल गराउने</li> </ul>
		सामल गराउन • सामग्री
	• श्रव्य, दृश्य, र ट्याक्टाइल	o फ्लोरेसेन्ट टेपले पहिचान गरिने ठाउँ
	निर्देशन समावेश	<ul><li>साधारण खेल सामग्री</li></ul>
	🗌 सहभागिताको प्रोत्साहन:	
	<ul> <li>समूहगत गतिविधिमा समान अवसर</li> </ul>	२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
	समाग अवसर	• अनुकूलन विधि
		<ul> <li>साथी बालबालिकाको सहायतामा निर्देशन दिने</li> </ul>
		<ul> <li>साधारण र ठुला चित्रसहित निर्देशिका प्रयोग गर्ने</li> </ul>
		• क्रियाकलाप
		<ul> <li>कवाजका गित सिक्न अडियो भिजुअल उपकरण</li> </ul>
		० गुनगुनाउन मिल्ने कसरत अभ्यास
		• सामग्री
		<ul><li>उज्यालो रङका जर्सी वा ब्यान्ड</li></ul>
		<ul> <li>कदमहरू पहिचान गराउने दृश्यसहयोग सामग्री</li> </ul>

		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		अनुकूलन विधि
		<ul> <li>क्रियाकलाप</li> <li>ि रिले दौड र अन्य सामूहिक खेल</li> <li>ि निर्देशित कवाज वा सामूहिक कसरत</li> <li>सामग्री</li> <li>ट्याक्टाइल मार्करहरूले स्पष्ट बनाएको कसरत क्षेत्र</li> <li>प्रशिक्षकले प्रयोग गर्ने ताल र स्वर सङ्केत उपकरण</li> </ul>
		<ul> <li>४. बिहरा र दृष्टिविहीन (Deaf and Blind)</li> <li>अनुकूलन विधि         <ul> <li>हात हातमा निर्देश दिन प्राविधिक सहयोग गर्ने</li> </ul> </li> </ul>
		<ul> <li>स्पर्शका माध्यमबाट चाल भिन्नता बुझाउने</li> <li>क्रियाकलाप</li> <li>साथीको साथमा बिमारी बग्दै गतिको अभ्यास</li> <li>हलुका र तालसम्बन्धी कामहरू</li> <li>सामग्री</li> <li>मार्ग र संरचना चिनाउन सहायक वस्तुहरू</li> </ul>
१९. घर, विद्यालय र समुदायमा घट्ने	□ सुरक्षा जानकारी सरल बनाउने:	<ul> <li>गितअनुसार चल्ने हौसला सङ्केत</li> <li>१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low Vision)</li> </ul>
दुर्घटना र प्रकोपप्रति सचेत रहन	<ul> <li>साधारण र बोधगम्य सामग्री</li> <li>बालबालिकालाई</li> <li>व्यक्तिगत रूपमा</li> <li>प्रशिक्षित गर्ने</li> </ul>	<ul> <li>अनुकूलन विधि         <ul> <li>ठुला चित्रसिहतको सुरक्षित व्यवहार सिकाउने पुस्तिका</li> <li>प्रयोग गर्ने</li> <li>हल्का रेकर्ड गिरएको अडियो म्यासेज प्रयोग गर्ने</li> </ul> </li> <li>क्रियाकलाप</li> </ul>
	<ul><li>□ बहु-संवेदी विधिको प्रयोग:</li><li>● श्रव्य, दृश्य, र ट्याक्टाइल</li></ul>	<ul> <li>सवारी साधनबाट टाढा रहन सङ्केत</li> <li>आगो लाग्दा कसरी प्रतिक्रिया दिने</li> <li>सामग्री</li> <li>उज्यालो चित्रका पुस्तकहरू</li> </ul>

	सामग्री	<ul> <li>साइनबोर्ड र सजिलो सङ्केत भाषा</li> </ul>
	🗌 अनुप्रयोगमा आधारित	
I I	= 'अपुत्र' संस्थातातातातातातातातातातातातातातातातातातात	
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
	• प्रत्यक्ष अभ्यास र	
	नाटकद्वारा जोखिम	• अनुकूलन विधि
	चिनाउने	<ul> <li>साथीहरू वा शिक्षकबाट प्रत्यक्ष ट्याक्टाइल निर्देश दिने</li> </ul>
		<ul> <li>छोटो एनिमेटेड भिडियोका माध्यमबाट सन्देश प्रेषण गर्ने</li> </ul>
		• क्रियाकलाप
		<ul><li>भूकम्प जाँदा सुरक्षित स्थानको खोजी</li></ul>
		<ul> <li>विद्यालय र समुदायका सङ्केतहरू सिक्ने</li> </ul>
		• सामग्री
		० बृहत चित्र वा फ्लोचार्ट
		<ul><li>सन्देश पढ्ने सहयोग उपकरण</li></ul>
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)
		(Sind and Hard of Hearing)
		• अनुकूलन विधि
		<ul><li>ट्याक्टाइल सामग्रीबाट जोखिमबारे शिक्षण गर्ने</li></ul>
		<ul> <li>आपतकालीन तयारी गर्न सहायक प्रशिक्षण दिने</li> </ul>
		• क्रियाकलाप
		<ul><li>साथीको सहयोगमा सुरक्षा अभ्यास</li></ul>
		<ul> <li>स्पर्शको माध्यमबाट विपद्प्रतिक्रिया प्रक्रियाको अभ्यास</li> </ul>
		• सामग्री
		<ul><li>ब्रेल पुस्तकमा सुरक्षा सूचना</li></ul>
		<ul><li>अडियो सहायक उपकरण</li></ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		• अनुकूलन विधि
		<ul> <li>गहिरो ट्याक्टाइल प्रशिक्षण र सहयोग प्रणालीको प्रयोग</li> </ul>
		गर्ने
		<ul> <li>हाउभाउ वा शारीरिक सङ्केतद्वारा व्यवहार प्रदर्शन गर्ने</li> </ul>
		• क्रियाकलाप
		<ul> <li>ग्रिप सिआरसी वा म्याटहरूमा सुरक्षा चालको अभ्यास</li> </ul>
		<ul> <li>साहसिक आपत्कालीन व्यवस्थापन</li> </ul>
		• सामग्री

		० थ्रिडी मोडेलहरू
		<ul><li>स्पर्शात्मक दिशानिर्देशको सामग्री</li></ul>
२०. कागजका	🔲 बालबालिकाको संवेदी	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
विभिन्न आकृति	क्षमताको आधारमा शिक्षण	Vision)
बनाउन	प्रविधि अपनाउने।	VISION)
अना <b>ञ</b> न		
	🔲 बहु-संवेदी सामग्रीको प्रयोग:	• अनुकूलन विधि
		<ul> <li>ठुला, चिम्कला रङका कागज र स्पष्ट भिडियो निर्देशन</li> </ul>
	• ट्याक्टाइल, दृश्य, श्रव्य	दिने
	उपकरणको प्रयोग	<ul> <li>शिक्षक वा साथीसँग हल्का ध्विन प्रयोग गरेर</li> </ul>
		क्रियाकलाप सिकाउने
		• क्रियाकलाप
		<ul> <li>कागजबाट फूल, घर, जनावरजस्ता सरल आकृतिहरू बनाउन सिकाउने</li> </ul>
		्र निर्देशनको क्रम अनुसरण गरी आकृति बनाउने
		• सामग्री
		<ul><li>चिम्कला रङका कागज</li></ul>
		<ul> <li>अडियो दृश्य मार्गदर्शन साधन</li> </ul>
		<ul> <li>श्वहरा र न्यून दृष्टियुक्त (Deaf and Low Vision)</li> <li>अनुकूलन विधि         <ul> <li>भिडियो ट्युटोरियल र प्रत्यक्ष सङ्केत भाषाको प्रयोग गर्ने</li> <li>बृहत् स्पर्शयोग्य दिशा निर्देशहरू दिने</li> </ul> </li> <li>क्रियाकलाप         <ul> <li>कागज फोल्ड गर्न शिक्षकले प्रत्यक्ष रूपमा प्रदर्शन गर्ने</li> <li>साथीको सहायतामा कागजका आकृतिहरू बनाउने</li> </ul> </li> <li>सामग्री         <ul> <li>साधारण छवि र चिह्नसहितको निर्देशिका</li> <li>साना, हल्का कागजका नमुना</li> </ul> </li> </ul>
		<ul> <li>इष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)</li> <li>अनुकूलन विधि         <ul> <li>शिक्षकले बालबालिकालाई प्रत्यक्ष रूपमा हात समाएर कागज फोल्ड गराउने</li> </ul> </li> </ul>
		<ul> <li>ट्याक्टाइल चित्र र मोडेलबाट आकृति निर्माण सिकाउने</li> </ul>

		<u> </u>
		• क्रियाकलाप
		<ul> <li>कागजलाई विशेष दिशामा फोल्ड गरेर आकृति बनाउने</li> </ul>
		<ul> <li>साथी वा शिक्षकको ट्याक्टाइल सहयोगको उपयोग गर्ने</li> </ul>
		• सामग्री
		<ul><li>घना ट्याक्टाइल नक्सा।</li></ul>
		<ul> <li>ब्रेल वा उभिएको मार्गदर्शक उपकरण</li> </ul>
		,
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		• अनुकूलन विधि
		<ul> <li>स्पर्शमार्गदर्शक र शिक्षकको हात हातमा सहायक</li> </ul>
		सिकाइको प्रयोग गर्ने
		<ul><li>प्रत्यक्ष अभ्यासबाट निर्देश सिकाउने</li></ul>
		• क्रियाकलाप
		<ul> <li>प्रानानाराप</li> <li>सानो कागजको रोल वा मोड गरेर आकार बनाउने</li> </ul>
		प्रक्रिया अभ्यास गराउने
		<ul> <li>ट्याक्टाइल नक्कलद्वारा आकृतिका नमुना प्रदान गर्ने</li> </ul>
		<ul> <li>सामग्री</li> </ul>
		<ul> <li>ाथ्रडा स्पशयाग्य आकृातहरू</li> <li>गहिरो उभिएको मार्गदर्शक उपकरण</li> </ul>
		सामान्य सामग्रीहरू:
		<ul> <li>रङ्गीन, विभिन्न बनावट भएका कागज</li> </ul>
		• ट्याक्टाइल संरचना (स्पर्शजन्य नमुना) को उदाहरण
		• प्रिन्ट र ब्रेल विवरण भएको गाइड
२१. जनावर र	🗌 सैद्धान्तिक र व्यावहारिक	१. सुस्त श्रवण र न्यून दृष्टियुक्त (Hard of Hearing and Low
बिरुवाका लक्षणहरू	विधिहरूको प्रयोग:	Vision)
विभिन्न माध्यबाट		
प्रदर्शन गर्न	<ul> <li>सिङ्गो गतिविधि साँचो र</li> </ul>	• अनुकूलन विधि
	दृश्यात्मक, ट्याक्टाइल,	<ul><li>चित्र र भिडियोद्वारा जनावर र बिरुवा बुझाउने</li></ul>
	श्रवणसँग सम्बद्ध गर्दै	<ul> <li>आकर्षक रदमद्रद् अडियो र साथ साथै ठुलो आकारको</li> </ul>
	<ul> <li>छेउछाउको संसार वा</li> </ul>	दृश्यहरू (तस्वीरहरू, प्लान्चेटहरू) देखाउने
	• छउछाउका संसार पा विशिष्ट रूपले	दूरवरुक (तस्यारुक, उतान्वटरुक) दखाउन रङ्गीन र तेज वस्त्रहरूको प्रयोग गर्दै विज्ञान कार्यहरूमा
	ावाराष्ट्र रूपल संवेदनशील माध्ययमको	
	सवदनशाल माध्ययमका माध्यमबाट सिक्ने	<mark>ल्याउने</mark>
	माध्यमबाट ।सक्न	• क्रियाकलाप

व्यवस्था		
344(41	० वि	भिन्न जनावरका ध्वनि फड्काउँदा सही जनावरका
	बारे	रेमा छलफल गर्ने
🗌 विविध माध्यमको प्र	गेग: ○ दृष्टि	ष्टे प्रधान क्रियाकलाप जस्तै वनस्पति र जनावरका
	सुर	न्आती आकार पत्ता लगाउने
• ध्वनि, स्पर्श, दृष्टि	र	पर्श गर्नु र बुझ्नु"– वस्त्र लगाएर त्यो वस्तुलाई तपास
वाचन लेखनको	<mark>गर्न</mark> े	
सम्भावनाहरू आ		
गर्ने	० को	ıलर्ड चित्रहरू
• सशक्त क्रियात्मक		र्टुन पुस्तक र दृश्य पुस्तक
आँकलन र प्रदर्श		उ . उ
	0 140	THE SHIP OF INCT (OSIGN IN SHIP NOW SHIP)
	२ वटिंग र जान टिफार	क्त (Deaf and Low Vision)
	र. बाहरा र न्यून दृष्टियुर	(Dear and Low Vision)
	2	+6+
	• अनुकूलन वि	
		क्षिक वा साथीहरूको स्पर्शमा आधारित गतिविधि र
		शानिर्देशमा जनावरहरूको प्रक्षिप्त कला देखाउने
		ङ्केत भाषा र ब्रेल, र अनेक ट्याक्टाइल पैटर्नहरूको
		ग्रेग गर्ने
		<mark>उन लेखन र श्रवण स्पर्शमार्गी शिक्षाका माध्यमबाट</mark>
		<mark>गावर र बिरुवा गर्न अभ्यास गराउने</mark>
	• क्रियाकलाप	
	০ প্রব	त्रणको लागि प्रत्येक जनावरको आक्रमण र स्थानको
	अर्	नुवादसम्बन्धी स्पर्श सङ्केतको सहयोग गर्ने
	० ट्य	गक्टाइल पुस्तक, दृश्य विधिहरूको सहकार्य, र
	जन	नावरहरूको बनावट पहिचान गर्ने
	० प्रत	येक जनावरको प्रकर्तिक र यथार्थ सन्दर्भको आधारमा
	तार्	लिम/वास्तविकता अनुभव गर्दै अभ्यास गर्ने
	• सामग्री	3
		।।क्टाइल चित्रहरू र स्पष्ट आकारहरू, संरचनामा
		ाभारत नोटेसन ।धारित नोटेसन
		न केही वाचन पुस्तिका
		त करा पायन पुल्लाका जिटल उपकरणहरू र जीवन्त फोटो उपकरण
	0 19	जिल्हा ज्यायार गहरू र जायन्त यम्। ज्यायारण
	३ विविविद्यारमञ्जू	अवण (Blind and Hard of Hearing)
	३. दृष्टावहान र सुस्त अ	1991 (Dilliu aliu Hafu di Heafilig)
		<del></del>
	• अनुकूलन वि	
		हुललाई समृद्ध र प्रगतिशील गर्न हेतु कम्युनिकेसन
	<mark>भा</mark>	षामा महत्त्वपूर्ण पसमन्जर, अन्तर्क्रियात्मक अभ्यास,

	T	साझा गर्न सशक्त औजार प्रयोग गर्ने
		् सुर झरको संसार बनाउनु जुन स्पर्शयोग्य बेज अनुभवको
		सहयोग पुर्याउँछ।
		<ul> <li>विशेष शिक्षकको व्यवस्थापन, सबै जानकारी अनुसन्धान</li> </ul>
		शृङ्खला र ट्याक्टाइल मार्गदर्शको समन्वय
		• क्रियाकलाप
		<ul> <li>ऐतिहासिक चित्रको सेन्सिटिव पाठ र नक्कल गर्ने, जस्तै</li> </ul>
		<mark>स्पर्शी तस्वीरको प्रयोग तथा जनावरहरूको संरचनाहरू</mark>
		<mark>बुझाउने</mark>
		<ul> <li>प्रश्न उत्तरको आदेशमा प्रदर्शित बाल खिचाई खेल</li> </ul>
		<mark>खेलाउने</mark>
		• सामग्री
		० जीवन्त ट्याक्टाइल संस्करणहरूको प्रदर्शन पुस्तिका
		<ul> <li>कागजी आकारको उद्धरण, मुद्रित नोटहरू आदि</li> </ul>
		४. बहिरा र दृष्टिविहीन (Deaf and Blind)
		,
		• अनुकूलन विधि
		<ul> <li>कसमल नङ्गेर आधारित समग्र समूह अभ्यास र</li> </ul>
		<mark>व्यक्तिलाई महत्त्व दिने समूह अनुकूली सक्रिय कागजमा</mark>
		<mark>नाम्, पदार्थ नगद।</mark>
		<ul> <li>साथै चलचित्र सूचना र ग्राफिक्स दिशान्त</li> </ul>
		<ul> <li>परिणामको हर बहर व्यवस्थाहरू पूरा तालिका ठाउँ</li> </ul>
		<mark>अनुरोध पर</mark> • क्रियाकलाप
		० एकसूत्राय पाहचान घ्वान • सामग्री
		० कठोर जनजातिको <mark>जोड़िअरबद्ध प्रक्रिया</mark>
२२. बिरुवाको	🗌 बहु-संवेदी विधि	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
वर्गीकरण गर्न र		Vision)
बिरुवाका विभिन्न	• श्रवण, दृष्टि र ट्याक्टाइल	
भागहरूको काम	(स्पर्श) द्वारा जानकारी	• अनुकूलन विधि
बताउन	प्रदान गर्ने	० बोल्छ र सोध्दा स्पष्ट र ठुलो लेखिएको जानकारीमा
	│ │	आधारित प्रशिक्षण दिने
	निर्देशन:	<ul> <li>ठुलो चित्र वा मोडल प्रयोग गरेर वृक्षका विभिन्न भागहरू सिकाउने</li> </ul>
		• क्रियाकलाप
	• सरल भाषा र स्पर्शद्वारा	<ul> <li>वृक्षको पत्तो, डाली, र झारलाई टच गरेर अनुभव गर्ने</li> </ul>
		ं दुन्त तथा, जारात, र शारताय एवं नार वातुनाव ना

शिक्षणको कार्यान्वयन वृक्षको नाम र तिनका कार्यहरू बाह्य उपकरणद्वारा गर्ने सोधपुछ गर्ने सामग्री □ प्रविधिको प्रयोग: ठुलो आकरको चित्र वा मोडल (वृक्षको भागहरूको पहिचानका लागि) सफ्टवेयर र उपकरणहरू, उल्लेखन योग्य सङ्केत र पत्रले बनाएको उपकरण जसले नक्कल र २. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision) चित्रणद्वारा वृक्षको भागहरू बुझाउन सहयोग पुर्याउँछन् । अनुकूलन विधि मित्र वा शिक्षकबाट प्रत्यक्ष स्पर्शयुक्त निर्देशन दिने चेतावनी र निर्देशांकका लागि थ्रीडी मोडल प्रयोग गर्ने क्रियाकलाप वृक्षका पत्ताहरू र अन्य भागलाई छुन र घुमाउने वृक्षका भागहरूको कार्य शारीरिक अनुभवद्वारा बुझ्ने सामग्री o स्पर्श गर्न मिल्ने वृक्षको 3D मोडल o जोर्नी बुक (Braille) प्रयोग गरेर भागहरूको विवरण ३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing) अनुकूलन विधि ० विविध स्गन्ध र बनावटबाट वृक्षका विभिन्न भागहरूको पहिचान गर्ने एक्लै र सहायक प्रशिक्षणको माध्यमबाट वृक्षको कार्य सिकाउने क्रियाकलाप बिरुवा कोमल, कठोर, र बलवान भागहरूको तापमान, बनावट र स्गन्धको आधारमा चिन्ने वृक्षको पत्तो र रुईलाई जसरी पिन संवेदनामा आधारित <mark>प्रतिक्रिया जनाउन</mark> सामग्री वृक्षका भागहरूको Braille मोडल ट्याक्टाइल पाठ सामग्री र पत्ता टेक्नोलोजी (Audio supported) ४. बहिरा र दृष्टिविहीन (Deaf and Blind) अनुकूलन विधि सम्पूर्णता बुझाउन शारीरिक सङ्केत प्रणालीको प्रयोग विशेष सम्पर्क मोड (जस्तै, हातको माध्यमबाट परिचय

	T	
		गराउनु)
		• क्रियाकलाप
		<ul> <li>पत्ताको संवेदनात्मक व्याख्या र नामका साथ शारीरिक</li> </ul>
		<mark>सन्देशहरूको प्रयोग</mark>
		<ul> <li>बटुवा जस्तै साधारण आकारमा वृक्षको संवेदनात्मक</li> </ul>
		अभ्यास
		• सामग्री
		<ul> <li>सम्पूर्ण शारीरिक अनुभव प्रदान गर्ने ट्याक्टाइल गाइड</li> </ul>
		<ul><li>स्पर्श गर्ने सन्देश उपकरण</li></ul>
२३. वरपरको	🔲 दृष्टिकोणअनुसार सरल	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
वातावरण	सामग्रीहरू र बुझाइ	Vision)
सरसफाइसम्बन्धी	(11)216/2 ( 33115	VISION)
व्यवहार	• 91=11 = 2011 1 +++ <del>01</del>	्र अनुसन्दर्भ विधि
प्रदर्शन गर्न र	<ul> <li>श्रव्य, दृश्य र स्पर्श</li> <li>आधारित सामग्रीको</li> </ul>	• अनुकूलन विधि
		<ul> <li>चित्र र टेक्टाइल कार्डको माध्यमबाट सरसफाइ सिकाउने</li> </ul>
उपलब्ध	उपयोग	<ul> <li>बालबालिकालाई सफा पार्ने, व्यवस्थित राख्ने सामान्य</li> </ul>
सामग्रीहरूबाट		प्रक्रिया देखाउने
वस्तुको	🗌 🗆 कोमल वातावरणमा सिकाइ	• क्रियाकलाप
नमुना निर्माण गर्न		<ul> <li>बस्ने कोठामा सफा र ब्यवस्थित स्थानका चिह्न पहिचान</li> </ul>
	• प्रत्यक्ष अनुकूल शिक्षण	गर्न प्रशिक्षण
	• प्रत्यक्ष अनुभव र	<ul> <li>वातावरणको बिछट्नकी भएको कारवाहीका सङ्केत</li> </ul>
	अभ्यासको माध्यमबाट	सिक् <mark>न</mark>
	शिक्षण	• सामग्री
		<ul> <li>टेरेरि ब्रेलको रेखाङ्कन गरेजस्तै पुस्तिका र पोस्टर।</li> </ul>
	🗌 🗆 सहयोगपूर्ण अभ्यास र खेल	<ul> <li>ट्याक्टाइल औजारहरू जसबाट सरसफाइमा अनुकूल</li> </ul>
		सहयोग पुर्याउन सिकन्छ।
	<ul> <li>बालबालिकाहरूसँग</li> </ul>	
	समूह अभ्यास र	
	क्रियाकलापहरू क्रियाकलापहरू	
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		• अनुकूलन विधि
		<ul> <li>सरसफाइ प्रक्रियामा हातको कार्यहरू स्पष्ट निर्देशन गरेर</li> </ul>
		अभ्यास गराउने
		शारीरिक उदाहरण प्रदान गर्ने
		• क्रियाकलाप
		<ul> <li>घर र विद्यालयमा व्यावसायिक कचरा र सरसफाइका</li> </ul>
		कामका सामग्रीहरूको प्रयोग
		<ul> <li>व्यक्तिगत रूपमा सरसफाइ कार्य अभ्यास (जस्तो सफा</li> </ul>
		गर्ने र कचरा राख्ने)

# सामग्री o आकार, बनावट, र सामग्री भिन्नता भएको वस्तु प्रयोग गर्न ट्याक्टाइल प्रदर्शन ० धेरै सूक्ष्म स्थूल चित्रलाई ट्यागसहित प्रयोग गरेर सेन्सरी विशेषताअनुसार सामग्री निर्माण ३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing) अनुकूलन विधि ट्याक्टाइल र श्रव्य निर्देशनको सहारे उनीहरूको सिकाइलाई सहज बनाउने संरचनात्मक कचरा सङ्कलनका तरिकामा प्रत्येक बालबालिकालाई निरन्तर सङ्केतहरूसँग सिधा अभ्यास गराउने क्रियाकलाप कचरा थैलीलाई भरपूर भरिदिने कसरत सिकाउने फरक-फरक पद्धतिबाट प्रदुषण र फोहोर व्यवस्थापनलाई <mark>ट्याप गर्न सुझाव दिने</mark> सामग्री उचित ब्रेल सामग्रीको उपयोग (ब्रेल पुस्तिका) घम्सा भाटी गच्याउने सामग्रीहरूको प्रतिस्थापना ४. बहिरा र दृष्टिविहीन (Deaf and Blind) अनुकूलन विधि शिक्षण र सिकाइलाई सम्पूर्ण ट्याक्टाइल मार्गदर्शन र शारीरिक सहायताले अनुकूल बनाउने शारीरिक अनुकरण र हाउभाउसँगै सरसफाइका अभ्यासहरू प्रदर्शन गर्ने क्रियाकलाप अपारदर्शी वस्तु निर्माणको कसरत गर्न सहजीकरण शारीरिक ट्याक्टाइल कार्य गर्दे सँगै सफा गर्ने उपकारी सामग्री कम्प्याक्ट मटेरियल वा स्थान सुरक्षित पर्ने उपकरणहरूको उपयोग

ट्याक्टाइल सञ्जाल र मोडेलहरू जसले बालबालिकालाई अवगत गराउँछ।

२४. वरपरका	🗌 दृष्टिकोण अनुसार सरल	१. सुस्त श्रवण तथा न्यून दृष्टियुक्त (Hard of Hearing and Low
वस्तुका	सामग्रीहरू र बुझाइ	Vision)
विशेषताहरू तथा	3	,
घटनाहरूप्रति	• श्रव्य, दृश्य र स्पर्श	• अनुकूलन विधि
जिज्ञासु हुन	आधारित सामग्रीको	<ul> <li>चित्र र टेक्टाइल कार्डको माध्यमबाट सरसफाइ सिकाउने</li> </ul>
33	उपयोग	<ul> <li>बालबालिकालाई सफा पार्ने, व्यवस्थित राख्ने सामान्य</li> </ul>
		प्रक्रिया देखाउने
	🛘 कोमल वातावरणमा सिकाइ	• क्रियाकलाप
		o बस्ने कोठामा सफा र ब्यवस्थित स्थानका चिह्न पहिचान
	• प्रत्यक्ष अनुकुल शिक्षण	गर्न प्रशिक्षण
	• प्रत्यक्ष अनुभव र	<ul> <li>वातावरणको बिछट्नकी भएको कारवाहीका सङ्केत</li> </ul>
	अभ्यासको माध्यमबाट	सिक्न
	शिक्षण	• सामग्री
		o टेरेरि ब्रेलको रेखांकन गरेजस्तै पुस्तिका र पोस्टर
	🗌 सहयोगपूर्ण अभ्यास र खेल	<ul> <li>ट्याक्टाइल औजारहरू जसबाट सरसफाइमा अनुकूल</li> </ul>
	3.	सहयोग पुर्याउन सिकन्छ।
	<ul> <li>बालबालिकाहरूसँग</li> </ul>	
	समूह अभ्यास र	
	्र क्रियाकलापहरू	
		२. बहिरा र न्यून दृष्टियुक्त (Deaf and Low Vision)
		• अनुकूलन विधि
		<ul> <li>सरसफाइ प्रक्रियामा हातको कार्यहरू स्पष्ट निर्देशन गरेर</li> </ul>
		अभ्यास गराउने
		<ul> <li>विभिन्न आकार र प्रकारका सामग्रीहरूको बनावटको</li> </ul>
		शारीरिक उदाहरण प्रदान गर्ने
		• क्रियाकलाप
		<ul> <li>घर र विद्यालयमा व्यावसायिक कचरा र सरसफाइका</li> </ul>
		कामका सामग्रीहरूको प्रयोग
		<ul> <li>व्यक्तिगत रूपमा सरसफाइ कार्य अभ्यास (जस्तो सफा</li> </ul>
		गर्ने र कचरा राख्ने)
		• सामग्री
		<ul> <li>आकार, बनावट, र सामग्री भिन्नता भएको वस्तु प्रयोग</li> </ul>
		गर्न ट्याक्टाइल प्रदर्शन
		<ul> <li>धेरै सूक्ष्म स्थूल चित्रलाई ट्यागसहित प्रयोग गरेर सेन्सरी</li> </ul>
		विशेषताअनुसार सामग्री निर्माण
		३. दृष्टिविहीन र सुस्त श्रवण (Blind and Hard of Hearing)

T	
	• अनुकूलन विधि
	<ul> <li>ट्याक्टाइल र श्रव्य निर्देशनको सहारे उनीहरूको</li> </ul>
	सिकाइलाई सहज बनाउने
	<ul> <li>संरचनात्मक कचरा संकलनका तरीकामा प्रत्येक</li> </ul>
	बालबालिकालाई निरन्तर सङ्केतहरूसँग सीधा अभ्यास
	गराउने
	• क्रियाकलाप
	<ul> <li>कचरा थैलीलाई भरपूर भरिदिने कसरत सिकाउनु</li> </ul>
	<ul> <li>फरक फरक पद्धितबाट प्रदूषण र कचरा व्यवस्थापनलाई</li> </ul>
	ट्याप गर्न सुझाव दिनु
	• सामग्री
	<ul> <li>उचित ब्रेल सामग्रीको उपयोग (ब्रेल पुस्तिका)</li> </ul>
	<ul> <li>घम्सा भाटी गच्याउने सामग्रीहरूको प्रतिस्थापना।</li> </ul>
	V affire a Resident (Doof and Disa)
	४. बहिरा र दृष्टिविहीन (Deaf and Blind)
	• अनुकला विधि
	अनुकूलन विधि      अनुकूलन प्राप्त के प
	<ul> <li>शिक्षण र सिकाइलाई सम्पूर्ण ट्याक्टाइल मार्गदर्शन र</li> </ul>
	शारीरिक सहायताले अनुकूल बनाउने
	o शारीरिक अनुकरण र हाउभाउसँगै सरसफाइका
	अभ्यासहरू प्रदर्शन गर्ने
	• क्रियाकलाप
	<ul> <li>अपारदर्शी वस्तु निर्माणको कसरत गर्न सहजीकरण</li> </ul>
	<ul> <li>शारीरिक ट्याक्टाइल कार्य गर्दे सँगै सफा गर्ने उपकारी</li> </ul>
	कार्य
	• सामग्री
	<ul> <li>कम्प्याक्ट मटेरियल वा स्थान सुरक्षित पर्ने</li> </ul>
	उपकरणहरूको उपयोग
	<ul><li>ट्याक्टाइल सञ्जाल र मोडेलहरू जसले</li></ul>
	बालबालिकालाई अवगत गराउँछ।
२५. गायनद्वारा	
सिर्जनशीलता	
अभ्यास गर्न	
२६.बादन र	
नृत्यद्वारा सिर्जनशीलता	
ासजनशालता अभ्यास गर्न	
ા સમ્યામ મન	

२७. नक्सा कोर्न,		
सामान्य बुट्टा		
बनाउन, माटाबाट		
नमुना वस्तु बनाउन		
र छपाई गर्न		
२८. आफ्ना		
सांस्कृतिक		
क्रियाकलापहरू <b>सँ</b> ग		
परिचित भई		
सहभागी हुन		
२९. दैनिक	🗌 सेन्सरी (सङ्केत)	
जीवनमा सञ्चारका	आवश्यकता: विभिन्न प्रकारका	
साधनहरूको	श्रवणदृष्टिविहीनता भएका	
साबधानीपूर्वक	बालबालिकाहरूका लागि	
उपयोग गर्न	सञ्चारका साधनहरूको उपयोग	
	समय समयमा भिन्न हुन्छ।	
	उनीहरूलाई विविध सेन्सरी	
	(ट्याक्टाइल, दृश्य, सङ्केतभाषा)	
	विधिहरूबाट सङ्केत दिइन्छ।	
	तयारी: प्रत्येक बच्चाका लागि	
	उपयुक्त तथा सुलभ सामग्री तयार गर्नु	
	प्रत्येक बालबालिकालाई आफ्नो	
	सेन्टरका दृष्टिकोण र क्षमताअनुसार	
	कसरी सञ्चार गर्न मद्दत गर्ने बारे	
	सोच्नु	
	☐ सपोर्ट र सहयोग: यस्ता	
	बालबालिका चिह्नहरूको प्रयोग,	
	प्याथ वा डाइट्री ट्याक्स्ट्स, विशेष	
	बधाई गर्ने तरिका र आवाज सङ्केत	
	कार्यनीतिको उपयुक्त तालिम	
३०. स्थानीय	3	
उत्पादनको पहिचान		
गरी उपयोगमा		
मितव्ययीता		
अपनाउन		
३१. मौसमअनुरूप		
व्यवहार प्रदर्शन गर्न		
र वरपरको		
भौगोलिक		

स्वरूपको विवरण	
दिन	
३२. हावा र पानीका	
भौतिक गुणहरूसँग	
परिचित भई	
उपयोगिता बताउन	
३३. कागजबाट	
विभिन्न आकृतिका	
वस्तुहरू बनाउन र	
रङहरूको प्रयोग	
गरी कागजमा चित्र	
बनाउन	